North Little Rock e-Newsletter

Provided by Diane Whitbey, City Clerk and Collector

July 2013

North Little Rock e-Newsletter

If you have information you would like to share with other city employees, residents and businesses throughout **North Little Rock**, then let us know. The **City Clerk's office** provides a monthly *e-letter* to those who subscribe through the **North Little Rock** website. To sign up, email **Dwhitbey@nlr.ar.gov**.

FIREWORKS ARE ILLEGAL IN NORTH LITTLE ROCK

Pursuant to North Little Rock Municipal Code,

Section 46-82 it is unlawful for any person to possess, store, offer for sale, sell at retail, set off, ignite or otherwise explode any fire-crackers or other fireworks by whatever name called within the city limits provided that the use of fireworks for public display shall be allowed upon the approval of the fire marshal after all of the provisions of NfiPa 1123 are met and all necessary permits have been issued. Every such use or display shall be of such character and so located, discharged or fired so as not to be hazardous to property or endanger any person.



No parent or guardian of a minor shall furnish money or a thing of value to a minor for the purchase of fireworks or encourage, act in conjunction with or in any manner instigate or aid a minor in the commission of having, keeping, storing, selling, offering for sale, giving away, using, transporting or manufacturing fireworks within the corporate limits of the city. The violation of this section shall be an offense regardless of whether or not the minor shall be charged or found guilty of the offense. The commission of the offense by the minor on the property under the control or owned by the parent or guardian shall be a prima facie proved that the parent or guardian aided the minor.

The fine or penalty for violating this provision, upon conviction in municipal (district) court, shall not be less than \$25.00 nor more than \$500.00.

July 4th—found at History.com

Variously known as the Fourth of July and Independence Day, July 4th has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution (1775-83). In June 1776, representatives of the 13 colonies then fighting in the revolutionary struggle weighed a resolution that would declare their independence from Great Britain. On July 2nd, the continental Congress voted in favor of independence, and two days later its delegates adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 until the present day, July 4th has been celebrated as the birth of American independence, with typical festivities



ranging from fireworks (not in North Little Rock though!), parades and concerts to more casual family gatherings and barbeques. **Early 4th of July Celebrations**

In the pre-Revolutionary years, colonists had held annual celebrations on the king's birthday, which traditionally included the ringing of bells, bonfires, processions and speechmaking. By contrast, during the summer of 1776 some colonists celebrated the birth of independence by holding mock funerals for King George III, as a way of symbolizing the end of the monarchy's hold on America and the triumph of liberty.

North Little Rock Animal Control For more information call **501-791-8577**

Resolving Feline Aggression

Found at www.petfinder.com/cats

Feline aggression is the second most common feline misbehavior seen by behavior consultants, right behind house-soiling cases. This article explores types of cat-to-human aggression and offers some

As predators, cats are born fully armed with four sets of razor-sharp claws and little sharp teeth soon after.

Does your feline youngster crouch under the hall table ready to attack the first ankle that passes? Does she pounce on your toes while you're trying to sleep? Play aggression is common in kittens and adolescents and occasionally carries over into young adulthood. This type of aggression is most often seen in single-cat households where the cat is on her own eight-to ten-hours a day. While most cats inhibit their biting and scratching during play aggression, some do not.

You can safeguard your toes and ankles by increasing the daily amount of interactive play with the cat. Imitation bugs on wires, kitty fishing poles, feather wands and catnip mice on a string that can be made to bounce erratically work best. (For safety's sake, keep these toys out of reach when the cat is not supervised.) If you can predict when the attacks are likely to happen, toss a toy ahead of you to attract the cat's attention away from your feet. Avoid rough play with the cat, and make sure all family members comply. You may also want to consider adopting a young feline companion for your foot-snagging home-alone cat, so she will have an outlet for her youthful energies.

Rubbed the Wrong Way

You've settled onto the sofa and are stroking the cat in your lap while engrossed in your favorite TV drama. All of the sudden, you feel the sting of teeth in your hand. In a flash, kitty has leapt of your lap and is grooming himself across the room. What just happened? Without realizing it, you exceeded your cat's tolerance level for petting. Be-SHELTER fore striking out, he most likely gave you

Need a new addition to your family? Call 501-791-8577 ...we've got the



subtle warning signs that went unnoticed-

most cats stiffen a bit, twitch their tail or even turn their heads quickly as the hand reaches a forbidden spot, and often their pupils are dilated.

Behaviorists are not sure what provokes the response. Is it tactile arousal, startling after being lulled into a light sleep or just the cat's way of putting a stop to something he feels had gone on too long? What matters is that you learn to read your cat's subtle signals and stop petting before you reach his touch threshold.

If your cat has a low threshold for petting, it may be slowly improved by pairing mealtime or a treat with stroking. If he can handle five or ten strokes without acting out, complete the strokes, offer a treat and stroke once or twice more before ending the session, slowly increasing the number of after-treat strokes over time. For the extreme cat who can handle little in the way of touching, stroke once or twice after you put the food bowl down and the cat has come to dine. Take your cue from what cats do to each other. Social grooming between cats is usually of short duration. The desire for extensive social grooming sessions is a human foible.

Pain

When a cat is in pain, she often strikes out at what she perceives as the cause. Physical punishment and rough handling can often provoke retribution—and they're also not beneficial for your cat. However, some pain in life cannot be avoided. Veterinarians often find themselves the targets of feline wrath when giving vaccinations or examining body parts in order to make a diagnosis. Pain couplep with the stress of being brought into a strange environment lowers the cat's tolerance to handling. This is why many veterinarians will use muzzles that shield a cat's eyes or towel restraints when handling the cat since they cannot avoid causing discomfort.

So, if your cat suddenly lashes out at you, remember he (or she) is not doing it out of spite. Instead of becoming angry, ask yourself what might be causing his aggressive behavior. Is he under- or overstimulated? Is he in pain? The sooner you figure out what's bothering him, the sooner you can resolve the problem.





Support spaying and neutering in Arkansas by getting your own Arkansas Specialty Please Spay or Neuter License Plate at any State Revenue Office.



North Little Rock Fire Department





Annual BATTLE OF THE BADGES BLOOD DRIVE

Above: North Little Rock Police Captain Jay Kovach and Officer Carl Sorrels donated blood at the Hays Center on June 21, 2013.

During the annual Battle of the Badges Blood Drive between North Little Rock and Little Rock Police Officer and Fire Fighters, North Little Rock had 52 units of blood donated. Little Rock had 15 units.

North Little Rock once again prevailed in the annual Battle! Thank you to everyone who donated blood. Your donation can save a life.

> Captain John Pflasterer Assistant Fire Marshal North Little Rock Fire Department

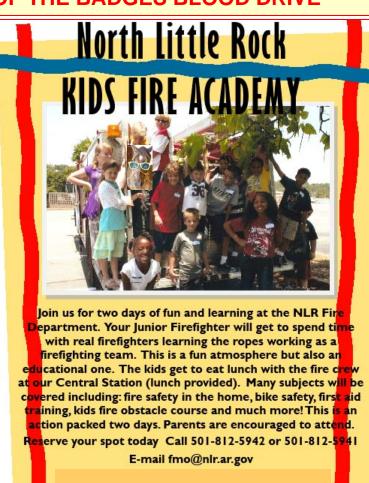


WARNING!!!

Do not leave your children or pets in vehicles. A hot car can produce life-threatening conditions in minutes.

If you must run an errand with your children or pets, take them out of the vehicle with you.





SECOND SESSION: AUGUST 1ST AND 2ND

9AM-2PM

accepting younger or older children on a case by case basis.

The Academy is for kids 8-12 years old. We will conside

Highlights from some City Departments

Mayor Joe A. Smith holds a monthly department head



meeting. Department heads provide a report of activities, projects and accomplishments. Below are a few highlights from June's meeting (May events).

Central Arkansas Water—

Laman Library—The downtown Post Office construction project is on schedule for a January (2014) open-

ing. The building is now completely gutted with the original footprint visible. Summer reading is underway for children, teens and adults.



Neighborhood Services—mailed 1,350 newsletters. Mailed to 6 different neighborhoods via Every Door Direct Mailings reaching 8,900 residents. Assisted 12 community events. Staff worked Buzz BQ and Riverfest Fireworks events.

Havs Senior Center—enrolled 87 new members, 103 city volunteers logged 2,141 hours of service in May. Provided 33 trips transporting 325 members (Garvin Woodland Gardens, Hamburg Armadillo Festival, Cinco de Mayo, Marlsgate Plantation, Bryant Senior Center, Des Arc Dondies River Boat, and more. Hays Center Bean Bag Baseball team won the State Championship.

Utilities Accounting—Bad debt May: \$75,352.00 Projected bad debt write-offs 2013: \$365,000.00 New accounts installed: 1,080 Accounts finaled: 1.134



Street Department—worked potholes and milling. Dug out and repaired Village East, Maumelle Round About, North Hills. Right of

way crew cut grass, spray, etc. Drainage crew pumped down Greenlea Lake. Cleared drain mouths, flushed and cleaned pipes. Masonry crew repaired curbs, sink holes and drain tops.

Sanitation—collected and disposed of 2,850,500 lbs of household garbage. Collected 453 loads (13,584.0 cubic yards) of yard waste/missed debris. Move-outs serviced and 597 used tires collected. Office personnel logged 1,063 calls. Assist Parks & Rec 2 times week garbage collection.



Traffic—repaired and/or replaced 60 signs.

Police—Crime numbers through April: Violent Crime down overall 16%, Robberies down 22%, Property Crime down 28%, Burglaries and Breaking and Entering to storage buildings down 11%. Downtown Substation moved to 8th and Main.



Fire—Total Incidents: 930 Residential Fires: 17 Vehicle Fires: 7 Rescue/EMS: 489 Other Responses: 338 Total Responses: 1,555

Other Structure Fires: 1 False Alarms/Malfunctions: 65 Haz Mat Responses: 11 Total Fire Losses: \$69,170 Total Value: \$34,340,570.00 Total Saved: \$34,271,400 Training: 5,446 hours Building Inspections: 288

Office of Emergency Services/911-Responded to HAZMAT release off Lynch Drive, Diesel spill on Oakley



Drive. Working on City Emergency Disaster Plan. Diesel spill Hwy 70 and Harris Road. Storm damage assessment McCain Drive area.



Fit 2 Live—41 participants in Weight Watchers class ended May 13—lost total of 303.8 pounds. Dia-

betes / Nutrition counseling held at Street Department. Bike education events held at Boone Park and Crestwood Elementary Schools.

Human Resources—50 Youth—Mayor's Summer Youth Program.

City Clerk/Collector-Issued 189 Business Licenses (renewals and included 39 new licenses). 1,000 delinguent accounts reviewed and reinvoiced. Audited returned invoices and inactivated 125 accounts. Collected 25% penalties from 60 businesses. Total business/privilege license fees collected: \$74,155.27.



Code Enforcement—Assigned 206 calls, initiated 749, issued 42 citations/warnings and 499 notices, tagged 68 vehicles, towed 2, posted 190 lots, removed 41 signs, inspected

113 structures, 47 rental inspections, 20 food service inspections, red tagged 5 structures, served 2 search warrants, condemned 3 houses, demolished 13, cleaned 121 vacant lots, secured 4 vacant houses. mowed 124 vacant lots and removed 93 tires.

Animal Control—NLR incoming animals 276, adopted 124, reclaimed 23, euthanized 132, issued 57

citations, 81 dog vouchers, 16 cat vouchers and responded to 875 calls for service. Pulaski County incoming 95, adopted 41, reclaimed 4, euthanized 72.



Parks and Recreation—19 tournaments/events held Finance in Burns Park, 15 pavilions and Hospitality House (2) events each). Adult fitness classes at NLR Community Center total 316 participants (Zumba, Cardio, Fat Loss Boot Camp).

NLR Visitors Center (A&P)—worked with AIMM re: HOGA Tugboat, welcomed Mark Twain Riverboat, hosted 20 writers from across the U.S. for a day with tours of AIMM, the Old Mill, Argenta and Tales of the South.

External Affairs—Sister City Youth (Uiwang City, South Korea) will visit this summer. Delegation from Uruapan, Mexico will visit in July. Park Hill wet/dry issue-working with Chamber of Commerce. Worked with Union Pacific re: painting Railroad Bridge on Broadway near Baring Cross. Working with NLR School District, Arkansas Symphony and THEA Foundation to increase music education.

Electric Department—# of customers-38,349, revenues \$6,625,110.53, size of territory— 222 square miles, 11 substations, 544.8 miles of wire, 11,248 transformers, 10,973 street lights, 16,003 smart meters.



Parks—Dragon Boat Race in Burns Park—550 participants. Club Eco Kids Afterschool Feeding Program provided 2,875 light supper meals and snacks. Burns Park Golf Course—\$30,358.00 with 2,302 paid rounds, and \$4,050.00 in annual fees. Emerald Park Golf Course—\$3685.00 with 551 paid rounds, and \$200.00 in annual fees.

Revenues (MTD—May)

revenues (milb may)	
Taxes	\$1,537,329.05
Licenses and Permits	134,085.13
Fines and Forfeitures	210,959.28
Local Option Sales Tax	2,103,226.88
Intergovernmental State	33,284.43
Franchises	283,719.53
Investment and Misc	3,016.22
User Fees	79,798.35
Utility Transfer	0
Grants and Other Sources	62,783.07
Transfer from Electric	923,080.00
Expenditures	
Admin	122,959.39
Animal Control	83,108.33
Special Appropriations	867,191.49
City Clerk	25,833.11
Emergency Services/911	189,262.19
Finance	102,364.98
Fire	1,643,421.79
Health	89,516.96
Legal	65,969.74
1st Court	55,111.76
2nd Court	50,174.44
Public Defender	524.75
Human Resources	61,041.88
Commerce	16,962.62
Planning	100,680.99
Police	2,325.711.40
Code Enforcement	103,075.52
Public Works	82,149.37
Neighborhood Services	17,510.13
Fiscal Control/Revenue	132.98
Sanitation	554,748.02
Vehicle Maintenance	108,241.06
Senior Center	84,670.47



North Little Rock Interim Police Chief Mike Davis

will become Chief of Police effective Monday, July 8, 2013 Chief Davis is a 27-year veteran of the North Little Rock Police Department and will continue to oversee 191 officers.

North Little Rock Mayor Joe A. Smith said, "Public safety is our number one priority and we thought about bringing in someone from outside the city. But in the

end, there's no one else I would feel as comfortable with than Mike. Chief Davis knows our police department inside and out and is well respected among our officers. I have full confidence in his leadership ability and know that the residents of North Little Rock are being well served with his selection."

Chief Davis began his career with the North Little Rock Police Department in 1986 as a patrol officer and has been steadily promoted ever since. "I'm looking forward to this opportunity to continue serving the officers and city that I have the highest respect for," said Davis on his new position. "The first day I put on the uniform here I never thought I would have the chance to become Chief, but as I continued through my career, I matured, I began to believe I could do this."

Former Police Chief Danny Bradley now serves as Chief of Staff to Mayor Smith. Bradley said the department is in very good hands with Davis. "Mike knows our department as well as anyone on the force and he's going to do a great job. He was an immense help to me during my time as chief and given how respected he is, the North Little Rock Police Department is in very capable hands."

A reception will be held in the City Council Chambers in City Hall Monday, July 9, 2013 at 5:00 p.m. Everyone is invited to attend.

5

POISON T

How many of you are allergic to poison ivy, oak or sumac? How many are not? Well, if you're not, consider yourself lucky...if you're not, keep in mind that could change.

Green is good, right? Yes, for the most part. But beware of poison ivy, oak and sumac—three green plants that will make you itch like crazy. These plants all cause contact dermatitis, producing redness and rash. The ingredient in these plants that causes such discomfort is called urushiol. This nasty compound is so toxic, an amount required to sit on the head of a pin will cause a rash in 500 people.

Sensitivity to urushoil-containing plants is the most common allergic skin reaction in the U.S. Over half of the population gets affected by poison ivy and its botanical cousins. And poison ivy, oak and sumac aren't the only plants that contain urushiol. This compound also occurs on mango, cashew nut trees, India's "ink nut," the Malaysian rengas tree, and ginkgo

If you make contact with any of these plants, the best thing to do is wash thoroughly before reaction occurs. The company Tecnu makes a line of products specifically for poison ivy and its cousins, and washing with Tecnu soap can prevent a blooming rash. But if you miss out on catching allergy early. there are remedies you can use to help relieve the terrible itching and redness that occur.

Baking soda paste

Found in most kitchens, common baking soda is a great natural remedy for the itchiness associated with poison ivy rash. To help relieve itching, place 1/2 cup of baking soda in a bath tub filled with warm water. You can also mix three teaspoons of baking soda with one teaspoon of water and mix until it forms a

More poison ivy, oak and sumac information from WebMD.com

The rash from poison ivy, oak and sumac is cause by contact with the oil (urushiol). The oil is present in all parts of the plants, including the leaves, stems, flowers, berries, and roots. It is an allergen so the rash is actually an allergic reaction to the oil. Indirect contact with urushiol can also cause the rash. This may happen when you touch your clothing, pet fur, sporting gear, gardening tools, or other objects that have come in contact with one of these plants. However, it does not cause a rash on everyone who gets it on their skin.

The usual symptoms of the rash are: **Itchy** skin where the plant touched; red streaks or general redness where the plant brushed the skin; **small bumps** or larger raised areas (hives); and blisters filled with



paste. Apply this paste to the infected area to relieve itching and irritation that's associated with a poison ivy rash.

Witch hazel

Made from the bark of the witch hazel tree, this astringent splash relieves the Found at www.foxnews.com/health itch of poison ivy and tightens skin. Wherever you have a rash, apply witch hazel. The cooling, soothing extract will not get rid of the rash, but it will calm it down.

Aloe vera

The slippery inner part of the succulent aloe vera will help to relieve itching skin and will also speed recovery from poison ivy. Though not a cure, aloe vera helps. Compounds in aloe help to accelerate wound healing.

Tea tree oil

Derived from the Australian tea tree, this oil soothes the itch of poison ivy. Tea tree oil is antiinflammatory, and a rash is an inflammation. So applying tea tree oil helps to reduce redness and swelling.

Fresh ocean water

If you are near an ocean anywhere, get into the water, lightly break the poison ivy blisters with sand and let the ocean water get at it. This drives up poison ivy fast.

Learn to recognize poison ivy, oak and sumac. Even when they are dry, these plants leave litter that remains highly toxic. **NEVER** burn these plants in a fire. Inhaling the smoke from such a fire can kill you, and the smoke can cover your body with uroshiol.

Remember, for the most part, green is good. But beware of the urushiol-containing plants. This information was provided to Fox News by Chris Kilham, a medical hunter who researches natural remedies all over the world.

fluid that may leak out.

The rash usually appears 8 to 48 hours after contact, but can occur from 5 hours to 15 days after touching the plant. The rash usually takes more than a week to show up the first time you get it, but develops much more quickly (within 1 to 2 days) after later contacts. The rash will continue to develop in new areas over several days but only on the parts of your skin that had contact with the urushiol or those parts where the urushiol was spread by touching.

The rash is not contagious. You cannot catch or spread a rash after it appears, even if you touch it or the blister fluid, because the urushiol will already be absorbed or washed off the skin. The rash may seem to be spreading. However, it is either still developing from earlier contact or you've touched something that still has the oil on it. ...continued on next page...

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The more urushiol you come in contact with, the more severe your skin reaction. Severe reactions to smaller amounts may occur in people who are highly sensitive to urushiol. Serious symptoms may include: swelling of the face, mouth, neck, genitals, or eyelids (which may prevent the eyes from opening). Widespread, large blisters may ooze large amounts of fluid.

Without treatment, the rash usually lasts about 10 days to 3 weeks. But in people who are very sensitive, it can take up to 6 weeks to heal.

Most poison ivy, oak or sumac rashes can be treated successfully at home. Initial treatment

consists of washing the area with water immediately after contact with the plants. To relive symptoms, use wet compresses and take cool baths. Nonprescription antihistamines and Calamine lotion also may help relive symptoms. Moderate or severe cases of the rash may require treatment by a doctor, who may prescribe corticosteroid pills, creams, ointments, or shots (injections).

The best way to prevent the rash is to learn to identify and avoid the plants. When you cannot avoid contact with the plants, heavy clothing (long pants, long-sleeved shirt, and vinyl gloves) and barrier creams or lotions may help protect you.

Heat Exhaustion

Heat exhaustion is a condition whose symptoms may include heavy sweating and a rapid pulse, a result of your body overheating.



It's one of three heat-related syndromes, with heat cramps being the mildest and heatstroke being the most severe.

Causes of heat exhaustion include exposure to high temperatures, particularly when combined with high humidity, and strenuous physical activity. Without prompt treatment, heat exhaustion can lead to heatstroke, a life-threatening condition. Fortunately, heat exhaustion is preventable. Besides hot weather and strenuous activity, other causes of heat exhaustion include:

- Dehydration, which reduces your body's ability to sweat and maintain a normal temperature
- Alcohol use, which can affect your body's ability to regulate your temperature
- Overdressing, particularly in clothes that don't allow sweat to evaporate easily

Signs and symptoms of heat exhaustion may develop suddenly, or over time, especially with prolonged periods of exercise. Possible heat exhaustion symptoms include:

- Cool, moist skin with goose bumps when in the
- Heavy sweating
- **Faintness**
- **Dizziness**
- **Fatigue**
- Weak, rapid pulse
- Low blood pressure upon standing
- Muscle cramps
- Nausea
- Headache

When to see a doctor

If you think you're experiencing heat exhaustion.

- Stop all activity and rest
- Move to a cooler place
- Drink cool water or sports drinks

Contact your doctor if signs or symptoms worsen or if they don't improve within one hour. Seek immediate medical attention if your body temperature reaches 104 F (40 C) or higher.

Article found at www.mayoclinic.com



Andrew Carty pictured left with Glinda Craigmyle, Mayor's Office, poses with a castle cake she made for "Prince Charming". A farewell lunch was held in his honor before he left for Grad School at the University of Indiana. His field of study will be environment/gas and

oil industry. He is a graduate of Catholic High and Hendrix College and worked with the city through the Arkansas Garden Corp Delta Garden Study in connection with the Arkansas Children's Hospital Childhood Obesity Prevention Research Program.



Blue Cheese Dip—

recipe from Andrew Carty 1 cup blue cheese (crumbled) 1 8 oz pkg cream cheese

Dash of salt and pepper

- 4 small green onions chopped
- 1 4 inch squirt of anchovy paste
- 4 or 5 pieces of a clove of garlic (crushed)

Mix together and serve with veggies or chips

What's New for Sales Tax in 2013?

Effective July 1, 2013

Amendment 91 of the Arkansas Constitution increases the state sales and use tax by 0.5% beginning July 1, 2013. The reduced tax rate for food is not affected by this increase. The increased rates are listed below:

State sales and use tax increasing to 6.5% Manufacturing utilities reduced rate Electricity manufacturing reduced rate Reduced rate for food increasing to 4.75% remaining at 1.5%



Effective August 3 and 4, 2013

The Arkansas sales tax holiday for clothing; clothing accessories; school supplies; school art supplies; and school instructional materials will begin on Saturday, August 3, 2013 at 12:01 AM and end on Sunday, August 4, 2013 at 11:59 PM. Additional information is available at www.dfa.arkansas.gov.

Effective August 16, 2013

<u>Act 483:</u> Allows for the direct shipment of wine by an in-state Arkansas winery or an out-of-state winery to a residence in Arkansas when the purchaser has physically visited the winery and made a purchase. The winery is limited to shipping one (1) case per calendar quarter from the winery location to an Arkansas consumer. State and local sales taxes must be collected by the winery on shipments. A permit issued by Alcoholic Beverage Control is required.

<u>Act 712:</u> Allows DFA to disclose the tax records to a joint auditor employed under the authority of two or more cities for purposes of auditing the advertising and promotion taxes collected by a city. The records provided to a joint auditor are to remain confidential and not subject to disclosure by the joint auditor.

<u>Act 1076:</u> Creates civil and criminal penalties for activities related to the use of software and other devices and mechanisms used to modify or falsify electronic records for the purpose of evading taxes.

<u>Act 1404:</u> Establishes a partial refund of one percent (1%) of the state sales and use tax paid on the purchase of machinery and equipment or replacement parts purchased to modify, replace, or repair existing manufacturing machinery and equipment. The refund also applies to the purchase of the labor used to install or repair the eligible equipment. In order to claim the refund, the taxpayer must obtain a direct pay permit from Sales Tax as provided below and claim the refund on the monthly tax return.

Act 1411: Reduces the state sales and use tax rate for electricity and natural gas used in manufacturing by eligible manufacturers classified in section 31 through 33 of the North American Industry Classification System (NAICS) and eligible high efficiency generators of electric power. Cotton gins classified under NAICS code 11511 will also be eligible for the reduced rate effective July 1, 2014. The state rate for manufactures under NAICS code section 31 through 33 and 115111 will have a state rate of 1.625% beginning July 1, 2014 and a tax rate of 0.625% beginning July 1, 2015. Eligible high efficiency generators of electric power will have a reduced state rate of 1.625% beginning January 1, 2015. Eligible taxpayers must obtain a certificate from Sales Tax as provided below in order to claim the reduced rate unless a certificate has already been issued.

Tax rates for manufactures in NAICS Code 31 through 33Through June 30, 20132.75%July 1, 2013 through June 30, 20143.25%

Tax rates for manufactures in NAICS Code 31 through 33 and Cotton Gins in NAICS Code 115111

July 1, 2014 through June 30, 2015 1.625% July 1, 2015 0.625%

Tax Rates for Eligible Electricity Generators

January 1, 2013 through June 30, 2013 4.25%
July 1, 2013 through December 31, 2013 4.75%
January 1, 2014 through December 31, 2014 3.25%

January 1,2015 1.625% ...continued on next page...

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<u>Act 1414:</u> Exempts the sale of dental appliances to or by a dentist, orthodontist, oral surgeon, maxillofacial surgeon, or endodontist from state and local sales and use tax. A dental appliance is defined as a dental devise that is made for a specific patient, including without limitation a dental implant, orthodontic applicance, retainer, crown, bridge or denture.

To obtain additional information or the necessary forms to apply, contact the Sales and Use Tax Section, PO Box 1272—Room 1330, Little Rock, AR 72203-1272, or call 501-682-7104. Information will also be available on the state website as it becomes available at www.dfa.arkansas.gov.

Roberta Overman, Manager Sales and Use Tax Section State of Arkansas Department of Finance and Administration



Former North Little Rock Parks and Recreation employee Sandie Rhoades-Lashley recently lost her husband Steve.

Max Stephen "Steve" Lashley, Jr., the son of Max Stephen Lashley, Sr. and Sue Croder Darter was born in Little Rock on September 17, 1969. He died in Little Rock June 16, 2013 at the age of 43.

Steve was self employed as a Farrier and a Professional Bull rider. He was a member of the Jacksonville 1st Church of the Nazarene. Steve was a member of the Arkansas High School Rodeo Association, AHSRA, FFA, ACA, CRRA, Super Bull Series, PBR, ATRA AHSRA, AWJHRA, OTRA and SJRA. He was certified as a Farrier from Oklahoma State University and had lived in North Little Rock the past 15 years.

Steve is survived by his wife of 22 years, Sandie. He is also survived by son, Lane Wyatt Lashley and two daughters Mikayla Jade Lashley and Tabitha Hope Lashley.

Funeral services were held June 20, at Family Funeral Service in Heber Springs.

The Historic Park Hill **Neighbor**hood **Association** Will host a **75th Birthday** Celebration for the **Park Hill Fire Station** Tuesday, July 2, 2013 5—7 p.m. The public is invited to stop by for food and fun!



10 tips to help adults include physical activity into their lifestyle

Being physically active is important for your health. Adults who are physically active are less likely to develop some chronic diseases than adults who are inactive. Physical activity is any form of exercise or movement of the body that uses energy. People of all ages, shapes, sizes, and abilities can benefit from a physically active lifestyle. *Center for Nutrition Policy and Promotion USDA*

1 start activities slowly and build up over time

If you are just starting physical activity, build up slowly. This will help to prevent injury. After a few weeks, increase how often and how long you are active.

2 get your heat pumping

For health benefits, do at least 2 1/2 hours each week of physical activity that require moderate effort. A few examples include a brisk



walking, biking, swimming, and skating.

3 strength-train for healthy muscles and bones

Do strengthening activities twice a week. Activities that build strength include lifting weights, doing push-ups and sit-ups, working with resistance bands, or heavy gardening.

4 make active choices throughout the day

Every little bit of activity an add up and doing something is better than nothing. Take the stairs instead of the elevator, go for a 10-minute walk on your lunch break, or park further away from work and walk.

5 be active your way

Mix it up—there are endless ways to be active. They include walking, biking, dancing, martial arts, gardening, and playing ball. Try out different activities to see what you like best and to add variety.



6 use the buddy system

Activities with friends and family are more enjoyable than doing them alone. Join a walking group, attend fitness classes at a gym, or play with the kids outside. Build a support

network—your buddies will encourage you to keep being active.

7 set goals and track your progress

Plan your physical activity ahead of time and keep records. It's a great way to meet your goals. Track your activities with the Physical Activity Tracker on **SuperTracker.*** Use the My Journal feature to record what you enjoyed so you can build a plan that is right for you.

8 add on to your active time

Once you get used to regular physical activity, try to increase your weekly active time. The more time you spend being physically active, the more health benefits you will receive.

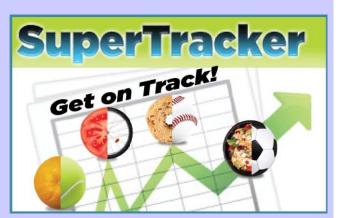
9 increase your effort

Add more intense activities once you have been moderately active for a while. You can do this by turning a brisk walk into a jog, swimming or biking faster, playing soccer, and participating in aerobic dance.

10 have fun!

Physical activity shouldn't be a chores. It can help you feel better about yourself and the way you live your life. Chose activities that you enjoy and that fit your lifestyle.

*Find the SuperTracker at https://www.supertracker.usda.gov









Slow Cooker Peach Cobbler

Found at bettycrocker.com

4 cups fresh or frozen sliced peeled peaches

- 1/4 cup sugar
- 1 cup Original Bisquick mix
- 1/2 cup sugar
- 1 cup milk

Ice Cream or whipped cream

Spray 6-quart slow cooker (Crock Pot) with cooking spray. In large bowl, gently toss peaches and 1/4



cup of the sugar. Turn into slow cooker.

In medium bowl, gently beat Bisquick mix, sugar and milk with whisk until blended. Pour over peaches in slow cooker.

Cover; cook on low heat setting 3 hours or until cobbler is set in center. Serve cobbler with ice cream.

SLOW COOKER KING RANCH CHICKEN

Found at bettycrocker.com

- 4 cups chopped cooked chicken
- 1 large green bell pepper, chopped (1 1/2 cups)
- 1 large onion, chopped (1 cup)
- 1 can (10 3/4 oz) condensed cream of chicken soup
- 1 can (10 3/4 oz) condensed cream of mushroom soup
- 1 can (10 oz) diced tomatoes with green chilies (undrained)
- 1 teaspoon chili powder
- 1 clove garlic, finely chopped
- 12 soft corn tortillas (6 inch)
- 2 cups shredded sharp Cheddar cheese (8 oz) Chopped fresh cilantro, if desired.

Spray 5– to 6-quart slow cooker with cooking spray. In large bowl, mix all ingredients except tortillas, cheese and cilantro. Tear tortillas into 1-inch pieces; layer 1/3 of tortilla



pieces in slow cooker. Top with 1/3 of the chicken mixture and 2/3 cup of the cheese. Repeat layers twice.

Cover; cook on Low heat setting 3 hours 30 minutes or until bubbly and edges are golden brown.

Uncover; cook 30 minutes longer. Sprinkle with cilantro.

Roasted Garlic White Bean Dip

Found in USA Weekend

2 cups cannellini beans (canned or cooked)

1/2 cup reserved liquid (from cooking or the can)

- 1 tsp rosemary, chopped
- 1 head garlic, roasted
- 1 Tb. Balsamic vinegar

To roast garlic, cut the top off of a garlic head, drizzle with olive oil and sprinkle with sale. Wrap in foil and roast in 425-degree oven for 45 minutes or until tender and golden brown.

Using a food processor, puree beans, rosemary, pulp from roasted garlic and balsamic vinegar. Add liquid a little at a time until you've reached a desired consistency. Salt and pepper to taste.





Spicy Bloody Marys

Combine 4 shots vodka, 12 pimento-stuffed green olives, 3 Tbsp olive brine, 1 1/2 tsp celery salt, 1 tsp pepper, 1 tsp Worcestershire sauce, 3 or 4 shakes of hot sauce, 2 cups tomato juice, fresh lime slice and 2 cups clam juice cocktail in a large pitcher. Pour into 4 ice-filled glasses. Garnish each with a celery stalk and/or pickled green bean. (For Virgin Marys, omit the vodka)

This page contains photos taken by North Little Rock residents or business owners found on their Facebook pages last month.





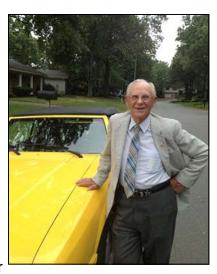
Above: Casey Simon and his daughter Anna. Above: Members of the Arkansas National

Below: Debbie Hoofman's cat BK.

Above: Members of the Arkansas National Guard (including Clem Papineiu) training at Fort Chaffee.



Right: Paul Goodman of North Little Rock



Left: Peggy Borel's granddaughter Avery Grace.

Bottom: Lisa Ferrell—boat at Rockwater Creek.

Right: Alderman Beth White's puppy enjoyed the view.

























North Little Rock City Council Schedule

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:30** p.m. in the City Council Chambers in City Hall (300 Main Street, North Little Rock). For more information, please contact the City Clerk's Office at 501-340-5317 or email Diane Whitbey at Dwhitbey@northlittlerock.ar.gov. The City Council Agenda can be found at www.northlittlerock.ar.gov, then click on the Government tab, followed by Council Agenda.

City Council Members						
Ward 1	Debi Ross	753-0733				
	Beth White	758-2738				
Ward 2	Linda Robinson	945-8820				
	Maurice Taylor	690-6444				
Ward 3	Steve Baxter	804-0928				
	Bruce Foutch	658-9714				
Ward 4	Murry Witcher	835-0009				
	Charlie Hight	758-8396				

Other Elected Officials

Mayor Joe A. Smith	340-5301
City Clerk and Collector Diane Whitbey	340-5317
City Attorney C. Jason Carter	975-3755
City Treasurer Mary Ruth Morgan	753-2028
District Court Judge Jim Hamilton	791-8559
District Court Judge Randy Morley	791-8562

North Little Rock Curbside Recycling schedule for the month of July:

July 1—5— recycle (holiday delay 4th on 5th and 5th on 6th)



July 8—12 no pick up July 15—19 recycle July 22—26 no pick up July 29—Aug 2 recycle

City Offices located at 1	20 Main
IT/Data Processing, Kathy Stephens	975-8820
Finance, Karen Scott	975-8802
Information	975-8888
Human Resources, Betty Anderson	975-8855
Planning, Robert Voyles	975-8835
Purchasing, Amy Smith	975-8881
Revenue, Jerry Reagan	975-8895
Utilities Accounting, David Melton	975-8888

Joidan A. Romes, (daughter of Makisha Morange (NLR UAD Customer Service) and Kevin Romes was awarded an Academic Scholarship from the Office of Recruitment at the University of Arkansas at Pine Bluff (UAPB). Joidan graduated in May from Parkview Arts and Science Magnet High School in Little Rock. Her main high school activities included Student Council, Chemistry Club, Dance

Team, Teens for Christ and National Honor Soci-

e COpping process of the process of

Miss Romes will major in Chemistry at UAPB with plans on attending Pharmacy School after completing her degree. "I chose to attend UAPB not only because it is a Historically Black University, but also because they have a lot to offer that will prepare me for my future," Romes said. "They have small classes, and excellent STEM Program and many internship opportunities. The academic scholarship will surely benefit me by helping relieve my family and me of financial stress, since three people in my household are attending college," said Romes.

Joidan works at NLR Parks and Recreation.

July Anniversaries

Name		Dept	# Yrs	Name		Dept	# Yrs
HELEN	ARNOLD	1st Court	3	THOMAS	CROSS	Fire	14
VICTOR	RODRIGUEZ	1st Court	7	ALAN	GARNER	Fire	14
GREG	ZONNER	AIMM	8	MICHAEL	TREADAWAY	Fire	15
том	WADLEY	Code	13	PAMELA	TILLER	Fire	20
FELECIA	MCHENRY	Code	13	ANGELA	WIRT	Hays Center	9
RUSS	ELROD	Code	14	JARED	ATKINS	OES/911	4
STEVE	WILBON	Code	17	SHEILA	HICKS	OES/911	4
SHANNON	CARROLL	Comm Dev	15	PETER	СООК	Parks Golf	14
KYLE	MCNEIL	Electric	1	CHARLES	WHITFIELD	Parks Maint	6
SAMUEL	PRICE	Electric	18	THOMAS	BREWER	Parks Maint	13
HOLLIS	GREENE	Electric	20	JIMMY	TRAMMELL	Parks Maint	18
DAVID	SIDERS	Electric	34	KENNETH	JOHNSON	Parks Maint	32
ROGER	TINDALL	Electric	36	MARTIN	DUNLAP	Planning	14
WILLIAM	HARPER	Electric	40	ROBERT	VOYLES	Planning	24
STEPHANIE	THOMAS	Finance	32	MICHAEL	GARVIN	Police	6
COREY	EISENHOWER	Fire	5	JOHN	MCCULLAR	Public Works	3
BLAKE	WATKINS	Fire	5	RUTH	RATCLIFF	Public Works	10
KENNETH	HARTNESS	Fire	5	DWIGHT	AKINS	Sanitation	16
JUSTIN	BRADSHAW	Fire	5	TODD	NEBLING	Street	5
CHARLES	HOBSON	Fire	9	DENNIE	HUNTER	Street	16
STEVEN	LANKFORD	Fire	10	ERNEST	RUMMEL	Street	29
SEAN	WALKER	Fire	10	DAVID	HEISER	Traffic	1
WESLEY	STEPHENS	Fire	11	TERRELL	MILTON	UAD	8
TOBY	HARRINGTON	Fire	11	LATEISHA	BARBEE	UAD	9
WILLIAM	POE	Fire	11	LATONIA	WOODS	UAD	18
CHAD	FREY	Fire	12	JOHNNY	GRAY	Vehicle Maint	5



Bob Sisson retired from this city of North Little Rock last month after serving as Finance Director for 34 years. During his time as director he worked with several mayors, city attorneys and city clerks, as well as 50 aldermen. Prior to working for the city, Bob audited the Electric Depart-

A retirement celebration was held on June 27, 2013, where Bob and his wife Connie were presented rocking chairs to enjoy on their front porch along with a table top fishing boat filled with cards, well wishes and a gag gift or two.

Bob (pictured left) was presented the John Woodruff City Above Self Award during the Arkansas Municipal League's Summer Convention in Hot Springs for his dedication to the City of North Little Rock, the Arkansas Municipal League and other Finance Officers around the state. This award also recognizes the lasting benefits of his contributions to other cities and towns in Arkansas, either collective or individually, by being an outstanding example of dedication to their improvement.

July Birthdays						
Name	Dept	Date	Name	Dept	Date	
Charles Cullen	Public Works	1	Cheri Monroe	OES	16	
Laith Adams	Fire	2	Donald Steele	Police	16	
Mike Davis	Police	2	Russ Elrod	Code	16	
Marcus Perez	Police	3	Joshua Threlkeld	Police	17	
Christopher Barnett	Police	3	Joseph Breen	Courts 1st	17	
Samuel Montgomery	Police	4	William Davis	Fire	17	
Kyle Simpson	Fire	4	Debra Fletcher	Police	18	
Bobby Ward	Public Works	4	Jon Savary	Traffic	19	
Ron Osburn	Electric	4	David Tanton	OES	21	
Rocky Harris	Electric	5	Rodney Thomas	Police	21	
Charley Baxter	Hays Center	6	Justin McDougal	Vehicle Maint	21	
Brian Thomas	Fire	8	Stephen Fortson	Fire	21	
Anthony Garnder	Animal Cont	8	Lateisha Barbee	UAD	22	
Jeffrey Elenbaas	Police	9	Cedric Williams	Code	22	
David Melton	UAD	9	Kara Browning	Police	22	
Gary (Bud) Gray	OES	9	Brian Dedrick	Police	22	
Vera Wayne	Police	10	John Desizlets	Police	22	
Wayne Wright	Code	10	Hollis Greene	Electric	22	
Timothy Vanya	Comm Dev	11	Julie Rose	Police	23	
Mark Hood	Police	11	Keith Winningham	Street	24	
Carla Nichols	Police	11	Karen Rollins	OES	25	
Thomas Fletcher	Electric	13	Nathan Kimes, Jr.	Police	25	
Nathaniel Lee	Parks Maint	14	Charlene James	Police	25	
Brandon Bennett	Police	14	Gabriel Trobis	Fire	27	
Frederick Moore, III	Street	14	George Goree, II	Police	27	
Craig Edwards	Police	14	Daniel Croft	Parks Maint	28	
Edward Jernigan	Street	15	Mark Rogers	City Clerk	28	
Rick Ezell	OES	15	Taylor Hudson	Police	29	
Steven Chamness	Police	15	Tommy Fells	Sanitation	29	
William Kovach	Police	15	Alan Gourley	Parks Maint	31	
Bob Mauldin	Fire	15	Margaret Powell	Admin	31	
Muriel Miller	Health	16	Bill Bush	Public Works	31	

North Little Rock City Offices will be closed Thursday, *July 4, 2013*, in observance of *Independence Day*

Garbage, trash and recycling routes will run one-day delayed (i.e. Thursday's pickup will be Friday and Friday's pickup will be Saturday)



Mohammed Temple #34 & Arkansas Stop the Violence —Fish Fry
Saturday, July 20, 2013 from 11:00 a.m. until 3:00 p.m.
Sherman Park, 624 North Beech Street
Ticket prices - donation of \$10 - includes fish dinner, drink, fun and entertainment.
For more information contact Assistant Rabban James Tenner at 501-319-2210.

If you have news, an upcoming event, recipe, photos, etc. you would like to share with others in North Little Rock, please email Dwhitbey@nlr.ar.gov by the 15th of the month.