North Little Rock e-Newsletter

Provided by Diane Whitbey, City Clerk and Treasurer

October 2021



October Is the Tenth Month of the Year

Written by Georg Rehberger Found at timeanddate.com October is the second month of fall in the northern half of the world. In the southern half, it is the second month of spring.

October is the tenth month in the Gregorian calendar and has 31 days. It is a month of preparation for winter in the Northern Hemisphere.

Why Is October Not the Eight month?

The meaning of October comes from the Latin word Octo meaning eight. The old Roman calendar started in March, so October was the eighth month. When the Roman senate changed the calendar in 153 BCE, the new year started in January, and October became the tenth month.

Important Dates in October

Oktoberfest – The original beer festival is celebrated in Munich, Germany. It started as a spectacle in honor of the Bavarian royal wedding in 1810. Today, the carnival with rides, food, and, of course, beer tents lasts from mid-September to the first Sunday in October. Six million visitors consume around seven million litres (1.85 million gallons) of beer every year.

DST ends in Australia and Europe – The Daylight Saving Time (DST) season begins in in Australia and ends for most countries in Europe. In Australia, the clocks go forward one hour as they enter "summer time"; in Europe, they go back one hour.



Halloween – The night of spirits on October 31 goes back to the Celtic festival known

as Samhain, which used to mark the start of winter. It was believed that the spirits of the dead could return to the Earth around that time.

Astronomical Events in October

Draconid Meteor Shower: Around October 8-9, the

Draconids meteor shower peaks. The shooting stars are best seen just after nightfall. The shower is named after the constellation Draco the Dragon, where



the meteors seem to originate.

Orionid Meteor Shower: The Orionid meteor shower is the second one in October. It peaks on October 21-22 but usually remains active between October 2 and November 7. The best time to see these shooting stars is just after midnight and before the Sun rises.



Hunter's Moon: The October Full Moon is traditionally called the Hunter's Moon. The month of October is a time to start preparing for the coming winter by hunting or slaughtering animals and preserving meat.

Halloween Costumes

Are you dressing up for Halloween this year? Whether for a party or at work, we want to see your costume photos.

Pet costume photos are welcome too!

Email Dwhitbey@nlr.ar.gov by the 15th and your photo might appear in our next e-Newsletter!





North Little Rock Animal Services For more information call 501-791-8577

How Can I Keep My Dog (or cat) Safe This Halloween?

Found at therapydogs.com
Keep the trick-or-treat can-

dy away from your pet. Candy is meant to attract, and it does. Candy is not good for pets, and some candies can actually be lethal. Many Halloween candies contain the artificial sweetener xylitol that can be poisonous to pets. Xylitol can cause a sudden drop in blood sugar as well as a subsequent loss of coordination and seizures. Some common candy dangers for pets include:

- Wrappers, string, and sticks that accompany candy may cause a blockage that requires medical attention.
- Fatty chocolate and candies can also predispose dogs to pancreatitis.
- Raisins can cause death in dogs, and many nuts are also dangerous if ingested.
- Chocolate especially baking or dark chocolate can be dangerous and even lethal. Symptoms of chocolate poisoning may include vomiting, diarrhea, rapid breathing, increased heart rate, and seizures.

The toxic component of chocolate is theo-bromine. Humans easily metabolize theobromine, but dogs process it much more slowly allowing it to build up to toxic levels in their system. A large dog can consume more chocolate than a small dog before suffering ill effects. A small amount of chocolate will probably only give your dog an upset stomach with vomiting or diarrhea. With large amounts, theobromine can produce muscle tremors, seizures, an irregular heartbeat, internal bleeding or a heart attack. The onset of theobromine poisoning is usually marked by severe hyperactivity.

The usual treatment for theobromine poisoning is to induce vomiting within two hours of ingestion. If you are worried or suspect that your dog may have eaten a large quantity of chocolate and they are showing any of the signs listed above, call your veterinarian immediately. If you have a small dog that has eaten a box of chocolates, you need to call and go to your veterinarian right away. Do not wait. However, should your dog get ahold of a piece or two, it is most probably not cause for alarm.

Do not leave your pet outside on Halloween. Vicious pranksters have been known to tease, injure, steal, and even kill pets on Halloween night. Keep your pets safe inside the house.

Keep your pet confined and away from the door. People will be coming to the house on a semi-continual basis, including children dressed in unusual costumes with masks.

The continually ringing doorbell or knocking, and the door's constant opening and closing may upset pets. It is easy to see how a constant flow of visitors and noise can be stressful and confusing to a dog. Additionally, their protective instinct is and their reactions could range from fear and anxiety to aggression and escape attempts, which are more likely to be successful due to the frequently opening door. If you know your dog or cat is nervous, keep them contained in a part of the house that is as far away as possible from the door to avoid holiday pet runaways.

Keep Halloween pumpkins and corn out of your dog's reach. Although they are relatively nontoxic, these vegetables can induce gastrointestinal upset if ingested by your pet in large quantities. Intestinal blockage can even occur if they swallow large pieces of pumpkin or a corncob.

Do not leave lit pumpkins or electrical cords unattended

around pets. Should your pets get too close, they run the risk of burning themselves or knocking the pumpkin over and causing a fire. If your dog chews on the cords, they could be cut on shards of glass or plastic, or receive a possibly life-threatening electric shock.

Be careful with pet costumes and try them on before Halloween. For some pets, wearing a costume can cause

stress. The ASPCA and PetMD recommend not putting your pet in a costume unless you know they will be comfortable and stress-free. The costume should not limit your pet's movement, sight, or ability to breathe, or bark or meow. The costume should be checked over for small, dangling pieces that can easily be chewed off to ensure there are no choking hazards. Let your pet become acquainted and get used to the costume beforehand. If they show any sign of not liking the costume, let them go without it.

Keep your pet calm and easily identifiable. Halloween brings a flurry of activity with visitors arriving at the door, and too many strangers can often be scary and stressful for your pets. All but the most social pets should be kept in a separate room away from the front door during peak trick-or-treating hours. While opening the door for guests, be sure that your pet doesn't dart outside. Always make sure your pet is wearing proper identification—if for any reason he or she does escape, a collar with ID tags and/or a microchip can be a lifesaver for a lost pet. If your dog should escape and become lost, having the proper identification will increase the chances that they will be returned to you. Make sure the information is up-to-date, even if your pet has an embedded microchip.

Halloween is fun for you and your kids and, with a little planning and prevention, it can be fun for your four-legged kids as well.



Need a new addition to your family?
Call 501-791-8577
...we've got the perfect compan-

Our shelter is full of dogs, cats, puppies and kittens in need of a forever home. Please consider adopting a shelter pet for your next pet.

Please Don't Litter
Spay or Neuter
Your Critter

SAM PLE

Support spaying and neutering in Arkansas by getting your own Arkansas Specialty *Please Spay or Neuter* License Plate at any State Revenue Office.



North Little Rock Fire Department

CARBON MONOXIDE POISOINING



Fast Facts

- Carbon monoxide is invisible, odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely.
- Each year, carbon monoxide poisoning claims approximately 480 lives and sends another 15,200 people to hospital emergency rooms for treatment.
- Each year over 200 people die from carbon monoxide produced by fuel burning appliances in the home including furnaces, ranges, water heaters and room heaters.
- A person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter period of time.

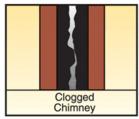
- Carbon monoxide can have different effects on people based on its concentration in the air that people breathe, and the person's health condition.
- CO poisoning can be confused with flu symptoms, food poisoning and other illnesses with symptoms including shortness of breath, nausea, dizziness, light headedness or headaches. High levels of CO can be fatal, causing death within minutes.
- Consumers die when they improperly use gas generators, charcoal grills, and fuel-burning camping heaters and stoves inside their homes or in other enclosed or partially-enclosed spaces during power outages.

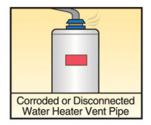
Preparedness Tips

- Install a carbon monoxide (CO) alarm (also called detectors) in the hallway of your home near sleeping areas. Avoid corners where air does not circulate.
- Follow the manufacturer's instructions to test the CO alarm every month.
- Do not use a CO alarm in place of a smoke alarm. Have both.
- Before buying a CO alarm, check to make sure it is listed with Underwriter's Laboratories standard 2034, or there is information in the owner's manual that says the alarm meets the requirements of the IAD 6-96 standard.
- Make sure all household appliances are installed according to manufacturer's instructions and local building codes. Most appliances should be installed by professionals.
- Have heating systems (including chimneys and vents) inspected and serviced annually, checking for blockages, corrosion, partial and complete disconnections.
- Only burn charcoal outdoors, never inside a home, garage, vehicle or tent.
- Always make sure to turn off any gas-powered engine, even if the garage door is open.
- Do not use gas appliances such as ranges, ovens or clothes dryers for heating your home.
- Know the symptoms of carbon monoxide poisoning: headache, dizziness, weakness, nausea, vomiting, sleepiness, and confusion. If you suspect CO poisoning, get to fresh air immediately, and then call 9-1-1.
- Treat the alarm signal as a real emergency each time. If the alarm sounds and you are not experiencing any symptoms described above, press the rest button. If the alarm continues to sound, call the fire department.
- Visit www.redcross.org/homefires for more information.

SOURCES OF CARBON MONOXIDE IN A HOME

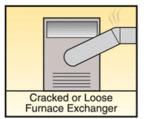






















Mayor Terry C. Hartwick holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments.

Below are highlights from August 2021 (You will see that some departments had to change operations due to the Coronavirus/COVID-19.

Hays Center—fully open to members. 7,423 members visited in July, average 258 members per day. 58 new members. Master Gardeners continue work on flower beds, "Gardening On The Move" Program has produced and given away 107 pounds of produce to members. Volunteers contributed 645 hours.

Street—work in the street department is never ending...crews patch potholes, pick up litter, clean out storm drains (remove accumulated debris including leaves and grass clippings (*reminder*—*do not place ANYTHING in the storm drains*—*they are for water runoff only!*)

Sanitation—crews continue to pickup garbage and yard waste during the pandemic. Garbage / Yard Waste crews collected 2,510.09 tons (5,020.180 lbs) of household garbage, rubbish and junk. Yard waste crews collected 17 loads (449.60 cubic yards) of green waste. 470 tires picked up. 21 Sanitation Code inspections and 10 reinspections. Issued 10 notices for non-compliance and 0 citations.

Traffic—AR One Call requests—53 (reminder—calling 1 call will save time and money — time by locating underground utility lines—money by not having to pay to repair damaged underground utility lines!), Signs/posts repaired or replaced—425, City vehicles marked with decals—10.

Fire—Total incidents— 1,113, Unit responses-2,026, Residential fires-14, False alarms-71, Vehicle Fire-9, Rescue/Emergency Medical-616, Mutual Aid-3, Hazmat-11 Training hours: 3,676. Building surveys: 189.

Emergency/911—Incoming calls-13,710, Non-911-6,729, Wired 911-899, Abandoned 911-34, Wireless 911–5,751, Abandoned Wireless-288. Total dispatch entries: 8,644.

Planning—Inspectors traveled 3,933 miles within the city performing the following inspections: 158 HVAC, 275 Plumbing, 241 Electrical, 169 Building. Issued the following permits: 9 sign, 14 demolition, 5 New Single Family (average cost \$270,000), 65 Residential Remodel (average cost \$15,890), 3 New Commercial (average cost \$846,621, 0 new Multi- family.

Electric Customer Service—Payments—38,459, Collections—\$10,823,037.

Code Enforcement—Assigned calls—222, Citations—19, Violation Notices—506, Vehicles Tagged—74, Lots Posted—97, Signs Removed—4, Structures Inspected—36, Rental Inspections—32, Food Service Inspections—11, Houses Demolished by city—0, Houses Demolished by owner—0, Vacant Lots Cleaned—154, Lots with Structures Cleaned—79, Vacant Houses Secured—2, Vacant Lots Mowed—187, Lots with Structures Mowed—83. Tires removed—0.

Animal Control—Incoming:

Dog—123/937
Cat—119/668
Other—0/30
Adopted:
Dog—51/341
Cat—31/157
Reclaimed:
Dog—17/161
Cat—2/9
Euthanized:

Dog-63/428

Cat-86/485



Service Calls—581/4,432

Citations—38/286 Vouchers (Spay/Neuter)—17/168

North Little Rock Convention & Visitors Bureau— Arkansas Inland Maritime Museum had 1,203 visitors which included US Navy Reenlistment event. Downtown RV park—561 reservations, average stay 2.66 nights. RVs from 40 states (top 5: TX, AR, CA, FL, & OK).

Electric

39,632 customers \$10,377,002 revenue 221,018 kw peak power 60 sq miles—territory 11,252 transformers 555 miles of wire 10,458 street lights 5,032 security lights 82 lighting repairs 39,401 smart meters



as of August, 2021

Major outages: 8-6-21 Broken insulator behind Paws Mahal—2,379 customers out 1 hr 35 min. 8-13-21 Dump truck hit guy wire—station offline—9,119 customers out 1 hr 30 min. 8-19-21 Station offline—3,577 customers out 1 hr 11 min.

Finance

Year to Date Revenue & Expenditures

Revenue	
Property Taxes	189,039
Licenses/Permits	96,755
Fines/Forfeitures	349,609
Taxes—sales	5,101,700
Intergovernmental	4,543,980
Franchise fees	221,007
Charges for Services	97,850
Miscellaneous	452,342
Net Transfers	(925,526)
Total Revenue	\$10,126,756



...continued on next page...

Trees

This message is a reminder to all North Little Rock residents...if you hire a tree service to trim or remove trees from your property, you are responsible for their removal. Many tree service companies will remove the debris following trimming and include it in the price of their service.

However, there are some that won't remove the tree debris. If they do not, it is your responsibility to pay for removal.

The picture below is of a tree that was cut down and left for the city to pick up. As a result, a warning was issued. The person responsible for the property had to pay the City of North Little Rock Sanitation Department \$400.00 to remove the debris.

Why is the city charging this fee? Because the city has to pay a dumping fee to dispose of the debris at the landfill.

When I say the city, I mean all of us, the North Little Rock taxpayers. Cities and towns are funded by tax payer funds.

Also, keep in mind, all persons doing business in the city are required to have a current city business license. North Little Rock will honor a license issued by another city. For instance, if your tree trimmer is from Little Rock and has a current Little Rock Business/ Privilege license, North Little Rock will honor it.



...continued from previous page... **Expenditures** Administration 248,099 **Animal Shelter** 53,836 **Special Appropriations** 659,320 City Clerk 30,974 147,943 **Emergency Services** Finance 84.325 Public Safety-Fire 1,261,721 Health 5,714 Legal 54.601 1st Court 47.167 2nd Court 39,488 **Human Resources** 68.890 25,787 Commerce Planning 74.910 Public Safety-Police 1,554,283 Code Enforcement 75.868 **Public Works** 86,214 **Neighborhood Services** 14,109 Sanitation 339.431 127,895 Vehicle Maintenance Senior Citizens Center 79,701 Communications 11,810 Fit 2 Live 3,899 Total Expenditures \$ 5,095,985

Finally, regardless of the type of contractor you hire, make sure they are properly licensed to do business, insurance and bonded to cover any accidents that might occur on your property, and, if required, licensed with the state.

Cheesy Brown Rice, Broccoli and Chicken Casserole

Found at bettycrocker.com

1 bag (12 oz) frozen broccoli florets About 1/4 cup olive oil

1 lb boneless skinless chicken breast, diced into bite-size pieces

Salt and pepper to taste

Red pepper flakes (as desired)

1/2 onion, diced

1 clove garlic, finely chopped

2 tablespoons all-purpose flour

1 cup chicken broth (from 32 oz carton)

1/2 cup milk

1 1/2 cups cooked brown rice

1 1/2 cups shredded Cheddar cheese (6 oz)

3/4 cup Progresso™ plain panko crispy bread crumbs 1 tablespoon butter, melted

Heat oven to 400°F. Lightly grease 10-inch round baking dish with olive oil; set aside.

Microwave frozen broccoli on microwavable plat uncovered on High 4 minutes; set aside.

In 10-inch skillet, heat a few teaspoons of the olive oil



over medium-high heat until hot. Add chicken, salt, pepper and red pepper flakes. Cook until golden on outsides and no longer pink in the center. Remove chicken to plate.

Add onion to still-hot pan; season with salt, and cook until onion begins to soften and become translucent. Add garlic; cook 60 seconds. Add 2 tablespoons of the olive oil, followed by flour, and stir to make a roux. Cook the roux 1 to 2 minutes or until lightly golden. Gradually beat in the chicken broth with whisk, followed by the milk, and simmer until slightly thickened into a gravy.

Either in the skillet (if large enough) or a large mixing bowl, mix the chicken, gravy, broccoli, brown rice, and half the cheese. Pour mixture into baking dish. In small bowl, mix bread crumbs and melted butter; add remaining cheese, and spread the mixture on top of casserole.

Bake about 20 minutes or until top is crisp and golden and casserole is bubbling around edges. Let sit a few minutes before serving.



North Little Rock Firefighter

Aaron "Scott" Chassells, 48, of North Little Rock passed away September 18, 2021. He was born January 8, 1973 in Ft. Walton Beach, Florida. He was an EMT, paramedic and firefighter for the North Little Rock Fire Department. He will be missed by all who knew and loved him. He is survived by his wife Jodi Smith Chassells; father, Gary Lee Chassells; siblings: Brian (Karen) Chassells, Jeff Chassells and Christina Black; mother-in-law Debby Smith; sister-in-law Jayme (Dustin) Gentry; brother-inlaw, Jeff Smith; nieces: Taylor Gentry, Stephanie Black, Katie Rasmussen, Kelsea Chassells and Kayla Chassells; nephews: David Chassells, Wesley Black, Kyle Chassells and Conner Black; as well as several extended family members and a multitude of friends.

He was preceded in death by his mother, Nancy Paulsen and her husband James; and his only son,, Gunnar Scott Chassells.

Memorials may be made to Camp Sunshine, Little Rock, or the Arkansas Fallen Firefighters Memorial, Little Rock.

Arkansas State Fair October 15-24, 2021

Visit the Arkansas State Fair webpage at arkansasstatefair.com to check out this years Entertainment, the Midway, Livestock and Free Attractions along with a list of dates and times for special prices on admission, ride tickets and more!

Entertainment—The Main Stage

Oct 15—Anna Brinker

Oct 15-Maddie & Tae

Oct 16—Dazz & Brie

Oct 16—Bone Thugs-N-Harmony Oct 17—Bell Biv Devoe

Oct 18—Jettway Music Group Oct 18—Zac Dunlap

Oct 19—Stays in Vegas Oct 19—Hell Camino

Oct 19—Dark From Day One

Oct 20—Fox Green

Oct 21—Better Than Ezra

Oct 22—Stephen Neeper and the Wild Hearts

Oct 22—Blackberry Smoke

Oct 23—Riley Green



Entertainment—Bud Light Pavilion

Oct 15—Happy Hour Music Oct 15—Late Night Music Series

Oct 16—College Football Game Day

Oct 17—Pro Football Game Day

Oct 19—Arkansas Sate Fair Home Brew Awards

Oct 20—Karaoke Khaos

Oct 21—Thursday Night Football

Oct 22—Mister Morphis

Oct 23—College Football Game Day

Oct 24—Pro Football Game Day



Hungry? They've got you covered! If it's Fair Food...Corndogs, funnel cakes, turkey legs, they'll have it there! Be sure to take advantage of

LUNCH AT THE FAIR Oct 15 and Oct 18-22 from 11 a.m. to 1 p.m. Free parking and gate admission.

Map of venue on page 18



Don't forget the **rides**! All your favorites will be waiting for you! And don't forget the rides for the kids, too!



Eclipse 2024

Another total eclipse is coming to North America! Found at eclipse2024.org

Monday, April 8, 2024 is the big date! On eclipse2024.org, you'll find detailed eclipse timings, eclipse viewing information for every city in North America. There will even be an eclipse simulator to show you exactly what the eclipse will look like from any location!

You will also find education information on eclipses (from very simple all the way to VERY technical!), as well as all-important eye safety and eclipse viewing instructions.

In August, the University of Central Arkansas (UCA) Center for Community and Economic Development (CCED) hosted a conference. One of the topics was how to make the 2024 North American total solar eclipse into a tourism event.

The following information was found in an article by Emily Cooper Yates, project coordinator for UCS CCED (found in the Arkansas Municipal League's City & Town Magazine—September 2021 issue).

UCA astronomy professor Dr. Scott Austin, Trish Erzfeld, director of Perry County Heritage Tourism in Perryville, Missouri, and Visit Hot Springs marketing director Bill Solleder hosted a panel discussion about the upcoming cosmic event—Eclipse 2024.

Dr. Austin explained that a total solar eclipse occurs when the sun, moon and Earth align perfectly. The moon passes in front of the sun, which blocks out the sun's light, causing a moment of darkness during the daytime. The occurrence of a total solar eclipse is rare and seeing the event in one's lifetime is even less likely. Geographic location determines the visibility of the spectacle. Locations with the best view are part of what is called the path of totality . The last time Arkansas was in the path of totality was in 1918. A portion of Arkansas is in the path of totality for the next total solar eclipse on April 8, 2024.

This once-in-a-lifetime occurrence sets the state for a book in tourism for the state. The last total solar eclipse



occurred in North America in 2017. Communities of all sizes in the path of totality experienced a record increase in visitors eager to get the best possible view of the eclipse.

So what should we expect? Perryville, Missouri, was among the few towns in the coveted path of totality in 2017. The community estimated tens of thousands of tourists would visit the town of less than 10,000. Hot Springs, Arkansas expects an influx of 100,000 visitors, while Pocahontas may see up to 15,000.

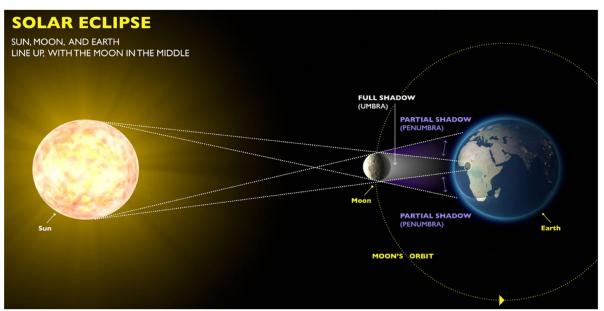
Spectators will come to see they local communities—regardless of size—eager to get the perfect view of the eclipse.

Order your eclipse glasses now! Looking directory at the eclipse can damage your eyesight, so it is necessary to wear special solar filters or eclipse glasses for protection. Not only are these glasses essential for safety, but they also make great souvenirs or keepsakes to commemorate a once-in-a-lifetime experience.

In 2017, the Perryville (Arkansas) tourism office sold or distributed over 31,000 pairs of eclipse glasses!

Make the most of a moment. The solar eclipse itself will last less than five minutes, but visitors are likely to stay in the area overnight and make a trip out of the occasion. If you are a business owner, plan to make the most out of visitors' time to the community.

You've got over three (3) years to plan! This will be fun for the whole family! AND a once in a lifetime event! Get busy!



Myths and Facts About Shingles

Medically reviewed by Carol DerSarkissian, MD Found at webmd.com

What Is Shingles?

When you have chickenpox, the virus that caused it sticks around, even after you get better. Later on, that virus can trigger another infection called shingles, which is known for a painful rash with blisters.

Myth: Only Older People Get Shingles

While the infection is more common in people over 50, anyone who's had chickenpox can get it, even children. Younger people are more likely to have it if their immune systems are weak because of certain medicines or illnesses like cancer or HIV.

Myth: Shingles Is Rare

About a third of all Americans will get it in their lifetimes. That's 1 million per year. Half of people who reach age 85 will have had shingles at some point.

Myth: It's Not Contagious

The open blisters of the rash can't pass on shingles, but they can spread the chickenpox virus to someone who's never had it. And that can lead to a later shingles outbreak.

Myth: Chickenpox Is the Same Thing

They're caused by the same virus, but shingles and chickenpox are not the same illness. Chickenpox brings on hundreds of itchy blisters that heal in 5 to 7 days, usually in children. A shingles rash can last about a month.



Myth: It's Gone in a Few Days

About 40% of people who get shingles feel a burning, shooting pain for months or years after the rash is gone. It's called postherpetic neuralgia, or PHN. Your doctor can help you manage it with medication and other treatment.

Myth: You Can't Treat It

If you take an antiviral medicine (acyclovir, famciclovir, valacyclovir) in the first 3 days after the rash appears,



that may ease the pain and help you get rid of it sooner. The earlier you start, the better it works. Prescription and over-the-counter pain relievers, corticosteroids, and nerve block treatments might also help.

Myth: You Can't Get It More Than Once

It doesn't happen often, but it's possible. New bouts usually show up on different parts of your body. A shingles vaccine could lower your chances of a second infection, even if you get the shot after you've already had shingles.

Myth: The Rash Is the Biggest Problem

Aside from nerve pain caused by PHN, your skin can get infected, and you might have scarring, headache, fever, stomachache, or muscle weakness. Talk to your doctor as soon as you notice symptoms so you can get treatment.

Fact: A Vaccine Can Help Prevent It

It doesn't guarantee you won't get shingles, but a vaccine can lower your chances by more than 90%. And if

you do get the condition, it might not affect you as much. The CDC recommends that healthy adults 50 or older get two doses of the vaccine

Shingrix, 2 to 6 months apart, unless they currently

have shingles, are pregnant, or a test shows they have immunity. You likely have been exposed to chickenpox even if you didn't develop blisters, so you should get the vaccine even if you don't remember being ill.

Fact: Stress Can Trigger Shingles

Stress can weaken your immune system and make you more likely to have an outbreak. Or it may simply run you down until you get a cold or some other illness that triggers one.

And once you have shingles, stress can make the pain worse.

Fact: It Can Cause Vision Loss

If shingles makes your eye or eyelid red, swollen, or painful -- sometimes called ocular shingles -- it can be serious. Get medical help as soon as possible because it could lead to glaucoma, scarring, or even blindness. Blisters on the tip of your nose can be an early warning sign.

Fact: The Rash Can Get Infected

If blister pain and redness don't get better -- or get worse -- over a couple of weeks, you could have a bacterial skin infection. See your doctor right away. It can make you heal more slowly and scar your skin.

Fact: Shingles Can Hurt Your Brain

It doesn't happen often, but shingles around your eyes, ears, forehead, or nose can sometimes lead to brain swelling, paralyze part of your face, or affect your hearing and balance. In rare cases, an infection in these areas can lead to a stroke or meningitis (when tissues around your brain and spinal cord get infected and inflamed).

Laman and Argenta Branch Library Events:

We're partnering with **Bang-Up Betty's** Stacey Bowers for the Bang-Up Book Club, a unique game of hide-and-seek. To celebrate her love of libraries, reading, and new shop in Argenta, the jewelry designer releases clues on social media to her favorite authors/books, and we hide a Bang-Up Buck in the book for you to find. Turn in the Buck for her handmade gifts at checkout. Plus, if you're lucky, you might find specially-designed stickers as nice surprises as you check out books at either location.



Facebook LIVE Fridays - Now highlighting community members and authors at 4 p.m. on Oct. 1, 8, 15, 22, and 29. Join the discussion and ask your questions through the comments.

Equal Hearts Suppers - free meals for ages 2-18 are available curbside between 3:45 and 4:15 p.m. on weekdays at the Laman Library Main Branch Children's Entrance. Equal Heart meals are provided on a first-come, first-served, grab & go basis, except for Monday, Oct. 11, when both branches are closed for professional development.

Meet **artist Sandra Marson** at Argenta Branch during Argenta's Third-Friday ArtWalk - 5 to 8 p.m. on Oct. 15. Her colorfully abstract Dream Weaver III exhibit continues with free admission, 9 a.m. to 6 p.m., Weekdays though Nov. 5.

Argenta Branch's Books & Blocks - Children are invited to build with Youth Services' colossal blocks between 10 and 11:30 Monday mornings, and we'll have special book/LEGO challenge combos on Thursdays.

Enjoy **Marilyn's Facebook LIVE Storytimes** at 11 on Thursday mornings. She'd love you to ask questions and interact through the comments! The episodes are recorded to our page for viewing anytime.

Monday Mystery Book Club - stop by Main Branch for the next mystery selection and join the Zoom discussion at 6 p.m. Oct. 11

Argenta Branch's Paint & Sip - Kids and teens enjoy a creative and refreshing treat 10 a.m. to 4 p.m. on Wednesdays.

Argenta Branch's Escape Box Party - Children are invited every Tuesday in October 10 a.m. to 4 p.m. for puzzles, prizes, and treats.

Averi's Chapter Book Club - The group's founding middle-grade members receive a special journaling giftpack at the Main Branch. Averi invites everyone to join via chat during her Facebook LIVE event, debuting at 4 p.m. on Oct. 21.

Indulge your love of culinary adventure! Our **Spice of the Month Club** Kits include recipes tempting you to try the spice for yourself. Then join the discussion through lamanlibrary.org/cooking to share your impressions with virtual Fellowship & Flavor at 5 p.m. on Monday, Oct. 25.

Essence of Books - Join the Zoom discussion of Nancy Johnson's The Kindest Lie at 6 p.m. on Tuesday, Oct. 26, through a link on the calendar at lamanlibrary.org.

Tune in for our other virtual programs on social media and the LamanLibrary YouTube channel: Mrs. Knight's Virtual Daytime Yoga for Babies & Preschoolers - Debuts at 10:30 a.m. on Tuesdays all this month.

Main Branch's Virtual Storytimes - With Real Talk Storytime, Shannan helps children understand real issues Oct. 6 and 20. Storytimes with Take & Makes debut Oct. 13 and 27. Stop by or call (501) 758-1720 and we'll bring your child's coordinated craft kit curbside.

Main Branch Homeschoolers Explore the World - with a socially-distanced video program and special activity booklets, Janet takes a closer look at southern and central Africa at 1 p.m. every Thursday. Stop by Main Branch Children's Department for an informational booklet, or call us at 501) 758-1720 to reserve your child's booklet and we'll bring it curbside.

Argenta Branch's Virtual Storytime and Take & Makes - Rettina shares Little Owls Night by Divya Srinivasan beginning on Oct. 4, and Beverly reads Rob Scotton's Scaredy Cat Splat starting Oct. 18. Stop by or call (501) 687-1061 and we'll bring your child's coordinated craft kit curbside.

Argenta's Mystery Craft Box - Call Argenta Branch at (501) 687-1061 to reserve your child's kit, and then watch the show on Oct. 10 for a fun surprise!

Book Chat with Julie - debuting Oct. 14 on Facebook and the Lamanlibrary YouTube channel. It's a spooky time of year, and although Julie doesn't read really spooky/ horror books herself, she does have a few thrillers to recommend - some twisty chills reads to add to your Booooook List!

Card Shop with Argenta Branch - In this class, debuting Oct. 18, we'll make "Spooky Harvest" cards with a little pumpkin treat. Reserve your kit at Argenta Branch. Supplies are limited, so one kit per person please. If you aren't able to pick one up, these classes are designed to use inexpensive and household items.

October Birthdays

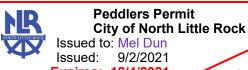
JULIE DELASHAW Laman 4 RICHARD SHANNAN HICKS Laman 12 RENEE MO JANET RODGERS Laman 29

RICHARD THEILIG Laman 6
RENEE MORRISON Laman 26

October Anniversaries

KATHY SARNA Laman 34







Eyes: Brown Hair: Dun

Height: 15 hands

Employer: Equine sunglasses

Type of Goods Sold: Sunglasses for horses

City Clerk and Treasurer Diane Whitbey

By: _SAMPLE ONLY—

only valid with signature

Deputy City Clerk / Treasurer, Revenue

To see a list of issued permits, visit the city website at www.nlr.ar.gov, then click on City Clerk/Treasurer, followed by Licensed Peddlers.

To see an individual ID/Permit, click on the person's name. All licensed door to door peddlers are required to have the ID issued by the City Clerk's Office with them at all times.

Currently, we have <u>NO permitted door to door</u> solicitors.

All North Little Rock Business/Privilege License/Permit renewals were due March 31, 2021.

Beginning July 1, 2021, penalties on all unpaid accounts will be an additional 50% of the total due.

All persons doing business **of any kind** within the city limits of North Little Rock are required to have a Business/Privilege License. This includes home-based such as lawn care or internet sales.

If a business *operates 1 day into the new year*, *it is required* to obtain a business license at the full fee.

If you have any questions, please contact the North Little Rock City Clerk's Office at 501-975-8617.

North Little Rock History Commission



The Friends of NLR History continue to raise money for a project *KEEPING THE PAST PRESENT*. Funds will be used to create a new interactive, state-of-the-art, museum experience with permanent and temporary/changeable exhibits.

For more information, call 501-371-0755 or email nlrhistory@comcast.net.

The North Little Rock Convention & Visitors Bureau wants to help promote your upcoming events! Visit www.NorthLittleRock.org or call Stephanie Slagle (Director of Marketing) at stepha-nie@northlittlerock.org or 501.404.0378 to submit your events.

Operating a Business in North Little Rock

If you have decided to open a business in North Little Rock (NLR), we are glad you will be a partner in the development of our wonderful city. We also want to take the time to provide some basic information for all business operators.

- The NLR City Council requires all persons conducting business of any kind in our city to have a current Business/Privilege License/Permit.
- The NLR City Council requires all persons wishing to operate a business in our city to obtain a zoning certificate. This ensures that the type of business to be operated corresponds with the current zoning of the location. (This applies to home-based businesses as well).
- 3. NLR Business/Privilege License/Permits must be renewed annually. All License/Permits run from January 1 thru December 31. Some new accounts opened within the calendar year may be prorated (quarterly).
- 4. Hotels, Motels, Home Vacation Rentals, Restaurants and Food Trucks are also subject to an Advertising and Promotion (A&P) tax to be collected at the point of sale and remitted monthly to the A&P Commission.
- The majority of businesses will be subject to the General Sales and Use Tax.
- The business may also be subject to certain County taxes and should contact the Pulaski County Assessor's Office.
- Businesses operating in the city are subject to inspection by the North Little Rock Fire Department to ensure they are in compliance with the Fire Code.
- 8. Businesses must have prior approval for signage (not allowed for home-based businesses).
- Some businesses (restaurants, food trucks, day cares, etc.) may also require a State Health inspection prior to obtaining a business license.
- 10. All businesses selling alcoholic beverages must have a State Alcohol Beverage Control Board (ABC) License before selling any of these products.

For more information, please contact the City Clerk/ Treasurer's Office at 501-975-8617 or email CityClerkOffice@nlr.ar.gov.

10

North Little Rock City Council Schedule

The North Little Rock City Council meets the 2nd and 4th Monday of each month at 6:00 p.m. in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@nlr.ar.gov.

The City Council Agenda can be found at www.nlr.ar.gov, then click on the Government tab, followed by Council Agenda.

City Offices located at 120 Main

IS/Data Processing, Kathy Stephens	975-8820
Finance, Ember Strange	975-8802
Information	975-8888
Human Resources, Betty Anderson	975-8855
Planning, Shawn Spencer	975-8835
Purchasing, Mary Beth Bowman	975-8881
Utilities Accounting, Terrell Milton	975-8888

City Council Members

		
Ward 1	Debi Ross	753-0733
	Nathan Hamilton	952-7679
Ward 2	Linda Robinson	945-8820
	Maurice Taylor	690-6444
Ward 3	Steve Baxter	804-0928
-	Ron Harris	758-2877
Ward 4	Charlie Hight	758-8396
	Jane Ginn	749-5344

Utility Payment Assistance and Other Numbers

Other Elected Officials

Mayor Terry C. Hartwick

975-8601

Mayor refry C. Hartwick	775 0001
City Clerk/Treasurer Diane Whitbey	975-8617
City Attorney Amy Fields	975-3755
District Court Judge Randy Morley	791-8562
District Court Judge Paula Juels Jones	791-8559

Telephone Numbers for City Hall

Salvation Army......501-374-9296

Mayor's Office	501-975-8601
Terry C. Hartwick City Clerk & Treasurer	501-975-8617
Diane Whitbey Communications	501-975-8833
Shara Brazear External Relations	
Margaret Powell	
Special Projects Arnessa Bennett	501-975-3737
Fit 2 Live	501-975-8777

North Little Rock Curbside Recycling schedule for the month of October



Sept 27—Oct 1 recycle

Oct 4 —8 no pickup

Oct 11—15 recycle

Oct 18—22 no pickup

Oct 25—29 recycle

October Anniversaries

Name	Dept	# Yrs	Name	Dept	# Yrs
PAUL, ANITA K	Admin	3	SHOEMAKER, DONALD P	Police	27
GRAYSON, BRIAN M	Animal Contr	4	DESIZLETS, JOHN D	Police	27
ROARK, JORDAN	OES/911	5	RICE, CYNTHIA	Police	27
PALMER, TYLER O	OES/911	1	HERNANDEZ, DANIEKA C	Police	10
CULLUM, AARON M	OES/911	1	WILLIAMS, CEDRIC D	Code	18
TOLENTINO, VALERIE M	OES/911	1	BUSH, WILLIAM T	Public Works	34
LEWIS, WILLIAM T	Electric	21	HAWKINS, JERRY WAYNE	Sanitation	7
KNOX, PHILICIA Y	Electric	20	BROOKS JR, SAM	Street	26
HINSHAW II, MILTON F	Electric	16	ROWLAND, MATTHEW A	Street	11
AMBROSE, DOMINIQUE C	Electric	13	ANDREWS, ROMMIE G	Street	9
CARTER, RONALD S	Electric	12	CHRISTOPHER, MARCUS D	Street	4
FERRY, CHRISTINE	Electric	5	NOID, DWATNEY J	Street	2
REDMERSKI, SHANE D	Electric	3	MURPHY, LARTHELL	Street	2
WILLIAMS, RICHARD W	Electric	2	CHAPMAN JR, ROBERT M	Street	2
SHAW, ROBERT A	Fire	26	JOHNSON, MICHAEL E	Traffic	23
TERRY, DUSTIN R	Fire	7	FULLER, CHAD A	Vehicle Maint	9
MOIX, HUNTER R	Fire	6	BARNES JR, HERMAN	Senior Center	8
HUTCHISON, JARRETT	Fire	5	IVEY, KEITH	Park Maint	5
HAYDEN, DEMARIO	Fire	5	KING, CARLOS L	Park Maint	4
HAWKINS, JOHN M	Fire	2	BROOKINGS, AUSTIN E	Park Maint	1
MCCLENDON, TAMARA	2nd Court	5	HOLSTED, FRANK DAVID	Park Maint	1
COLEMAN, ARNOLD	Planning	5	JORDAN, TAMAR	Parks Rec	5
JAMES, DONNA L	Planning	3	NOLAND, BAILEY E	Parks Rec	4
JACKSON, LINDA D	Police	47	COTTON, DENISHA L	Parks Rec	2
MICKEL, LARRY J	Police	41	MARSHALL, BRIANI J	Parks Concession	1
SODERLUND, MATTHEW ALLEN	Police	30	ROSE III, JOHN T	IT	3
BOWERS, DANA R	Police	29	WEBB, CHRISTOPHER B	IT	2

Information regarding employee anniversaries and birthdates is provided by Human Resources the prior year (i.e. 2021 was provided in 2020). So if an employee name is on the list that has retired or resigned, please disregard. Also, typos happen! Please let me know if a name is spelled wrong and a correction will be included next month! For employees who leave the city and come back in a different capacity or department, your length of service may change as well. Example, I worked in the Mayor's Office 10 years, then was elected City Clerk. I have been in the City Clerk's Office 20 years. My total service with the city is 30 years. If this scenario applies to you, please email me at least one month before the month of your anniversary month so I can include your total service to the City of NLR! Diane (Dwhitbey@nlr.ar.gov)

October Birthdays

			.		
Name	Dept	Date	Name	Dept	Date
SHOEMAKER, MARK	Fire	1	MCCLENDON, TAMARA	2nd Court	16
DAVIS, KATHY	2nd Court	1	SCOTT JR, ERNEST	Parks	16
IMHOFF, ERIC	Police	1	LOGAN, ANTHONY	Sanitation	17
SHINN, TALOR	Clerk/Treas	2	FREY, CHAD	Fire	18
COX, MEGAN	OES/911	2	HOBSON, CHARLES	Fire	18
NICHOLAS, CHRISTOPHER	Electric	2	WORTHAM, CODY	Fire	18
STEPHENS, KENNY	Public Works	2	GRAVETT, JEFFREY	Police	19
JOHNSON, NADIA	Hays Center	2	HUEY, RHONDA	Police	19
EDISON JR, ROBERT	Police	3	HAMMONDS, DONALD	Parks Rec	19
FLINT, JERRY	Police	3	CULLUM, LEANNA	OES/911	20
COTTON JR, KAREAME	Parks Rec	3	CHRISP, MATTHEW	Electric	20
JOHNSON, ANDREW	Electric	4	SCOTT, CONRAD	Electric	21
MITSUNAGA, MICHAEL	Fire	4	LEWIS, WILLIAM	Electric	22
SPAFFORD, TODD	Police	6	WILSON, RICHARD	Electric	22
WILLIAMS, TOMA'Z	Street	6	TILLER, PAMELA	Fire	22
CABIBI WILKIN, MATTHEW	Parks Maint	6	MITCHELL, RONNIE	Parks Maint	22
HERRING, LESTER	Electric	7	STEPHENS, WESLEY	Fire	23
PRICE, RUTH	2nd Court	7	WILLIAMS, GARY	Fire	23
RAYMUNDO, UZIEL	Fire	8	GIUSTI, DANTE	Sanitation	23
RABUN, STEVE	IT	8	FAUBION, EDWIN	Fire	25
ADAMS, ARMON	Parks Maint	9	BLANKENSHIP, JOHN	Police	25
DEBUSK, WARREN	Parks Maint	9	MCDONNELL, JULIA	HR	26
PERRINE JR, RODNEY	Parks Maint	9	DUKES, DON	Police	26
REEKIE, CLINT	Fire	10	CHUNG, CHRISTINA	IT	26
SHOEMAKER, DONALD	Police	10	CHANCE, JOSHUA	Electric	27
YANCEY, SHANNON	Police	10	RAMSEY, TANNER	Fire	27
ABEL, KENDALL	Street	10	RICE, CYNTHIA	Police	27
ARMBRUST, KEITH	Parks Maint	10	MCCOY, BRADY	IT	27
BRYANT, JASON	Fire	11	HILL, TERESA	Clerk/Treas	27
SMITH, AMY	Purchasing	11	GREGORY, LANA	Electric	28
KOLB, JAMES	Fire	12	MILTON, TERRELL	Electric	28
SMITH JR, SYLVESTER	Sanitation	12	PONDER, JILL	Electric	28
BROOKS, CHARLES	Parks Maint	12	HARTWICK, TERRY	Mayor	28
JONES, KRISTEN	HR	13	NATION, LISA	Parks Rec	28
BECK, NICHOLAS	OES/911	14	CLARK, ALEXIS	Animal Contr	29
STRANGE, SEPTEMBER	Finance	14	CAMP, CHEREON	Police	29
JONES, CHRISTOPHER	Sanitation	14	THORNTON, VINCENT	Police	29
GRAY, JOHNNY	Vehcile Maint	14	JOHNSTON, JOHNNY	Parks Maint	29
WHILLOCK, TOLIVER	Fire	15	COLLINS, CHRISTOPHER	Electric	30
PHIFER, KEITH	Police	15	CROWDER, JON	Police	30
ROUGELY, BRYAN	Street	15	TERRY SR, CHRIS	Street	30
HIGHT, CHARLES	Admin	16	COOK, DAVID	Public Works	31
FREE, DUSTIN	Fire	16	DUNCAN, ERIC	Street	31
					13





SEIS PUENTES PRESENTS





ART AND FOOD >FESTIVAL

Food trucks! Art Vendors! Live Music! And More!

October 2

free admission

11AM-3PM

O Argenta Plaza 510 N Main Street, 72114

0

Join us in celebrating the Latinx Spirit!

Special performance by Ballet Quetzalli











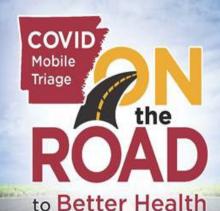








MOBILE COVID-19 VACCINATION CLINIC



Friday, October 15, 202110 a.m. - 2 p.m.

Unsheltered Outreach Fair Sponsored by City of North Little Rock

North Shore Riverwalk Park

120 Riverfront Park Dr North Little Rock, AR

Everyone in Pulaski County is invited to attend

- No out-of-pocket cost.
- Call 501-526-2211 to register.
- Must be 12 or older.

BROUGHT TO YOU BY:













UNSHELTERED OUTREACH FAIR

OCTOBER 15, 2021 10AM - 3PM

120 RIVERFRONT PARK DRIVE NORTH LITTLE ROCK, AR 72114

\$50 FOOD GIFT CARD INCENTIVE FOR COVID-19 VACCINATIONS







The City of NLR is hosting an **Unsheltered Outreach Fair for** individuals in the unsheltered community.

The purpose of the Outreach Fair is to share resources to our unsheltered community and improve the quality of life for citizens needing assistance.

For more information, call (501) 975-8780 or nlrunsheltered@nlr.ar.gov

FOOD WILL BE PROVIDED MASKS ARE ENCOURAGED













Church at the Club

William F. Laman Public Library System











UAMS.











Ideal Option Arkansas



ENTERTAINMENT





Vaccinate Arkansas Main Stage



Bud Light Pavilion and Stage



Youth Talent Contests and Queen Competitions



Show Me Swine Racers Every Day, Noon, 1:30p.m., 3:00p.m., 5:30p.m., 7:00p.m.

Museum of Discovery

Mon/Tue/Wed/Thu 12:30p.m., 6:00p.m. Fri/Sat/Sun 12:30p.m., 3:30p.m., 6:00p.m.

Bears of Bearadise Ranch Every Day, 1:00p.m., 4:00p.m., 6:30p.m.

LIVESTOCK











Swine and Sheep Facility



Horse Barn



Goat Center



Poultry Barn

