

North Little Rock e-Newsletter

Provided by Diane Whitbey, City Clerk and Treasurer

December 2016

North Little Rock e-Newsletter

If you have information you would like to share with other city employees, residents and businesses throughout **North Little Rock**, let us know. The **City Clerk's office** provides a monthly *e-letter* to those who subscribe through the **North Little Rock** website. To sign up, email Dwhitbey@nlr.ar.gov.

National Days—December

found at www.nationaldaycalendar.com/

- 1—Pie Day and Rosa Parks Day
- 2—Mutt Day, Special Education Day and Faux Fur Friday
- 3—Roof Over Your Head Day
- 4—Sock Day and Cookie Day
- 5—International Ninja Day



- 6—World Trick Shot Day, Microwave Oven Day and St. Nicholas Day

- 7—Pearl Harbor Remembrance Day
- 8—Brownie Day
- 9—Pastry Day
- 10—Dewey Decimal System Day and Human Rights Day
- 11—Noodle Ring Day and UNICEF Bday
- 12—Ambrosia Day, Ding-a-Ling Day
- 13—Cocoa Day, Day of the Horse and Pick a Pathologist Pal Day
- 14—Bouillabaisse Day
- 15—Wear Your Pearls Day, Cupcake/Lemon Cupcake Day, Bill of Rights Day and Cat Herders Day
- 16—Chocolate-covered ANYTHING Day
- Free Shipping Day, Ugly Christmas Sweater Day
- 17—Maple Syrup Day, Wright Brothers Day, Wreaths Across America Day
- 18—Answer the Telephone Like Buddy The Elf Day
- 19—Hard Candy Day

- 20—Sangria Day
- 21—French Fried Shrimp Day, Crossword Puzzle Day, Humbug Day!
- 22—Forefathers Day, regifting Day
- 23—Pfeffernusse Day, Festivus



- 24—Eggnog Day, Christmas Eve, Chanuka Begins
- 25—Pumpkin Pie Day, Christmas
- 26—Candy Cane Day, Thank-you Note Day, Whiner's Day and Boxing Day (Canada)
- 27—Fruitcake Day
- 28—Chocolate Candy Day, Card Playing Day, Pledge of Allegiance Day
- 29—Pepper Pot Day and Tick Tock Day
- 30—Falling Needles Family Fest, Bacon Day and No Interruptions Day—*last work day of the year!*
- 31—Champagne Day, Make Up Your Mind Day, New Years Eve, Universal Hour of Peace



Annual North Little Rock Christmas Parade

SUNDAY, December 4, 2016 — starts at 3:00 p.m.

Followed by the **Northern Lights Festival** at 120 Main St, NLR (City Services Building)

Hosted by the City of North Little Rock

North Little Rock Sertoma Club

North Little Rock Convention and Visitor's Bureau

For information call
Shannon @ 501-758-1424



"Where's Mel"? Be the 1st person to call 975-8617 and tell us where you found him hiding and win a prize!

**North Rock
Animal Control**
For more information call
501-791-8577

Holiday Safety Tips



Merry Christmas
and Happy New
Year from your
friends at the
North Little Rock
Animal Shelter.
Don't forget the
fur babies this
holiday season!

Found at aspc.org Continued from last month

Selecting Special Treats: Looking to stuff your pet's stockings? Stick with chew toys that are basically indestructible, Kongs that can be stuffed with healthy foods or chew treats that are designed to be safely digestible. Long, stringy things are a feline's dream, but the most risky toys for cats involve ribbon, yarn and loose little parts that can get stuck in the intestines, often necessitating surgery. Surprise kitty with a new ball that's too big to swallow, a stuffed catnip toy or the interactive cat dancer.

Plan a Pet-Safe Holiday Gathering

- **House Rules:** If your animal-loving guests would like to give your pets a little extra attention and exercise while you're busy tending to the party, ask them to feel free to start a nice play or petting session.
- **Put the Meds Away:** Make sure all of your medications are locked behind secure doors, and be sure to tell your guests to keep their meds zipped up and packed away too.
- **A Room of Their Own:** Give your pet his own quiet space to retreat to—complete with fresh water and a place to snuggle. Shy pups and cats might want to hide out under a piece of furniture, in their carrying case or in a separate room away from the hubbub.
- **New Year's Noise:** As you count down to the new year, please keep in mind that strings of thrown confetti can get lodged in your cat's intestines, if ingested, perhaps necessitating surgery. Noisy poppers can terrify pets and cause possible damage to sensitive ears. And remember that many pets are also scared of fireworks, so be sure to secure them in a safe, escape-proof area as midnight approaches.

**North Little Rock Friends of Animals
presents Pet Photos with SANTA**



**TWO PHOTO
EVENTS!**

December 3rd
12pm - 4pm at Hollywood Feed
5235 JFK Blvd, NLR AR





December 10th
12pm - 4pm at Bow Wow & Meow
11607 Maumelle Blvd, North Little Rock AR
\$15 for a digital file / \$18 for 5x7 (mailed)
Other print options & products available

NLRFOA t-shirts, calendars, and ornaments will also be for sale.

Call or text Angel at 501-607-4887
or email info@ThisShot.com for info

Benefits NLR Friends of Animals' spay/neuter program

This Shot Photography
www.ThisShot.com





*Need a new
addition to your
family?*

Call
501-791-8577
...we've got the
perfect companion for you!

Our shelter is full of dogs, cats, puppies and kittens in need of a forever home. Please consider adopting a shelter pet for your next pet.



Support spaying and neutering in Arkansas by getting your own Arkansas Specialty *Please Spay or Neuter* License Plate at any State Revenue Office.

**Please Don't Litter
Spay or Neuter
Your Critter**





North Little Rock Fire Department

YOU ARE NOT ALONE

First responders respond to more than 50 million emergency calls in the U.S. annually. Some may never respond to a sentinel event such as 9/11, *but still*, the nature, frequency, and intensity of daily, duty-related traumatic exposures puts you at significant risk of developing mental health problems, such as post-traumatic stress disorder (PTSD), depression, and substance use.

An estimated 18-37% of first responders meet criteria for PTSD. Risk for suicide is 25 times greater than that of the general population - there were 131 suicides reported in the U.S. in 2015, and 91 already reported this year (Firefighters Behavioral Health Alliance, www.ffbha.org). Further, research shows prevalence rates of other problems to range: from 7-22% for depression, 4-22% for anxiety, 34-56% for binge drinking, and 58-70% for sleep problems. These problems emerge as early as in training and continue long after retirement, with approximately 15% of suicides occurring in retirees.

Specifically in Arkansas, first responders have encountered various sentinel events, including the school shooting in Jonesboro (1998), a major plane crash (AA 1420, 1999), and the devastating tornados in Vilonia in 2011 & 2014. I personally met with the State Director of EMS, the Fire/EMS Coordinator for ADEM, and multiple fire chiefs across the state to discuss these risks. They unanimously expressed concern about the increased prevalence of mental health problems, and reported an increase in the number of suicides and early retirements in the past decade because of these issues.

Despite the extent of this problem, however, we know that less than 40% of general populations who experience problems seek professional help. Similarly so, we know that many first responders do not report their problems or ask for help because of the stigma and the culture of self-reliance and strength that the fire service has always been known for.

However, there needs to be a shift in the culture surrounding mental health among first responders if we are ever going to *effectively* address the problem!

Organizations at the national level recognize the need for this shift! The National Fallen Firefighters Foundation's, *Initiative 13: Psychological Support* emphasizes the need for resources to help first responder's better cope with duty-related complications, especially those regarding emotional and psychological stress. The National Fire Service Research Agenda (2015) highly prioritizes research to identify individuals

at high risk for health problems, specifically to "identify, develop, and refine evidence-based tools and approaches for behavioral health screening, assessment, and intervention." Clearly, these services are not readily available, and more needs to be done to establish a program that *you* will feel comfortable accessing and utilizing.

Even though these initiatives and resources are available at the national level, these issues need addressed here and now - And that's what I'm hoping to do! As the wife of a firefighter/ paramedic, I have seen the effects of the job first-hand. I would love to use my time and my talents to do what I can to help with this very important issue. I have written a few grants to initiate a community-engaged research project to assess prevalence rates across the state, and also to better understand *your* perceptions of mental health and the stigma that's attached to it. I want to know what it will take for you to recognize these problems and seek help. I'm still waiting for funding, but hope to initiate this project within the next year.

In the meantime, if you are feeling the burdens of the job, please reach out to someone! A colleague, your chief, a friend, pastor, or - NLRFD currently utilizes the Employee Assistance Program (EAP) for mental health services. And, if you have any feedback regarding these things, I can be best reached at SLJones@uams.edu. I'd love to hear from you!

Sara Jones PHD, APRN



The article above was found in the Fire Department Connection—a Newsletter for members of the North Little Rock Fire Department provided by Fire Marshal John Pflasterer.

Highlights from some City Departments



Mayor Joe A. Smith holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments. Below are a few highlights from the last meeting (October events).

Laman Library—32,527 visitors, 10,766 electronic visitors, 15,079 borrowers, 631 events, and over 10,000 (General Election) early voters.

Neighborhood Services—participated in 13 National Night Out Events. Mailed information for 6 neighborhood associations to 3,858 households. Updated various Facebook pages. Working on multiple upcoming events.

Hays Center—55 new members. Trips included Red Hat Club to Cracker Barrel, Mt. Ida and the Wegmer Crystal Mine, Cable Cutter Club learned how to choose a Cable TV Provider, Search Senior Center, Hot Springs, Belle River Board, Bryant Senior Center, Abe's Old Feed House and Outback. 53 members participated in chartered trip to Cape Cod, Hershey Pennsylvania and Plymouth, Massachusetts. Held program on Funeral Planning. Volunteers provided 1,240 volunteer service hours in various city departments.

Utilities Accounting—

Electric bad debt expense for October: \$5,318.00
New accounts installed: 1,053
Accounts finalized: 1,198
Customer related calls—10,037, direct contact with Customer Service—2,436; inside teller payments received 7,113—electric; 8,047—gas / water, drive-thru teller payments 4,541—electric; 4,643—gas / water, Web/IVR payments—6,055.

Sanitation—Collected and disposed of 1,072.61 tons (2,145,220 lbs) of household garbage/rubbish. Yard Waste crews collected and disposed 321 loads; 8,570.4 cubic yards of mixed debris along with 428.6 cubic yards of green waste. Issued 79 Sanitation Code notices/letters and 7 Citations for non-compliance.

Traffic Services—approved 121 barricade applications for permits. Repaired or replaced 234 signs and posts, marked 3 city vehicles with logo, 33 Arkansas One Call location requests.

Police—(September) Theft from motor vehicles +12% (majority unlocked vehicles-remind citizens to keep locked), All property crime -6%, Robbery -3%, Violent Crime Overall -6.3%.

Fire—Total incidents—1,004
Total Unit Responses—1,798
Residential Fires—10
Other fires—0
Vehicle Fires—11

False Alarms/Malfunions—67
Rescue/Emergency Medical—568
Mutual Aid—1
Hazardous Material Response—12
All other responses—335
Structure Fire fatalities—0
Vehicle fire fatalities—0
Training hours—7,166
Building Surveys—131

Office of Emergency Services/911—

Incoming call total: 17,122
Non-911 calls: 7,858
Wired 9951: 874 Abandoned Wired 911: 126
Wireless 911: 7,543 Abandoned Wireless: 721
Total dispatch computer entries: 9,623

Planning—Major permits issued: Captain D's, Target, Victoria's Secret, Nestle Toll House Café, American Pie Pizza, Baptist Springhill Clinic. Issued 5 new single family residential permits (average \$247,336). Inspectors completed 600 inspections and covered 3,725 miles: 162 Electric; 95 Building; 113 Plumbing; 76 HVAC.

Electric Department—38,508 customers, Peak Power—171,577 KW, Territory— 60 square miles, miles of wire—555.1 miles, # Transformers—11,252, Street lights—11,042 (286 repaired), Security lights—4,099 (49 repaired), Smart meters—39,750, Revenue—\$7,582,288. Major outages—Oct 17 tree fell on primary behind home on Alanbrook, 2302 customers out less than 2 hours.

Code Enforcement—141 assigned calls, 578 initiated calls, 33 citations, 216 violation notices, 109 vehicles tagged, 256 structures inspected, 85 rental inspections, 20 food service inspections, 1 search warrant, 30 houses demolished by city, 11 houses demolished by owner. Code Maintenance—69 assigned calls, 38 vacant lots cleaned, 34 lots with structures cleaned, secured 2 vacant houses, vacant lots mowed—35, lots with structures mowed—4, picked up 2 tires.

North Little Rock Animal Control—

Incoming animals—217
Adoptions—55
Reclaimed—34
Euthanized—142
(Total Jan-Oct 1,099)
Citations issued—27
Dogs/cats sterilized—66
Calls for service—749

Pulaski County

(accepted at NLR)
Incoming Animals—65
Adopted—17
Reclaimed—6
Euthanized—33 (Total Jan-Oct 541)
Picked up 26 illegal Pitbulls. Started 1 month long Adopt-a-thon, partnering with Good Morning America and North Shore Animal League.

Parks and Recreation—had 98 Soccer games, 155 practices and 2 tournaments. 20 Youth Baseball games and 89 practices. 9 Senior Baseball games and 15 practices. 78 pavilion rentals, 23 Hospitality House and 16 at Idlewild.

Visitors Bureau— 1,268 visitors stopped in at Visitor Information Center in Burns Park. Downtown Riverside RV Park had 583 reservations for a total of 1,516 camping nights. Arkansas Inland Maritime Museum had 1,706 visitors which included 2 overnight stays and 7 group tours. Sub vets volunteered 356 hours. On December 7th, a Pearl Harbor 75th Remembrance Ceremony will be held at 11:30 a.m. (see page 11). A Facebook page has been created for this event. Restaurant taxes Jan—Sept totaled \$4,603,609.

Finance—

Revenues (MTD—October)

Taxes	\$ 927,177.71
Licenses/Permits	\$ 43,998.23
Fines/Forfeitures	\$ 246,388.52
Local Option Sales Tax	\$2,111,875.69
Intergovernmental-State	\$ 0.00
Franchises	\$ 331,144.47
Investment/Misc	\$ (1,435.71)
User Fees	\$ 77,170.19
Utility Transfer	\$ 62,253.17
Grants & Other	\$ 178,035.80

Transfer from Electric \$ 923,080.00
Total Revenue: \$ 4,899,588.17

Expenditures

Administration	\$ 1,415,888.43
Animal Shelter	\$ 44,423.89
Special Appropriations	\$ 1,024,319.23
City Clerk	\$ 13,715.83
Emergency Services	\$ 96,830.60
Finance	\$ 46,741.76
Fire	\$ 915,412.35
Health	\$ 4,896.71
Legal	\$ 39,430.70
1st Court	\$ 35,642.05
2nd Court	\$ 43,305.95
Public Defender	\$ 794.12
Human Resources	\$ 60,699.38
Commerce	\$ 13,349.55
Planning	\$ 41,902.82
Police	\$ 1,382,441.07
Code Enforcement	\$ 66,103.69
Public Works	\$ 127,990.43
Neighborhood Services	\$ 10,217.39
Sanitation	\$ 226,668.54
Vehicle Maintenance	\$ 110,017.53
Senior Citizens Center	\$ 65,381.61
Communications	\$ 6,153.35
Fit 2 Live	\$ 7,265.52
Total Expenditures:	\$ 5,799,593.00



James Earle “Jimmy” Pritchett died unexpectedly November 22, 2016, at the age of 58. He is survived by his loving wife of nearly 34 years, Nina and his beloved daughter Lauren. He was preceded in death by his son, James Leland “Jayme” Pritchett, who spent his last hours rocked to sleep in his father’s loving arms. He was also preceded in death by his mother and father, Jimmie Lee and Earle Ninde Pritchett of Little Rock.

Jimmy was born in Little Rock. He graduated from UALR in 1970 on the Chancellor’s List and the National Dean’s List. He was employed by Capitol Wholesale Florist for 8 years before beginning a career with the City of Little Rock Department of Housing and Neighborhood Programs. He spent 5 years as the AR Operations Manager for General Electric Modular Space. He then returned to the City of Little Rock as Coordinator of the Homeless Service where he worked to develop new programs and implemented a ten year plan to end chronic homelessness in Central Arkansas. Jimmy was a member of North Little Rock’s Planning Department at the time of his death. He was well-liked and will be greatly missed by all who had the opportunity to know him.

Jimmy loved animals and was a supporter of Animal Rescue and Conservation Efforts. In lieu of flowers, please make memorial gifts to Rescue Road at www.rescueroad.org, a Little Rock Dog Rescue Organization, where Jimmy’s daughter Lauren serves as Co-Director.

Services will be private. “Remember all those whom he shared a laugh, a smile, a tear with, as you were the ones closest to his heart and you know who you are.”

FRACAS ON THE FREE BRIDGE

Continued from November e-Newsletter...

An Honorable Fight

One account in the Gazette on February 23, 1904, said that Little Rock's councilmen invited Faucette to join them inside the bar at their table, after he showed up at their meeting the previous evening on approval of the property settlement. He sat by Eighth Ward Alderman Elmer O. Manees, who was attending his last Little Rock council meeting. The ward's other representative, Charles Robken, had resigned to move to Texarkana. Faucette "took no part in the proceedings, except to pay close attention," the Gazette said, "until the proposed ordinance setting the property rights in the Eighth [W]ard had been read twice[.]" Then he rose to speak, greeted by applause. He assured the audience that North Little Rock held no animosity toward Little Rock, no matter what they might read in the newspapers. "The fight you have made to retain your Eighth [W]ard has been an honorable one and has aroused the admiration of the enemy," he told them. Another article in the February 23 Gazette reported that as soon as the North Little Rock Town Council approved the agreement earlier on the evening of the 22nd, Faucette, "springing into his buggy, drove at break-neck speed to the Little Rock City Hall [.]" According to the newspaper, the North Little Rock ordinance was introduced at 8:05 p.m. and passed 10 minutes later, then announced at the Little Rock council at 8:30 p.m. and acted on at 8:45 p.m. "Thus in forty minutes was completed one of the most important transactions concerning the North Side 'divorce case' . . . in that it does away with any further legal proceedings," the paper summarized.

At 7 p.m. February 23, 1904, the time agreed on by both sides during a conference that morning, North Little Rock became a city of 8,203 people, according to its own census by a committee of enumerators, Frank O. Cook, Joe Ina and Fire Chief Walter Powers. Little Rock, with a population of 38,307 in the 1900 census, lost more than 7,000 residents and annual revenue of \$18,000.00 to \$20,000.00 from its Eighth Ward. "[N]o blaring of trumpets or celebration of any kind" marked the transfer of authority, the Gazette noted on February 24, adding that "[t]he news that the [Little Rock] city council had passed an ordinance which showed beyond all doubt that all was over but the signing of the papers of separation in the famous divorce suit was quite a surprise to many, who were under the impression that the fight would be continued until the last breast works had been captured by the enemy."

Little Rock Mayor Lenon with City Attorney Cockrill and North Little Rock Mayor Mara with Faucette met

in conference from 10 a.m. to noon on February 23 to work out the lease for fire equipment and settle on the time for the transfer of Argenta to North Little Rock. At 1 p.m. Lenon signed the ordinance his council had passed the previous evening and then the four representatives of both cities endorsed the back of the North Little Rock ordinance, according to the Gazette. The North Little Rock council convened at 2:50 p.m. to declare the July 21, 1903, annexation election result and hear a report from Faucette on the lease agreement from that morning's conference, among other things. The only thing to do after this was wait for the appointed hour. "Promptly at the stroke of 7 last night," the February 24 Gazette said, "the police who have patrolled the north side for the past 13 years marched across the bridge; the fire company, leaving its apparatus behind, followed and the town of North Little Rock sprang in a moment from a population of 1,200 to a city of 9,000 inhabitants. Those who were aware of the time of the transfer expected to hear the clang of the fire bell, but no demonstration whatsoever was made."

With approval of the state Board of Municipal Corporators following entry of the Supreme Court mandate, and by proclamation of Governor Jeff Davis, North Little Rock became a city of the first class on February 26, 1904. The new boundaries stretched eastward to Buckeye Street, south of Washington Avenue, up to modern-day Pershing Avenue on the northernmost line. The western boundary went down Pike Avenue to 11th Street, then cut through the Iron Mountain shops along a common border with the Town of Baring Cross to the middle of the river at a point east of the Baring Cross Bridge. By annexation in May 1904, the eastern boundary pushed out to Redwood Street and the northwest corner reached Fort Roots on Big Rock.

In late January 1905, Baring Cross voted for annexation to North Little Rock. As anticipated from the day of the Supreme Court decision on the Hoxie-Walnut Ridge law, the council on January 10, 1906, formally changed the city's name to Argenta, as many were calling it anyway, even occasionally in the official minutes of the council. Then in October 1917, the city's name reverted back to North Little Rock on the advice of James P. Faucette, who believed it would increase property values as a recognizable location nationally. Years later, he expressed some regret about the name-change. Proposals, none successful, to rename the city have popped up numerous times over the years, meeting with amusement, disinterest or irritation.

Continued on next page...

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Force Bill

As fledgling North Little Rock grew in the early 1900s, relations with Little Rock, while not usually hostile, were cool at best. Despite Faucette's assurances, distrust lingered. "It is anticipated and feared that the separation may lead to a great deal of bitterness and ill feeling between the two cities. A foretaste of the possibilities in this direction was discernible in the episodes of yesterday[.]" "the Gazette had warned the day after the clash on the bridge. Whether meant as a joke or not, or just to needle its neighbor to the south, the North Little Rock council on August 10, 1904, appropriated \$5.00 to Duke Harston to pay his fine in Little Rock for spilling sawdust on the street.

Pursuing the reannexation of Argenta in the legislature, Little Rock gained passage of the so-called force bill, which led the Gazette to predict on April 3, 1907, that "[t]he creation of a Greater Little Rock through the restoration of the former Eighth [W]ard . . . was rendered most probable[.]" This law permitted a combined vote of both cities if 50 registered voters of the city to be annexed petitioned for an election. Petitions did circulate that year — never to be turned in for certification, however. Based on an interview with James Faucette, then 84, the Gazette wrote on January 6, 1952, that he declined to elaborate on their "mysteriously" disappearing, but implied "that 'someone' held up the Little Rock men and relieved them of their petitions." According to Williams' biography in 1954, "James Faucette laughed as he suggested that he would not have any trouble finding these old petitions today, not if he wanted to try."

Frustration over Little Rock's failure to reclaim Argenta following the breakup were sounded by a Gazette writer in an article the North Little Rock Times reprinted on March 4, 1965. An editor's note said that Winetta B. Seymour of North Little Rock clipped it for her scrapbook and that it dated to about 1908. Partly a diatribe against William Faucette, as well as praise for the former railroad engineer as a hard worker and "a good mayor," the piece regretted that Faucette "has beaten the best lawyers that Little Rock



could pit against him, at their own game, and Little Rock is losing heart." Accompanying the text was a cartoon of Faucette carrying a city on his back and leaping across the river. "Ran off with a Town," the caption read. Despite lacking a formal education, Faucette had the "power of bitter invective," the Gazette said, noting that he had conducted a "red-hot" race for Little Rock mayor in 1903 — "a working man's campaign for working men."

But instead of waiting to try again two years later, the newspaper writer groused, Faucette created his own city so he could be mayor. "He went to the newly furnished mayor's

office and sat down in the new revolving chair," the paper said. "He put his feet upon the desk, the finest one in Argenta, and looked over the grounds . . . In person Faucette is a giant. He is over six feet tall and every line of him bespeaks the physically dominant man . . . If he wishes to do a thing officially and there is a city ordinance preventing it he has it nullified or 'nullifies it himself.' If an ordinance is necessary for an official act which he wishes to perform he has it passed. If it is not passed quick enough to suit him he does it anyway. If anyone treads on his official or personal dignity he whips him and the reminder is seldom required twice by the same offender . . . He decides everything, from the cut of the coat of the chief of police to the policies of the city[.]"

Little Rock didn't give up trying to regain its Eighth Ward, but William Faucette, a state legislator in 1911, succeeded in getting an amendment to annexation legislation that required majority votes in both cities, thus ensuring that Argenta would have a say in any attempt to alter city boundaries. The issue came up again during the 1919 legislative session. In later years efforts focused on merger rather than annexation, a recurring proposition to this day — it's enough, perhaps, to make the Faucette brothers roll over in their graves at Oakland Cemetery in Little Rock.



Show your community Support to the **North Little Rock High School Charging Wildcats!**

Get out your blue and gold, make a sign or bring some pop poms and be a part of community spirit as our football team takes on Fayetteville in the finals of the state Football Championship Game this Friday night (December 2) at War Memorial Stadium. Kickoff is at 7:00 p.m.

Left, the team at North Little Rock City Hall put on their game faces this week. (l—r Isaac Henry, Mayor Joe A. Smith, City Clerk Diane Whitbey).

Talking Turkey

About Avoiding Food Poisoning

By Pam Hill, Pharm.D.

Found in City & Town The Official Publication of the Arkansas Municipal League

After the Thanksgiving feast, the leftovers sat out on the table so we could make a quick sandwich or a plate for supper. Was this a recipe for food poisoning?

Not necessarily, but here are a few simple things to keep in mind to make sure no one gets sick from the way food is prepared and stored during the holiday season.

According to the Centers for Disease Control and Prevention, about one in six Americans suffers from a foodborne illness each year. These illnesses cost an estimated \$15.6 billion annually, according to the U. S. Department of Agriculture.

Safe food practices begin at the grocery store. Always keep your meat products separated from each other and other foods to avoid contamination from the juices. Pick an area of the basket to store all meat in while shopping. Use a recyclable bag or grab a few extra plastic bags from the produce section to store the meat in while shopping to avoid contamination. If you use a recyclable bag, be sure and wash before further use.

Proper food prep and thawing

Once you are in the kitchen and preparing the food, start with a clean space by cleaning all surfaces, cutting boards, plates and utensils with warm, soapy water. Wash your hands thoroughly and often, lathering with soap and warm water. Don't let anyone who is sick help with preparing or cooking the food.

Never mix foods or meats in the same space. If your kitchen doesn't have multiple areas for preparing food, finish with one meat or food product, clean the space and start again. With veggies and fruits, be sure and wash the items even if you plan to peel because bacteria can contaminate the inside during the peeling process.

Always thaw food in the refrigerator instead of on the counter. Plan ahead days or even a week in advance to allow plenty of time to properly thaw. Foodborne illnesses mostly occur through bacteria growth, which occurs when food is kept at an unsafe temperature for too long. This occurs between 40 and 140 degrees

Cooking, storing, and reheating

One of the best tools to have on hand is a food thermometer. When cooking meat, it should reach an internal temperature of 165 degrees in the thickest, innermost part.

With a turkey, you want to check the temperature in three different places—innermost part of the thigh and wing, and the thickest portion of the breast—to assure

165 degrees has been reached. Do not stick the thermometer directly on a bone, as it will skew the reading.

Using a thermometer to measure the temperature in all cooked foods is recommended since cooking times in recipes are merely estimations. Follow all steps of your recipe, including if it states to let the dish set for a period of time after it has finished cooking. Heat will continue to spread to all areas and continue to cook, even outside the oven.

Cooked foods should not be left out for more than two hours because bacteria will start to grow and can cause food poisoning. So those Thanksgiving (or Christmas) leftovers—turkey, stuffing, green bean casserole and more—should be sent to the

fridge after dinner. Breads, raw fruit, raw veggies and some desserts can wait a while longer.

While storing, divide leftovers into smaller containers to help foods cool down quicker and allow for easier reheating. Again, you'll need to reheat to 165 degrees before eating.

Be sure to label all leftovers with dates. For a list of safe storage limits, both in the refrigerator and freezer, visit www.foodsafety.gov. For concerns about whether someone has food poisoning, call the UAMS Poison Control hotline at 1-800-222-1222.

The holidays are a time to enjoy with family, friends and good food. Make sure a few missteps in the kitchen don't ruin it!

Pam Hill, Pharm.D., is Certified Specialist in Poison Information, Poison Control Center, University of Arkansas for Medical Sciences.



Symptoms of Food Poisoning

—Found at www.mayoclinic.org

Food poisoning symptoms vary with the source of contamination. Most types of food poisoning cause one or more of the following signs and symptoms:

- Nausea
- Vomiting
- Watery diarrhea
- Abdominal pain and cramps
- Fever

Signs and symptoms may start within hours after eating the contaminated food, or they may begin days or even weeks later. Sickness caused by food poisoning generally lasts from a few hours to several days.



The North Little Rock History Commission and Friends of North Little Rock History present *North Little Rock Railroads: Building a City*

The exhibit will open Sunday, December 4, 2016 (the same day of the Annual North Little Rock Christmas Parade) from 2:00—4:00 p.m.

The location is the North Little Rock Heritage Center, 506 Main Street in North Little Rock. A must-see of this year's open house will be *Union Pacific Credit Union's Train Tree*.

The twelve-foot tree featuring a Lionel model train winding through is one of only two in the world. The History Commission's own *Buddy the Elf* will make a special appearance and there will be crafts for the children. Come early for a great spot to view the parade!

North Little Rock Railroads: Building a City tells the story of the railroads that turned a flood-prone swamp on the north side of the river into a major hub of America's rail system. The rail yards, the shops, the depots and related industries provided employment to genera-



tions of North Little Rock families and continues to be a major employer in the city today. The exhibit spans the pre-Civil War period through a maze of mergers and acquisitions engineered by captains of industry to the modern era.

The exhibit is free and open to the public. Heritage Center hours are 10 a.m. to 4:30 p.m. Monday through Friday.

For more information, call (501)371-0755 or email nlrhistory@comcast.net.



**Peddlers Permit
City of North Little Rock**

Issued to: **Mel Dun**

Issued: 10/1/16

Expires: **12/31/16**



Sex: Male
Eyes: Brown
Hair: Dun
Height: 15 hands
Employer: **Equine sunglasses**
Type of Goods Sold: **Sunglasses for horses**

City Clerk and Treasurer Diane Whitbey
By: **SAMPLE ONLY**
only valid with signature

Deputy City Clerk / Treasurer, Revenue

North Little Rock History Commission



**Come see our new Train
Exhibit beginning
December 4, 2016**

For more information, contact the
History Commission at 501-371-0755.

*The North Little Rock Convention & Visitor's Center
wants to know about your upcoming events!
To submit events, visit www.NorthLittleRock.org or call
Stephanie Slagle, Public Relations Representative at
501-758-1424.*

**All North Little Rock
Door-to-Door Peddlers
permits issued in 2016
will expire Dec 31, 2016.**

**Persons wishing to go
door-to-door in 2017 must
reapply with the
City Clerk/Treasurer.**

**Permits are valid for 90 days
from the date of issue.**

**As of December 1, 2016, one
person was registered to solicit door to
door in the city of North Little Rock
for the following company:**

**Legal Shield
Melvin H. Jackson**

To see the list of issued permits, visit the city
website at www.nlr.ar.gov, then click on City
Clerk/Treasurer, followed by Licensed Peddlers.
To see an individual ID/Permit, click on the
person's name.

Reminder to residents:

If someone comes to your door, you do not have to answer or let them in. If someone comes to your door and makes you uncomfortable please call the police. If someone comes to your door and is unable to produce an ID issued by the City of North Little Rock City Clerk and Treasurer's Office (similar to the example on this page), please call 501-758-1234.

In all cases, if you call please provide a description of the person, location and vehicle description and license number if possible. You can also call the North Little Rock City Clerk/Treasurer's Office Monday through Friday 8:00 a.m.—4:30 p.m. to verify any business license or peddlers permit in our city at 501-975-8617.

North Little Rock
City Council Schedule

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:00 p.m.** in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@nlr.ar.gov.

The City Council Agenda can be found at www.nlr.ar.gov, then click on the Government tab, followed by Council Agenda.

City Offices located at 120 Main

IS/Data Processing, Kathy Stephens	975-8820
Finance, Karen Scott	975-8802
Fit 2 Live, Bernadette Rhodes	975-8777
Information	975-8888
Human Resources, Betty Anderson	975-8855
Planning, Shawn Spencer	975-8835
Purchasing, Mary Beth Bowman	975-8881
Utilities Accounting, David Melton	975-8888

City Council Members

Ward 1	Debi Ross Beth White	753-0733 758-2738
Ward 2	Linda Robinson Maurice Taylor	945-8820 690-6444
Ward 3	Steve Baxter Bruce Foutch	804-0928 658-9714
Ward 4	Murry Witcher Charlie Hight	835-0009 758-8396

Utility Payment Assistance and Other Numbers

Central AR Development Council.....	501-603-0909
Little Rock Catholic Charities...	501-664-0640 ext 459
Saint Francis House.....	501-664-5036
Watershed.....	501-378-0176
Helping Hand of Arkansas.....	501-372-4388
River City Ministries.....	501-376-6694
Arkansas Metro.....	501-420-3824
Arkansas Food Bank.....	501-565-8121
American Red Cross.....	501-748-1021
Salvation Army.....	501-374-9296

Other Elected Officials


Mayor Joe A. Smith	975-8601
City Clerk/Treasurer Diane Whitbey	975-8617
City Attorney C. Jason Carter	975-3755
District Court Judge Jim Hamilton	791-8559
District Court Judge Randy Morley	791-8562

Telephone Numbers for City Hall

Mayor's Office.....	501-975-8601
Joe A. Smith	
City Clerk & Treasurer.....	501-975-8617
Diane Whitbey	
Legal.....	501-975-3755
C. Jason Carter	
Communications.....	501-975-8833
Nathan Hamilton	
External Relations.....	501-975-8605
Margaret Powell	
Special Projects.....	501-975-3737
Jim Billings	

North Little Rock Curbside Recycling schedule for the month of December:

Nov 28—December 2 Pickup
December 5—9— no pickup
December 12—16 Pickup
December 19—23 no pickup
December 26—30 Pickup



**75th Anniversary
Pearl Harbor**



DEC 7



**Arkansas Inland
Maritime Museum**



**Arkansas Remembers Pearl Harbor: 75th Anniversary
December 5-11, 2016**

You are invited to a remembrance ceremony on December 7th at 11:30 a.m. at the Arkansas Inland Maritime Museum in North Little Rock. The museum is home to two naval vessels that bookend World War II. The tugboat *Hoga* fought fires in Pearl Harbor during the Japanese attack and the submarine *USS Razorback* was in Tokyo Bay when Japan surrendered, ending WWII.

Take advantage of military discounts, free admission or special themed events at participating locations, which include:

- Arkansas Repertory Theatre
- William F. Laman Public Library
- Jacksonville Museum of Military History
- The Joint Theater & Coffeehouse
- MacArthur Museum of AR Military History
- Arkansas Arts Center
- Clinton Presidential Library
- And many more!

AIMMuseum.org/ARRemembersPearlHarbor | (501)371-8320



December Birthdays

Name	Dept	Date	Name	Dept	Date		
ROBERT	KUYKENDALL	Electric	1	RICHARD	POZZA	Electric	18
FELECIA	HART	UAD	1	ALLEN	BUIE	Street	18
MALLORIE	LEWIS	OES	2	RENALDO	BENNETT	Fire	19
JONATHON	DICUS	UAD	2	COREY	GOODMAN	Sanitation	19
LEEANN	SADLER	OES	5	LINDA	ROBINSON	Admin	20
LARRY	BEHNKE	Police	5	DAVID	MILES III	Animal Shelter	20
DAVID	ARMSTRONG	Vehicle Maint	5	ROBERT	BRYSON	Fire	20
GREGORY	NASH	Fire	6	ANGEL	ROSADO	Police	20
AMON	SHIRLEY	Police	6	MATTHEW	PETERSON	Parks Rec	20
RICHARD	MATTHEWS	Fire	7	JOHN	POUNDERS	Fire	21
JOSEPH	SMITH	Police	8	VICKI	WEED	1st Court	21
WILLIAM	SCOTT	Police	8	HARVEY	SCOTT III	Police	21
JAMES	FRANKS	Police	9	DARRELL	PIERCE	Police	22
TERRI	TODD	OES	10	JASON	BARBER	Parks Maint	22
JESSICA	STEPHENS	Electric	10	ALAN	TETKOSKIE	Fire	23
DAVID	SCHALCHLIN	Code	10	CARL	WILSON	Fire	24
CHARLES	REDDING	Fire	11	RICHARD	HARGROVE	Fire	24
ROBERT	CUPPS	Police	11	ERIC	SMITH SR	Sanitation	25
BRENDA	DAVIDSON	Electric	12	SOLOMON	KIMBLE	Hays Center	25
CHRISTOPHER	BROWN	Police	13	CODY	BROWN	Police	26
JOHN	ALSTON	Police	13	TIMOTHY	MAHAN	Fire	27
BRENDA	SATTERFIELD	Police	13	JEREMY	WARD	Fire	27
ZACHERY	KIMSEY	Electric	14	GENE	WHITLEY	Police	27
NORMAN	MILLER	Fire	14	KENNY	BROCK	Vehicle Maint	27
KENT	STEWART	Police	14	KENNETH	JOHNSON	Parks Maint	27
JUDY	PRINCE	Police	14	PERRY	TACKETT	Fire	28
MARK	ROBERTS	Police	15	DENA	KERR	Police	28
JAY	BOODY	Police	16	LARRY	EPPERSON	Code	28
CHAD	FULLER	Vehicle Maint	16	JOSEPH	FOLEN III	Finance	30
CHRISTINA	YIELDING	Legal	17	JOHN	ADAMS	Fire	31
WALTER	GUNN III	Public Works	17	YOLANDA	LOR	UAD	31
BELINDA	GARVIN	Public Works	17				

HOLIDAY NOTICE!!!

North Little Rock City Offices will be closed Friday Dec 23, and Monday, Dec 26

In observance of Christmas Eve and Christmas Day

Garbage and Trash Routes will run as scheduled the week of Dec 19—23

Garbage, Trash and Recycling Routes will run one-day delayed the week of Dec 26—30

DECEMBER ANNIVERSARIES

Name	Dept	# Years	Name	Dept	# Years		
JULIA	COULTER	Animal Shelter	20	MICHAEL	GIBBONS	Police	22
JONATHAN	STOWELL	Electric	29	CHARLES	BARNES	Police	18
SHANE	PRATER	Electric	7	JOHN	NANNEN	Police	18
DANIEL	CUSHING	Electric	9	MARK	TOZER	Police	17
COLE	THOMPSON	Electric	2	RICHARD	BEASTON	Police	17
DONNA	BRYANT	Electric	34	JUDY	PRINCE	Police	36
TERRENCE	WILLIAMS	Electric	15	ERIC	IMHOFF	Police	12
ALFRED	CERRATO	Fire	36	KASEY	KNIGHT	Police	10
BRENT	TREECE	Fire	9	KENNY	STEPHENS	Public Works	9
JUDY	WILKINS	2nd Court	13	ROBERT	HUMPHREY	Public Works	9
SYLVIA	NORMAN	UAD	9	JULIANNE	IVY	Sanitation	7
WHITNEY	MOORE	UAD	4	SYLVESTER	SMITH JR	Sanitation	7
SHAY	REAGAN	UAD	4	ANTHONY	ROBINSON	Sanitation	8
ROBERT	MAULDIN	HR	9	JOSEPH	BAUMAN	Sanitation	20
STACEY	LEONARD	HR	6	MICHAEL	MARBLEY	Sanitation	8
JERRI	DAUGHERTY	Police	35	NOEL	BROWN	Street	5
KENNETH	LIVINGSTON	Police	18	ROBERT	BROWN JR	Street	9
LARRY	BEHNKE	Police	11	MCKINSEY	PIGEE	Street	2
AMY	COOPER	Police	13	JOHN	DAVIDSON JR	Street	2
WILLIAM	JONES	Police	13	GARY	SHEFFIELD	Street	9
MICHAEL	BROOKS	Police	9	DEAN	GATLIN	Street	14
JEFFREY	GLOVER	Police	26	WALLACE	HATCHETT	Street	25
GARY	YIELDING	Police	26	THURMAN	MCKEE JR	Traffic	16
JAROD	MAYNARD	Police	9	LINCOLN	MARTIN	Hays Center	12
CRAIG	UMHOLTZ	Police	9	CHERIHAN	SBAIT	Hays Center	4
PHILLIP	LOWRY	Police	22	NATHANIEL	LEE	Parks Maint	6

Notice: to be eligible to offer a discount to North Little Rock City Employees, a business must be properly Licensed to do business in the city and current on all monies due to the City of North Little Rock.

North Little Rock City Offices will be closed Monday, January 2, 2017 in observance of New Year's Day

Garbage and trash routes will run one-day delayed all week
(i.e. Monday's pickup will be Tuesday and so on...)

Swearing In Ceremony—Sunday, January 1, 2017 at 1:00 p.m.

North Little Rock City Officials will receive their Oath of Office

Sunday, January 1, 2017 in the lobby of City Hall. The public is invited to attend.

Mayor Joe A. Smith, City Clerk/Treasurer Diane Whitbey, Aldermen Beth White—Ward 1, Maurice Taylor—Ward 2, Ron Harris—Ward 3, Charlie Hight—Ward 4 and District Court Judge Paula Juels Jones will be sworn in.

I've noticed over the years that the Employee Spreadsheet that contains Birthdates and Anniversaries doesn't always coincide with the number of years and employee has worked for the city. After emailing back and forth with Laurie Robinson, retired North Little Rock Police Department and current North Little Rock Police Department civilian employee, we figured it out. If you were an office who retired, then started in a civilian position, your years start over. This is the same for two of our elected officials who were non-uniformed employees before resigning and becoming elected officials.

So, with that being said, if you are one of those employees, please know that we appreciate each year you contributed to the City of North Little Rock and our residents.

If you are one of the employees mentioned above, email me when your anniversary month rolls around and I'll make sure you get the number of years recognition that you deserve!

This month's shout out is to Retired North Little Rock Police Officer Laurie Robison who has a total of 28 Years with the City of North Little Rock.

2017 Observed Holidays

January 1, 2017 (Sunday) <i>Observed Mon, January 2, 2017</i>	New Year's Day
January 16, 2017 (Monday)	Dr. Martin Luther King Jr. & Robert E. Lee's Birthdays (<i>Observed</i>)
February 20, 2017	George Washington's Birthday & Daisy Gaston Bates Day (<i>Observed</i>)
May 29, 2017	Memorial Day (<i>Observed</i>)
July 4, 2017	Independence Day
September 4, 2017	Labor Day
November 11, 2017 <i>Observed Friday, Nov 10</i>	Veterans Day
November 23 & 24, 2017	Thanksgiving
December 24 & 25, 2017 (Sunday/Monday) <i>Observed Monday and Tuesday Dec 25/26</i>	Christmas Eve/Christmas Day



Halloween Fun!

Last month, a few of our wonderful City Employees dressed up for Halloween.

Do you recognize these brave coworkers?



Ugly Christmas Sweater Day

This month, we will again hold our Ugly Christmas Sweater Contest. Since National Ugly Christmas Sweater Day is Friday, **December 16, 2016** you are asked to wear your "Ugly" Sweater to work that day!

Be sure and send photos to Dwhitbey@nlr.ar.gov.

A panel of Judges who love all things related to the holidays will decide on the winner!

