

Barbara Bush, wife of 41st President and Mother of 43rd President of the United States

Information contained was found at nytimes.com

By Enid Nemy—April 17, 2018

Barbara Bush, the widely admired wife of one president and the fiercely loyal mother of another, died Tuesday, April 17, 2018 in her home in Houston. She was 92.

As wife of the 41st president and the mother of the 43rd, George W. Bush, Mrs. Bush was only the second woman in American history to have a son of hers follow his father to the White House. (*Abigail Adams, wife of John Adams and mother of John Quincy Adams, was the first.*)

Dedicated to her family and largely indifferent to glamour, Mrs. Bush played down her role in her husband's political success. But she was a shrewd and valuable ally, becoming a sought-after speaker in at least four national campaigns: in 1980, when Mr. Bush was chosen to be Ronald Reagan's running mate; in 1984, when the two ran for re-election; in 1988, when Mr. Bush campaigned for president; and in 1992, when he sought re-election.

While first lady, from January 1989 to January 1993, Mrs. Bush generally refused to talk publicly about contentious issues, particularly when her opinion was said to differ from her husband's.

"I'm not against it or for it," she said of the Equal Rights Amendment in 1989. "I'm not talking about it. I want equal rights for women, men, everybody."

Mrs. Bush was vocal, however, in championing causes of her choosing. Literacy was one, and so was civil rights; she had been an early supporter of the movement.

And she could be combative in news inter-

views, sometimes yanking off her glasses and tartly chastising reporters when she thought they were being overly aggressive.

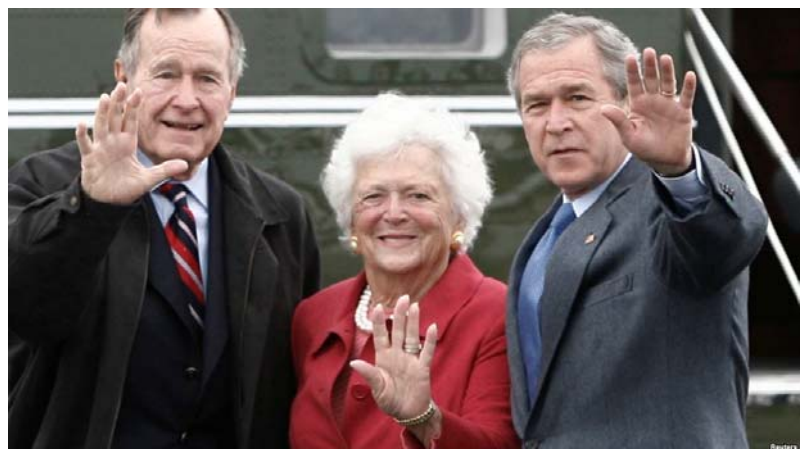
Mrs. Bush enjoyed a favorable public image throughout her years as first lady and was regarded as unpretentious, a woman who could wear fake pearls, enjoy takeout tacos, walk the dog in her bathrobe and make fun of herself. Perhaps adding to her appeal, she conformed to the popular view of an old-fashioned grandmother, with her white hair and matronly figure; though she was almost a year younger than her husband, many thought she was older.

Mrs. Bush was born in 1925, at a maternity hospital in New York City run by the Salvation Army principally for unwed mothers. The family obstetrician practiced there one month a year, and that month happened to be June. She was the third child of the former Pauline Robinson and Marvin Pierce. Her father was in the publishing business and eventually became the president of the McCall publishing company. Her mother, the daughter of an Ohio Supreme Court justice, was active in civic affairs in Rye, N.Y., the New York City suburb where the family lived.

One of Mrs. Bush's distant relatives was Franklin Pierce, the 14th President of the United States.

Another son, Jeb, the governor of Florida from 1999 to 2007 was an unsuccessful candidate for the Republican presidential nomination in 2016.

The Bushes celebrated their 73rd wedding anniversary in January, making them the longest-married couple in presidential history.



"Where's Mel"? Be the 1st person to call 975-8617 and tell us where you found him hiding in the newsletter and win a prize!

North Rock

Animal Control

more information call
501-791-8577

Fleas be gone

Get a head start on flea season by preparing your pet, yard and home

Found at HLMS.com March/April 2018

Spring—it's a time for warmer weather and rainy days. That also means it's time for a possible onslaught of fleas. These itchy parasites are not only a painful annoyance, they're also potential carriers of bacterial and viral diseases. It's important to be proactive—once you see actual adult fleas on your pet or in your home, they've actually been lurking as flea eggs, larvae or pupae for a long time. It's much easier to be diligent about keeping these unwanted guests away than it is to get rid of them once they've arrived.

One of the simplest tactics is to allow pets to stay indoors as much as possible to avoid contact with these pests in the first place. Since that's not always practical, it's a good idea to take an integrated, three-pronged approach by preparing your pet, your yard and your home.

First, be sure your pet is primed for flea avoidance. There are many effective products on the market to keep fleas from being attracted to your pet and making a home in their fur: oral medications that use insect-growth regulators to prevent fleas from maturing and reproducing; once-a-month spot treatments that break the flea life cycle and prevent eggs from hatching; and flea and tick collars, sprays, powders, shampoos and dips. Consult with your veterinarian to see which products may be most appropriate for your particular pet and

household, and discuss any cautions about combining multiple methods.

Next, help your yard become a no-flea zone. Keep your grass mowed and avoid overgrowth where fleas love to hide. Removing tall weeds and vegetation also prevents creating hiding places for stray animals, rodents or wildlife that might bring fleas with them. Avoid clutter where fleas or flea-carrying animals can collect, including piles of mulch and under decks. Consider a preventative treatment in granules or spray form for extra protection.

Finally, set up your home to make it as inhospitable to fleas as possible by cleaning to get rid of any eggs or larvae that get carried in from outside. Regularly vacuum carpets, floors, baseboards and under furniture and wash your pet's bedding, crate and toys in hot, soapy water. This removes microscopic debris where eggs and larvae

Don't Let Your Pet Become A Flea's Buffet, Restroom & Breeding Ground!



can live invisibly before hatching into adult fleas.

Because fleas can jump from yard to pet to home, laying eggs over and over again, it's crucial to keep up with flea-prevention measures even before peak flea season. Staying vigilant all year long, even then you think fleas are dormant, can save you and your pet a nasty, itchy surprise in the spring.



Need a new addition to your family?

Call

501-791-8577

...we've got the perfect companion for you!

Our shelter is full of dogs, cats, puppies and kittens in need of a forever home. Please consider adopting a shelter pet for your next pet.

**Please Don't Litter
Spay or Neuter
Your Critter**



Support spaying and neutering in Arkansas by getting your own Arkansas Specialty *Please Spay or Neuter* License Plate at any State Revenue Office.



North Little Rock Fire Department

Home Fire Prevention—Stop Fire Before it Starts

Found at www.alliancesecurity.com/resources/home-fire-prevention-tips

By Tim Sharrow, Oct 2, 2017

Did you know that in a home fire, it can take less than three (3) minutes for your entire living room to be engulfed in flames? While that's a scary thought, what's scarier is knowing that you really only have about two (2) minutes to get up and get your family to safety. According to the U.S. Fire Administration, there were over 380,000 home fires reported in 2015. That is one home fire reported every 86 seconds. So how do you stop this from happening to your home? The best defense against a home fire is prevention—to stop a fire before it starts. Below are some home safety and fire prevention tips.



Basic Home Fire Prevention

1. **Install smoke alarms** on every level of your home, inside each bedroom and outside of every sleeping area. Your smoke alarms are your first defense to a fire. Make sure children know what to do when the smoke alarms go off.
2. **Test smoke alarms** once every month, and if they are not working, replace them or change the batteries. Consider using a monitored smoke detector that has a 5+year lithium battery. This requires less testing, and if batteries are ever low or the smoke alarm is not working, your monitoring company will know immediately.
3. **Do NOT overload electric outlets and limit the use of extension cords.** Be sure not to plug multiple electric appliances into the same outlet as this is a fire hazard. Also, consider this when using multiple extension cords through the same outlet.
4. Teach children **never to play with lighters or matches.** Fires can start and spread quickly, especially if there is some type of accelerant like lighter fluid or gasoline nearby. Proper fire prevention starts with education.
5. **Keep candles at least 12 inches away** from anything that could potentially catch fire, and always blow them out before leaving a room or going to sleep. If you've ever left a candle burning by mistake, you know they can burn pretty high as the wax melts. Monitor any candles that you burn, and keep the wick trimmed to keep the fire under control.
6. **Practice a home fire escape plan** with your family that has at least two ways out of every room. Work with your family to plan what you would do in the event of a home fire, and designate a location to meet outside so you know everyone is safe.

Kitchen Fire Safety

1. **Turn off fire starting appliances when you are finished using them,** such as toasters, ovens (even including curling and clothing irons).
2. **Limit distractions when cooking,** and **never leave the room** with something on the stove. A grease fire can start and spread in seconds, and if you're out of the room, you'll lose vital time you need to put the fire out.
3. **Always keep a fire extinguisher** in the kitchen, just in case. The kitchen is the most common place that home fires start. Keep an extinguisher in your kitchen area (close and accessible) so that you always have a defense ready.
4. **Never throw hot grease** into a garbage can. Though hot grease may not be on fire, it can still ignite things in the garbage can. Instead, wait until the grease cools and hardens before throwing it away. (Also, never pore grease down the drain—this will clog your pipes!)

Extinguishing a Fire

1. **Call 911 first!!!!** You never know if a fire will grow to the point where you will be unable to fight it. Calling 911 first gives responders more time to save your home.
2. **Know when to get to safety.** If the fire has spread beyond where it started, or you can't fight the fire with your back near an exit, you need to get to safety. The fire could potentially spread to your only exit, leaving you trapped.
3. **When using a fire extinguisher, remember to use the P.A.S.S. system.** Pull the pin, Aim at the base of the fire, Squeeze the lever above the handle, and Sweep from side to side.

If You Get Caught in a Home Fire

1. **Remain calm!** There's less oxygen during a home fire, control your breathing to stay calm as you escape.
2. **Use your fire escape plan.** Use one of the escape routes that you mapped out and get to safety.
3. **Get out and stay out!** Once you're out of the home, stay out. Do not risk running back in to salvage belongings or fight the fire.
4. **Get low, and STOP, DROP, AND ROLL.** Smoke and hot air rises, get low to the ground and crawl your way to safety. If your clothing catches fire, stop, drop, and roll.

Highlights from some City Departments



Mayor Joe A. Smith holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments. Below are a few highlights from the last meeting (March events).

Hays Center—93 new members. 11,808 visits for the month. Activities included the biennial Senior Citizens Hal of Fame Induction luncheon—2018 inductees were Erma Wilbert and Esther Crawford. Prepared a healthy African Soup at “Flavors From Around The World” cooking class, took 5 volunteers to Charlotte’s for quarterly Volunteer Appreciation Luncheon, staff cooked and served pizza, chili dogs, waffles and a German meal to members on separate Tuesdays for lunch, and hosted North Little Rock Woman’s Club 60th Anniversary celebration. Provided 16 trips. Transported Public Senior Housing residents to medical appointments and grocery store. Mayor’s Office of Volunteer Services volunteers logged 1,316 hours.

Electric Customer Service—Customer calls—8,408. Direct contact: 16,907 inside teller payments: 8,060 Electric; 8,847 Gas/Water. Drive thru: 4,237 Electric; 5,130 Gas/Water. Total payments received: 56,256.

Sanitation—Collected and disposed of 2,280.07 tons (4,560,140 lbs) of household garbage/rubbish. Yard Waste crews collected and disposed 157 loads; 4,381.76 cubic yards of green waste. Picked up 483 tires. 81 Sanitation/Code related complaints.

Traffic Services—approved 120 barricade applications for permits. Repaired or replaced 233 signs and posts, marked 8 city vehicles with logo, 69 Arkansas One Call location requests.

Police—February numbers show decreases in the following areas: Robberies—down 16%, Burglaries—down 29%, and Vehicle B & E—down 43% (this decrease is a result of more people locking vehicles and removing belongings). The department is working with designers and HUD regarding renovation and rebuilding of East Gate and Silver City Courts. County and City leaders held a joint press conference at the State Capitol to pledge support for the State’s lawsuit regarding over prescription of opioids.

Fire—Total incidents—1,007
Total Unit Responses—1,744
Residential Fires—14
Other fires—3
Vehicle Fires—7
False Alarms/Malfunctions—59
Rescue/Emergency Medical—565
Mutual Aid—4
Hazardous Material Response—7

Structure Fire fatalities—0
Vehicle fire fatalities—0
Training hours—3,788
Total Building Surveys—255

Office of Emergency Services/911—

Total incoming calls: 14,841
Non-911 calls: 6,689
Wired 911: 857 Abandoned Wired 911: 131
Wireless 911: 6,331 Abandoned Wireless: 598
Total dispatch computer entries: 11,776

Planning—reviewed 1 new commercial project—Baptist Health Medical Office Building—3201 Springhill. Issued 6 new single family residence permits (average \$142,256). Issued 7 Sign permits and 2 Banner permits. Inspectors completed 686 inspections and covered 4,051 miles: 198 Electric; 112 Building; 230 Plumbing; 146 HVAC. Department now accepting certain permits on-line.

Electric Department—38,673 customers, Peak Power—122,126 KW, Territory—60 square miles, miles of wire—555.1 miles, # Transformers—11,252, Street lights—11,055 (181 repaired), Security lights—4,241 (32 repaired), Smart meters—39,401, Revenue—\$6,060,593. No major outages.

Code Enforcement—109 assigned calls, 653 initiated calls, 37 citations, 446 violation notices, 123 vehicles tagged, 191 structures inspected, 46 rental inspections, 23 food service inspections, 1 search warrant, 1 house demolished by city, 10 houses demolished by owner. Code Maintenance—37 assigned calls, 34 vacant lots cleaned, 8 lots with structures cleaned, secured 5 vacant houses, vacant lots mowed—1, lots with structures mowed—*nothing posted*.

North Little Rock Convention & Visitors Bureau—Visitors Information Center in Burns Park had 1,110 visitors in March. Downtown RV Park had 554 reservations with an average stay of 2.7 days and a total of 1,496 camping days. The Arkansas Inland Maritime Museum had 2,221 visitors, which includes 1,939 individuals, 282 overnight stays and group tours.



Continued page 4

North Little Rock Animal Control

Incoming animals—185/YTD-482
 Adoptions—78/YTD-168
 Reclaimed—22/YTD-64
 Euthanized—97/YTD-218
 Citations issued—36/YTD-93
 Dogs/cats sterilized—55/YTD-170
 Calls for service—589/YTD-1,665
Pulaski County (accepted at NLR)
 Incoming Animals—70/YTD-197
 Adopted—11/YTD-55
 Reclaimed—9/YTD-23
 Euthanized—36/YTD-91
 YTD=Year to date



No adoptable animals were euthanized for space. *Our apologies for a previous report—no adoptable cats have been euthanized this year., **Non-adoptable animals are those that are sick, injured, unweaned (puppies and kittens), vicious, court ordered or by owner request.*** **Reminder!** Please consider adopting from a shelter! Shelter pets make great additions to any family! And **PLEASE spay or neuter your pets!**

Finance—March Revenues (MTD)

Taxes	\$ 601,974.18
Licenses/Permits	\$ 304,712.11
Fines/Forfeitures	\$ 254,280.18
Local Option Sales Tax	\$2,624,608.60
Intergovernmental-State	\$ 0.00
Franchises	\$ 233,946.62

Investment/Misc	\$ 38,658.42
User Fees	\$ 106,151.64
Utility Transfer	\$ 56,403.31
Grants & Other	\$ 120,098.92
Transfer from Electric	\$ 923,080.00
Total Revenue:	\$5,263,913.98

Expenditures	
Administration	\$ 175,910.21
Animal Shelter	\$ 90,615.20
Special Appropriations	\$ 558,905.94
City Clerk	\$ 39,410.40
Emergency Services	\$ 200,717.84
Finance	\$ 80,910.12
Fire	\$1,676,451.72
Health	\$ 10,866.01
Legal	\$ 104,289.84
1st Court	\$ 60,143.56
2nd Court	\$ 53,459.02
Public Defender	\$ 752.53
Human Resources	\$ 74,244.15
Commerce	\$ 32,295.71
Planning	\$ 95,651.62
Police	\$2,404,533.68
Code Enforcement	\$ 163,666.15
Public Works	\$ 92,627.69
Neighborhood Services	\$ 18,378.01
Sanitation	\$ 362,844.02
Vehicle Maintenance	\$ 98,736.64
Senior Citizens Center	\$ 88,681.08
Communications	\$ 16,253.62
Fit 2 Live	\$ 5,584.56
Total Expenditures:	\$6,503,929.00

A&W Mama Burger

- 8 ounces fresh ground beef or chuck
- 1/2 tsp seasoned salt—like Lawry's
- 1/4 tsp pepper
- 2 sesame seed hamburger buns, split in half
- 2 tsp unsalted butter, melted
- 1 Tbsp ketchup or chili sauce
- 1 Tbsp yellow mustard
- 6 slices dill pickle
- 2 slices yellow onion, thickly sliced
- 2 tablespoons tartar sauce

Combine the ground beef with the seasoned salt and pepper. Mix gently by hand, just until the seasonings are blended in. Do not overmix the meat or the burgers will be tough.

Separate the meat into two patties. Shape them into equal sizes then lightly and evenly flatten them. Cover the patties with waxed paper and refrigerated for at least 30 minutes.

Light a charcoal barbecue or heat a gas grill to medium. Clean the grate and coat it with vegetable oil.

Grill the patties 3 to 4 minutes per side, or until they are cooked to the desired doneness turning them over only once.

While the burgers are cooking, coat each half of the hamburger buns with some of the melted butter. Grill the buns over medium heat, taking care not to burn them. They should be lightly toasted.

Combine the ketchup and mustard. Spoon a tablespoon of the mixture on the on the bottom of each toasted bun. Layer each half with 3 of the pickle slices, then top with a slice of onion.



This recipe was found in America's Most Wanted Recipes *At The Grill* which is the prize for this month's *Where's Mel* contest.

Preferential Primary/ Nonpartisan General Election

Tuesday, May 22, 2018

Below is a list of polling locations in North Little Rock. Polls will be open from 7:30 a.m. until 7:30 p.m.

Precinct #	Facility	Address
10 & 14	Levy Baptist Church	3501 Pike Avenue
15	Greater New Bibleway Church	1217 W 22nd
16	North Little Rock City Hall	300 Main Street
17	Willow House Activity Center	2500 Willow Street, #102
18	Trinity Lutheran Church	3802 N Olive
19	North Heights Recreation Center	4801 Allen Street
20 & 51	Lakewood United Methodist Church	1922 Topf Road
21	Park Hill Christian Church	4400 John F Kennedy Boulevard
22	Levy Church of Christ	5124 Camp Robinson Road
23	Shepherd of the Hills Lutheran	5900 John F Kennedy Boulevard
24	St Anne Parish Hall	6150 Remount Road
25	North View Missionary	6801 John F Kennedy Boulevard
50	Central Baptist Church	5200 Fairway Avenue
52	Sherman Park Community Center	624 N Beech Street
53	Glenview Community Center	4800 E 19th Street
54	Calvary Baptist Church	5025 Lynch Drive

Offsite Early Voting locations

Pulaski County Regional Building 501 W Markham Street Little Rock

Hours and Dates:

Monday, May 7—Saturday, May 19

8:00 a.m. to 6:00 p.m. weekdays

10:00 a.m. to 4:00 p.m. Saturdays

Monday, May 21st (day before election) 8:00 a.m. to 5:00 p.m.—only early voting site open

William F. Laman Library	2801 Orange Street	North Little Rock
Jess Odom Community Center	1100 Edgewood Drive	Maumelle
Jack Evans Senior Citizen Center	2301 Thornhill Drive	Sherwood
Jacksonville Community Center	5 Municipal Drive	Jacksonville
Sue Cowan Williams Library	1800 South Chester	Little Rock
Dee Brown Library	6325 Baseline Road	Little Rock
Roosevelt Thompson Library	38 Rahling Circle	Little Rock
Sidney S. McMath Library	2100 John Barrow Road	Little Rock

Hours and Dates:

Monday, May 7—Saturday, May 19

10:00 a.m.—6:00 p.m. weekdays

10:00 a.m.—4:00 p.m. Saturdays

****New Voter ID Requirements Effective August 1, 2017****

Voters at the polls must show "Verification of Voter Registration", which is a document or identification card issued by the **United States**, the **State of Arkansas**, the **County Clerk** or an **accredited postsecondary educational institution in the State of Arkansas** that shows the **name** and **photograph** of the person to whom it was issued.

United States Census 2020

April 1, 2020 is Census Day

As mandated by the U. S. Constitution (1787), America gets just one chance each decade to count its population.

- Every ten years, the Census is the country's largest nonmilitary mobilization of a workforce

- Its data are of paramount importance to the nation

- *Determining representation in Congress*
- *Demarking boundaries for voting and school districts, and*
- *Allocation of billions of dollars in funding for many federal programs*

- The mandate—to not just attempt to offer information or a service to the population, but to actually reach and count every



person living in the United States and its territories—of all ages, residence statuses, and locations—whether or not they

desire to participate, and regardless of whether they are difficult to find, reach, and count.

Accurate Counting

The next Census in 2020 will require counting an increasingly diverse and growing population of around 330 million people in more than 140 million housing units. To get an accurate count, the Census Bureau must build an accurate address list of every housing unit, maximize self-response to the census, and efficiently follow up with those who do not respond.

Billions of Federal Dollars is Distributed to States Based on Census Counts

- In Fiscal Year (FY) 2015, the 50 states plus the District of Columbia received \$589.7 billion from the 16 largest Census-guided programs

- Arkansas receives \$6 to \$7 billion in annual federal assistance on a per capita basis

- *Funds Medicaid, Transportation Grants, Education Grants, Section 8 Housing Vouchers, Community Development Block Grants, and dozens more*

- Each Arkansan not counted may result in a loss of approximately \$2,542 for each of ten years

- A 1% undercount of Arkansans in 2020 may result in up to \$750 million in lost funds over a ten-year period

- 30,000 people @ \$2,500 year for 10 Yrs = \$750,000.00

Arkansas is Very Vulnerable to Census Undercount

- Arkansas' greater vulnerability to undercount is due to its unique demographic characteristics

- *Large Black and growing Hispanic Populations (National undercount of 2.07% and 1.54% respectively in 2010)*

- *Vast Rural Areas (43.8% of Arkansans live in rural areas)*
- *Relatively low broadband coverage; internet is the preferred option for 2020 Census (7% of Urban areas without Broadband/128,125 people, 48% of Rural areas without Broadband/616,447 people). These figures only represent availability, not accessibility in areas with coverage.*

- In 2000, the net undercount for Arkansas was 1.28% or over 34,000 people

- *Estimated loss in funding on just eight federal programs—\$17,087,007*

In 2010, the undercount was reduced to just over 0.4% due to a state-wide group effort on pre-Census projects:

- *An update/addition of over 1,500 housing units in one project alone*

New Methods for Self-Response

- 2010 introduced the limited use of non-ID response—where people can respond to the Census without an identifying code. 2020 will mark a significant expansion of this option

- Response methods for 2020 will include:

- *Online response with or without a Census-provided ID*
- *Mail-back paper response with or without Census-provided ID*
- *Calls to the Census Questionnaire Assistance (CQA) toll-free hotline with or without a Census-provided ID*
- *Responses through in-person Nonresponse Follow-up*

Need to Address Both the Hard-to-Count and Hard-to-Reach Populations

- Hard-to-Count (HTC) and Hard-to-Reach (HTR) populations are key priority in this Census.

- These are populations that are typically less likely to participate in the Census and include:

- *Individuals who may misunderstand the purpose of the Census*
- *Recent immigrants who may not be engaged with their local governments*
- *Areas with low internet penetration rates*
- *Those who may have concerns about their data being shared among government agencies or those who distrust the government, in general.*



This information above was found in a handout from the Arkansas Economic Development Institute. If you have questions, please call 501-569-8519.

Help available for movement disorders

By Erika Petersen, M.D.

Found in City & Town—the Official Publication of the Arkansas Municipal League—April 2018 Vol 74, No. 04

A movement disorder can manifest in many ways. The key is recognizing it and realizing there is help available. A movement disorder means there is an impairment in performing your body's normal movements.

One of the most common forms of a movement disorder, Parkinson's disease, is recognized by slow, stiff and shuffling movements. Another common movement disorder, Benign Essential Tremor, occurs when there is overactive movement causing hands, arms and even the head and neck to shake or tremble uncontrollably. In dystonia, muscle groups tighten and are not able to relax.

The important part to remember is that a movement disorder occurs when there is an inability to regulate movements in a normal fashion because of an underlying problem. It's essential to seek medical attention to identify that underlying issue.

How to identify a movement disorder

More than likely, you'll notice difficulty doing a certain activity you've always done. For instance, some people like to spend a lot of time in their gardens and shops. Over time, they notice certain activities that are part of their normal routine take longer than usual. Maybe it's pulling weeds, priming flowers, or changing the car's spark plugs. You may have a certain task or two that are generally run-of-the-mill activities that now you find it difficult to complete.

Others notice their handwriting gets smaller or shaky, or they have difficulty using utensils to eat. It's also common to experience cramping or pain during and after activities that used to be pain free and a part of everyday life.

When do I need to get treatment?

It truly comes down to when the patient thinks enough is enough. If you're OK with the added time it takes for your routines around the house, in the garden, or out in the shop due to a movement disorder, that's fine. But if

you reach a point when you would like to gain valuable time back and regain control, know there are treatment options available to help you achieve it.

Living with a movement disorder comes down to function and quality of life. When your condition begins to affect either of these, it might be time to seek help.

Are the treatment options worth the work?

Yes. Obviously, there are medication and surgical options that have shown to be beneficial. Beyond that, there are different activities, like boxing, dance, singing, or martial arts, and therapies such as physical, occupational, and speech that can help you gain some of your function back. A healthy diet can also play an important role.

Studies have shown it's best to approach a movement disorder with a comprehensive approach. Don't just settle for a medication, surgery, or another treatment form. You will benefit much more by attacking the problem by combining several methods. Coordinating these treatment approaches rather than using one form of treatment by itself has proven to be more successful in helping movement disorder patients gain more normal function.

This is where a multi-disciplinary team like the UAMS Movement Disorder Clinic shines the brightest. A team-based approach of neurosurgeons, neurologists, and therapists fine tune your regimen and treatment to make sure your hard work continues to pay off.

You don't have to live in defeat with a movement disorder.

Help is available

Often, we encounter patients who suffered with their movement disorders for months or years, believing there was no help for them. Unfortunately, there are no cures for movement disorders, but their symptoms can be treated.

A movement disorder can be a frustrating, trying condition to live with; however, it should not mean settling for a life with less joy and fulfillment. It's all a matter of getting the right team to care for your needs.

Erika Petersen, M.D. is Associate Professor of Neurosurgery, College of Medicine, University of Arkansas for Medical Sciences.



Spring Tree Care *found at www.aad.arkansas.gov/urban-community-forestry*

Spring is a good time to assess the health and safety of your trees. Make a point to survey trees for winter damage, diseases and other issues. If you have any dead or dying limbs, they may need to be pruned for safety.

Fertilize—trees growing in the forest rarely need to be fertilized, but trees growing in urban settings are often growing in less than favorable conditions and may benefit from fertilization. Do NOT fertilize newly planted trees since the nitrogen in fertilizer can burn the young roots. Also if the turf growing under and around the trees is fertilized during the growing season, the trees are able to use that fertilizer, too, so adding additional fertilizer for the trees is NOT necessary. Young trees that have been in the ground for at least a year probably benefit the most from fertilizer. Use a slow-release balanced fertilizer at the rates recommended on the package for the best results.

One of the best things you can do to promote the health of trees is to mulch them with 2 to 4 inches of organic mulch. However, do NOT let the mulch touch the trees' trunks. Leave about 6 to 12 inches of space between the mulch layer and the trunks of trees. Ideally, the mulch layer should extend to the edges of a tree's canopy. Having a light layer of mulch conserves moisture in the root zone, adds valuable organic matter to the soil, prevents weed growth, reduces soil compaction from foot traffic and keeps mowers and weed trimmers away from the trunks of trees.





**Peddlers Permit
City of North Little Rock**

Issued to: **Mel Dun**
Issued: 4/1/18
Expires: **7/31/18**



Sex: Male
Eyes: Brown
Hair: Dun
Height: 15 hands
Employer: **Equine sunglasses**
Type of Goods Sold: **Sunglasses for horses**

City Clerk and Treasurer Diane Whitbey
By: **SAMPLE ONLY**
only valid with signature

Deputy City Clerk / Treasurer, Revenue

Question: *If someone comes to my home selling Cable TV subscriptions, are they required to have a door-to-door peddlers permit?*

Answer: Yes. Anyone going door to door in the North Little Rock City Limits is required to have a peddlers permit and ID issued by the City Clerk's Office. Other examples include newspapers, pest control, alarm systems, home improvements, etc.

Reminder to residents:

If someone comes to your door, you do not have to answer or let them in. If someone comes to your door and makes you uncomfortable please call the police. If someone comes to your door and is unable to produce an ID issued by the City of North Little Rock City Clerk and Treasurer's Office (similar to the example on this page), please call 501-758-1234.

In all cases, if you call please provide a description of the person, location and vehicle description and license number if possible. You can also call the North Little Rock City Clerk/Treasurer's Office Monday through Friday 8:00 a.m.—4:30 p.m. to verify any business license or peddlers permit in our city at 501-975-8617.

North Little Rock History Commission



If you or someone you know has items of a historical interest (photos, newspaper clippings, keepsakes, etc.) to City of North Little Rock, please consider donating them to the NLR History Commission.

For more information, call 501-371-0755 or email nlrhistory@comcast.net.

URGENT

All North Little Rock Business/Privilege License renewals were due by March 31, 2018 to avoid penalties. Effective Monday, April 2, 2018, the penalty for not renewing or doing business in the city since January 1, 2018 is 25% of the total due. Existing businesses that are delinquent for previous years are subject to a 50% penalty on the total due.

Reminder—ALL businesses doing business within the city limits of North Little Rock are required to have a current Business/Privilege License. Businesses that are not licensed are subject to a citation (and court appearance) for operating a business without a license.

Please contact 501-975-8617 with any questions regarding North Little Rock Business License requirements and fees.

The North Little Rock Convention & Visitor's Center wants to know about your upcoming events! To submit events, visit www.NorthLittleRock.org or call Stephanie Slagle, Public Relations Representative at 501-758-1424.

As of May 1, 2018, the following door to door peddler was licensed in the city of North Little Rock.

Melvin H. Jackson—Legal Shield
Expires 7-5-2018

To see a list of issued permits, visit the city website at www.nlr.ar.gov, then click on City Clerk/Treasurer, followed by Licensed Peddlers.

To see an individual ID/Permit, click on the person's name. All licensed door to door peddlers are **required to have the ID issued by the City Clerk's Office with them at all times.**

North Little Rock City Council Schedule

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:00 p.m.** in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@nlr.ar.gov.

The City Council Agenda can be found at www.nlr.ar.gov, then click on the Government tab, followed by Council Agenda.

City Offices located at 120 Main

IS/Data Processing, Kathy Stephens	975-8820
Finance, Karen Scott	975-8802
Information	975-8888
Human Resources, Betty Anderson	975-8855
Planning, Shawn Spencer	975-8835
Purchasing, Mary Beth Bowman	975-8881
Utilities Accounting, Terrell Milton	975-8888

City Council Members

Ward 1	Debi Ross Beth White	753-0733 758-2738
Ward 2	Linda Robinson Maurice Taylor	945-8820 690-6444
Ward 3	Steve Baxter Ron Harris	804-0928 758-2877
Ward 4	Murry Witcher Charlie Hight	835-0009 758-8396

Utility Payment Assistance and Other Numbers

Central AR Development Council.....	501-603-0909
Little Rock Catholic Charities...	501-664-0640 ext 459
Saint Francis House.....	501-664-5036
Watershed.....	501-378-0176
Helping Hand of Arkansas.....	501-372-4388
River City Ministries.....	501-376-6694
Arkansas Metro.....	501-420-3824
Arkansas Food Bank.....	501-565-8121
American Red Cross.....	501-748-1021
Salvation Army.....	501-374-9296

Other Elected Officials

Mayor Joe A. Smith	975-8601
City Clerk/Treasurer Diane Whitbey	975-8617
City Attorney Amy Fields	975-3755
District Court Judge Randy Morley	791-8562
District Court Judge Paula Juels Jones	791-8559

Telephone Numbers for City Hall

Mayor's Office.....	501-975-8601
Joe A. Smith	
City Clerk & Treasurer.....	501-975-8617
Diane Whitbey	
Communications.....	501-975-8833
Nathan Hamilton	
External Relations.....	501-975-8605
Margaret Powell	
Fit 2 Live.....	501-975-8777
Isaac Henry	
Special Projects.....	501-975-3737
Jim Billings	

North Little Rock Curbside Recycling
schedule for the month of May

April 30—May 4 Recycle

May 7—10 NO

May 14-18 Recycle

May 21-25 NO

May 28—June 1 Recycle





Discover how Libraries Rock! With prizes and summer reading programs for all ages, the William F. Laman Public Library will begin accepting registrations starting May 14.

No need to reregister if you reported online last year - just log into your account at lamanlibrary.org after May 14 and click a button to participate, or stop by, and we'll be happy to help.

Our special summer events kick off at both branches (Laman and Argenta) with Laman Rocks Out at 2 p.m. on June 1.

Registered voters living in Pulaski County are invited to vote in the Preferential Primary Election at our Main Branch Early Voting Site between 10 a.m. and 6 p.m. on weekdays and 10 a.m. to 4 p.m. on Saturdays from May 7 to 12 and May 14 to 19.



The Argenta Branch shows Free Movies with *Descendants* at 1 p.m. on May 7 and *Descendants 2* at 1 p.m. on May 14.

Don't miss d20 dice cookie decoration and mana potion drinks with the Main Branch Nerd Hub at 5:30 p.m. on May 8.



Join us for stories, a piñata, nacho bar, and fun for all ages at the Main Branch Fiesta Family Night at 6 p.m. on May 10.

You're invited to the Episcopal Collegiate Senior Art Show Reception from 6 to 8 p.m. on May 11. The Main Branch gallery exhibit continues with free admission through June 8.

Meet artists Dustin Bork and Heidi Carlsen-Rogers at the opening of their Spring Exhibition during ArtWalk at the Argenta Branch from 5 to 8 p.m. on May 18.

For Main Branch free DIY workshops, we'll have A Cooking Thing for Families: Bacon Cheddar Pinwheels from 6 to 7 p.m. on May 15 (pre-register by May 12); Pine Cone Zinnia Wreaths at 1 p.m. on May 23 (pre-register by May 21); and Krafty Seniors: Flower Monograms at 1 p.m. on May 31 (pre-register by May 29). Please pre-register at the Main Desk, by calling (501) 758-1720, or at lamanlibrary.org.



Is your child interested in Dungeons & Dragons, but you don't know where to begin? Try Mini D&D at 4 p.m. on May 24 at the Argenta Branch. This interactive storytelling program, fostering interest in pen and paper adventures, teamwork, and problem solving, is based on the D&D 5th edition. Ages 11 - 18 are welcome to learn the basics of roleplaying and the d20 system.



Teens discuss Bullying with Latosha Pulley from the House of Healing Hearts at 4 p.m. May 15 at the Main Branch Teen Center. They'll also be challenged to do whatever it was they'd prefer in a game of Would You Rather: Teen Center Edition at 4 p.m. on May 31.

May 5th 8:30-11:00



Join us for the
2018 GREAT NLR CLEAN UP
8:30-11:00 am
Online Registration
at <http://www.knlrb.org/>
Celebration follows at
John Irvin Pavilion ~ Burns Park



Arkansas Inland Maritime Museum

MILITARY & SPOUSE APPRECIATION DAY

Saturday, May 5th

10:00 AM-3:00 PM

National Guard Humvee Say Cheese Food Truck

*Free Tour of USS Razorback Submarine
for all Military and their Spouses*

Obstacle Course Face Painting

For questions or more information call 501-371-8320





Miss Arkansas International 2018, Skyler Kinley, will be one of the judges at our EAST Initiative project:

So You Think You Can Bark

Dog Costume Contest/Agility Show

Please send an email to soyouthinkyoucanbark@gmail.com

We will send you a registration form to complete; pay \$10 the day of the event

There will be three categories based on size: 1st -3rd place ribbons in each category: One overall grand prize winner

ALL proceeds will go to the Spay and Neuter Program sponsored by FOA

There will be homemade dog treats and dog toys for sale

Hot dogs and drinks for the humans

Pet photos and a dog wash



Little Rock Dog Training Club will have an Agility Dog Show before the contest; they will also be available for a quick dog obedience lesson right after their demo (free) so if your furry friend needs some manners you will want to join in!

May 5th 10:30 to 1:30

2400 Lakeview Road

NLR Middle School Courtyard

May Anniversaries

Name	Dept	# Yrs	Name	Dept	# Yrs
CRAIGMYLE, GLINDA	Admin	8	KING, ERICA	OES/911	1
ROGERS, CLAYTON	Airport	7	SCOTT, KAREN	Finance	5
ALEXANDER, JOHN	Animal Shelter	18	ALMON, WARREN	Fire	24
FULLER, DUSTY	Code	3	MONTGOMERY, ERIC	Fire	3
STEWART, KEISA	Comm Planning	7	YIELDING, CHRISTINA	Legal	18
BRAY, JAMES	Electric	43	BROWN, WILLIAM	Legal	16
GULLETT, MARVIN	Electric	40	CUNNINGHAM, JENNIE	Parks & Rec	23
ELLISON, JEFFERY	Electric	36	WORRELL, TINA	Parks & Rec	15
BOONE, CYNTHIA	Electric	34	BRYANT, DESHAWN	Parks & Rec	3
USSERY, EBBIE	Electric	29	BUFORD, KATHARINE	Parks Concess	2
HOBBY, JEAN	Electric	18	RALSTON, JOSEPH	Parks Golf	4
PLY, CHRISTOPHER	Electric	14	STUART, KRISTAN	Parks Golf	2
TARKINGTON, SANDRA	Electric	11	RHODES, JASON	Parks Maint	5
DUCKERY, KRASTAL	Electric	11	LEWIS, JOSHUA	Parks Maint	2
WILLIAMS, LINDA	Electric	11	CHEATHAM, GREGORY	Parks Maint	2
MELTON, DAVID	Electric	9	BURNETT, JON	Parks Maint	2
BARRINGTON, WALTER	Electric	6	KUYKENDALL, TERRY	Police	23
JOHNSON, ANDREW	Electric	6	EDWARDS, CRAIG	Police	23
COLLINS, CHRISTOPHER	Electric	4	JENSEN, JANICE	Police	8
FUNDERBURG, CODY	Electric	3	MCEUEN, ELLISA	Police	7
MARKHAM, APRIL	Electric	2	HARRIS, CHARLES	Street	7
WILLIAMS, HELEN	Electric	2	BENNETT, COY	Street	2
BECK, NICHOLAS	OES/911	2	BROCK, KENNY	Vehicle Maint	26
SMITH, KAREEM	OES/911	1	MCDUGAL, JUSTIN	Vehicle Maint	11

City Offices will be closed Monday, May 28, 2018
in observance of **Memorial Day**

Garbage, trash and recycling routes will run one day
delayed all week

(i.e. Tuesday's pickup will be Wednesday and so on...)

May Birthdays

Name	Dept	Date	Name	Dept	Date
ALLEN, KAREN	Electric	2	SPEARS, BRYAN	Parks Mainten	16
ZONNER, GREGORY	AIMM	3	DOUGAN, SHANE	Fire	17
WOODWARD, JASON	Police	4	RODRIGUEZ, VICTOR	First Court	17
HONEYCUTT, WESLEY	Police	5	LANKFORD, STEVEN	Fire	18
PRENTICE, CAROLINE	Public Works	6	THOMPSON, SAMANTHA	Police	18
CUNNINGHAM, JENNIE	Parks & Rec	6	KABAT, ANITA	Animal Shelter	19
BLACK, BILLIE	Comm Planning	7	GRIMES, STEVEN	Fire	19
HARRIS, CHARLES	Street	7	SCHMIDT, JACOB	Fire	19
FERRY, CHRISTINE	Electric	8	GARTRELL, RUSTY	Police	19
SARTIN, KENNETH	Fire	8	DAVIS JR, CHARLES	Fire	20
WALKER, SEAN	Fire	8	SHOSHONE, RICKY	Fire	20
HAYDEN, DEMARIO	Fire	8	HUBBARD, STEVEN	Street	20
PATE, TONY	Parks & Rec	8	BURLESON, SUSAN	Electric	21
ELMS JR, DOUGLAS	Fire	9	TIMS, LONNELL	Police	21
DAUGHERTY, JERRI	Police	9	HOLLEY, MICHAEL	Fire	22
DAVIDSON, RYAN	Police	9	GLOVER, JEFFREY	Police	22
BORNHAUSER, SARAH	Police	10	COLEMAN, ARNOLD	Comm Planning	25
DILLON, DANNY	Traffic	10	MICKEL, LARRY	Police	25
BARBER, JOHN	Admin	11	ALTSTATT, JEFFREY	OES/911	26
HARRIS, JOHN	Electric	12	GASTON, JASON	Parks Mainten	26
SANTUCCI, ALEXANDER	Police	12	TYREE JR, EUGENE	Police	27
GARRETT, PATRICK	Police	13	DILLON, KATHRYN	OES/911	28
KINKAID, BRYAN	Police	13	DUCKERY, KRASTAL	Electric	29
COOPER, AMY	Police	13	SORRELLS, KARL	Police	29
ROARK, KRISTOPHER	Street	14	ROSS, RICHARD	Code	30
GEE, GALEANA	Fire	15	POWELL, TOMMY	Parks Golf	30
GREEN, JOSEPH	Police	15	BARNES, CHARLES	Police	31
HOLLAND, JENIFER	Parks & Rec	15	BARBER, MATTHEW	Police	31
BILLINGS, JAMES	Admin	16			

Information regarding employee anniversaries and birthdates is provided by HR the prior year (i.e. 2018 was provided in 2017). So if an employee name is on the list that has retired or resigned, please disregard. Also, typos happen! Please let me know if a name is spelled wrong and a correction will be included next month! For employees who leave the city and come back in a different capacity or department, your length of service may change as well. Example, I worked in the Mayor's Office 10 years, then was elected City Clerk. I have been in the City Clerk's Office 18 years. My total service with the city is 28 years. If this scenario applies to you, please email me at least one month before the month of your anniversary month so I can include your total service to the City of NLR! Diane (Dwhitbey@nlr.ar.gov)