

# North Little Rock e-Newsletter

Provided by Diane Whitbey, City Clerk and Collector

June 2012

## *North Little Rock e-Newsletter*

If you have information you would like to share with other city employees, residents and businesses throughout **North Little Rock**, then let us know. The **City Clerk's office** provides a monthly *e-letter* to those who subscribe through the **North Little Rock** website.

To sign up, email [Dwhitbey@northlittlerock.ar.gov](mailto:Dwhitbey@northlittlerock.ar.gov).



*The following information was found at [www.thegleaningmovie.com](http://www.thegleaningmovie.com).*

"The Gleaning" is the debut project of award-winning filmmakers Brian White and Christopher S. Thompson. It was shot on location in several rural Arkansas towns, and on a micro-budget of \$14,000. It was shot with a skeleton crew and features local talent exclusively.

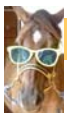
Here is a brief description:

*Shortly after a new family moves into the small Arkansas town of Halcyon, strange things begin to happen—some of the town's children are found dead. Led by the local preacher, the town is set against the newcomers as suspicions grow. Deeply held prejudices and a clash of cultures come to the surface as more than one long-buried secret is brought out into the light. These secrets will not go unprotected.*

The film has received several awards, including "Best Thriller" at the 2012 Bare Bones International Film and Music Festival, and "Honorable Mention" in the Narrative Feature category at the 2011 Los Angeles Reel Film Festival. Most recently, "The Gleaning" was selected as the only film in its category (Arkansas Feature) for the 2012 Little Rock Film Festival. It will screen this Saturday, June 2nd at 8:20 p.m. and Saturday, June 3 at 1:30 p.m. at the Riverdale 10 Theatre in Little Rock.

The film's screenplay, written by White and Thompson, was awarded the Bronze prize for Best Feature Screenplay at the 2011 Bare Bones International Film Festival.

North Little Rock Animal Control Director Billy Grace's son Jesse (pictured right) has one of two lead roles in the film.



**"Where's Mel"!** The **1st** person to CALL 340-5317 and tell one of us where you found "Mel" will win a prize!

## North Little Rock Animal Control

For more information, call **501-791-8577**



### Pet Travel Made Easy

Found at <http://animalshelvertips.com>

How many times have you heard someone say "I don't want to adopt a pet because he/she would not be able to travel"? Well, great news...pets can travel too! (And yes, this includes cats). Help educate the animal lovers in your community about traveling with their pets using these ideas:

**Conduct a pet travel contest.** Ask pet parents to submit their favorite travel tips for pets, funny stories about pet travel, their pets' travel diary, photos of their pets on the road, etc. You could announce a year long contest for the pet who travels the most miles. At the end of the year, the owner can submit photos of their pet (dog, cat, horse...you get the idea.) enjoying national parks, hiking in the mountains, etc.

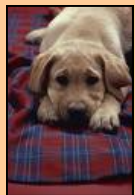
**Design a "traveling with pets" page on your website.** Include tips on what to take, how to find pet friendly hotels, etc.

**Submit an article about traveling with pets to your local newspaper.** Showcase a couple of pets, maybe a dog and a cat, who enjoy traveling and offer travel tips from their owners. Include stories of how much they enjoy having their pets with them when they travel.

**Include on pet website adoption pages "likes to travel" for pets who enjoy riding in the car.** Often foster pet parents know about this and can let the shelter know. If you place ads in your local newspaper showcasing adoptable

pets, mention "loves to ride in the car."

**When you're ready to travel with your pet, use these tips:**



Need a new addition to your family?

Call  
501-791-8577

...we've got the perfect companion for you!



Support spaying and neutering in Arkansas by getting your own Arkansas Specialty *Please Spay or Neuter* License Plate at any State Revenue Office.

**Driving with pets** from the Pet Travel Center has a good list of tips for driving, including securing your pet, first aid kit for your pet, limiting food intake before your trip and more.

**Petswelcome.com** lists hotels that accept pets nationwide. Search more than one pet friendly lodging website. It's very hard for any one site to be totally comprehensive. Do a search with "pet friendly travel" and you'll find many sites listing pet accommodations. Also, enter "pet friendly" or "pets welcome" + "lodging" + "city,state" in your favorite search engine to go directly to the websites of hotels which allow pets.

**Pet Air Travel and Airline Pet Travel Policies.** You can find links to different air travel policies for pets. Many carriers allow pets in the cabin area.

Take your pet's medical records with you showing that he/she has been vaccinated in case of an emergency.

Look up emergency veterinary clinics for the area you'll be traveling in. Print out this information including phone numbers, addresses and maps before you leave home.

#### When booking a room with your pets:

If a non-smoking room is important to you, make sure you can book a pet friendly room in a non-smoking room. Some hotels place pets in smoking rooms only.



If your kitties are with you, decline maid service. You don't want to take a chance of them darting out to explore if the door is opened while you are away.

You can do this by hanging the "do not disturb" tag on your door-knob. You can also call the maid service number

to inform them of the same...and put out the "do not disturb" tag to be safe.

Where ever you go, be sure your pet has a harness or collar with current ID tags including his or her name and your contact information...just in case!

Now get out there and enjoy your journey!



**North Little Rock Fire Department**



**North Little Rock**



**Fire Department**

**KIDS FIRE ACADEMY**

June 14-June 15, 2012  
August 2-August 3, 2012  
9am-2pm

**North Little Rock Police/Fire Training Facility**  
2400 Willow Street  
North Little Rock, AR

**Boys and Girls**  
Ages 8-12 years old

**Space Limited to 15 Children**

**Parents are Welcome**

Learn about fire safety, the science of fire, bike safety and basic first aid. Experience the life of a firefighter and visit the fire station. A bike safety course will be held and each participant will be given a free bike helmet.

Register by calling: Central Fire Station (501)340-5377 or  
Fire Marshal's Office at 812-5941 or 812-5942  
Monday-Friday 8am-4:30pm

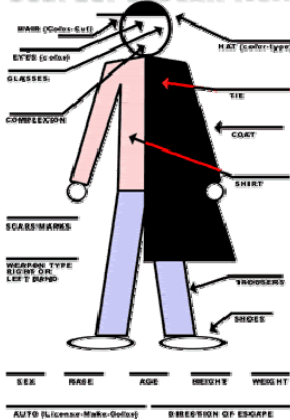


**Summer** is almost here and now is the time for us to be more vigilant in watching out for our neighbors and neighborhoods. If everyone works together, we can make it known that crime is not tolerated in North Little Rock.

If you need to report a crime or suspicious person or activity in your neighborhood, call 911. When making your call, give the following information to the dispatcher: Your name, address, reason for the call, location and description of suspects and vehicles. On the right is a graphic illustrating the information you need to look for when describing an individual:

Sex, Age, Race, Height, Weight, Eyes, Facial Hair, Hat, Glasses, Complexion, Shirt, Jacket, Pants, Shoes...

**SUSPECT DESCRIPTION**



Next is information to report a suspicious vehicle: Color, Year, Make, Body type, 2 door, 4 door, Hatchback, License Plate Number and State.

When calling Dispatch, do not hang up until the dispatcher has the required information. The dispatcher may not want all of the information, but the arriving officer might. Keep a pen or pencil and paper available in your home and vehicle.

If you are suspicious of a person or persons and their activities, please do not approach them...call 911.

The non-emergency number for the North Little Rock Police Department is 501-758-1234.

*This information found in NLR Neighborhood News a publication provided by the Office of Neighborhood Services. NLRNeighborhoodServ@northlittlerock.ar.gov.*

**Coalition for a Tobacco Free Arkansas**



The Coalition for a Tobacco Free Arkansas (CTFA) was formed in January 1992. Member organizations included the American Cancer Society, American Heart Association, American Lung Association and Arkansas for Drug Free Youths. Today, the Coalition has over 1,500 partners and supporters across the state.

**What do they do?** CTFA is the only statewide tobacco prevention coalition in Arkansas providing technical assistance and specializing in tobacco education training.

**Clean Indoor Air Policy Accomplishments.**

CTFA lead efforts for the following Smoke Free Communities: Fayetteville, Pine Bluff, El Dorado and Fairfield Bay.

They also worked to help pass the state's smoke-free workplace law (Act 8) in April, 2006.

**The Problem.** Tobacco use is the leading cause of preventable death in the United States. Secondhand smoke is the 3rd leading cause of preventable death in the U.S.

More than 4,000 kids under eighteen become regular smokers every day.

Nearly 90 percent of all smokers begin before the age of eighteen.

Studies have shown that youths are three times more sensitive to tobacco advertising than adults.

**Tobacco Industry Marketing.** The tobacco industry spends nearly \$36 million per day to promote their products. Each day, approximately 1,200 current and former smokers die prematurely from tobacco related diseases. Each day the U.S. spends more than \$260

million in direct medical costs related to smoking.

**Surgeon General Aims to Protect Children From Smoke.**

A new U.S. public health campaign seeks to better protect children from the damaging health effects of smoking by their parents and other adults.

**The Toll of Tobacco in Arkansas**

Tobacco Use in Arkansas as of December 2007  
High school students who smoke: 20.4%.

Male high school students who use smokeless or spit tobacco: 24.2% (female use much lower).

Kids (under 18) who become new daily smokers each year: 4,000.

Kids exposed to secondhand smoke at home: 177,000.

Packs of cigarettes bought or smoked by kids each year: 8.3 million.

Adults in Arkansas who smoke: 23.5% (494,300)

**Deaths in Arkansas From Smoking**

Adults who die each year from their own smoke: 4,900.

Kids (now) under 18 and alive in Arkansas who will ultimately die prematurely from smoking: 64,000.

Adults, children and babies who die each year from others' smoking (secondhand smoke and pregnancy smoking: 390 to 700.

**Smoking-Cause Monetary Costs in Arkansas**

Annual health care costs in Arkansas directly caused by smoking: \$812 million.—Portion covered by state Medicaid: \$242 million.

Residents' state and federal tax burden from smoking-caused government expenditures: \$564 per household.

Smoking caused productivity losses: \$1.30 billion.

**Steps in Completing Rezoning, Special Use or Conditional Use requests in the City**

As of 4-23-12

1. Application Fee. Fees are due at the time of application. A 50% surcharge will be added to cases in extraterritorial areas.

Fees:	Commercial Rezoning	\$300
	Industrial Rezoning	\$300
	PUD (Planned Use Dev)	\$150
	Special or Conditional Use	\$150
	RT-1, R-0, 4, 5, 6, Rezoning	\$150
	R-3 Rezoning	\$100
	R-1, R-2 Rezoning	\$ 75

2. Sign Fee. A \$20 deposit is required on all signs. The sign will be furnished at the time of application and must be posted on the site 15 days prior to the Planning Commission meeting and remain posted until a vote by the City Council. Planning Staff will check the site to see if the sign has been posted. Failure to post the sign will postpone the application. Return the sign to the Planning Department after the City Council hearing of the case and the deposit will be refunded.

3. Development Plan. The development plan of the property of the proposed change must be provided to the Planning Department at the time of application. The development plan should show: property boundaries, building locations, building outlines, driveways, parking lots, abutting streets, north arrow, applicant's information and any other information that is significant to the request.

4. Legal Description. The legal description of the property of the proposed change must be provided to the Planning Department at the time of application. The legal description can be found on the survey of the property, or if leasing or renting, should be provided by the property owner/landlord. Most legal descriptions include a lot number, block number, and subdivision name.

5. Certified List of Property Owners. All property owners within 200 feet of the property must be notified of the proposed rezoning or special use. The applicant must provide proof of their notification by obtaining a certified list of property owners from an abstract company. These companies can be found in the yellow pages of the phone book. Providing this data on your own from the County Assessors Office does not meet this requirement. This certified list must be provided to the Planning Department no later than 5 days prior to the Planning Commission meeting.

6. Proof of Notification. Notification must be made either by (1) obtaining signatures of everyone on the certified list or (2) by sending notices by 'certified mail, return receipt requested' to everyone on the certified list. If the City is one of these property own-

ers, the Mayor and all of the Aldermen must be notified. Proof of certified mail notification must be provided to the Planning Department and dated no later than 10 calendar days prior to the Planning Commission meeting.

7. Letter from Property Owner. If the applicant is not the property owner, a letter from the property owner will be required stating that the applicant has permission to apply for the rezoning/special use.

*Note: applications will not be accepted if items 1 through 4 are not provided at the time of the initial request. A vote from the Planning Commission is a recommendation and must be sent to the City Council for final approval.*

**All applicants are required to attend the Planning Commission meeting.** Daycare, Conditional Use and PUD applicants are required to attend the Subdivision meeting. Failure to attend will cause the request to be postponed or withdrawn.

**City Council Hearing with a Positive Planning Commission Vote.**

After obtaining approval by the Planning Commission, the applicant must obtain an Alderman sponsor to place the request on the City Council agenda. **(Contact the Alderman)** and request that he/she contact the Planning Department to inform Planning Staff of the sponsorship. The City Council meets on the second and fourth Monday of each month. The request to appear on the agenda must be received by the Planning Department at least eleven (11) days prior to the City Council meeting. There will be a legal advertisement fee that will be billed directly to the applicant. The cost is based on the length of the legal description. The applicant is required to attend the City Council meeting.

**City Council Hearing with a Negative Planning Commission Vote.**

Cases that are denied by the Planning Commission may still go to the City Council following a second notification of (property) owners within 200 feet and obtaining an Alderman Sponsor. **(Contact the Alderman—same as above).** Applicant must file proof of notification with the City Clerk five (5) days prior to the City Council meeting. There will be a legal advertisement fee that will be billed directly to the applicant. The cost is based on the length of the legal description. The applicant is required to attend the City Council meeting.

*Note: in both cases above, failure to pay the publication fee means the ordinance will not be published and therefore will not be in effect thus resulting in the previous zoning and potential zoning violations and fines.*

For more information, contact the North Little Rock Planning Department at 501-975-8835. Planning is located in the City Services Building at 120 Main Street, on the 2nd floor. Hours are 8 to 4:30 Monday through Friday. You can also visit our website at [www.northlittlerock.ar.gov](http://www.northlittlerock.ar.gov).





## New technology allows assessing to go mobile in Pulaski County

By Scott Perkins, *County Lines*, Spring 2012

Earlier this year, Pulaski County became the first county in the nation to have a mobile application that actually assesses property. Janet Troutman Ward, Pulaski County Assessor, said she has received great response since the application launched in January.

"Technology is the most exciting thing we can do for our taxpayers," Ward said. "The sky is the limit in offering new technology to better serve our taxpayers."

Ward said she has heard significant positive feedback about the app, and described two different instances of constituent feedback that she said proved her the app is good for taxpayers and "they love it."

Ward said one taxpayer was excited that she successfully assessed while waiting at the doctor's office and another taxpayer called to tell her that they actually assessed while waiting in line at a fast-food res-

taurant.

"We want to best serve the residents of Pulaski County," Ward said. "Making our processes more convenient is the best way to do that."

The app is streamlined and easy to navigate and is currently available for free at the Apple app store or can also be downloaded at [www.co.pulaski.ar.us](http://www.co.pulaski.ar.us). Apple app store users should search "Pulaski County Assessor" to locate the application.

Mobile applications for other platforms such as the Android and Blackberry markets are in the works, Ward said.

Pulaski County was the first in the state to provide this service, and also lead the way in mobile device accessible online assessment and phone assessments.

Mobile device accessible online assessment is the capability of mobile users to login to the country's website and actually assess.

"We've been a leader in technology. Several years ago, the first convenience we offered was phone assessments," Ward said. "Then just about seven to eight years ago we added online assessments as part of the natural progression in technology."

Apprentice Information Systems, Inc. developed the app under Pulaski County's current service contract, and is also working with other counties to mirror the Pulaski County application.

Benton County now has iPhone and Android apps as well. According to Randy Lamp, Apprentice Information Systems president, Craighead and Saline counties currently have iPad and Android apps in the works.

Mobile device accessible online assessment is in place in the following counties: Arkansas, Baxter, Benton, Craighead, Crittenden, Desha, Lonoke, Pope, Pulaski, Saline, Sebastian, Stone and White.

May 31 was the statewide assessment deadline.

Apple app store users should search "Pulaski County Assessor" to locate the application.

Download the app for free at Pulaski County's website: [www.co.pulaski.ar.us](http://www.co.pulaski.ar.us).



### Facing Disaster

*Here are some suggestions found in USA Weekend May 25-27...*

**Grab and go.** It can be impossible to find certain documents or records when an emergency hits. Create and fill a grab-and-go binder, equipped with dividers such as "Household Records,"

"Legal Documents" and "Financial Records."

**Plan a safe shelter.** If your home is the eye of the storm, a 'safe room' is its pupil. Don't let weather, a



natural disaster or bad guys catch you by surprise. A windowless room is ideal, but if every room has a window, then consider other factors like good ventilation or access to a bathroom.

**Make your financial survival paramount.** In a slumping economy, it can be hard to save, but keep in mind that every dollar counts. "When you're at the grocery store, ready to check out, look over everything in your cart and take out five items you really don't need. Those little extra expenses can add up!



## **Getting to Know Your County Government**

Information provided at Indian Hills Neighborhood Association meeting by Shane Stacks, Justice of the Peace, District 15 and resident.

Residents within cities and unincorporated areas of Pulaski County benefit from the services provided by our local government.

Revenue sources for counties are property tax and sales tax.

Below is a list of departments which are either fully or partially funded by county tax funds:

### **Pulaski County Circuit / County Clerk's Office.**

The clerk's office is the primary record keeper of the county and manages documents generated by 17 separate Judges that adjudicate cases in Pulaski County. The Clerk's office records real estate records (i.e. Deeds, Mortgages, etc.), issues marriage licenses, registers voters, file case initiation, and stores candidate filing and campaign disclosure reports. The Clerk's office also supports the Election Commission with administering the county's elections.

**Pulaski County Circuit and District Courts.** This includes the Juvenile courts, Civil and Criminal courts.

**Pulaski County Community Services.** The purpose of this department is to strengthen families and build communities. The department works to facilitate the construction of waste water systems, healthy recreational sites, and community centers and works to reclaim damaged property through a Brownfields program. A Housing Choice Voucher program provides 301 county families with safe and affordable housing. A Family Self Sufficiency program helps guide heads of households in attaining financial independence. And a HOME Rehabilitation Program focuses on the reconstruction or rehabilitation of houses for low income homeowners. The department's director also serves as the County Veteran Services officer, ensuring that veterans receive the benefits due them for service to our country.

**Pulaski County Coroner's Office.** The Coroner's Office is always the last office you ever want to deal with, or at least which deals with you.

**Pulaski County Election Commission.** This department is responsible for all elections.

**Pulaski County Extension Services.** This office provides assistance to county residents in the areas of horticulture and 4-H clubs and has a Food Stamp Specialist.

**Pulaski County Youth Services.** This department is dedicated to providing quality and innovative youth development programs for youth in the county. They provide after school programs, mentoring programs, a ropes course, and enrichment programs such as Cooking For the College Bound, Family Literacy Night, swimming/tennis lessons and art classes. They



also provide Y.I.E.L.D. Programs which include an ACT Prep Program, a 6-week summer work program, and Youth Leadership Institute. The department is dedicated to bringing together everyone concerned with helping young people, including scholars, practitioners and people from different professions. The result is a unique resource that gives a multi-faceted approach to helping youth develop into responsible, stable, well-rounded adults and citizens.

### **Pulaski County Prosecuting Attorney's Office.**

This office has many divisions and duties in addition to prosecuting persons accused of committing crimes. Divisions also include Domestic Violence/ Sexual Assault, Drug Unit, Juvenile/Gang Unit, and Victim Assistance.

**Pulaski County Public Defender.** This office provides defense for people who are accused of committing crimes who cannot afford an attorney for their defense.

**Pulaski County Public Works.** This division includes Animal Services, Planning, Emergency Services, and the Road and Bridge Department. Sanitation also falls under Public Works, but is funded by fees paid by citizens for the service.

**Pulaski County Sheriff.** The Sheriff's Department includes the Enforcement Division and Detention Facility (aka Pulaski County Jail).

**Schools, Libraries and Public Transportation** are also partially funded through taxes collected by Pulaski County.

Despite it's name, in Arkansas, the **Quorum Court** serves as the legislative, not judicial branch of county government. Every county has a Quorum Court comprised of nine (9) to fifteen (15) Justices of the Peace (JP), each of whom is elected to serve in a district. The number of districts in each county is determined by population. Pulaski County has fifteen districts.

The Arkansas Constitution establishes the office of JP. JP's are elected by voters within each district to serve a two (2) year term. They represent all of the residents in the district they serve, whether they are within city limits or in unincorporated areas. To qualify to run for JP, one must meet the following requirements:

1. He/she must be a resident within the respective district and county from which elected.
2. He/she must be a qualified elector (registered voter).
3. He/she must **never** have been convicted of embezzlement of public money, bribery, forgery, or other infamous crime.

The duties and authority of the Quorum Court are set forth in Amendment 55 to the Arkansas Constitution, which states that a county government, acting through its Quorum Court, may exercise local legislative authority not expressly prohibited by the Constitution, or by the law, for the affairs of the county.

...continued on next page... 7

...continued from previous page...

Justices of the Peace and county judges can also solemnize marriages within their respective counties. JP's are compensated on a per diem basis for attending meetings of the Quorum Court. The amount of the per diem compensation must be set by ordinance. The maximum amount a JP can receive per year is set by statute and based on population.

Quorum Courts are required to meet each calendar month at a regular time and place established by ordinance; however, more frequent meetings may be required by ordinance. In Pulaski County, the Quorum Court meets twice each month. Quorum Court Committee meetings are held on the second Tuesday of each month, at which time, proposed ordinances and resolutions are considered by the respective committees and forwarded (with or without recommendation) to the full Quorum Court. On the fourth Tuesday of each month, the full Quorum Court meets to consider any resolutions or ordinances. They are then either considered, adopted, tabled, or rejected. Special meetings can also be called by the County Judge or a majority of the JP's (24-hour public notice is required).

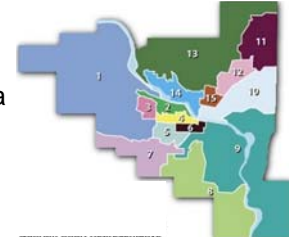
County ordinances establish the organization and system of principles of county government and are compulsory. County resolutions are a formal statement the body wishes to make and do not compel any executive action. After adoption, ordinances must be published. The ordinance becomes effective thirty (30) calendar days after publication, with the exception of emergency ordinances and appropriation ordinances, which will become effective immediately upon signature by the county judge. The passage of an ordinance or resolution requires a majority vote of the entire body. Appropriation ordinances and emergency clauses require a 2/3

vote for passage.

The county judge presides over the regular meetings of the Quorum Court. The county judge does not have a vote, but does have veto power. The Quorum Court can override the judge's veto by a 3/5 vote of the whole.

The Quorum Court of each county is required to fix, by ordinance, the annual salaries of elected county officers. Minimums and Maximums for each county offices are established by the legislature.

The Quorum Court also establishes the number and compensation of all county employees. Pulaski County has approximately 1,210 employees a (2009) annual budget of \$60,000,000. Approximately 52% of the County's General Fund revenue is appropriated for funding of the Pulaski County Regional Detentions Facility.



Pulaski County JP's by District listed below:

District 1—Doug Reed	868-4742
District 2—Dawne Benafield	661-1414
District 3—Jim Sorvillo	954-7243
District 4—Julie Blackwood	425-2321
District 5—Wilandra Dean	565-2256
District 6—Donna Massey	231-6044
District 7—Teresa Coney	455-1622
District 8—Curtis Keith	537-1213
District 9—Judy Green	374-0679
District 10—Rev. Robert Green	400-4477
District 11—Bob Johnson	982-2411
District 12—Jeff Rollins	772-0266
District 13—Phil Stowers	993-6165
District 14—Paul Elliott	851-7999
District 15—Shane Stacks	436-9431

For more information visit [www.co.pulaski.ar.us](http://www.co.pulaski.ar.us).

## State Representative and North Little Rock Business Man Barry Hyde Wins Boys Club National Honors



*Below is a summary of an article found in the North Little Rock Times May 24, 2012 by Bill Lawson*

Barry Hyde became the first recipient of the State Alliance Champion Award from the Boys and Girls Clubs of

America (BGCA) in San Diego at the organization's national conference.

This national award is presented to a volunteer who has gone above and beyond to further the position of the State Alliance, help secure or maintain state funding or had another major impact on the organization. This is the first year for the award. The Arkansas State Alliance of Boys and Girls Clubs has 57 clubs in 39 communities across the state and serves more than 66,000 youth.



## Chicken Salad Roll-Ups

2 cups chopped cooked chicken  
3 medium green onions, chopped (3 tblsp)  
1/4 cup chopped walnuts  
1/2 cup creamy poppy seed dressing  
1/2 cup cream cheese spread (from 8-ounce container)  
2 flour tortillas (10 inches in diameter)  
6 leaves Bibb lettuce  
1/2 cup finely chopped strawberries



Mix chicken, onions and walnuts in food processor bowl. Cover and process by using quick on-and-off motions until finely chopped. Add 1/3 cup of the poppy seed dressing; process only until mixed. Mix remaining dressing and the cream cheese spread in small bowl with a spoon until smooth.

Spread cream cheese mixture evenly over entire surface of tortillas. Remove white rib from lettuce leaves. Press lettuce into the cream cheese mix, tearing to fit and leaving top 2 inches of the tortillas uncovered. Spread chicken mixture over lettuce. Sprinkle strawberries over chicken.

Firmly roll up tortillas, beginning at bottom. Wrap each roll in plastic wrap and refrigerate at least 1 hour. Trim ends off of each roll. Cut rolls into 1/2 to 3/4-inch slices.

Makes 24 appetizers.

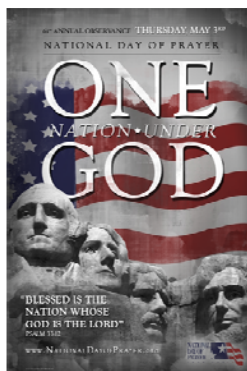
If you don't like poppy seed dressing, you can use regular or low-fat mayonnaise or salad dressing instead.

A sharp serrated knife works great for slicing these creamy roll-ups.

For a special touch, poke toothpicks through strawberry slices and use to garnish each appetizer. Prep time—35 minutes, total time—1:35, makes 25 appetizers.

## Kiwanis Club of NLR

Last month, the Kiwanis Club of North Little Rock hosted the local **National Day of Prayer Breakfast**. Each year, on the first Thursday in May, the club holds a special program to observe the National Day of Prayer. The Program consists of breakfast, a Prayer for our Nation, music, and a dynamic keynote speaker. This year's speaker was The Reverend Rod Loy, Senior Pastor, First Assembly of God of North Little Rock.



So what is Kiwanis? "Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time." - *Kiwanis International Defining Statement*.

The Kiwanis Club of North Little Rock is an active, service-oriented organization working to make a difference in our community. The club meets weekly at noon on Thursdays at American Pie Pizza, 4830 North Hills Boulevard (adjacent to Kroger at North Hills and McCain).

Their meetings begin with fellowship and a meal. Around 12:15 p.m. they join together in song, the Pledge of Allegiance, and an invocation. There is

always an outstanding speaker and/or program which lasts about 20—25 minutes.

### Meaningful Service Projects are the Key Thanksgiving Food Baskets

Possibly the most special of their service projects is the annual Thanksgiving Food basket drive. For over 20 years, the club has given baskets to families in need in North Little Rock.

### Silver City Head Start Christmas Party

Each year, the club provides a special Christmas for 45 children at Silver City Head Start. They also donate books to 4th graders in ten North Little Rock School District Elementary Schools.



For more information about the Kiwanis Club of North Little Rock, contact Haskell Anderson at [hgander-son@arvest.com](mailto:hgander-son@arvest.com) or visit [www.kiwanisnlr.org](http://www.kiwanisnlr.org).

### Slow Cooker Lasagna

1 pound bulk Italian sausage  
1 medium onion, chopped (1/2 cup)  
3 cans (15 ounces each) Italian-style tomato sauce  
2 teaspoons dried basil leaves  
1/2 teaspoon salt  
2 cups shredded mozzarella cheese (8 ounces)  
1 container (15 ounces) part-skim ricotta cheese  
1 cup grated Parmesan cheese  
15 uncooked lasagna noodles



Cook sausage and onion in a 10-inch skillet over medium heat 6 to 8 minutes, stirring occasionally, until sausage is no longer pink; drain. Stir in tomato sauce, basil and salt.

Mix 1 cup of the mozzarella cheese and the ricotta cheese and Parmesan cheeses. (Refrigerate remaining mozzarella cheese while lasagna cooks.)

Spoon one-fourth of the sausage mixture into a 6-quart slow cooker; top with 5 noodles, broken into pieces to fit. Spread with half of the cheese mixture and one-fourth of the sausage mixture. Top with 5 noodles, remaining cheese mixture and one-fourth of the sausage mixture. Top with remaining 5 noodles and remaining sausage mixture.

Cover and cook on Low heat setting 4 to 6 hours or until noodles are tender.

Sprinkle top of lasagna with remaining 1 cup mozzarella cheese. Cover and let stand about 10 minutes or until cheese is melted. Cut into pieces and serve!

Makes 8 servings.

For a special touch, sprinkle with chopped fresh parsley just before serving.

For lasagna with a kick, look for hot or spicy Italian sausage. Links can be used if bulk sausage isn't available. Just squeeze the meat out of the casing and cook as directed.

Prep Time—25 minutes, total hours 6:45.



## ***North Little Rock Fire Fighters Lend a Helping Hand***

*Information and photos (above and left)  
provided by Captain John Pflasterer,  
Assistant Fire Marshal*

Sunday, May 27, 2012, North Little Rock Fire Fighters Captain Wesley Stephens and Lieutenant Richard Matthews from Central Station C Crew were gracious enough to lend a hand for a good part of the day to help Mike Rush, Director of Community Garden Programs for The People Tree and Matthew Richard erect a garden shed in Argenta behind the Junior League of North Little Rock building. The crew worked together from 8:00 a.m. until 2:00 p.m.





## If your toes could talk...

Keep your tootsies in tip-top shape this summer with these pointers from *The Doctors*.



Feet rank low on the list of health priorities for many Americans, but nearly 80% of adults have experienced

some form of foot ache, pain, itch or other condition in their lifetime, according to a survey from the American Podiatric Medical Association. Toenail problems are the most common, followed by sweaty feet and pain of the ball of the foot and heel. Here are four tips to help sidestep these and other ailments and keep your tootsies in tip-top shape

**Do a daily foot check.** Take a good look at your toenails, and not just for polish chips—if they're thick or discolored, it could indicate a developing fungus. Also, pay attention to changes in skin color or texture, such as cracks, cuts or peeling and scaling on the soles (a sign of athlete's foot). Any growth on the foot is not normal; neither is pain. Joint stiffness, for example, could mean arthritis; tingling or numbness could be a sign of diabetes. See your doctor or podiatrist about changes in your feet, especially if you have diabetes, which can make you prone to infection and more serious complications.

**Trim toenails straight, not curved.** Rounded edges increase the chance of developing ingrown toenails, so keep the shape squared and the length even with the tips of your toes. Cut too short and pressure from your shoes may push the nail to

grow into the corner of your fleshy toe, causing redness, swelling and infection around the nail, plus pain and tenderness. High heels (particularly



the pointy-toed kind) are a leading cause of ingrown toenails, podiatrists at Loyola University Health System reported recently.

**Swipe antiperspirant on your soles.** It's a way to keep feet dry and help protect against a number of conditions, including fungal infections, blisters, warts and sweaty, smelly feet (a problem that affects a third of Americans). Rubbing cornstarch on the bottom of your feet helps, too; so does airing out sweaty shoes before wearing them again and choosing natural or synthetic blend socks that wick away moisture. Also important: After washing your feet, be sure to dry carefully especially between the toes.

**Spring-clean your shoe rack.** Every pair should cushion, support and fit properly (with enough room for your toes). Replace well-worn shoes and toss flimsy flip-flops—any pair you can fold in half or easily twist is no good for feet. Instead, look for sturdier flip-flops that have arch support to help prevent pain and are made of soft leather to minimize blisters and irritations. The best time of day to shoe-shop? Late in the day, when your feet tend to be largest.



Welcome to a new member of our North Little Rock City Employee Family,  
**Jon Michael Russ, II**  
grandson of Electric Department General Manager Jon Michael Russ.





## LEVY RAT PICNIC

MAY 12, 2012—BURNS PARK



Above the band **Double Shot** entertained the crowd. Above right, Kevin-Newsom and his wife Amy. Left event organizer Paul Myrick gives away a door prize.



Proceeds from the event went to R.O.C.A.N. *Reaching Our*

*Children and Neighborhoods.* Leifel Jackson was also on hand and thanked everyone for their support.



Drawings for prizes including bike pumps and bikes!

Sponsored By  
Fit 2 Live  
City of North Little Rock  
MEMS

Bike helmet & safety light giveaways, and much more!

# Youth Skills Course & Bicycle Rally



Saturday, June 2<sup>nd</sup> at Burns Park Soccer Complex  
Youth Skills Course is from 9 AM – 1 PM

Bicycle Rally is at 11:30 AM  
(presentation on stage at 1 PM)

For youth 3-12 years of age

Contact the City of North Little Rock's Fit 2 Live office at  
[wwilliams@northlittlerock.ar.gov](mailto:wwilliams@northlittlerock.ar.gov) or call 975-8777



## Crock Pot Cabbage Rolls

8 large cabbage leaves  
1 pound ground beef  
1 teaspoon salt  
1/4 teaspoon pepper  
2 tablespoons chopped onion  
1 cup cooked rice  
1 egg  
1 can tomato soup

Pour boiling water over cabbage leaves. Let stand 5 minutes. Season meat, add onion, rice and egg. Roll a portion of filling into each leaf, fasten ends with toothpicks. Place in crock, add tomato soup.

Place crock in outer shell; cook on:  
**LOW** 10 to 12 hours, or  
**HIGH** 5 to 6 hours

Makes 8 servings.

*This is a great way to use fresh cabbage from the garden or produce market and not heat up the kitchen!*

## The White House Garden

May 26—July 21, 2012, visit the William F. Laman Public Library at 2801 Orange Street and see a display of scenes from the White House Garden.

On Saturday, June 2, at 10:00 a.m., Retired White House Executive Groundskeeper, Mike Lawn and local gardening expert, Janet Carson will be on hand for a special presentation in the auditorium.

For more information, call 501-785-1720 or visit [www.lamanlibrary.org](http://www.lamanlibrary.org).



## North Little Rock City Council Schedule

Meets the second and fourth Monday of each month in City Hall. Meetings commence at 7:00 p.m. and can be viewed on our website.

For more information please call the City Clerk's Office at 501-340-5317 or visit our website at [www.northlittlerock.ar.gov](http://www.northlittlerock.ar.gov).

### CITY COUNCIL MEMBERS

Ward 1	Aldерwoman Debi Ross	753-0733
	Aldерwoman Beth White	758-2738
Ward 2	Aldерwoman Linda Robinson	945-8820
	Alderman Maurice Taylor	690-6444
Ward 3	Alderman Steve Baxter	804-0928
	Alderman Bruce Foutch	658-9714
Ward 4	Alderman Murry Witcher	835-0009
	Alderman Charlie Hight	758-8396

### Other Elected Officials

**Mayor**, Patrick Henry Hays  
501-340-5301  
**Clerk and Collector**, Diane Whitbey  
501-340-5317  
**City Attorney**, C. Jason Carter  
501-975-3755  
**City Treasurer**, Mary Ruth Morgan  
501-753-2028  
**District Court Judge**, Jim Hamilton  
501-791-8559  
**District Court Judge**, Randy Morley  
501-791-8562

## This and That

**Recycling pickup schedule for June  
in red below...**  
(for North Little Rock)



Week of May 28 - June 1 (No Pickup)

**Week of June 4-8, 2012**

Week of June 11—15 (No Pickup)

**Week of June 18—22, 2012**

Week of June 25—June 29 (No Pickup)

Applications may be obtained in the Human Resources Department, City Services Bldg., 120 Main St., 3rd floor, NLR, AR., 72114 **and must be completed and returned by the closing date. Late applications will not be accepted.** Job-related test, interviews or other types of selection methods may be administered in order to determine whether an applicant possesses the required knowledge, skill and ability. A thorough background check and other necessary screening will be made on all persons selected for hire. After all other requirements have been satisfactorily met offers of hire are conditioned on satisfactory completion of a job-related physical exam, including a drug screen. **AS AN EQUAL EMPLOYMENT OPPORTUNITY EMPLOYER, THE CITY OF NORTH LITTLE ROCK IS SEEKING QUALIFIED BLACK AND FEMALE APPLICANTS.**

## City Offices - 120 Main

**IT/Data Processing**, Kathy Stephens  
501-975-8820  
**Finance**, Bob Sisson  
501-975-8802  
**Information**  
501-975-8888  
**Human Resources**, Betty Anderson  
501-975-8855  
**Planning**, Robert Voyles  
501-975-8835  
**Purchasing**, Joe Smith  
501-975-8881  
**Revenue/Audit**, Jerry Reagan  
501-975-8895  
**Utilities Accounting**, David Melton  
501-975-8888

### First-aid basics...

#### **What to have on hand**

If you're often searching for that elusive Band-Aid while trying to keep your freshly cut finger from bleeding, it's time to assemble a first-aid kit. Having supplies in one well-stocked bag can help you better respond to injuries and emergencies. You'll need:

**How-to manual.** Should you ice a burn? Bandage a sprain snugly? You could Google what to do, but it helps to have a paper guide handy. Download a free manual from the American College of Emergency Physicians ([emergencycareforyou.org](http://emergencycareforyou.org)), or purchase a guide from the American Red Cross ([redcrossstore.org](http://redcrossstore.org)). The answers, by the way, are no and no: It's cool water for a minor burn and loose wrapping on a sprain.

**List of emergency numbers.** That includes contact info for your doctor and pediatrician, poison control center and local emergency services. Also keep in your kit medical consent and history forms for each family members.

**Aspirin.** Kids under 19 shouldn't take it, but adults having a heart attack might need it. If you're experiencing symptoms, call 911. *continued...*



# ♪ HAPPY BIRTHDAY! ♪ JUNE

Name	Dept	Date	Name	Dept	Date
BRIAN SMITH	Electric	1	SUSAN RUSSELL	Hays Center	15
AMANDA KISSINGER	Police	1	WILLIAM MANN	Electric	16
RAYMOND JONES	Sanitation	1	MARK STEPHEN	Police	16
ROBERT WARD	Police	2	DANIEL SCOTT	Neighborhood Srv	16
LAWRENCE WESTON III	Special Activities	2	RALPH KYZER	Parks Maint	16
BOBBIE DUDLEY	City Clerk	3	CYNTHIA BOONE	UAD	17
JOHN CROW	Parks Maint	3	MATTHEW PEACH	Police	17
TINA WORRELL	Parks Rec	3	BERNADETTE RHODES	Admin	18
GREGORY WOODWARD	Electric	4	SHAWN SPENCER	Planning	19
LEWIS HARPER	Electric	4	MARILYN HALL	Animal Shelter	20
DANIEL DELLORTO	Fire	4	KENNY HIGHFILL	Electric	20
KASEY HANSON	Police	4	CHRISTOPHER MATLOCK	Fire	20
DANIEL ASHLEY	Fire	5	MARVIN GULLETT	Electric	21
MICHAEL BLEVINS	Police	5	AMANDA BONNER	Finance	21
JENNIFER BUCKNER	OES	6	JEFFREY COMBS	Fire	21
JENNIFER VESS	1st Court	6	ROBERT DANIELS	Electric	22
JON SCHWULST	Police	6	CEDRIC PAYNE	Fire	22
MICHAEL COOK	Fire	7	DEBORAH ROSS	Admin	23
WILLY TIDWELL	Parks Maint	7	MARK COLEMAN	Fire	23
TODD IRBY	Fire	8	VEDA STEWART	UAD	23
NAKISHA MORAGNE	UAD	8	RICHARD BIBB	Police	23
MATTHEW ANDERSON	Police	8	MICHAEL MERLO	Police	23
JAMES BONA	Police	8	GLEN REESE	Code	23
DEWEY GOSHIEN	Public Works	9	JOSEPH BAUMAN	Sanitation	23
OWEN HONEYSUCKLE	Parks Golf	9	DONALD EOFF	Parks Maint	23
DAVID SIDERS	Electric	10	LINDSEY HOWARD	OES	24
DEBORAH MURPHY	Finance	11	LEONARD PETTIT	Electric	25
BRYAN HILL	Fire	11	BILLY HOPSON	Sanitation	25
CHARLES BOLDEN	Electric	12	TRACY ROULSTON	Police	27
GAYLE LEWIS-MULLINS	Police	12	SHAWN ARCHER	Police	27
JASON CHRISMAN	Police	12	TRAVIS YOUNG II	Special Activities	27
RUTH RATCLIFF	Public Works	12	DENISE CANTERBURY	Police	28
ERIC STOCKMAN	Police	14	LUISE ARMSTRONG	Police	28
LAURIE ROBINSON	Police	14	ROBERT GRIFFIN	Police	28
MARK TACKETT	Fire	15	TANYA WARD	Police	29
MICHAEL LITTEN	Police	15	MYRTICE GRAUEL	Parks Maint	29
WILLIAM ELIZANDRO	Police	15	ROBERT BRANCH	Police	30

*If a name is listed of an employee who is no longer with the city, or if someone has been omitted, please let me know. This list is generated at the beginning of the year.*

*...continued...* The operator may tell you to chew an aspirin. Toss two packets of tablets in your kit, as well as non-aspirin pain relievers and allergy medications.  
**Bandages.** About 25 (in assorted shapes and sizes) is a good amount for a family of four. You also want elastic wraps, gauze rolls and pads, and adhesive tape.

**Cleansers.** Keep antibiotic ointment, hydrogen peroxide and antiseptic solution for disinfection and alcohol-based hand sanitizer for your car kit so you can clean your hands before and after treating injuries.  
**Itch and irritation relievers.** For bug bites, poison ivy and some rashes, get hydrocortisone ...continued...

# JUNE EMPLOYEE ANNIVERSARIES

Name	Dept	Yrs	Name	Dept	Yrs		
AMBER	HODGE	City Clerk	10	CARY	COOKE	Police	15
KAREN	ROLLINS	OES	9	WILLIAM	MILLER	Police	15
TERRI	TODD	OES	8	KEITH	PHIFER	Police	15
THOMAS	HANKINS	Electric	2	PAUL	RILEY	Police	15
CHAD	ALLEN	Electric	18	DAVID	SCHMIDT	Police	15
RONALD	RIGGIN	Electric	21	MARK	WIGGINS	Police	15
JESSICA	STEPHENS	Electric	2	WILLIAM	ELIZANDRO	Police	14
ROBERT	KUYKENDALL	Electric	4	JAY	BOODY	Police	14
OKEY	DILLON JR.	Electric	27	GREGORY	BLANKENSHIP	Police	14
DANA	WALLIS	Finance	2	THOMAS	NORMAN	Police	14
EDWIN	FAUBION	Fire	15	DENNIS	DORRELL II	Police	14
MICHAEL	JOY	Fire	5	KASEY	HANSON	Police	13
MATTHEW	MAYFIELD	Fire	1	HOWARD	ROSS	Police	13
BENJAMIN	EVANS	Fire	12	CARMEN	HELTON	Police	13
DANIEL	ASHLEY	Fire	1	LINDA	MODDRELL	Police	38
MELINDA	JOHNSON	2nd Court	3	ANGEL	ROSADO	Police	10
STEVE	RABUN	UAD	17	DENAE	WRIGHT	Police	10
JAMES	BRILEY	Planning	11	STEVEN	CHAMNESS	Police	10
JAMES	DANCY	Police	27	JULIE	ROSE	Police	10
DON	MAGGARD JR.	Police	9	MARK	HOOD	Police	10
BRANDON	BENNETT	Police	5	GLEN	REESE	Code	2
ROBERT	BRANCH	Police	8	DONALD	WOOD	Code	15
SHANA	COBBS	Police	12	RODGER	GREENE	Public Works	14
MARK	WRIGHT	Police	11	CHARLES	CULLEN	Public Works	2
CLINTON	O'KELLEY	Police	9	TOMMY	FELLS	Sanitation	9
RONALD	MESSER	Police	15	ANTHONY	LOGAN	Sanitation	12
BRADLEY	SIMS	Police	8	TERRY	LEONARD	Sanitation	10
GEORGE	GOREE II	Police	18	RAYMOND	JONES	Sanitation	4
KENT	STEWART	Police	18	ROY	ROBINSON	Street	2
LONNELL	TIMS	Police	9	RAY	LAYTON	Street	10
CODY	BROWN	Police	5	WILLIAM	ROBERTSON	Vehicle Maint	22
KARL	SORRELLS	Police	16	DAVID	ARMSTRONG	Vehicle Maint	15
SAMUEL	MONTGOMERY	Police	5	KATHLEEN	FINEFIELD	Parks Admin	1
MICHAEL	MILLER	Police	16	WILLIAM	TRAMMELL	Parks Maint	15
DON	DUKES	Police	16	JOHN	CROW	Parks Maint	9
PAUL	HAMPTON	Police	16	PAMELA	SMITH	Parks Rec	20

If a name is listed of an employee who is no longer with the city, or if someone has been omitted, please let me know. This list is generated at the beginning of the year.



...continued... cream. Calamine lotion helps with itchy skin and minor irritations' aloe vera gel works well on burns.  
**Tweezers and other**

**tools.** To pluck out splinters, stingers, and more, get first-aid tweezers. The other "tools"; Latex-free gloves, sharp scissors with rounded tips and a thermometer.  
*This information was found in USA Weekend June 1-3, 2012.*

