Provided by Diane Whitbey, City Clerk and Treasurer

#### The beginning of the new school year is near!

If you have a student in the North Little Rock School District, you should have received a SNAPCODE from the Arkansas Department of Education or received a letter with instructions on how to update and verify your student's information for the 2021-2022 school year. Your login/password will be the same one that you created last year. If you have forgotten your PowerSchool login information, please contact PowerSchool Tech Support at (866)752-6850 between the hours of 7:00 a.m. and 4:00 p.m. *ALL families have been asked to update their students information via online registration prior to August 13, 2021*.

You will not receive a SNAPCODE if you did not complete the 2020-2021 school year in the NLRSD or if you are new to the district and did not pre-register. These new students will need to complete a New Student Registration form by visiting our website at www.nlrsd.org and clicking on the Student Registration tab on the home page.

In order for registration to be finalized, ALL families must also complete the Parent-Student Handbook Signature Pages and a Home Language Survey.

For additional information, please contact Mr. Micheal Stone, Executive Director of Equity and Student Services, by email at stonem@nlrsd.org, or by phone at (501) 771-8050.

#### School Calendar 2021-2022

School Holidays	Starts	Finishes
First Day of School	16 Aug 2021	
Fall Break	21 Oct 2021	22 Oct 2021
Thanksgiving Break	22 Nov 2021	26 Nov 2021
Christmas Break	20 Dec 2021	3 Jan 2022
Mid Winter Break	10 Feb 2022	11 Feb 2022
Spring	21 Mar 2022	25 Mar 2022
Last Day of School	27 May 2022	



#### School Bus Safety found at nhtsa.cov/road-safety/school-bus-safety



Students are about 70 times more likely to get to school safely when taking a bus instead of traveling by car. That's because school buses are the most regulated vehicles on the road; they're designed to be safer than passenger vehicles in preventing crashes and injuries; and in every state, stop-arm laws protect children from other motorists.

**Different by Design:** School buses are designed so that they're highly visible and include safety features such as flashing red lights, cross-view mirrors and stop-sign arms. They also include protective seating, high crash standards and rollover protection features.

**Protected by Law:** Laws protect students who are getting off and on a school bus by making it illegal for drivers to pass

a school bus while dropping off or picking up passengers, regardless of the direction of approach. **Safety Starts at the Bus Stop.** Your child should arrive at the bus stop at least five minutes before the bus is scheduled to arrive. Visit the bus stop and show your child where to wait for the bus; at least three giant steps (6 feet) away from the curb. Remind your child that the bus stop is not a place to run or play.

**Get On and Off Safely.** When the school bus arrives, your child should wait until the bus comes to a complete stop, the door opens, and the driver says it's okay before approaching the bus door. Your child should use the handrails to avoid falling.

For more information visit the website above.



# North Little Rock Animal Services For more information call 501-791-8577

## Camping With Your Dog

Found at koa.com/blog/timesfrom-camping-with-dogs/

If you are like most dog owners, you probably want to bring; your four-legged friend along wherever you go—including camping trips. Spending time with your dog can be incredibly beneficial to both of you. By strengthening your bond, you are encouraging your dog to trust you more and introducing them to activities that will keep them healthy and mentally stimulated. In turn, your dog can help you stay more active and develop your social skills. Plus, camping with your dog can be a lot of fun.

Preparing for your camping trip with your dog
Your dog will encounter many different environments
and situations during your outing, including car rides,
other animals, large groups of people and nature. It is
crucial that you take the time to prepare for every possible circumstance so your dog can have a safe and comfortable trip.

#### Check campground regulations and guidelines

Although not every campground is pet-friendly, there are many places across the United State that welcome well-behaved dogs. Always contact a campground individually for information regarding their pet policy and rules. Some things to ask about include:

- Leash requirements: Most pet-friendly campgrounds still have leash requirements for the safety of all campers and their pets. Requirements may vary from location to location, but the general rule is that the leash is no longer 6 feet for easy control. Some places may have additional restrictions, such as retractable leashes.
- Barking ordinances: All dogs bark, and most campers and campgrounds are understanding of this.
   However, if your dog barks uncontrollably or excessively into the night, be aware that some campgrounds may ask you to find lodging elsewhere.
- Aggressive behavior: Pet-friendly campgrounds are a place for pets and their owners to relax safely, which means aggression is not permitted. For the safety of your dog and others, it's best to leave your pet at home if you feel they might not respond well to other dogs, new people or unfamiliar surroundings.

Before you go...Schedule a Vet appointment

Before you reserve your stay, schedule a check-up appointment for your dog. Make sure your dog is:

 Current vaccinations: Your dog should be current on all vaccinations. Most pet parks and campgrounds

- require your dog to be upto-date before entry.
- Using some form of flea and tick prevention: The outdoors is an excellent place to have fun with your dog, but be aware that fleas and ticks ae common. Talk to your vet about put-



ting your dog on a form of flea and tick prevention.

- Microchipped: Microchipping your dog may not be a requirement, but is recommended. A microchip can help you reunite with your dog if they get loose while camping.
- Groomed: It might seem counterproductive to groom your dog before a camping trip where they are likely to get messy, but it can actually help keep them safer outside. A hair trim can help keep your dog cool in warm temperatures. You should also have your dog's nails trimmed so they do not get snagged on anything.
- Healthy: If your dog is under the weather or has a chronic illness, camping may not be the best idea.
   Ask your vet what they think the best plan of action is.

#### What to pack

In addition to standard camping supplies, camping petfriendly means bringing along everything your dog needs to have a safe and memorable time. Some dog camping essentials include:

- Food and a bowl, and bowl for water
- Treats
- Medication if applicable
- Leash, stake or tether, and outdoor harness
- Extra towels
- Pet first-aid kit
- Outdoor-safe toys
- Current photo
- Vet records and medical information
- Attachable ID tag
- Bags for waste (poop bags)
- Brush
- Swim-safe leash (and life vest)
- Doggy daypack
- Bed
- Booties or paw protection

To keep everything organized, consider a separate bag for your pets belongings.





Need a new addition to your family?
Call 501-791-8577
...we've got the perfect compan-

Our shelter is full of dogs, cats, puppies and kittens in need of a forever home. Please consider adopting a shelter pet for your next pet.



SAM PLE

Support spaying and neutering in Arkansas by getting your own Arkansas Specialty *Please Spay or Neuter* License Plate at any State Revenue Office.



## North Little Rock Fire Department

## Camping and Fire Safety found at kidde.com

Here are a few simple steps to keep your family's camping trip safe and fun:

• Before building a campfire, check with rangers or the campground office for

restrictions, especially during the summer when vegetation is dry and campfires may be restricted.

- Look for signs that warn of potential fire hazards in national parks and private campgrounds. Always obey park regulations
- If campfires are permitted, select a location that is down-wind and away from your tent. Clear all vegetation and dig a small pit surrounded by rocks.
- Never use gasoline to start a campfire.
- Never leave a fire unattended and do not allow children to play near or around a campfire. Always put campfires out before sleeping or leaving the campsite.
- Keep dirt and/or water nearby to extinguish the campfire before sleeping. For emergency use, pack a fire extinguisher with your camping gear. Select a multi-purpose extinguisher that is large enough to put out a small fire, but not so heavy as to be difficult to handle.
  - Use only battery operating camping equipment such as flashlights or lanterns inside a tent. Never use liquid-filled heaters or lanterns,

matches, candles, open flames or a barbecue grill inside a tent as they can produce the deadly gas, carbon monoxide.

When cooking, keep a fire extinguisher within reach.
 If a fire gets out of control, use a fire extinguisher



when a fire is small and contained and only after the park ranger has been notified of the fire.

 Do not discard lit cigarettes or matches on the ground or into vegetation. Dry vegetation can be quickly sparked into a fire.





Mayor Terry C. Hartwick holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments.

Below are highlights from June 2021 (You will see that some departments had to change operations due to the Coronavirus/COVID-19.

**Hays Center**—open to full capacity. 75% of members had bog—41/250 the COVID 19 vaccine. 6,716 members visited in May, Cat—18/87 average 217 members per day. 116 new members. Both pools are open along with billiards, ping pong, exercise equipment area and pickleball, knitters, Tai Chi, quilting, Walking off the Pounds, Spanish class, Line Dancing, Computer Lab and Crafting, Bingo, Bible Study, Piano Class, Coffee Area and Step Aerobics. Volunteers contributed 522 hours.

Street—work in the street department is never ending...crews patch potholes, pick up litter, clean out storm drains (remove accumulated debris including leaves and grass clippings (reminder—do not place ANYTHING in the storm drains—they are for water runoff only!)

Sanitation—crews continue to pickup garbage and yard waste during the pandemic. Garbage / Yard Waste crews collected 3,055.50 tons (6,111.00 lbs) of household garbage, rubbish and junk. Yard waste crews collected 32 loads (881.80 cubic yards) of green waste. 417 tires picked up. 30 Sanitation Code inspections and 10 reinspections. Issued 30 notices for non-compliance and 0 citations.

**Traffic—**AR One Call requests—57 (reminder—calling AR One Call will save time and money (time by locating underground utility lines—money by not having to pay to repair damaged underground utility lines!), Signs/posts repaired or replaced—503, City vehicles marked with decals—6.

Fire—Total incidents—1,059, Unit responses-2,017, Residential fires-4, False alarms-85, Vehicle Fire-4, Rescue/Emergency Medical-567, Mutual Aid-2, Hazmat-7. Training hours: 3,898. Building surveys: 162.

Emergency/911—Incoming calls-21,357, Non-911-6,815, Wired 911-787, Abandoned 911-33, Wireless 911-13,391, Abandoned Wireless-331. Total dispatch entries: 8,790.

Planning—Inspectors traveled 3,564 miles within the city performing the following inspections: 331 HVAC, 376 Plumbing, 340 Electrical, 178 Building. Issued the following permits: 7 sign, 5 demolition, 7 New Single Family (average cost \$109,189), 48 Residential Remodel (average cost \$17,985), 5 New Commercial (average cost \$2,998,169), 0 new Multi- family.

Electric Customer Service—Payments—39,263, Collections—\$8,127,086.

Code Enforcement—Assigned calls—137, Citations—7, Violation Notices—1,028, Vehicles Tagged—101, Lots Posted—162, Signs Removed—0, Structures Inspected— 47, Rental Inspections—19, Food Service Inspections— 24, Houses Demolished by city-2, Houses Demolished

by owner—6, Vacant Lots Cleaned—55, Lots with Structures Cleaned—24, Vacant Houses Secured— 5, Vacant Lots Mowed—131, Lots with Structures Mowed—35. Tires removed—0.

#### Animal Control—Incoming:

Dog-160/690 Cat-136/461 Other—0/28 Adopted:

Reclaimed: Dog-30/118

Cat-0/7

**Euthanized:** Dog-79/298

Cat-92/324 Service Calls—714/3,217

Citations-50/210

Vouchers (Spay/Neuter)-24/133



Parks & Rec—Staff busy keeping up with landscape needs. Hosted Fishing Derby June 12. AR Game & Fish delivered 500 channel catfish.

North Little Rock Convention & Visitors Bureau—

Arkansas Inland Maritime Museum had 1,898 visitors. Downtown RV park—690 reservations, average stay 2.27

nights. RVs from 39 states (top 5: AR, TX, FL, CA, & MO).

#### **Electric**

39,503 customers \$7,797,263 revenue 199,201 kw peak power 60 sq miles—territory 11,252 transformers 555 miles of wire 10,458 street lights 5,032 security lights 82 lighting repairs 39,401 smart meters



Major outages: 6-6-21 Levy offline—Entergy Breaker at station-1.5 hours, 1,673 customers. 6-9-21 McCain 2 offline—Breaker at station-1.5 & 2.25 hours, 800 customers. 6-16-21—Burnt insulator and primary on Claremont—4.75 hours 393 out, 2 hours-1983 out.

Finance note available at this time.

#### Staying safe in the summer sun

Found in City & Town, a publication of the Arkansas Municipal League By Sara Shalin, M.D., Ph.D



After a long winter, it's finally time to get back out into the great outdoors. There are plenty of health benefits to be had outside, including increased physical activity, reduced stress and increased vitamin D. But enjoying the summer sun doesn't come without certain health risks. Thankfully, these risks can be managed.

#### The good and bad news

Sunlight is a wonderful thing and, indeed, necessary for life. Not only does it fuel the plants we eat, our own bodies use sunlight to create vitamin D and then use it to build strong, healthy bones.

But sunlight also contains ultraviolet (UV) radiation, which is by far the leading cause of the most common forms of skin cancer. A history of blistering sunburns, particularly while young, has been linked to basal cell carcinomas and melanoma, and long-term chronic sun exposure increases your risk for squamous cell carcinoma.

When caught early enough, most skin cancers can be treated with just a small surgery in the office. However, certain types of skin cancer (such as melanoma) or large untreated skin cancers, can require complex and extensive treatment, and can even be fatal.

UV radiation is also responsible for aging our skin, and you know what that means: wrinkles! So, let's give a quick rundown about how we can protect our skin.

#### **Essentials of sunscreen**

Perhaps the most obvious option for outdoor skin protection is sunscreen, which should be considered a necessity for spending time outside. In fact, most dermatologists will rec-

ommend that you wear sunscreen (at least on your face) every day. Coconut oil and homemade concoctions are not recommended.

Sunscreen is measured by sun protection factor, or SPF. The minimum SPF recommended by the Centers for Disease Control and Prevention (CDC) is SPF 15. Most dermatologists will recommend SPF 30 or higher.

To ensure that protection works, the CDC recommends applying sunscreen all over your body 30 minutes before you go outside and reapplying it every two hours. If you're swimming or sweating a lot, you need to reapply more frequently. Also, make sure your sunscreen hasn't expired.

A good rule of thumb is to use an ounce of sunscreen for your body—visually, that's about a shot glass full—and then another quarter— to half-teaspoon on your face. Don't forget your ears or the tops of your feet if you'll be barefoot.

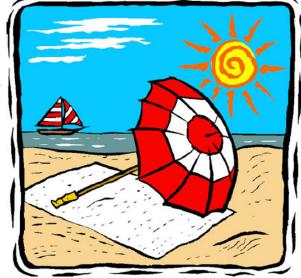
#### Additional sun safety steps

While sunscreen is a necessary step, it's not an all-protective force field. It's intended to be used together with other sun-safety strategies.

Seeking shade—When outdoors, you can also help yourself by seeking shade under a tree, an umbrella or
other shaded spot. Remember that reflected sunlight off certain surfaces, such as the surface of water during a
day at the lake, can still bounce up and cause sunburn, so don't skip sunscreen even if you're staying in the
shade.

- Clothing—Believe it or not, the clothes you wear can help block harmful ultraviolet radiation in sunlight. Look for labels that indicate your apparel meets the international standards for UV protection.
- Hats—It's best to wear a wide-brimmed hat wide enough to cover the ears and the back of the neck. A tightly woven fabric will work better than something loose, like a straw hat.
- Eyewear—Sunglasses help protect both the delicate skin around your eyes, as well as reduce the risk of developing cataracts. You'll want to shop for sunglasses that block both UVA and UVB rays, but that includes most sunglasses sold in the United States at virtually any price range. Wraparound shades that block sunlight from side angles offer the most protection.

Lastly, while people with fair skin are at the highest risk for sunburn and UV-related skin cancer, darker pigmented skin types also have some risk. So all skin types benefit from sun-smart practices. And if you notice a new mole or other changes to your skin, call your doctor.



Sara Shalin, M.D., Ph.D, is an associate professor of pathology and dermatology and chair of the Department of Dermatology in the College of Medicine at the University of Arkansas for Medical Sciences.

5

#### Wild Ideas—Angling and Alligators Bois d'Arc WMA Offers Worlds of Wildlife Watching

Found in Arkansas Wildlife - March—April 2021 To subscribe or for more information visit www.ArkansasWildlife.com

Dr. Lester Sitzes III Bois d'Arc Wildlife Management Area—there's a lot going on in the name and on the ground. Spring brought an abundance of Crappie, big bass and excellent chances of watching flashy birds and even alligators.

Bois d-Arc, along a terrace of the Red River southwest of Hope, was developed in the 1950s. It's covered primarily in bottomland hardwood habitat. A system of levees and water-control structures supports seasonal flooding for waterfowl and wading bird habitat.

According to Cameron Tatom, an Arkansas Game and Fish Commission biologist, the AGFC owns almost 6,000 acres and leases about 8,000 acres of surrounding land.

"The leased land, most of which is managed for pine timber, greatly increases access to the bottomland hardwoods owned by AGFC," Tatum said. "It also provides diversity of habitat for a variety of game and nongame species. With this comes a variety of hunting opportunities, from wintering waterfowl and year-round alligators to rabbits, squirrel, deer and turkey.'

Anglers and wildlife watchers will find easy access to one of the WMA's main attractions—Bois d"Arc Lake. With four boat launces, several fishing piers and courtesy docks, it offers plenty of places to cast a line or set up a spotting scope to view the lake's wildlife.

#### **Fishing**

In 2002, Bois d'Arc Lake was drained to rebuild the water-control structures and renovate the lake bed," Brinkman said. "Shallow areas were deepened near Kidd's Landing and Finger Point, and cypress trees were planted to help stabilize shorelines."

The WMA's namesake, Dr. Lester Sitzes, III, a Hope native and local dentist championed the renovation while he was a commissioner, 1997-2004.

According to Brinkman, the average depth of the lake is about 5 feet. Red Slough submerged within Bois d'Arc Lake, is marked with buoys and has deeper water, about 7-9 feet. For those without a boat, options abound.

"There are multiple fishing piers and jetties, along with a fishing trail between Hatfield Landing and Finger Point Access," Brinkman said.

The largemouth bass also is royalty to anglers.

"The lake produces very large bass and has been stocked with Florida bass," Brinkman said. "It's not unusual to catch 9-, 10-, 11-pound bass. This is a trophy fishery. If you catch one, it's likely to be a big one, but don't expect to catch lots of bass. Some people also trotline on the lake. There is an abundant channel catfish population and they are healthy."

Fish attractors, made of switch cane or Christmas trees, have been placed along the north and south levees and around piers. Visit agfc.com/fishattractors to find GPS coordinates for these structures and others in lakes across the state. If the technology is a challenge check out the how-to YouTube video to get pointed in the right direction.



#### **Watching Wildlife**

Bois d'Arc Lake is a dandy spot to see cool birds. Secretive marsh birds? Not a problem. Nesting bald eagles? Yep, got 'em. Herons and egrets? Lots of them, including a rookery with hundreds of cattle egrets, little blue herons and an occasional black-browned night heron tucked among them. Add to the list great and snowy egrets, green herons, white ibis, least bittern, common and purple gallinule, Caspian and Foster's terns, several swallow species and an assortment of gulls. The area also gets its fair share of wintering waterfowl, white pelicans and

Bois d"Arc is so user-friendly because of the roads on it," Clyde Davis, a local photographer, said. "Even if you're older like me, you can visit the area without a lot of walking. Different times of the year attract different birds to the area; you can see such a great variety of birds and wildlife around the lake and surrounding area.'

For wildlife watchers who would like to go off-road, Tatom suggests walking along creek bottoms.

"Prothonotary warblers and a whole host of songbirds visit the area, especially during springer migration. If you'd like to camp and do some early morning birding, take advantage of the area's primitive campsites."

- Kirsten Bartlow, AGFC watchable wildlife coordinator.

#### Bois d'Arc

The name Bois d'Arc, like many locales in Arkansas, harkens to French explorers who once roamed the region. The local pronunciation of "beau-dark" may be a bit different from its French beginnings.

According to the author of "Trees, Shrubs, and Woody Vines of Arkansas," the bois d'arc tree likely is native to the blackland prairie and Red River region of southwestern Arkansas, and was introduced elsewhere. Its wood is the densest and most decay-resistant of any native tree. and was prized by Native Americans for making bows and tool handles.

Bois d'arc trees have been widely traded for generations. Early settlers planted the trees and created living fences that were described as "horsehigh, bull strong and pig tight." Before barbed wire came on the market in the

1880s, bois d'arc seedlings from Arkansas were sold across the country, especially in the Midwest.

**Alligators** continued from previous page...

Found in Arkansas Wildlife - March—April 2021 To subscribe or for more information visit www.ArkansasWildlife.com

Alligators were hanging out in the swampy areas of Arkansas long before Europeans arrived, but their population was depleted by unregulated market hunting and draining of wetlands during 1860—1960.Remnant populations in southwestern Arkansas, such as those at Bodcau Creek, Grassy Lake and the Red River, proved inadequate to restore alligators. The AGFC trapped young alligators in Louisiana during 1972-84 and stocked areas with suitable habitat such as Bois d'Arc Creek.

According to Brodie Whatley, an AGFC conservation program technician, visitors would be hard-pressed to not see a gator in Bois d'Arc Lake during the summer.

"They hang out around the boat ramps. Scan the bank with a pair of binoculars and you'll see one."

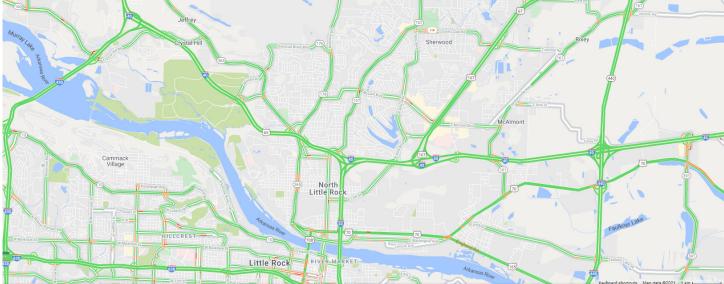
Hunters who hold AGFC permits pursue alligators during two weekends in September.

"Twenty-four alligators—21 males and three females have been taken on Bois d'Arc since 2007," Mark Barbee, an AGFC assistant regional supervisor in the Wildlife Management Division said. "Males ranged from 6 feet to 12



feet, 5 inches, with an average length of almost 10 feet. Females ranged from 5 feet, 5 inches to 7 feet 2 inches. Common sense should prevail in gator country. It's a bad idea to feed an alligator and it's against the law. There's no need to have a huge, toothy creature lose its fear of humans. Do not let children or pets swim in water with alligators.

## State Highways in City Limits...who takes care of them?





Have you ever been driving on John F. Kennedy Boulevard and noticed a pothole? If so, who would you call? The City of North Little Rock? Makes sense, JFK runs through our city. But that would be wrong. JFK is also Arkansas State High-

way 107 and the responsibility of the Arkansas Department of Transportation (ARDot).

So what about Broadway? It runs through the city, too. However Broadway is State Highway 70. It too falls under the responsibility of the state.

In doing a bit of research, we learned ARDOT is responsible for over 16,500 miles of highways across the state. Those in North Little Rock include:

365, 176, 107, 161, 100, 70, 70B, 391, and 165. Interstate highways that pass through our city include: I-40 and I-30. U.S. Highway 167 is a divided four-lane highway on a wide right-of-way upon entering rural surroundings.

To contact ARDot, call 501-569-2000 or visit their website at *idrivearkansas.com*, then click on the *Contact* tab where you will find a drop down menu where you can ask a question, report a problem (like damaged sign, debris in the roadway, sight distance issue), report littering, report a pot hole, request a map and more!

FYI...McCain Boulevard, North Hills Boulevard, West Pershing Boulevard, and East Washington Avenue (just to name a few) are city streets. Please call 501-340-5356.

## North Little Rock Fit 2 Live **Community Gardens**

Community gardens are any piece of land gardened by a group of people. They can be located at a school, church, or residential area. They can grow any combination of vegetables, herbs, and flowers. They can consist of one community plot or many individual plots. With funding from the City's Fit 2 Live Community Garden Program, the number of community gardens in North Little Rock has increased from one to 20 in just five years.

#### **Benefits of Community Gardens**

- Improve the quality of life for people in the garden.
- Provide a catalyst for neighborhood and community development.
- Stimulate social interaction.
- Encourage self-reliance.
- Beautify neighborhoods.
- Produce nutritious food.
- Reduce family food budgets.
- Conserve resources.
- Create opportunity for recreation, exercise, therapy and education.
- Reduce crime.
- Preserve green space.
- Create income opportunities and economic develop-
- Reduce city heat from streets and parking lots.
- Provide opportunities for intergenerational and crosscultural connections.



#### Garden Funding

A community garden is defined as any single piece of land gardened collectively by a group of people. These gardens are often established at schools, churches. and residential areas and can grow any combination of fruits, vegetables, herbs,

and flowers. They might consist of one large community plot or many different individual garden beds. With funding



from North Little Rock's Community Garden Program, the number of community gardens in our city has blossomed over the past 11 years. There are currently more than 20 gardens in the network. The Community Garden Program is allotted \$55,000 per year to support the establishment or improvement of community gardens and urban farms in the city and is funded with the support of volunteers, non community in North Little Rock! -profits, and tax-payer dollars.

Community groups, faithbased organizations, and schools may request up to \$5,000 each season for garden materials, tools, and certain other expenses. These gardens play a vital role in increasing access to fresh fruits and vegetables, providing opportuni-



ties for physical activity, and nurturing neighborhood connections in our city. Visit the Community Garden page on the City of North Little Rock's website, www.nlr.ar.gov, to learn more about the program and to start the process of establishing a garden in your neighborhood.

#### Applications are due by August 15, 2021.

Please submit your form ASAP by email to nlrneighborhoodserv@nlr.ar.gov and asawyer@nlr.ar.gov.

#### Partners - who can help make our garden a success

- Arkansas GardenCorps AmeriCorps Direct Service Program directed by ACHRI. Two Arkansas Garden-Corps members serve with the NLR Fit 2 Live Community Garden program each year.
- North Little Rock Neighborhood Services can send out bulk mail to mail routes in your neighborhood to promote your garden to the public.
- U of A Division of Agriculture Cooperative Extension Service - Pulaski Co. County agents can teach gardening and nutrition education. Website hosts a wealth of gardening information. Runs the Master Gardener program.
- **Arkansas Hunger Relief Alliance Cooking Matters** Courses provides curriculum books and some supplies for Cooking Matters courses. Courses are taught by volunteers. Fit 2 Live's Arkansas GardenCorps members can help you plan to host a course.
- Plantopia provides 20% discount to NLR Fit 2 Live Community Gardens.
- American Composting provides free compost to community gardens in the Fit 2 Live network. Call or email Fit 2 Live staff to arrange for pick-up.

For more information, visit our website at www.nlr.ar.gov, then click on the Government tab, followed by Community

Gardens. Scroll down past Garden Funding and look for the block titled Community Garden Funding Proposal Form. This will be a fillable form and consists of several pages. If you have any questions, please contact North Little Rock Neighborhood Services at nlrneigh-



borhoodserv@nlr.ar.gov, or call 501-791-8500.

#### Keep in mind the deadline is AUGUST 15, 2021.

Don't delay! Get involved and help bring a garden to your

## 8 Lawn Safety Tips to Know Before You Mow

National medical societies offer tips to help prevent needless life-threatening injuries Found at plasticsurgery.org/news

Mowing the lawn is a routine household chore during the spring and summer months to maintain a healthy, well-kept yard. It's also an outdoor activity that can lead to serious injuries, especially when a lawn mower is mishandled.

In 2016, more than 86,000 adults and 4,500 children in the U.S. were treated in emergency departments for lawn mower-related injuries, according to the U.S. Consumer Product Safety Commission. The Commission also reports that 800 children are run over by riding mowers or small tractors each year, and more than 600 of those incidents result in amputation.

The American Society of Plastic Surgeons (ASPS), American Society for Reconstructive Microsurgery (ASRM), American Society of Maxillofacial Surgeons (ASMS), American Academy of Pediatrics (AAP), American Academy of Orthopaedic Surgeons (AAOS) and Pediatric Orthopaedic Society of North America (POSNA) have teamed up to help prevent injuries and educate parents and children about the importance of lawn mower safety.

These preventable accidents often occur in the family's own yard. Since children are often assigned yard chores around the home, families must take preventative safety measures before adding this task to their kids' to-do list.

"We want to educate people so they can better protect themselves and their families while performing outdoor chores," said ASPS president Jeffrey Janis, MD. "Lawn mowing can unexpectedly become a dangerous activity, especially when children are near. It's imperative that operators take proper precautions and eliminate all risks to reduce these traumatic injuries."

"While highly sophisticated microsurgical reconstruction can often repair severely injured and amputated parts, prevention is the best medicine," said ASRM President Joseph Disa, MD.

### The medical societies recommend the following eight yard-safety tips:

- Keep your children indoors and do not allow other children to play nearby while you are mowing.
- Never allow children to play on a lawn mower, even if it is turned off.
- Never allow a child to ride on a riding lawn mower with you.
- Children should be at least 12 years old before they operate any lawn mower, and at least 16

years old for a riding mower.

- Always wear eye and hearing protection and sturdy shoes while mowing not sandals.
- Never pull backward or mow in reverse unless necessary (carefully look for others



behind you when you do).

- Pick up stones, toys and debris from the lawn to prevent injuries from flying objects.
- Blade settings should be adjusted by an adult only and with the lawn mower turned off.



## City of North Little Rock Blood Drive

Friday, August 20 9 a.m. - 1 p.m. City Services Building

To schedule an appointment, call 877-340-8777 or visit arkbi.org.

For a limited-time only, all donors will receive Hemoglobin A1C blood sugar testing, which can help monitor diabetes risk.



**(**ARKBI.org



\*While supplies last. Photo ID required

### Easy Crockpot Fiesta Chicken

Found at the-girl-who-ate-everything.com Ingredients

- 4 chicken breasts, frozen or thawed
- 1 (15 1/2 ounce can) black beans, drained and rinsed

ONE TICKET

1 (15 ounce can) corn, drained

Magic Springs!

- 1 (15 ounce) jar of your favorite salsa
- 1 (8 ounce) package cream cheese, softened

Take 4 frozen, yes, frozen (or thawed), boneless chicken breasts put into crock pot. Add 1 can of black beans, drained, 1 jar of salsa, 1 can of corn drained. Keep in crock pot on low for about 4-5 hours or until chicken is cooked. Once it is cooked, take it out and shred it. Return shredded chicken to the crockpot.

Add 1 package of cream cheese (just throw it on top!) and let sit for about 1/2 hour. It may look at little strange at this point. Don't worry. Stir in the cream cheese.

Serve over rice or in warm flour tortillas.



Friends, we are always looking for new recipes to try. If you have one you would like to share, please email it to Dwhitbey@nlr.ar.gov by the 15th of the month.

Who knows, your recipe might make the next e-Newsletter!

#### 3-ingredient Cookies and Ice Cream Pie

Found at tasty.co/recipe

20 chocolate sandwich cookies (crushed)

- 1 cup chocolate, melted
- 1 3/4 quart ice cream, softened

Place cookies in plastic zip top bag and hit with a rolling pin or pan until crushed.

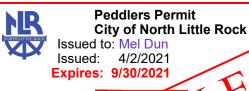
Pat cookie crumbs in the bottom of a 9" pie dish.

Spread softened ice cream on top and smooth out.

Drizzle the top with melted chocolate.

Freeze 4 hours or until ice cream has hardened. Enjoy!







Eyes: Brown Hair: Dun Height: 15 hands

Employer: Equine sunglasses

Type of Goods Sold: Sunglasses for horses

City Clerk and Treasurer Diane Whitbey

By: \_SAMPLE ONLY—
only valid with signature

Deputy City Clerk / Treasurer, Revenue

To see a list of issued permits, visit the city website at www.nlr.ar.gov, then click on City Clerk/Treasurer, followed by Licensed Peddlers.

To see an individual ID/Permit, click on the person's name. All licensed door to door peddlers are required to have the ID issued by the City Clerk's Office with them at all times.

Currently, we have <u>NO permitted door to door solicitors.</u>

All North Little Rock Business/Privilege License/Permit renewals were due March 31, 2021.

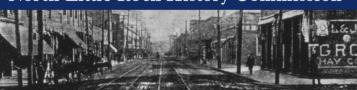
Beginning July 1, 2021, penalties on all unpaid accounts will be an additional 50% of the total due.

All persons doing business of any kind within the city limits of North Little Rock are required to have a Business/Privilege License. This includes home-based such as lawn care or internet sales.

\*\*If a business operates 1 day into the new year, it is required to obtain a business license at the full fee.\*\*

If you have any questions, please contact the North Little Rock City Clerk's Office at 501-975-8617.

### North Little Rock History Commission



The Friends of NLR History continue to raise money for a project *KEEPING THE PAST PRESENT*. Funds will be used to create a new interactive, state-of-the-art, museum experience with permanent and temporary/changeable exhibits.

For more information, call 501-371-0755 or email nlrhistory@comcast.net.

The North Little Rock Convention & Visitors Bureau wants to help promote your upcoming events! Visit <a href="www.NorthLittleRock.org">www.NorthLittleRock.org</a> or call Stephanie Slagle (Director of Marketing) at <a href="stephanie@northlittlerock.org">stephanie@northlittlerock.org</a> or 501.404.0378 to submit your events.

#### Operating a Business in North Little Rock

If you have decided to open a business in North Little Rock (NLR), we are glad you will be a partner in the development of our wonderful city. We also want to take the time to provide some basic information for all business operators.

- The NLR City Council requires all persons conducting business of any kind in our city to have a current Business/Privilege License/Permit.
- The NLR City Council requires all persons wishing to operate a business in our city to obtain a zoning certificate. This ensures that the type of business to be operated corresponds with the current zoning of the location. (This applies to home-based businesses as well).
- NLR Business/Privilege License/Permits must be renewed annually. All License/Permits run from January 1 thru December 31. Some new accounts opened within the calendar year may be prorated (quarterly).
- 4. Hotels, Motels, Home Vacation Rentals, Restaurants and Food Trucks are also subject to an Advertising and Promotion (A&P) tax to be collected at the point of sale and remitted monthly to the A&P Commission.
- The majority of businesses will be subject to the General Sales and Use Tax.
- The business may also be subject to certain County taxes and should contact the Pulaski County Assessor's Office.
- 7. Businesses operating in the city are subject to inspection by the North Little Rock Fire Department to ensure they are in compliance with the Fire Code.
- 8. Businesses must have prior approval for signage (not allowed for home-based businesses).
- Some businesses (restaurants, food trucks, day cares, etc.) may also require a State Health inspection prior to obtaining a business license.
- 10. All businesses selling alcoholic beverages must have a State Alcohol Beverage Control Board (ABC) License before selling any of these products.

For more information, please contact the City Clerk/ Treasurer's Office at 501-975-8617 or email CityClerkOffice@nlr.ar.gov.

## North Little Rock City Council Schedule

The North Little Rock City Council meets the 2nd and 4th Monday of each month at 6:00 p.m. in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@nlr.ar.gov.

The City Council Agenda can be found at www.nlr.ar.gov, then click on the Government tab, followed by Council Agenda.

### City Offices located at 120 Main

IS/Data Processing, Kathy Stephens	975-8820
Finance, Ember Strange	975-8802
Information	975-8888
Human Resources, Betty Anderson	975-8855
Planning, Shawn Spencer	975-8835
Purchasing, Mary Beth Bowman	975-8881
Utilities Accounting, Terrell Milton	975-8888

#### **City Council Members**

erey council machiners					
Ward 1	Debi Ross	753-0733			
	Nathan Hamilton	952-7679			
Ward 2	Linda Robinson	945-8820			
	Maurice Taylor	690-6444			
Ward 3	Steve Baxter	804-0928			
wara 5	Ron Harris	758-2877			
	Коп пантя	138-2011			
Ward 4	Charlie Hight	758-8396			
	Jane Ginn	749-5344			

## Utility Payment Assistance and Other Numbers

### **Other Elected Officials**

975-8601

Mayor Terry C. Hartwick

wayor rong c. martwick	775 0001
City Clerk/Treasurer Diane Whitbey	975-8617
City Attorney Amy Fields	975-3755
District Court Judge Randy Morley	791-8562
District Court Judge Paula Juels Jones	791-8559

## .

Telephone Numbers for City Hall

Mayor's Office Terry C. Hartwick	501-975-8601
City Clerk & Treasurer Diane Whitbey	501-975-8617
Communications Shara Brazear	501-975-8833
External Relations Margaret Powell	501-975-8605
Special Projects	501-975-3737
Fit 2 Live	501-975-8777

North Little Rock Curbside Recycling schedule for the month of July



Aug 2—6 recycle

Aug 9—13 no pickup

Aug 16—20 recycle

Aug 23—27 no pickup

Aug 30—Sept 3 recycle

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	August Allilly Cloud 100					
Name	Dept	# Yrs	Name	Dept	# Yrs	
SMIATEK, SHANNON M	Admin	1	DEAN, MICKEY	Fire	1	
THOMAS, KATELYN E	City Clerk/Treas	9	WATSON, QUENTIN D	Fire	1	
MONROE, CHERI D	OES/911	17	THOMAS-BATRES, ISAIAS A	Fire	1	
WOODS, SHATORIA L	OES/911	6	MURPHY, KAREN K	Legal	4	
CRAMER, SHANE D	OES/911	4	LEE, ELAINE G	Legal	1	
DANIELS, ROBERT M	Electric	40	TREVINO, KIMBERLY R	Legal	1	
HARRIS, ROCKY S	Electric	29	RHOADS, LORETTA R	1st Court	6	
ALLEN, KAREN F	Electric	23	COUCH, JUSTIN D	1st Court	4	
STEWART PEREZ, VEDA L	Electric	21	WALLACE, JAMIE N	HR	27	
FINCH, MARK E	Electric	19	SMITH, AMY	Commerce	22	
OWEN, DARREN R	Electric	17	BLACK, BILLIE JO	Planning	11	
MANN, WILLIAM R	Electric	15	REAVIS, TIMOTHY R	Planning	6	
HARRIS, JOHN W	Electric	14	GRIFFIN, ROBERT G	Police	31	
HARTWICK, RYAN A	Electric	12	BARRIERE, DIRK J	Police	29	
HUGHES, ROBERT A	Electric	11	BRANCH, CAROLYN D	Police	21	
RAGLAND, MATTHEW C	Electric	9	DAVIDSON, BRANDON K	Police	16	
BROWN, ISAARIA C	Electric	5	WHITNEY, IRA D	Police	16	
JAMES, JUSTIN S	Electric	3	LUNA, DIANA	Police	16	
HORSLEY, FARRAH L	Electric	3	GARTRELL, RUSTY D	Police	16	
JOHNSON, LOGAN B	Electric	3	EDWARDS, CHADWICK A	Police	15	
DIGBY, ROBERT R	Electric	3	LEASE, ZACHRY Y	Police	15	
WEBB, PETRA	Electric	3	HARTON, SCOTT R	Police	13	
CHRISP, MATTHEW D	Electric	3	BARNES, BLAKE A	Police	13	
ELROD, TANNER W	Electric	3	MADISON, JOSEPH S	Police	13	
SCOTT, CONRAD G	Electric	2	SIMS, CHAUNCEY D	Police	13	
BROWNING, CHAD E	Electric	1	SCOTT, WILLIAM M	Police	11	
PRITCHARD, DAGNY J	Electric	9	THOMAS, RODNEY D	Police	11	
NELSON, MARY K	Finance	3	STOCKMAN, ERIC	Police	11	
STRANGE, SEPTEMBER L	Finance	2	DAVIDSON, RYAN S	Police	11	
PHARR, DEBORAH D	Finance	1	BROWN, CHRISTOPHER L	Police	11	
HOOKS, JAMES A	Fire	31	ELENBAAS, JEFFREY S	Police	11	
ROBINSON, JERRY L	Fire	26	FLIPPIN, RANDY D	Police	11	
JORDAN, MICHAEL D	Fire	24	CHRISMAN, JASON M	Police	10	
BENNETT, JEFFREY W	Fire	24	CROSS, JUSTIN W	Police	10	
WILLIAMS, GARY D	Fire	21	PEACH, MATTHEW L	Police	10	
MATTHEWS, RICHARD K	Fire	20	THRELKELD, JOSHUA G	Police	9	
WILLIAMS, HEATH D	Fire	16	EMARY, ROBERT J	Police	9	
HUNT, MATTHEW C	Fire	15	EVANS, PHILIP R	Police	9	
COMBS, JOSHUA A	Fire	15	CAMP, CHEREON A	Police	9	
BRYANT, JASON D	Fire	15	DAVIS, CORDELL D	Police	9	
REED, JEREMY C	Fire	15	BLANKENSHIP, JOHN P	Police	8	
WOLFE, NATHAN B	Fire	15	STANLEY, MICHAEL S	Police	8	
WHILLOCK, TOLIVER J	Fire	15	MOORE, DAVID L	Police	8	
FREY, NICHOLAS C	Fire	14	WILLIAMS, WILLIAM N	Police	8	
SHOSHONE, RICKY R	Fire	5	WEBB, HEIDI L	Police	8	
TUBBS, TANNER L	Fire	5	TENSLEY, SHAMILLE O	Police	5	
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## **August Birthdays**

Name	Dept	Date	Name	Dept	<u>[</u>	Date
CHAMBERS, ELIJAH	Concessions	1	COUCH, JUSTIN	1st Court		13
SHELTON, MOLLY	Admin	2	LEONARD, STACEY	HR		14
ROARK, JORDAN	OES/911	2	NOEL, ASHLEY	Police		14
POE, WILLIAM	Fire	2	RILEY, PAUL	Code Enf		14
SCALES, CASSANDRA	1st Court	2	CARR, GRALYN	Street		14
RATHEY, JHAILAN	Police	3	CHAPMAN JR, ROBERT	Street		14
KING, CARLOS	Parks Maint	3	MURPHY, LARTHELL	Street		14
REDMERSKI, SHANE	Electric	4	BROOKINGS, AUSTIN	Parks Maint		14
ALBERS, RICKY	Fire	4	SANDERS, SHARON	Concessions		14
KLAMM, MICHAEL	Public Works	4	TARKINGTON, SANDRA	Electric		15
LEE, CLIFFORD	Street	4	WIRT, ANGELA	Hays Center		15
CARR, MICHAEL	Golf	4	HOURSTON, ALEXANDER	Parks Rec		15
RAY, ERIC	Fire	5	SHAW, ROBERT	Fire		16
WALLACE, JAMIE	HR	5	KING, ERICA	OES/911		18
REHRAUER, JOHN	Police	5	COX, BRYEN	Fire		18
PARKS JR., JAMES	Sanitation	5	LEE, ELAINE	Legal		18
NUTT, MATTHEW	Traffic	5	CORRIGAN, GERALD	Parks Maint		18
DEAN, MICKEY	Fire	6	TAYLOR, MAURICE	Council		19
FRANKLIN, ROOSEVELT	Parks Maint	6	ALLEN, CHAD	Electric		19
PRINCE, TROY	Parks Maint	6	COBBS, RAY	1st Court		19
GRAHAM, BRANDON	Fire	7	WEBB, CHRISTOPHER	IT		19
TILLMAN, CLEMENTENA	Parks Rec	7	BARNES JR, NAPOLEON	Street		20
DIXON, MATTHEW	Fire	8	MARTIN, DELVIN	Parks Maint		20
MARBLEY, MICHAEL	Sanitation	8	REED, JEREMY	Fire		21
WICHELT, ERIC	Sanitation	8	WILDER, MONICA	2nd Court		21
ROSS, DALE	Hays Center	8	HENDERSON, JOHNATHON	Sanitation		21
CARTER, RONALD	Electric	9	NORMAN, THOMAS	Police		22
FLEMING, CAMILLE	Legal	9	BURNHAM, WILLIAM	Parks Maint		22
EVERETT, AUSTIN	Code Enf	9	PEREZ, VINCENTE	Golf		22
JAMES, DONNA	Comm Planning	10	COMBS, JOSHUA	Fire		23
EMARY, ROBERT	Police	10	ROBERTSON, WILLIAM	Vehcile Maint		23
KING, COURTNEY	Police	10	JOY, MICHAEL	Fire		25
PHILLIPS, ANTHONY	Sanitation	10	WATSON, CURTLAND	Sanitation		25
MORGAN, YESENIA	Parks Maint	10	THOMAS, CHARLOTTE	Admin		26
LAMPKIN, JAYLEN	Parks Rec	10	ROGERS, CLAYTON	Airport		26
RIGGIN, RONALD	Electric	11	WILSON, JAMES	Electric		26
FRANCISCO, KIMBERLY	Police	11	SNIDER, KATHRYN	Electric		27
HARTON, SCOTT	Police	11	NELSON, MARY	Finance		28
BEARD, FLOYD	Parks Rec	11	BRYAN, ROBERT	Fire		28
PHARR, DEBORAH	Finance	12	ROGERS, JOSEPH	Parks Rec		28
CRANFORD, RICKY	Fire	12	WRIGHT, MARK	Police		29
WILBOURN, DAVID	Public Works	12	TINDALL, JAMES	Animal Contr		30
REAGAN, SHAY	Electric	13	CAPLINGER, DEBORAH	Parks Admin		30
GUNTHER, FREDERICK	Fire	13	SPRINGER, SCOTT	Electric	14	31
TERRY, DUSTIN	Fire	13				

## **August Anniversaries** continued

Name	Dept	# Yrs
BAKER, ALEXANDER C	Police	5
HENDERSON, CHRISTOPHER S	Police	4
HICKS, CLIFFORD R	Police	3
REHRAUER, JOHN W	Police	3
PECKAT, CHARLES F	Police	3
YANCEY, SHANNON	Police	2
JERNIGAN, MATTHEW	Police	2
MEDFORD, DUSTIN	Police	2
BRYANT, JAMES	Police	1
GOSSAGE, JESSE L	Police	1
RAINEY, JACQUESE E	Police	1
PETTY, LAURA LEA	Code	7
RILEY, PAUL T	Code	2
GARVIN, BELINDA S	Public Works	10
SWAFFORD, MICHAEL J	Public Works	6
		26
SCOTT, DANIEL A	Neighborhood Srv	_
JACKSON-SHELTON, GLADYS M	Sanitation Sanitation	24
ABBOTT, RICHARD G	Sanitation	23 17
OFFORD, TINA M		
WATSON, CURTLAND O	Sanitation	11
LAMBERT, DONNA D	Sanitation	7
JONES, CHRISTOPHER L	Sanitation	5
BREEDLOVE JR, CONDOROUS	Sanitation	3
MORRIS, LEVERNE	Sanitation	1
WAID JR, TOMMY R	Street	6
WILLIAMS, TOMA'Z LEE	Street	6
ABEL, KENDALL A	Street	6
SMITH, JOHN HENRY	Street	3
DEVINE, DEIDRA R	Traffic	23
LOR, CHONG L	Traffic	8
COOPER, BEAU	Senior Center	3
EBERLE-WILKINS, JANET L	Parks Admin	51
MARTIN, TEMEKA R	Parks Rec	18
WALKER, TRENDIS D	Parks Rec	3
BROWN, TELLISHA C	Parks Rec	2
GREENWOOD, MICHAEL V	Parks Rec	1
FISCHER, BRIAN J	Burns Park Golf	10
PEREZ, VINCENTE M	Burns Park Golf	6
BRANNON, JOHNNY R	Burns Park Golf	4
WARE, AMANDA L	Burns Park Golf	2
CAVNOR, JACOB J	Burns Park Golf	1
CAPLINGER, JEFFREY J	Parks Spec Projects	17
STEPHENS, KATHERYN F	IT	31
JOHNSON, SHANNON H	IT	8
RAMIREZ, EDGAR R	IT	6
FIELDS, HUNTER M	IT	1

Information regarding employee anniversaries and birthdates is provided by Human Resources the prior year (i.e. 2021 was provided in 2020). So if an employee name is on the list that has retired or resigned, please disregard. Also, typos happen! Please let me know if a name is spelled wrong and a correction will be included next month! For employees who leave the city and come back in a different capacity or department, your length of service may change as well. Example, I worked in the Mayor's Office 10 years, then was elected City Clerk. I have been in the City Clerk's Office 20 years. My total service with the city is 30 years. If this scenario applies to you, please email me at least one month before the month of your anniversary month so I can include your total service to the City of NLR! Diane (Dwhitbey@nlr.ar.gov)

## Welcome to *Team North Little Rock*— Colleen Carr recently joined the City of North

Little Rock's Economic Development Team as the Director of Workforce Development. Carr has 18 years' experience in economic development, program development, program development, networking, event planning and most importantly, community engagement. Mayor Hartwick shared, "Colleen will be an asset to our eco-



nomic development team. Her experience speaks for itself and I look forward to utilizing her talents." Carr will head up retail attractions and small business development. Most recently, Colleen worked as the Director of Economic Development for three years in the City of Sherwood, Arkansas. She also worked as the Membership Recruiter and Coordinator for the North Little Rock Chamber of Commerce and the Development Coordinator at Big Brother Big Sisters of Central Arkansas. In addition to her experience in economic development, Colleen owned and operated her own business for 10 years, Integrity Management, Incorporated in Little Rock and worked as a Case Manager and Licensed Mental Health Worker at Birch Tree Communities. "Colleen has a great background in community service, small business support and retail attraction that will benefit North Little Rock and promote continued growth," said Robert Birch.

For more information, please contact Shara Brazear, Director of Communications for the City of North Little Rock at 501-351-2714 or sbrazear@nlr.ar.gov.









ALL FAMILIES must register each child to receive a backpack with supplies.

## https://forms.gle/sS12AXdxNdmaWf5E7



Families need to be present to receive the backpacks and/or the food boxes.



STUDENT SUCCESS



























**STA** ARKANSAS STATE TEACHERS ASSOCIATION





Will follow all CDC/state guidelines.