

How Did the Tradition of New Year's Resolution Start?

By Catherine Boeckmann

Found at almanac.com/history

New Year's resolutions actually go back to ancient times! So, before you pooh-poo the idea, let's explore what's behind this tradition and more practical ways towards self-improvement.

Short History of New Year's Resolutions

In 2000 B.C., the Babylonians celebrated the New Year during a 12-day festival called Akitu (starting with the vernal equinox). This started the farming season to plant crops, crown their king, and make promises to pay their debts. One common resolution was the return of borrowed farm equipment (which makes sense for an agriculturally based society).

The Babylonian New Year was adopted by the ancient Romans, as was the tradition of resolutions. The timing, however, eventually shifted with the Julian calendar in 46 B.C., which declared January 1st as the start of the new year.

January was named for the two-faced Roman god, Janus, who looks forward to new beginnings as well as backward for reflection and resolution. The Romans would offer sacrifices to Janus and make promises of good behavior for the year ahead.



Janus was also the guardian of gates and doors. He presided over the temple of peace, where the doors were opened only during wartime. It was a place of safety where new beginnings and new resolutions could be forged.

If you think about the land and the seasons, the timing of early January makes sense for most of Europe and for North America, too. The active harvest season has passed. The holiday frenzy is ending.

As our founder, Robert B. Thomas, said, this is a time "of leisure to farmers ... settle accounts with your neighbors ... now having been industrious in the summer, you will have the felicity of retiring from the turbulence of the storm to the bosom of your family."

New Year's resolutions were also made in the Middle Ages. Medieval knights would renew their vow to chivalry by placing their hands on a peacock. The annual "Peacock Vow" would take place at the end of the year as a resolution to maintain their knightly values.

By the 17th century, New Year's resolutions were so common that folks found humor in the idea of making and breaking their pledges. A Boston newspaper from 1813 featured the first recorded use of the phrase "New Year resolution." The article states:

"And yet, I believe there are multitudes of people, accustomed to receive injunctions of new year resolutions, who will sin all the month of December, with a serious determination of beginning the new year with new resolutions and new behavior, and with the full belief that they shall thus expiate and wipe away all their former faults."

How Resolutions Have Changed

In the United States, New Year's resolutions are still a tradition, but the types of resolutions have changed.

As a legacy of our Protestant history, resolutions in the early 1900s were more religious or spiritual, reflecting a desire to develop stronger moral character, a stronger work ethic, and more restraint in the face of earthly pleasures.

Over the years, however, resolutions seem to have migrated from denying physical indulgences to general self-improvement, like losing weight. While it may seem superficial, medical sociologist Natalie Boero of San Jose State University suggests that today's resolutions are also a reflection of status, financial wealth, responsibility, and self-discipline—which isn't that different from how the New Year's resolution tradition began.

Frame Your Resolution Positively

Avoid wording your resolution negatively, such as "quitting" or "stopping" a behavior. For example, say, "I want my nails to grow" instead of "I want to stop biting my nails." Take a photo of your nails every day and log your progress.

Love coffee? Sit down during coffee mornings with a journal or notebook and write out your status. If it helps, piggyback this task with another one you already do. For example, if you check your calendar and day's events at a certain time, this is a good time to check your progress against your goal.

City of North Little Rock 2024 Holiday Schedule

January 1 New Year's Day
January 15 Dr. Martin Luther King Jr's Birthday
February 19 George Washington's Birthday and
Daisy Gaston Bates Day
May 27 Memorial Day
June 19 Juneteenth Day
July 4 Independence Day

September 2 Labor Day
November 11 Veterans Day
November 28 & 29 Thanksgiving Holidays
December 24 Christmas Eve
December 25 Christmas Day



"Where's Mel"? Be the first person to call and tell us where you found Mel this month and win!



**North Little Rock
Animal Services**
For more information
call **501-791-8577**

Cold Weather Safety Tips

Found at aspca.org/pet-care

Exposure to winter's dry, cold air and chilly rain, sleet and snow can cause chapped paws and itchy, flaking skin, but these aren't the only discomforts pets can suffer. Winter walks can become downright dangerous if chemicals from ice-melting agents are licked off of bare paws. To help prevent cold weather dangers from affecting your pet's health, please heed the following advice from our experts:

- Repeatedly coming out of the cold into the dry heat of your home can cause itchy, flaking skin. Keep your home humidified and towel dry your pet as soon as he comes inside, paying special attention to his feet and in-between the toes. Remove any snow balls from between his foot pads.
- Never shave your dog down to the skin in winter, as a longer coat will provide more warmth. If your dog is long-haired, simply trim him to minimize the clinging ice balls, salt crystals and de-icing chemicals that can dry his skin, and don't neglect the hair between his toes. If your dog is short-haired, consider getting him a coat or sweater with a high collar or turtleneck with coverage from the base of the tail to the belly. For many dogs, this is regulation winter wear.
- Bring a towel on long walks to clean off stinging, irritated paws. After each walk, wash and dry your pet's feet and stomach to remove ice, salt and chemicals— and check for cracks in paw pads or redness between the toes.
- Bathe your pets as little as possible during cold spells. Washing too often can remove essential oils and increase the chance of developing dry, flaky skin. If your pooch must be bathed, ask your vet to recommend a moisturizing shampoo and/or rinse.
- Massaging petroleum jelly or other paw protectants into paw pads before going outside can help protect from salt and chemical agents. Booties provide even more coverage and can also prevent sand and salt from getting lodged between bare toes and causing irritation. Use pet-friendly ice melts whenever possible.
- Like coolant, antifreeze is a lethal poison for dogs and cats. Be sure to thoroughly clean up any spills from your vehicle, and consider using products that contain propylene glycol rather than ethylene glycol.
- Pets burn extra energy by trying to stay warm in wintertime. Feeding your pet a little bit more during the

cold weather months can provide much-needed calories, and making sure she has plenty of water to drink will help keep her well-hydrated and her skin less dry.

- Make sure your companion animal has a warm place to sleep, off the floor and away from all drafts. A cozy dog or cat bed with a warm blanket or pillow is perfect.
- Remember, if it's too cold for you, it's probably too cold for your pet, so keep your animals inside. If left outdoors, pets can freeze, become disoriented, lost, stolen, injured or killed. In addition, don't leave pets alone in a car during cold weather, as cars can act as refrigerators that hold in the cold and cause animals to freeze to death.

KEEP YOUR PET SAFE THIS WINTER *Tis the season for pet safety!*



Feeding birds in winter—the dos and don'ts

By Holly Reaney found at homesandgardens.com

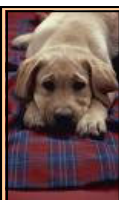


Feeding birds in winter is vital to their wellbeing throughout the colder months, as food is scarce and energy is precious.

Start by noting which birds already visit your garden. Different birds have different tastes

and favorite foods, so feeding the birds you know already frequent your garden is a good start, plus it will encourage them to keep returning.

American robins, for example, love to eat fruits while blue jays love to eat peanuts and northern cardinals love black oil sunflower seeds. Once you're feeding your regular guests, you can then branch out with other types of feed and attract even more species of birds into your garden.



Need a new
addition to your
family?
Call 501-791-8577
...we've got the
perfect companion
for you!

Our shelter is full of dogs, cats, puppies and
kittens in need of a furever home. Please
consider adopting a shelter pet for your next pet.

Please Don't Litter
Spay or Neuter
Your Critter



Don't shop! Please adopt!



North Little Rock Fire Department

Firefighters Organize Community Understanding on Safety F.O.C.U.S



The North Little Rock Fire Department wants to remind our residents about its program called F.O.C.U.S. (see title for definition).

This program offers new installed smoke detectors or batteries for existing ones at no charge to our residents. This is for single-family dwellings. *(Residents of apartment buildings should contact the property management for their smoke detectors).*

The resident will be asked to fill out a liability form whether a new smoke detector is installed or just the battery is replaced. In addition, NLRFD offers a free general home inspection (if requested).

Please call 501-340-5377 to schedule a free smoke detector or home inspection.

Firefighters still make house calls! This is one you want them to make!

History of the Department *(found at nlrfd.com/about)*

The North Little Rock Fire Department was established in 1904 with four firefighters, a borrowed hose wagon and a borrowed team of horses. North Little Rock was known as Argenta during that period of time. The Argenta F. D. soon had eight firefighters, two teams of horses and two hose wagons that were owned by the city. This was the arrangement until 1917. In 1917 the first motorized pumper arrived.

Argenta became North Little Rock in 1917. The North Little Rock Fire Department has grown incredibly from its early days. The North Little Rock Fire Department switched to a two-platoon system in 1921. Up until that time, firefighters had only one day a week off! In 1925, two additional fire stations were opened. This gave the N.L.R.F.D. three fire stations at this point. More stations were opened through the years until the present eleven fire stations were serving the city. In 1969, a three- platoon system was put in operation, so that firefighters worked 24 hours, and then were off duty for 48 hours.

The present eleven stations house the following apparatus: (1) Ten engine companies, (2) Two ladder companies, a 107' aerial ladder company with a 2000 GPM Pump, and a 100' aerial platform/ quint with a 2000 GPM pump, (3) Two heavy rescues: A heavy rescue complete with cascade system and a heavy rescue/pumper with a 1250 GPM Pump, 500 gallons of water, and hose, as well as all needed rescue equipment, (4) A haz-mat unit, (5) A trench rescue unit, (6) A brush truck with 500 gallons of water and pump and roll capabilities, (7) A large Fireboat/ Rescue Boat moored at the Arkansas River, and a Rescue Boat stationed at Station 4, (8) Standby Pumpers, (9) and a Standby Heavy Rescue/Pumper, and (10) A Mobile Command Unit.

The NLRFD proudly displays an ISO Rating of "ONE." North Little Rock is one of very few cities on Arkansas to have a CLASS 1 RATING.



The Department also includes a Fire Marshal's Office, which includes the Inspection Bureau. The NLRFD Training Division includes regularly scheduled classes taught by training officers. Excellent classrooms for training exercises are housed at 24th and Willow Streets. The Training Tower on Remount Road is an excellent facility for "hands on" training and testing.

The NLRFD also has an outstanding maintenance and repair program for all apparatus. A full time maintenance officer is employed. Most all repairs can be carried out in-house.



Mayor Terry C. Hartwick holds a monthly department head meeting. Department heads provide a report of activities, projects, and accomplishments.

Senior Center—in November 9,583 members visited with 446 being the highest one-day total. 59 new members. Members have been traveling and participating in Bean Bag Baseball and

Chair Volleyball tournaments at other senior centers in the area. 612 volunteer hours. Trips included A to Z Store in Rudy and Arkansas Museum of Fine Art in Little Rock. Bean Bag Baseball and Chair Volleyball tournaments continue.

Finance—Local, State and Federal Grants awarded to the city in the amount of \$4,796,319 in 2023.

Sanitation—Garbage and yard waste crews collected 2,334.03 tons (4,668.06 lbs) of household garbage, rubbish and junk. Yard Waste crews also collected 73 loads (2,293.08 cubic yards) of green waste. 687 waste tires picked up. Sanitation Code performed 20 inspections, 20 re-inspections and issued 16 notices for non-compliance. No citations were issued for the month of September 2023. \$350 collected for non-compliance (excessive debris, move-outs, illegal dumping). Curbside recycling tonnage was 150.00.

Traffic Services—Barricade Permits—89, AR One Call—38, Signs/Post replaced—47, City Vehicles marked with logo—13. Stealth (speed) box—410 West 26th Street.

Police—trend in violent crime increased in November, property crimes down. Increase in stolen Kia and Hyundai vehicles as result of viral challenge. Joint Police Academy graduation held November 27. 7 of 8 recruits will start NLRPD field training in December. Officer Able resigned. Total vacancies 19.

Fire—662 EMS calls, 21 Hazmat, 72 False Alarm, 48 Fire calls, 3,838 Fire Training hours. 158 Building Surveys.

Emergency Services/911—Incoming calls: 4,429—non-911 calls, 5,737—911 calls, 596—abandoned 911 calls.

Planning—691 inspections, covered over 4,996 miles within city. 108 HVAC, 205 Plumbing, 221 Electrical, 157 Building inspections. 8 sign permits, 2 banner permits, 12 demolition permits, 17 new single-family permits—average \$144,438, 43 residential remodel permits—average \$22,860, 0 residential addition permits, 3 new commercial permits—average \$600,231, 9 commercial remodel permits—average \$397,834, 1 new multi-family permit, 5 new multi-family units.

Code Enforcement—7 citations, 405 violation notices, 75 vehicles tagged, 7 lots posted, 0 signs removed, rental inspections—12, 19 food service inspections, 8 search warrants, 5 structures condemned, 7 houses demolished by city, 16 houses demolished by owner, 0 vacant lots cleaned, 5 vacant house secured, 230 waste tire picked up.

Animal Services—

Incoming:

Dog 174/ytd 1,954

Cat 71/ytd 1,001

Other 2/ytd 33

Adopted:

Dog 46/ytd 511

Cat 43/ytd 653

Other 1/ytd 26

Reclaim:

Dog 40/ytd 306

Cat 1/ytd 12

Other 0/ytd 1

Euthanized:

Dog 66/ytd 1,087

Cat 29/ytd 289

Other 0/ytd 3

Service calls: 526/ytd/6,705

Citations: 47/ytd 555

Vouchers (spay/neuter) issued: 43/ytd 527

Parks and Recreation—Arkansas Inland Maritime Museum—976 visitors. Groups included 1 family of 9, Watson Chapel JROTC (1st group)—65 and Watson Chapel JROTC (2nd group)—70.

NLR Electric—

Customers: 39,986

Revenue: \$7,451,671

Peak Demand: 169,278 kW

Territory: 60 square miles

RS (Residential Solar) Net Meter Customers:

384 completed, 55 pending

Total RS solar panel capacity: 2,484.2 kW

Average RS solar panel capacity: 7.7 kW

Residents with solar arrays larger than 10 kW: 67

Total capacity of customer-owned solar: 5,389.6 kW

Major outages: none.



Congrats to Ms. Darlene Cunningham

from North Little Rock Laman Library for sending in a photo with her sweater on Dec 15, National Ugly Sweater Day!



Preparing for the April 8, 2024 Total Solar Eclipse

Found in NLR Neighborhood News Volume 29—Number 1—January/February 2024



On April 8, 2024 a total eclipse will occur over central Arkansas. In fact, central Arkansas will have one of the best, longest views of the totality when the Sun is completely covered by the Moon. It promises to be the biggest total eclipse in memory. It is expected to draw between one million to five million visitors to the state. With the total population of three million people, it will increase our state's population by 1/3 to possibly doubling it. More than half of the tourists are expected to arrive in the state on Thursday, April 4, 2024 and stay until after the eclipse on Monday.

Experts are suggesting that residents treat the eclipse like a blizzard. Make sure you have enough food, water, fuel, and medicine to last a week, from Wednesday April 3, 2023 to Tuesday April 9, 2024. Expect sales at restaurants, grocery stores, service stations, and pharmacies to increase from 5 to 25 times normal. Traffic may become impassable during and immediately following the event.

The eclipse will start around 12:45 p.m. and last until 3 p.m. The total eclipse will be from about 1:51 p.m. to 1:54 p.m. (Only 3 minutes!). During the totality the Sun will be covered by the Moon and the Sun's corona will be visible. Total darkness will occur at 1:15 p.m. The colors you see will change as the spectrum of light changes. The air will cool 12 to 15 degrees. Depth perception will decrease. Winds will pick up. You may experience vertigo, dizziness, or disorientation. Nocturnal animal's activity will increase. Pets should be kept indoors because they may become disoriented and run away. Street lights will come on. Cell phone towers may overload with people taking and downloading pictures, so expect delays in cell service.

When watching the eclipse, correct glasses are required. During the totality (when the Sun is completely covered) those glasses may be put aside. Do not look at the partially covered Sun without proper eye protection!

North Little Rock City Offices will also be closed Monday, January 1, 2024, in observance of New Year's Day.

Garbage and trash routes will run one-day delayed the remainder of the week (i.e. Monday's pickup will be Tuesday and so on...).

City Offices will also be closed Monday, January 15, 2024, in observance of Dr. Martin Luther King Jr's Birthday.

City departments and partners are planning now for the eclipse. MEMS will be stationing ambulances in areas that may be difficult to reach if traffic comes to a standstill. The statewide Emergency Operations Center and the Pulaski County Emergency Operations Center will be on alert. All highway construction will be suspended and all lanes capable of being open will be open for traffic. Areas expecting to see the heaviest influx of tourists include

Russellville and the Mountain View area.

This promises to be one of the most incredible astronomical events we will witness in our lifetimes. The next eclipse of this magnitude will be in 2045. With a little bit of planning and preparation you can experience it with a minimum of inconvenience.

Civility for the New Year

Civility is claiming and caring for one's identity, needs and beliefs without degrading someone else's in the process.

By Tomas Spath and Cassandra Dahnke, founders, Institute For Civility in Government

Civility is about more than just politeness, although politeness is a necessary first step. It is about disagreeing without disrespect, seeking common ground as a starting point for dialogue about differences, listening past one's preconceptions, and teaching others to do the same. Civility is the hard work of staying present even with those with whom we have deep-rooted and fierce disagreements. It is political in the sense that it is a necessary prerequisite for one civic action. But it is political, too, in the sense that it is about negotiating interpersonal power such that everyone's voice is heard, and nobody's ignored.

And civility begins with us.





"I Like Me" volunteers following their reading at Ridge Road Elementary School in North Little Rock.

2024 North Little Rock Sanitation (Holiday) Schedule

January 1—New Year Day—**no pickup**,
work one-day delayed remainder of week

January 15—Dr. Martin Luther King, Jr. B-Day—
no pickup, work one-day delayed remainder of week*

February 19—President Day & Daisy Gaston Bates Day
No delay put out garbage and trash as scheduled

May 27—Memorial Day—**no pickup**,
work one-day delayed remainder of week*

June 19—Juneteenth Day—**no pickup**,
work one-day delayed remainder of week*—
pickup Thursday on Friday, Friday on Saturday

July 4—Independence Day—**no pickup**,
work one-day delayed remainder of week*

September 2—Labor Day—**no pickup**,
work one-day delayed remainder of week*

November 11—Labor Day
No delay put out garbage and trash as scheduled

November 28—Thanksgiving Day—**no pickup**.
work one-day delayed remainder of week*—
pickup Thursday on Friday, Friday on Saturday

November 29—Day after Thanksgiving—
pickup Thursday on Friday, Friday on Saturday

December 24—Christmas Eve—
No delay put out garbage and trash as scheduled

December 25—Christmas Day—**no pickup**,
work one-day delayed remainder of week*—
pickup Thursday on Friday, Friday on Saturday

(*one-day delayed means no pick up on holiday, pick up following day with delay the remainder of the week...Monday's pick up Tuesday and so on...)

North Little Rock Leaf Vacuums run Monday through Friday if it is not raining.
Leaves must be **within 6 feet of the curb** and **NOT in the street or gutter**.
Leaves should **not be mixed with any other green waste or trash**.
Leaves cannot be picked up if they are blocked by vehicles or other obstacles.

Rain or inclement weather may cause delays.

Bagged leaves will be picked up weekly.

For information please call 501-371-8345. ***





I
Like
Me



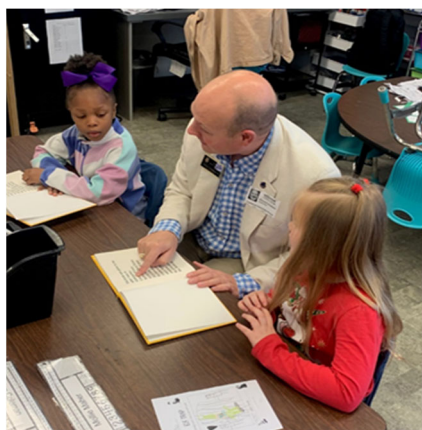
Last month, members of the North Little Rock Rotary Club were joined by North Little Rock Fire Fighters, Police Officers, Elected Officials and others who distributed AND read personalized books to North Little Rock School District Kindergarten students.

Volunteers visited classrooms and where they joined groups of students to read with them.

Each book is printed specifically for each student with the student's name, two of their friends, classroom teacher, principal, and school name. The elements are interwoven into a story with a message about learning to do the right thing, staying in school, learning to read, stay away from harmful substances and develop self-esteem.

The following schools were visited: Lakewood, Indian Hills, Glenview, Seventh Street, Amboy, Boone Park, Ridge Road, Crestwood and Meadow Park.

Group photo Ridge Road Elementary volunteers—next page.





Peddlers Permit City of North Little Rock

Issued to: **Mel Dun**
Issued: 1/2/2024
Expires: 4/3/2024



Sex: Male
Eyes: Brown
Hair: Dun
Height: 15 hands
Employer: **Equine sunglasses**
Type of Goods Sold: **Sunglasses for horses**

City Clerk and Treasurer Diane Whitbey
By: **SAMPLE ONLY—**
only valid with signature

Deputy City Clerk / Treasurer, Revenue

To see a **list of issued permits**, visit the city website at nlr.ar.gov, then click City Departments and scroll down to City Clerk and Treasurer. Look for the dark box and click on Current Door to Door Peddlers.

To see an **individual ID/Permit**, click on the person's name. All licensed door-to-door peddlers are **required to have the ID issued by the City Clerk's Office with them at all times.**

****Currently, we have 3 permitted door to door solicitors. 2 with Edward Jones and 1 with the Arkansas Democrat/Gazette.**

All persons doing business **of any kind** within the city limits of North Little Rock are required to have a Business/Privilege License. This includes home-based such as lawn care or internet sales.

****If a business operates 1 day into the new year, it is required to obtain a business license at the full fee.****

All current NLR Business Licenses expired December 31, 2023. A 30-day grace period is allowed for renewals in 2024.

If you have any questions, please contact the North Little Rock City Clerk's Office at 501-975-8617.

North Little Rock History Commission



If you or a loved one have items you think might have a historic value to our city, please consider donating them to the North Little Rock History Commission. Accepted items will be maintained in their archives.

For more information, call 501-371-0755 or email nlrhistory@comcast.net.

North Little Rock Tourism wants to help promote your upcoming events! Visit www.NorthLittleRock.org or call Stephanie Slagle (Director of Marketing) at stephanie@northlittlerock.org or 501.404.0378 to submit your events.

If someone does business **within our city limits**, they are required to have a city business license. If you operate **out of your home** you are required to have a business license. If you **operate a mobile business** you are required to have a business license.

Insured and Bonded. Make sure you do your homework on anyone you are thinking about doing business with. Check to see if the person working for you has a state license (if required) city license (required), and insurance bond (to cover any damages that may occur on your property).

ALL PERSONS DOING BUSINESS OF ANY KIND IN THE CITY OF NORTH LITTLE ROCK ARE REQUIRED TO HAVE A CITY BUSINESS LICENSE

Below is a list of a few new questions...

Q&A...*If I am remodeling my own property, do I need a business license?* No. Not if you are doing the work yourself. However, if someone else is working on your property they DO have to have a business license. It is also your responsibility as the property owner to make sure the proper permits are applied for at the Planning Office.

Q&A...*If I hire someone to rake my leaves to the curb do they have to have a business license?* Anytime money is exchanged, a business transaction has taken place. Yes, the person you pay must have a business license.

Q&A...*I want to make and sell my crafts online, do I need a license?* Yes. You are creating a product to sell for profit. A License is required.

Q&A...*Can I have a yard/carport/garage sale at my home?* Yes, one is permitted per quarter (or every 3 months). More than that is considered a business and requires zoning and a license.

What happens if I do business without a license? You will be **issued a citation** and **have to appear in court**. You are then **subject to a fine** and any **court costs** associated with the same. **Failure to appear could result in a warrant and revocation of your driver's license.**

If you want to check to see if a business is licensed with us, please call 501-975-8617.

North Little Rock City Council Schedule

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:00 p.m.** in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@nlr.ar.gov.

The City Council Agenda can be found at nlr.ar.gov, then click on the Elected Officials tab, followed by City Council then scroll to upcoming City Council Agenda.

City Council Members

Ward 1	Debi Ross	501-753-0733
	Nathan Hamilton	501-952-7679
Ward 2	Linda Robinson	501-945-8820
	Maurice Taylor	501-690-6444
Ward 3	Steve Baxter	501-804-0928
	Ron Harris	501-758-2877
Ward 4	Charlie Hight	501-758-8396
	Vince Insalaco III	501-951-0786

Other Elected Officials

Mayor Terry C. Hartwick	501-975-8601
City Clerk/Treasurer Diane Whitbey	501-975-8617
City Attorney Amy Fields	501-975-3755
Dist Court Judge Randy Morley	501-791-8562
Dist Court Judge Paula Juels Jones	501-791-8559

North Little Rock Curbside Recycling schedule for the month of January 2024.



January 1—5*, recycle
***Note: one-day delay all week**
January 8—12, no pickup
 January 15-19*, recycle
***Note: one-day delay all week**
January 22—26, no pickup
 January 29—February 2, recycle

City Offices located at 700 West 29th

Construction and Building Services	
Mary Beth Bowman	501-975-8881
Finance, Ember Strange	501-975-8802
Fit 2 Live, LaKaisha Shelby	501-442-7406
Human Resources, Betty Anderson	501-975-8855
Legal, Amy Fields, City Attorney	501-975-3755
Planning, Shawn Spencer	501-975-8835

Utility Payment Assistance and Other Numbers

Central AR Development Council.....	501-603-0909
Little Rock Catholic Charities...	501-664-0640 ext 459
Saint Francis House.....	501-664-5036
Watershed.....	501-378-0176
Helping Hand of Arkansas.....	501-372-4388
River City Ministries.....	501-376-6694
Arkansas Metro.....	501-420-3824
Arkansas Food Bank.....	501-565-8121
American Red Cross.....	501-748-1021
Salvation Army.....	501-374-9296

Telephone Numbers for City Hall

Mayor's Office.....	501-975-8601
Terry C. Hartwick	
City Clerk & Treasurer.....	501-975-8617
Diane Whitbey	
Communications.....	501-975-8833
Shara Hutchcraft	
External Relations.....	501-975-8605
Margaret Powell	
Revenue Enforcement.....	501-975-8612
Officer Jim Scott	
Special Projects/DEI.....	501-975-3737
Arnessa Bennett	

January Birthdays

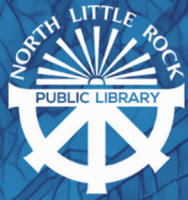







Name	Dept	Date	Name	Dept	Date
BOWMAN, MARY BETH	Construction	1	CERRATO, ALFRED	Fire	17
NANNEN, JOHN	Police	1	THORN, MARK	Fire	17
ALANIZ, KAREN	Police	2	UMHOLTZ, CRAIG	Police	17
SMITH, PAMELA	Parks Recreation	2	MURPHY, CLIFFORD	Parks Golf	17
RAGLAND, MATTHEW	Electric	3	MCCURLEY, WILLIAM	IT	17
HUNT, MATTHEW	Fire	3	MAYFIELD, MATTHEW	Fire	18
COPPOCK, DANIEL	Fire	3	SMITH, SANDRA	History Comm	19
GIBBONS, MICHAEL	Police	3	COLEMAN, JERMAINE	HR	19
THOMAS, MICHAEL	Police	3	MAYNARD, JAROD	Police	19
ERWIN, GARY	Airport	4	LAJEUNESSE, SAVANAH	Police	19
HUNTER, JUDY	Electric	4	ABEL, SHIRLEY	Neighborhood Srv	19
USSERY, KEVIN	Traffic	4	ABBOTT, RICHARD	Sanitation	19
O'DELL, CHARLES	Parks Maint	4	JACKSON-SHELTON, GLADYS	Sanitation	19
HENSON, REGINA	Parks Recreation	4	TUBBS, TANNER	Fire	20
PEOPLES, ERNEST	Parks Recreation	4	THOMAS, MATTHEW	Police	20
TULL, CHARLES	Fire	5	PERESKO, LYLE	Police	20
HOWARD, RANDALL	Fire	5	CRAVEN, ROBYN	Police	20
EDWARDS, JAMES	Police	5	COOPER, SAM	Police	20
ISELL, PATRICK	Parks Maint	5	FIELDS, HUNTER	IT	20
SIMS, BRADLEY	Police	6	KELLEY IV, ANDREW	Fire	21
JONES, PATRICIA	Animal Shelter	7	COOPER, BEAU	Neighborhood Srv	21
EDWARDS, LUCAS	Police	7	BUTLER, ROBERT	Sanitation	24
CURIEL, BRITTANY	Police	7	CLAYTON, ANTIGUDRA	OES/911	22
MOORE, TATUM	Police	7	WOMACK, KALI	Finance	22
SHELBY, LAKAISHA	Fit 2 Live	7	BLANTON, ANGELA	Street	22
THOMAS II, DAVID	Police	9	OWEN, DARREN	Electric	24
BAXTER, STEVEN	Council Member	10	SMITH, STEVEN	Police	24
DAVIS, DARNELL	Electric	10	SWAFFORD, MICHAEL	Pulblic Works	24
GARRETT, MICHAEL	Fire	10	RAEBURN, DANA	Electric	25
RHOADS, LORETTA	1st Court	10	CRAIG, REBA	Police	25
MESSER, RONALD	Police	10	SIMS, CHAUNCEY	Police	25
JACOBY, JESSICA	Code Enforcement	10	BARBER, TYLER	Police	25
SUMMONS, KENNY	Sanitation	10	MEYER, ASHLEY	Fire	29
WOLFE, NATHAN	Fire	11	SMITH, JAYLA	2nd Court	26
NELSON, MICHAEL	Police	11	THOMAS, CHERYL	Electric	27
MOIX, HUNTER	Fire	12	BENNETT, JEFFREY	Fire	28
HILL, JANET	1st Court	12	GIPSON, JOSHUA	Fire	28
GOSSAGE, JESSE	Police	13	WAYMIRE, KEITH	Police	28
ROWLAND, MATTHEW	Sanitation	13	HINSHAW II, MILTON	Electric	30
LARRY, WILLIAM	Parks Maint	13	CANADY, CASEY	Parks Maint	30
PRICE, MATTHEW	Electric	14	LOR, KIMBERLY	Electric	31
GOODSON, BLAINE	Electric	16	BELL JR, ODELL	Parks Maint	31
FREY, NICHOLAS	Fire	16	WILBON, KATRINA	Parks Recreation	31
GANN, CHRIS	Police	16	WOODS, LATONIA	IT	31
JOHNSON, LOGAN	Electric	17			

Information regarding employee anniversaries and birthdates is provided by Human Resources the prior year (i.e. 2024 was provided in 2023). So if an employee name is on the list that has retired or resigned, please disregard. Also, typos happen! Please let me know if a name is spelled wrong and a correction will be included next month! For employees who leave the city and come back in a different capacity or department, your length of service may change as well. Example, I worked in the Mayor's Office 10 years, then was elected City Clerk. I have been in the City Clerk's Office 23 years. My total service with the city is 33 years.

If this scenario applies to you, please **email me at least one month before the month of your anniversary month** so I can include your total service to the City of NLR! Diane (Dwhitbey@nlr.ar.gov)

January Anniversaries

<i>Name</i>	<i>Dept</i>	<i># Yrs</i>	<i>Name</i>	<i>Dept</i>	<i># Yrs</i>
GENTRY, BRENDA	2nd Court	9	QUINT, JESSICA	IT	2
JOHNSON, MELINDA	2nd Court	16	HARTWICK, TERRY	Mayor	3
ZONNER, GREGORY	AIMM	7	SAWYER, ANNA	Neighborhood Srv	2
MILLER, MYNA	AIMM	7	CAZORT, WILLIAM	OES/911	1
TINDALL, JAMES	Animal Shelter	12	BUCK, JOSEPH	OES/911	1
LEACH, LAUREN	Animal Shelter	1	GRAY, GARY	OES/911	34
WHITBEY, DIANE	City Clerk/Treasurer	23	SANE, AMY	OES/911	1
HIGHT, CHARLES	Council Member	23	PLAUDIS, THOMAS	OES/911	5
ROBINSON, LINDA	Council Member	21	PATTERSON, SHELBY	OES/911	1
ROSS, DEBORAH	Council Member	17	JOSEPH, MARK	Parks Golf	16
HARRIS, RON	Council Member	7	JOHNSTON, JOHNNY	Parks Maint	9
BAXTER, STEVEN	Council Member	13	ONEAL, STEPHEN	Parks Maint	2
TAYLOR, MAURICE	Council Member	15	POST, HEATH	Parks Maint	2
HAMILTON, NATHAN	Council Member	3	CRAIN, STEPHEN	Planning	1
INSALACO III, VINCENT	Council Member	1	HUEY, RHONDA	Police	17
STATEN-BENNETT, ARNESSA	Diversity/Inclusion	3	THORNTON, VINCENT	Police	14
HODGES, WILLIAM	Electric	5	SMITH, STEVEN	Police	36
DAVIS, TERRY	Electric	8	KERR, DENA	Police	22
BECK, ROBERT	Electric	7	RAY, VINCENT	Police	19
ALLEN IV, HARRY	Electric	12	COBBS, SHANA	Police	2
ROACH, DAVID	Electric	1	HUNTER, SHELBY	Police	15
KIMSEY, ZACHERY	Electric	12	CRAVEN, ROBYN	Police	5
KING, GABRIEL	Electric	10	THOMAS, MICHAEL	Police	11
MIDDLETON, JEREMY	Electric	7	GRAY, PHILIP	Police	11
CHANCE, JOSHUA	Electric	6	DALLAS, RAUL	Police	13
GOLDEN, RACHEL	Electric	1	FITZHUGH, JOHN	Police	2
ZILKA, CATHERINE	Finance	1	ROBERTS, MARK	Police	14
HART, FELICIA	Finance	42	LEWIS, ALLIE	Police	8
TACKETT, PERRY	Fire	36	JURISIC, DAMIAN	Police	4
COLEMAN, MARK	Fire	36	ZIMMERMAN, MITCHELL	Police	2
KELLEY IV, ANDREW	Fire	8	LOUDEN, TYLER	Police	4
REID, JAMES	Fire	8	RODRIGUEZ, NICHOLAS	Police	8
DAVIS JR, CHARLES	Fire	8	MCGOWAN, SEAN	Police	8
JONES, DAVID	Fire	8	RATHEY, JHAILAN	Police	8
BRYAN, ROBERT	Fire	8	PORTILLO, BRITNI	Police	1
TULL, CHARLES	Fire	8	HENDRIX, KUADRIKA	Police	8
ROBINSON, DAVID	Fire	8	FLINT, JERRY	Police	4
GUAJARDO, BILLY	Fire	7	WHITAKER, WILLIAM	Police	1
HERRING, RICHARD	Fire	1	LOFTIS, LOGAN	Police	2
ELMS JR, DOUGLAS	Fire	8	CURIEL, BRITTANY	Police	1
HOLLEY, CHRISTOPHER	Fire	8	BREEDLOVE, TAYLOR	Police	1
WELTER, DOUGLAS	Fire	8	LAJEUNESSE, SAVANAH	Police	1
FREE, ERICK	Fire	8	KLAMM, MICHAEL	Public Works	10
RAMSEY, TANNER	Fire	8	FOWLER, CONSTANCE	Senior Center	45
MEYER, ASHLEY	Fire	1	RUSSELL, SUSAN	Senior Center	21
COYOTE, DUSSTIN	Fire	4	ROSS, DALE	Senior Center	7
MARRA, MICHAEL	Fire	1	BROWN, ROBERT	Street	10
HOUSE, JON	Fire	4	SEHIKA, JOHN	Street	10
POWELL, MARGARET	Gov Affairs	27	BARNES JR, NAPOLEON	Street	8
SMITH, SANDRA	History Comm	13	CREWS, CHRISTOPHER	Vehicle Maint	6
JOHNSON, MYEEKEDRA	HR	2	SCHUTTE, JOSHUA	Vehicle Maint	1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2024</h1> <p>AT YOUR NLR PUBLIC LIBRARIES! FIND MORE AT NLRlibrary.org</p>					
NLR LIBRARIES ARE CLOSED FOR 	1 Lego Day (Drop-in) All Day Laman Vision Board (Drop-in) All Day Laman Relaxation Station 10 AM Laman Tiny Chef 11 AM Argenta Little Scientists 3-5 PM Argenta Cricut 101: Introduction Workshop Part 1 4 PM Argenta	2 Grab & Go Craft Kits All Day Laman Accuquilt Go! 10 AM Laman Tumble Tots Storytime 10 AM Argenta Spanish Enrichment 11 AM Argenta Yoga Break! 12 PM Laman Bio & Doc Film: Elvis 12 PM Argenta Meditation for Beginners 2 PM Laman Tai-Chi in the Gallery 4 PM Argenta	3 Puzzle Palooza (Drop-in) All Day Laman Fiber Arts Group 10 AM - 12 PM Laman Rise and Shine Story Time 10:30 AM Argenta Art in Action! 3:30 - 5 PM Argenta Photoshop 101 Workshop 4-5:30 PM Argenta Zumba 5:30 PM Laman	4 January Fun Packs (Grab and Go) All Day Argenta & Laman Cooking the Classics: Casablanca and Moroccan Tagine 1 - 3:30 PM Argenta	5 Silver Screen Saturdays: Happy Feet All Day Laman Line Dancing 11:30 AM Laman Reading the Hugos Book Club: The Adventures of Amina al-Sirafi 1:30 PM Dark Side Coffee
8 Maker Monday: Snowflake Earrings All day Laman Baby Storytime Play & Stay 10:30 AM Argenta Monday Matinee: Arrival 12 PM Argenta Meditation Monday 3 PM Argenta Bingo Time 3:30 PM Laman Yoga with Ruby 4:30 PM Argenta A.S.K. (Adults Supporting Kids) Advocating for Children with Disabilities 5:30 PM Laman Monday Mystery Club: The Maid 6 PM Blackberry Market	9 Story Time 10 AM Laman Tiny Chef 11 AM Argenta STEAM Explorers: Animal Adaptations 1 PM Laman Little Scientists 3-5 PM Argenta Art in the Afternoon: Perler Bead Art 3:30 PM Laman Craft + Care: Word of the Year 4 PM Argenta 2nd Tuesday Taste Test: Sweet + Salty 4:30 PM Laman	10 Crochet Basics: C2C 10 AM - 12 PM Laman Tumble Tots Storytime 10 AM Argenta Baby Time 10 AM Laman Yoga Break! 12 PM Laman Bio & Doc Film: Theory of Everything 12 PM Argenta Meditation for Beginners 2 PM Laman Astrology for Beginners 2 PM Laman Arctic Adventure 3:30 PM Laman	11 Tunes & Tots 10 AM Laman Fiber Arts Group 10 AM - 12 PM Laman Rise and Shine Story Time 10:30 AM Argenta Art in Action! 3:30 - 5 PM Argenta Adulting on a Dime: Aromatherapy Rice Bags 4-5:30 PM Argenta Upcycled Journal 4:30 - 6 PM Laman Little Rock Zoo Family Night 5 PM Laman Zumba 5:30 PM Laman	12 January Fun Packs (Grab and Go) All Day Argenta & Laman Cooking the Classics: Divine Secrets of the Ya-Ya Sisterhood and Gumbo 1 - 3:30 PM Argenta	13 Silver Screen Saturdays: Frozen All Day Laman Medicare 101 10 AM Laman Line Dancing 11:30 AM Laman
15 NLR LIBRARIES ARE CLOSED FOR 	16 Story Time 10 AM Laman Relaxation Station 10 AM Laman Tiny Chef 11 AM Argenta STEAM Explorers: Animal Adaptations 1 PM Laman Little Scientists 3-5 PM Argenta Art in the Afternoon: Snowy Slime 3:30 PM Laman Cricut 101: Workshop Part 2 4 PM Argenta Teen's Sewing 101 4:30 PM Laman	17 Wednesday Quilt Class: Disappearing Four Patch 10 AM - 12 PM Laman Tumble Tots Storytime 10 AM Argenta Baby Time 10 AM Laman Spanish Enrichment 11 AM Argenta Yoga Break! 12 PM Laman Bio & Doc Film: MLK/FBI 12 PM Argenta Meditation for Beginners 2 PM Laman Arctic Adventure 3:30 PM Laman Tai-Chi in the Gallery 4 PM Argenta Deeper Than Our Skins: The Poet X 4:30 PM Laman	18 Tunes & Tots 10 AM Laman Fiber Arts Group 10 AM - 12 PM Laman Rise and Shine Story Time 10:30 AM Argenta Adult Bingo 3 PM Laman Art in Action! 3:30 - 5 PM Argenta Little Dippers: Constellations 3:30 PM Laman Pennant Flag 4:30 - 6 PM Laman Zumba 5:30 PM Laman	19 January Fun Packs (Grab and Go) All Day Argenta & Laman Cooking the Classics: Remember the Titans and Slow-Cooker Nachos 1 - 3:30 PM Argenta Third- Friday Art Walk Reception & Opening 5 - 8 PM Argenta	20 Silver Screen Saturdays: Ice Age All Day Laman Consultas gratuitas sobre leyes de inmigración 9 AM - 12:30 PM Laman Line Dancing 11:30 AM Laman
22 Maker Monday: Paper Snowflakes All day Laman Baby Storytime Play & Stay 10:30 AM Argenta Coffee & Conversation: Chris Patton 12 PM Laman Monday Matinee: Gravity 12 PM Argenta Monday Quilt Class: Border 3-5 PM Laman Meditation Monday 3 PM Argenta The Great Snowball Fight 3:30 PM Laman Yoga with Ruby 4:30 PM Argenta	23 Story Time 10 AM Laman Tiny Chef 11 AM Argenta STEAM Explorers: Animal Adaptations 1 PM Laman Little Scientists 3-5 PM Argenta Art in the Afternoon: Magic Watercolor Creations 3:30 PM Laman Craft + Care: Winter Blues Intuitive Watercolor 4 PM Argenta Teen's Sewing 101 4:30 PM Laman	24 Tumble Tots Storytime 10 AM Argenta Baby Time 10 AM Laman Cricut Demonstration 10 AM Laman Yoga Break! 12 PM Laman Bio & Doc Film: Selma 12 PM Argenta Meditation for Beginners 2 PM Laman Teen's Cards Tournament 2-5 PM Laman Arctic Adventure 3:30 PM Laman Tai-Chi in the Gallery 4 PM Argenta	25 Tunes & Tots 10 AM Laman Fiber Arts Group 10 AM - 12 PM Laman Rise and Shine Story Time 10:30 AM Argenta Cozy Crafternoon: Macrame Keychains & Christopher Robin 3-5 PM Laman Animal Adaptations with Park Ranger Matthew 3:30 PM Laman Art in Action! 3:30 - 5 PM Argenta Adulting on a Dime: DIY Body Sprays 4-5:30 PM Argenta Macrame Wall Art 4:30 - 6 PM Laman Zumba 5:30 PM Laman	26 January Fun Packs (Grab and Go) All Day Argenta & Laman Cooking the Classics: North by Northwest and "Red Herring" Casserole 1 - 3:30 PM Argenta Secret Library - Vinyl Night 5-7 PM Laman	27 Silver Screen Saturdays: Abominable All Day Laman Living Well for Seniors 10 AM Laman Weekend Story Time 10 AM Laman Line Dancing 11:30 AM Laman
29 Maker Monday: Straw Weaving All day Laman National Puzzle Day All day Argenta Baby Storytime Play & Stay 10:30 AM Argenta Monday Matinee: Rogue One 12 PM Argenta Meditation Monday 3 PM Argenta Game On: Chess! 3:30 PM Laman Movies on the Big Screen: Knives Out 4 PM Laman Yoga with Ruby 4:30 PM Argenta	30 Story Time 10 AM Laman Relaxation Station 10 AM Laman Tiny Chef 11 AM Argenta STEAM Explorers: Animal Adaptations 1 PM Laman Little Scientists 3-5 PM Argenta Art in the Afternoon: Snowy Suncatchers 3:30 PM Laman Snow Fox Origami Workshop 4 PM Argenta Cricut 101: Workshop Part 3 4 PM Argenta Teen's Sewing 101 4:30 PM Laman	31 Tumble Tots Storytime 10 AM Argenta Baby Time 10 AM Laman Yoga Break! 12 PM Laman Bio & Doc Film: Origami Revolution 12 PM Argenta Meditation for Beginners 2 PM Laman Arctic Adventure 3:30 PM Laman Teens D&D 4 PM Laman Tai-Chi in the Gallery 4 PM Argenta	<div> <div>Adults</div> <div>Children</div> <div>Tweens</div> <div>Teens</div> <div>All Ages</div> </div> <div> KIDS & TEENS EAT FREE! Ages 2 to 18, no registration required! Bridge 2 Success Food Program MONDAY THRU THURSDAY 3:30 - 4:30 PM AT LAMAN CHILDREN'S LIBRARY </div> <div> SCAN FOR THE FULL CALENDAR  </div>		
Employee Birthdays: January 16 - Anita D. January 25 - Jill W. January 26 - Peggy M.					
Work Anniversaries: 32 years - Susan S. 27 years - Anita D. 15 years - Darlene C.					
<div>     @NLRlibraries </div>					

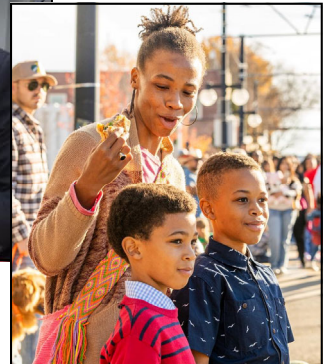
Happy New Year!



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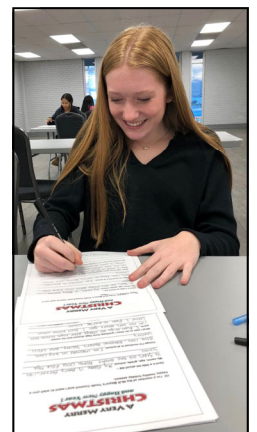
We hope you all have fond memories as we end the year, 2023!



And we wish you all very many new memories for the upcoming year!

From the City of North Little Rock Team!

HAPPY NEW YEAR!





FIREWORKS ARE PROHIBITED IN THE CITY OF NORTH LITTLE ROCK

North Little Rock Ordinance No. 7167 and Ordinance 6175 of the Code of Ordinances of the City of North Little Rock include the following:

Section 1 (d): Except as hereinafter provided, it shall be unlawful for any person to possess, store, offer for sale, sell at retail, set off, ignite or otherwise explode any firecrackers or other fireworks by whatever name called within the city limits; provided that the use of fire-

works for public displays shall be allowed upon recommendation by the fire marshal and authorized by the City Council, only after all of the provisions of NfiPa 1123 are met and all necessary permits have been issued. Every such use or display shall be handled by a competent operator approved by the fire marshal and shall be of such character and so located, discharged or fired so as not to be hazardous to property or endanger any person.

No parent or guardian of a minor shall furnish money or a thing of value to a minor for the purchase of fireworks or encourage, act in conjunction with or in any manner instigate or aid a minor in the commission of having, keeping, storing, selling, or offering for sale, giving away, using, transporting or manufacturing fireworks within the corporate limits of the city. The violation of this section shall be an offense regardless of whether or not the minor shall be charged or found guilty of the offense. The commission of the offense by the minor on the property under the control or owned by the parent or guardian shall be prima facie proved that the parent or guardian aided the minor.

The fine or penalty for violating this provision, upon conviction in municipal court, shall be not less than \$25.00 nor more than \$500.00.

It is also unlawful to fire any type of firearm in the city. Persons found doing so can be arrested and charged with a misdemeanor offense and face a fine.



Where Do Bullets Go when Guns Are Fired Straight Up Into the Air?

Found at science.howstuffworks.com

By: Patrick J. Kiger

The saying "What goes up must come down" is an appropriate starting point. If you fire a gun into the air, the bullet will travel up to a mile high (depending on the angle of the shot and the power of the gun). Once it reaches its apogee, the bullet will fall. Air resistance limits its speed, but bullets are designed to be fairly aerodynamic, so the speed is still quite lethal if the bullet happens to hit someone.

No matter how high a bullet goes in the air, eventually it will decelerate until its velocity reaches zero, at which point it will begin to fall back to the Earth.

The height up is a non-issue as to the speed down, as the bullet (if no longer spin stabilized) will hit a terminal velocity based on its shape, orientation, and whether or not it is tumbling. Keep in mind, a bullet is unlikely to fall straight down, as wind can alter its path, making it difficult to predict where it will land.

In rural areas, the chance of hitting someone is remote because the number of people is low. In crowded cities, **however, the probability rises dramatically**, and people

get killed quite often by stray bullets.

Firing a Gun in the Air Is Dangerous

An 87-year-old Philadelphia woman had a close encounter with a falling bullet New Year's Eve 2022, when she felt a sharp pain in her shoulder as she stood on her front porch ringing in the new year. She was shocked when she removed her blouse and a bullet fell to the floor. Police called it a "suspected celebratory gunfire incident."

Here's another example: On New Year's Eve 2017, Democratic member of the Texas House of Representatives Armando Martinez stepped outside a home and suddenly felt as if he'd been struck with a sledgehammer. After he was rushed to the hospital, it turned out that he'd been struck on the top of the head by a falling .223-caliber bullet. A fragment of the round penetrated the top of his skull and lodged itself in the top layer of his brain, requiring surgery to remove it, according to CNN.

Martinez, who recovered from his injury, became another victim of the strange custom of celebratory gunfire, in which revelers fire bullets into the air that eventually fall back to Earth — and occasionally hit other people.