North Little Rock e-Newsletter Provided by Diane Whitbey, City Clerk and Treasurer

November 2023

A Sleepy Hollow Halloween

Written by Matthew Brady

When famed American writer Washington Irving published "The Legend of Sleepy Hollow," he didn't actually reside in the titular New York village-or the United States, for that matter. Rather, he composed his most well-known work while living in England. But the Tarrytown area of Hudson Valley, which he had visited decades earlier, couldn't easily be forgotten. And it inspired a work of classic literature.

You, too, will be inspired and charmed when you visit Sleepy Hollow and its surrounding villages, especially during autumn.

The History of Sleepy Hollow

The land on which this village sits was originally named Philipsburg in honor of the lord who owned the 52,000 acre plot, and the manor within it, during the seventeenth century. It was renamed North Tarrytown in 1883 as a sister village to Tarrytown, which lies less than a mile north.

At the start of the twentieth century, General Motors opened a plant in North Tarrytown, thus attracting an influx of workers and wealthy residents. However, by the end of the century, the plant was on the verge of closing, leaving the town in financial peril. To draw interest from visitors and stave off ruin, the town embraced what it had long been known for and officially renamed itself Sleepy Hollow in 1996.

Plot

found at Wikipedia

The story is set in 1790 in the countryside around the former Dutch settlement of Tarry Town, in a secluded glen known as Sleepy Hollow which is renowned for its ghosts and the haunting atmosphere that pervades the imaginations of its inhabitants and visitors. Some say the town was bewitched during the early days of the Dutch settlement, while others claim that the mysterious atmosphere was caused by an old Native American chief, "wizard" of his tribe...before the country was discovered.

The "Legend" relates to the tale of Ichabod Crane, a lean, lanky, and extremely superstitious schoolmaster from Connecticut. Throughout his stay at Sleepy Hollow, Crane is able to make himself both "useful and agreeable" to the families he lodges with. He occasionally assists with light farm work, helping to make hay, mend fences, care for farm animals, and cut firewood.

This year, on Halloween night, when your kiddos have finished their Trick or Treating, consider watching "The Adventures of Ichabod and Mr. Toad" (1949) an animated adaptation produced by Walt Disney. This version is lighthearted and family-friendly.



Simple Steps for a Safe Halloween.

Keep in mind, not all costumes, wigs, and accessories are fire-resistant, so be careful!

If children are out after dark, fasten reflective tape to their costumes and bags, or give them glow sticks or flashlights.

Remove all makeup before children go to bed to prevent skin and eve irritation.

When On the Prowl

Statistically, children are twice as likely to be hit by a car on Halloween than any other day of the year. A lack of visibility because of low lighting at night plays a factor in incidents.

A responsible adult should accompany young children on the neighborhood rounds.

Teach children to NEVER enter a stranger's home or vehicle.

Make sure your children DO NOT EAT any treats until they return home, and take care to avoid any food allergies.

Have a safe and fun Halloween night! If you are looking for a place to bring your little ones, consider visiting some of the businesses in Haunted Argenta on Main Street (NLR) between 4:30 p.m. and 6:00 p.m.





"Where's Mel"? Be the first person to call and tell us where you found Mel this month and win!



North Little Rock Animal Services For more information call 501-791-8577

Thanksgiving pet safety

Poison risks

Found at American Veterinary Medical Association Avma.org Thanksgiving is a special holiday that brings together family and friends. It also can bring some hazards for pets. Follow these tips to keep your pets healthy and safe during the holiday.

Poison Risks

Overindulging in the family feast can be unhealthy for humans, and even worse for pets: fatty foods are hard for animals to digest. Poultry bones can damage your pet's digestive tract, and holiday sweets can contain ingredients that are poisonous to pets.

- Keep the feast on the table—not under it. Eating turkey or turkey skin—sometimes even a small amount can cause a life-threatening condition in pets known as pancreatitis. Fatty foods are hard for animals to digest, and many foods that are healthy for people are poisonous to pets—including onions, raisins, and grapes. If you want to share a Thanksgiving treat with your pet, make or buy a treat that is made just for them.
- No pie or other desserts for your pooch—chocolate can be harmful to pets, even though many dogs find it tempting and will sniff it out and eat it. The artificial sweetener xylitol—commonly used in gum and sugarfree baked goods—also can be deadly if consumed by dogs or cats.
- Yeast dough can cause problems for pets, including painful gas and potentially dangerous bloating.
- Put the trash away where your pets can't find it—a turkey carcass sitting out on the carving table, or left in a trash container that is open or easily opened, could be deadly to your family pet. Dispose of turkey car-

Many humans spend a lot of time complaining about the things they don't like or have. Today and every day, we need to **take time to be thankful** for the blessings we have been given. Here are a few...

- **Family**. We are where we are today because of our parents/guardians who raised us and retained the positive lessons we learned. Be thankful for the blessings of children and for your siblings, aunts, uncles, and grandparents.
- **Friends**. True friends encourage and motivate us. They push us to do better. Show your gratitude by being a great friend to others!
- **Fur babies**. They give us unconditional love, we need to do the same.



Our shelter is full of dogs, cats, puppies and kittens in need of a furever home. Please consider adopting a shelter pet for your next pet. Please Don't Litter Spay or Neuter Your Critter

Don't shop! Please adopt!

casses and bones and anything used to wrap or tie the meat. such as strings, bags, and packaging - in a covered, tightly secured trash bag placed in a closed trash container outdoors (or behind a closed, locked door). Be careful with decorative plants. Some flow-

Be careful with decorative plants. Some flowers and festive plants can be toxic to pets. These include amaryllis, Baby's Breath, Sweet William, some ferns, hy-



drangeas, and more. The ASPCA has lists of plants that are toxic to dogs and cats, but the safest route is simply to keep your pets away from all plants and table decorations.

- Quick action can save lives. If you believe your pet has been poisoned or eaten something it shouldn't have, call your veterinarian or local veterinary emergency clinic immediately. You may also want to call the ASPCA Poison Control Hotline (888-426-4435) or the Pet Poison Helpline (855-764-7661). Signs of pet distress include: sudden changes in behavior, depression, pain, vomiting, or diarrhea. Contact your veterinarian immediately if your pet shows any of these signs.
- **Freedom**. The freedom we have cost many men and women their lives. It continues to cost many time away from family. Take time to say "thank you" to someone who helped or is helping protect these freedoms.
- **Health**. Be thankful for it. There are many who are in poor health who may need your help.
- **A Job**. This is a great blessing. With a job you receive income which helps provide a roof over your head, food to eat, and the ability to help others.
- Laughter. A true gift that can bring great joy. Be thankful for the laughter you hear and share with your family, friends and even strangers!



North Little Rock Fire Department



THANKSGIVING DINNER SAFETY

A RESOURCE FOR HOLIDAY COOKING SAFETY AND PREPAREDNESS





Never leave food unattended while frying, grilling, or baking.



DO NOT use water to extinguish a grease fire, as it can cause the fire to spread. Instead, turn off the heat source and smother flames with a lid, or cover flames with baking soda.



Use a timer or stopwatch to check on food while cooking.



If frying or deep-frying, keep the fryer outside and away from walls. Do not use a fryer in the garage or car port.



Keep pot holders, oven mitts, food wrappers, and plastic bags at least three feet from heat sources and hot surfaces.



If you use a fireplace or light candles, keep open flames shuttered or isolated. Do not leave open flames unattended.



Keep a fire extinguisher in the kitchen, and know how to operate it if necessary.



Prior to cooking, ensure that all smoke alarms in your home are working. Replace batteries or reconnect alarms as needed.





After dinner, visit every room in your home to ensure that all open flames are extinguished and electrical appliances are turned off.

Protect children and pets from potential hazards such as sharp objects, boiling water, choking hazards, and open flames.

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Deep Fried Turkey

Fall is here and the weather is awesome. My favorite holiday, Thanksgiving, is right around the corner. It is a great time to have family gatherings and celebrations including meals. One popular meal these days is deep-fried turkey.

This is a popular traditional food for this time of year and possibly the most delicious way to prepare it. Deep-fried turkey can be prepared safely following certain precautions. However, every year they are responsible for multiple deaths and injuries. They result in the destruction of hundreds of homes. There are many videos on-line of real world accidents and demonstrations of deep-fried turkey dangers.

Avoiding a problem requires planning ahead. Here are twelve tips to help you stay safe so your pleasant holiday does not turn in to a nightmare.

- Set up a spot to cook the turkey outside, away from wooden decks. Do not cook the turkey under a roof. If a fire does occur, the flames will be high enough to immediately reach the ceiling. The heat will damage siding and ignite nearby combustible material.
- 2. Set up the burner on a flat stable surface so it will not easily tip over spilling the hot combustible oil onto the burner flame or yourself.
- 3. Do not overfill the pot with oil. This is very dangerous. When the turkey is placed in the oil to cook, the grease will overflow

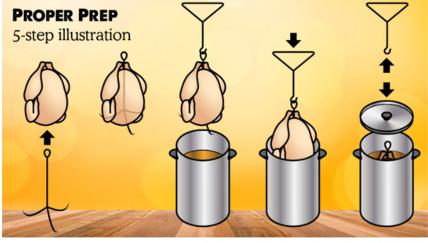
the pot. Do a liquid displacement test the day before you plan to cook the turkey. Place it in the pot making sure it will easily fit and just cover it with water. Remove the turkey then place a clean dipstick in the water, marking the water level. When you cook the turkey use this dipstick to add the proper amount of oil.

- 4. Allow the turkey to thaw for a day in the refrigerator. Make sure it is well thawed and thoroughly dry it. Placing a wet or frozen turkey in the hot oil will cause it to boil over.
- Do not cook the turkey in the rain. The rainwater will cause the hot oil to boil over.
- 6. Keep the propane tank at least 2 feet from the burner.
- Protect against splattering oil. The gas line from the propane tank to the burner should be covered with aluminum foil. Wear gloves, long pants and long sleeves when lowering the turkey into the oil and cooking.
- 8. Never leave the cooking area unattended.
- 9. Keep children and pets away from the cooking area.
- 10. Lowering the turkey into the pot is the point when most problems occur. This often-overlooked practice is possibly the most important. Do not lower or raise the turkey into or out of the oil while the burner is lit. Bring the oil up to temperature then turn the burner off long enough to lower the turkey into the oil. If the oil does overflow or boil over it will not contact the flame of the burner. Once the turkey is safely in the pot, re-light the flame. Turn the burner back off before removing the turkey.
- 11. If the oil starts smoking, immediately turn the propane bottle and burner off. The oil is a combustible liquid and can ignite if it gets too hot. Do not allow the oil temperature to exceed 350 degrees F.
- 12. When done cooking, turn the burner off and leave the oil to cool overnight.

I am not a cook and these are clearly not instructions on how to cook a deep-fried turkey. There are numerous resources to help you there. These are just a few tips to help you do so safely. If you decide to have a deep-fried turkey this fall enjoy and stay safe.











Mayor Terry C. Hartwick holds a monthly department head meeting. Department heads provide a report of activities, projects, and accomplishments.

Senior Center—in September 7,424 members visited with 458 being the highest one-day total. 106 new members. Members have been traveling

and participating in Bean Bag Baseball and Chair Volleyball tournaments at other senior centers in the area. 620 volunteer hours.

Sanitation—Garbage and yard waste crews collected 2,166.06 tons (4,332.12 lbs) of household garbage, rubbish and junk. Yard Waste crews also collected 130 loads (3,539.00 cubic yards) of green waste. 311 waste tires picked up. Sanitation Code performed 10 inspections, 10 re-inspections and issued 10 notices for non-compliance. No citations were issued for the month of September 2023. \$100 collected for non-compliance (excessive debris, move-outs, illegal dumping). Curbside recycling tonnage was not provided by Waste Management.

Traffic Services—Barricade Permits—60, AR One Call— 34, Signs/Post replaced-70, City Vehicles marked with logo—2. Stealth (speed) box—Centerbrook Avenue.

Police—violent crime numbers up. Robberies are the main cause. Property crimes decreased with the exception of credit card fraud. Joint Police Academy in full swing. Lt. Steve Chamness graduated from the FBI National Academy last month. He is in charge of NLRPD Training Unit and is Deputy Special Operations Commander. Detective Gary Jones was promoted to Sergeant in September and will be reassigned to the Patrol Division. He is a 20 year veteran who spent most of his career as a homicide investigator. Atlas One app launched in September. The community app is a great resource for residents to see what is going on in the city. Contact NLRPD Media Relations for more information on the app.

Fire—628 EMS calls, 33 Hazmat, 81 False Alarm, 45 Fire calls, 1 Special Incident, 3,731 Fire Training hours. 162 Building Surveys.

Emergency Services/911—Incoming calls: 4,826—non-911 calls, 6,221—911 calls, 619-abandoned 911 calls. Continue work on Tornado recovery/relief with FEMA. Meeting with County and State officials re: preparation for 2024 (April) Eclipse and the impact the large event will have in Central Arkansas.



Planning-614 inspections, covered over 3,930 miles within city. 92 HVAC, 188 Plumbing, 207 Electrical, 127 Building inspections. 13 sign permits, 1 banner permits, 5 demolition permits, 4 new single-family permits-average \$400,676, 71 residential remodel permits-average \$15,646, 3 residential addition permits—average \$36,333, 4 new commercial permits-average \$272,470, 26 commercial remodel permits-average \$78,316, 0 new multifamily permit, 0 new multi-family units.

Code Enforcement—9 citations, 783 violation notices, 154 vehicles tagged, 149 lots posted, 26 signs removed, rental inspections-23, 27 food service inspections, 0 search warrants, 0 structures condemned, 1 houses demolished by city, 7 houses demolished by owner, 210 vacant lots cleaned, 6 vacant house secured, 6 waste tire picked up.

Animal Services—

Incoming: 164/ytd 1,625 Dog Cat 70/ytd 795 Other 1/ytd 30 Adopted: Dog 53/ytd 417 Cat 55/ytd 529 Other 1/ytd 25 Reclaim: Dog 21/ytd 239 Cat 2/ytd 9 Other 0/ytd 1 Euthanized: 92/ytd 948 Dog Cat 21/ytd 204 Other 0/ytd 3 Service calls: 550/ytd/5,475 Citations: 70/ytd 463 Vouchers (spay/neuter) issued: 38/ytd 435



Parks and Recreation—Arkansas Inland Maritime Museum—956 visitors. 3 overnight stays—Naval Reserve Center Chief Selectee's training (10), Jerry Gipson Family (12), Jenna Gilliett Birthday Party (10), Special Events-Amateur radio event to commemorate VJ day Sept 2, 1945, transmitted from Radio Room in USS Razorback, Undercover Police Officers Mixer (70). Recreation-staff hosted Movie Night at Sherman Park Community Center, Elite Stars Competitive Cheer Squad preparing for upcoming season. Special Projects-staff captured aerial mapping of Burns Park tornado damage clean-up and of road damage caused by heavy equipment during cleanup.

NLR Electric—

Customers: 39,921 Revenue: \$11,777,278 Peak Demand: 220,663 kW Territory: 60 square miles Substations: 13 Miles of wire: 555 Transformers: 11,252 Street lights: 10,458



RS (Residential Solar) Net Meter Customers: 252 completed, 61 pending

Average RS solar panel capacity: 7.7 kW Residents with solar arrays larger than 10 kW: 68 Total capacity of customer-owned solar: 4.66 MW Major outages (over 1K): 9-13-23 animal in equipment at 19th Street and North Hills. 1,655 customers out 71 minutes.

Finance- Revenue August 2023 Miscellaneous License & Permits Property Tax Intergovernmental Franchise Fees Local Option Sales Tax Charges for Services Fines & Fees Interest Income Total Revenues	\$ 687,528 186,580 218,525 66,195 264,762 5,493,287 243,059 133,376 <u>64,082</u> \$ 7,357,398
Expenditures Administration Animal Shelter Special Projects City Clerk Emergency Services Finance Fire Health Legal First Court Second Court Human Resources Planning Police Code Enforcement Public Works Neighborhood Services Sanitation	\$ 250,957 77,973 3,347,328 36,582 197,245 144,472 1,640,841 7,194 66,810 52,734 39,252 78,206 83,284 2,032,862 98,387 133,981 33,716 537,003
Vehicle Maintenance Senior Citizens Center Communications <u>Fit2Live</u> Total Expenditures	86,526 197,753 39,688 7,872 \$ 9,190,676



North Little Rock employees from several departments had an opportunity to spend some time (after hours) at the new Malys entertainment venue in Conway. Malys extended an invitation to our employees to attend a soft opening in September. Pictured left to right:

Shirley Abel-Neighborhood Services, Katelyn Thomas—City Clerk/Treasurer, Ken Abel—PAL (Police Athletic League), Shelley Ussery-City Clerk/Treasurer and Kevin Ussery-Traffic Services.





Parks and Recreation Commis-

sioner Randall Bradlev (pictured below) was sworn in to a term on the commission by City Clerk/Treasurer Diane Whitbey at City Hall.

Crestwood Elementary School Students (pictured left) were visited by the Laman Library Mobile Bus recently. Each first grade class gathered together for a reading.

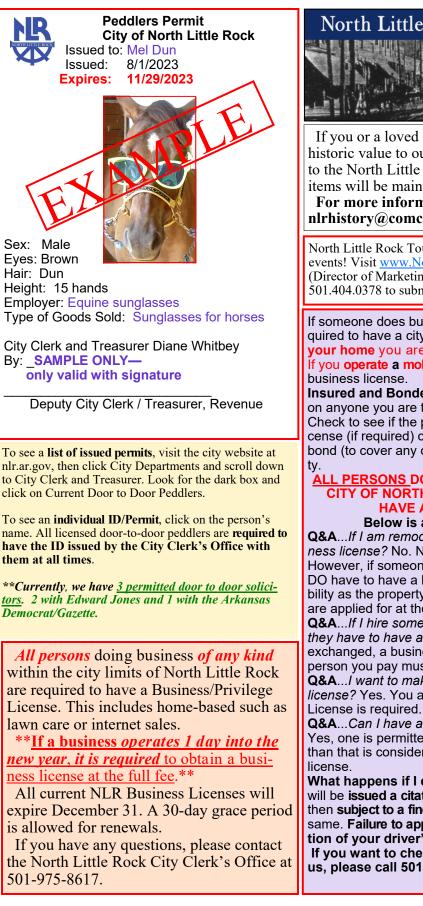
The Neighborhood Library Rover is set to revolutionize access to knowledge and learning within our community by offering a wide range of services and amenities. Attendees will be able to explore a diverse collection of books, technology and more! For more information, call 501-758-1720.



Pictured above, most of the team from the City Clerk/Treasurer's Office had the chance to spend a weekend afternoon visiting, fishing, and relaxing in the country. There was even a hayride! The crew

enjoyed each others company, LOTS of laughs and a great meal of burgers, brats, and all the fixins'!

Our families are important. So is the time we spend with our work family. When we are at work...we have to WORK! I mean that's why it's called that ... work! But when we have a chance to gather socially we have a chance to get to know each other better and have stronger bonds. This helps build a better team!



North Little Rock History Commission



If you or a loved one have items you think might have a historic value to our city, please consider donating them to the North Little Rock History Commission. Accepted items will be maintained in their archives. For more information, call 501-371-0755 or email

nlrhistory@comcast.net.

North Little Rock Tourism wants to help promote your upcoming events! Visit <u>www.NorthLittleRock.org</u> or call Stephanie Slagle (Director of Marketing) at stephanie@northlittlerock.org or 501.404.0378 to submit your events.

If someone does business within our city limits, they are required to have a city business license. If you operate out of your home you are required to have a business license. If you operate a mobile business you are required to have a

Insured and Bonded. Make sure you do your homework on anyone you are thinking about doing business with. Check to see if the person working for you has a state license (if required) city license (required), and insurance bond (to cover any damages that may occur on your proper-

ALL PERSONS DOING BUSINESS OF ANY KIND IN THE **CITY OF NORTH LITTLE ROCK ARE REQUIRED TO** HAVE A CITY BUSINESS LICENSE

Below is a list of a few new questions... **Q&A**...If I am remodeling my own property, do I need a business license? No. Not if you are doing the work yourself. However, if someone else is working on your property they DO have to have a business license. It is also your responsibility as the property owner to make sure the proper permits are applied for at the Planning Office.

Q&A...If I hire someone to rake my leaves to the curb do they have to have a business license? Anytime money is exchanged, a business transaction has taken place. Yes, the person you pay must have a business license.

Q&A...I want to make and sell my crafts online, do I need a license? Yes. You are creating a product to sell for profit. A

Q&A...Can I have a yard/carport/garage sale at my home? Yes, one is permitted per guarter (or every 3 months). More than that is considered a business and requires zoning and a

What happens if I do business without a license? You will be issued a citation and have to appear in court. You are then subject to a fine and any court costs associated with the same. Failure to appear could result in a warrant and revocation of your driver's license.

If you want to check to see if a business is licensed with us, please call 501-975-8617.

North Little Rock	City Offices located at 700 West 29th			
City Council Schedule The North Little Rock City Council meets the 2nd and 4th Monday of each month at 6:00 p.m. in the City Council Chambers in City Hall (300 Main Street, North Little Rock). For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@nlr.ar.gov. The City Council Agenda can be found at nlr.ar.gov, then click on the Elected Officials tab, followed by City Council then scroll to upcoming City Council Agenda.	Construction and Building Services Mary Beth Bowman501-975-8881Finance, Ember Strange501-975-8802Fit 2 Live, LaKaisha Shelby501-442-7406Human Resources, Betty Anderson501-975-8855Legal, Amy Fields, City Attorney501-975-3755Planning, Shawn Spencer501-975-8835			
City Council MembersWard 1Debi Ross501-753-0733Nathan Hamilton501-952-7679	Utility Payment Assistance and Other Numbers Central AR Development Council501-603-0909			
Ward 2 Linda Robinson 501-945-8820 Maurice Taylor 501-690-6444	Little Rock Catholic Charities501-664-0640 ext 459			
Ward 3 Steve Baxter Ron Harris 501-804-0928 501-758-2877	Saint Francis House501-664-5036 Watershed501-378-0176			
Ward 4 Charlie Hight 501-758-8396 Vince Insalaco III 501-951-0786	Helping Hand of Arkansas 501-372-4388 River City Ministries501-376-6694			
Other Elected Officials	Arkansas Metro501-420-3824			
Mayor Terry C. Hartwick 501-975-8601 City Clerk/Treasurer Diane Whitbey 501-975-8617	Arkansas Food Bank			
City Attorney Amy Fields501-975-3755Dist Court Judge Randy Morley501-791-8562Dist Court Judge Paula Juels Jones501-791-8559	Telephone Numbers for City HallMayor's Office			
North Little Rock Curbside Recycling schedule for the month of November.Oct 30 to Nov 3, no pickup Nov 6 to 10*, recycle*Note: Friday pickup will be Saturday Nov 13 to 17, no pickup Nov 20 to 25*, recycle*Note: Friday pickup will be Saturday Nov 20 to 25*, recycle*Note: Friday pickup will be Saturday Nov 27 to Dec 1, no pickup	Communications			



Obituary former North Little Rock Mayor Patrick Henry Hays

North Little Rock and Pulaski County mourned the loss of a beloved leader as Patrick Henry Hays, the longest-serving mayor in North Little Rock's history, passed away at the age of 76, Wednesday, October 4, 2023. His passing marks the end of an era for the community, as his leadership and cooperative spirit played a vital role in the development and growth of the region.

Mayor Hays, affectionately known as "Pat" by many, served as Mayor of North Little Rock for an impressive period, leaving an indelible mark on the city and its residents. His dedication to public service and his unwavering commitment to the betterment of the community were evident throughout his tenure. One of Mayor Hays' most significant achievements was his ability to work collaboratively with other local leaders. His cooperative approach bridged the gap between North Little Rock and its neighboring cities, particularly Little Rock, to jump-start downtown development and enhance the overall quality of life for residents of both communities.

Under Mayor Hays' leadership, North Little Rock witnessed a renaissance in its downtown area. His vision and determination were instrumental in revitalizing the district, turning it into a vibrant hub for arts, culture, and commerce. The River Market District and Argenta Arts District stand as lasting testaments to his commitment to community development. Pat Hays possessed a

vision for progress and growth that extended far beyond his time in office. His legacy serves as a reminder that effective leadership and cooperation can transform a community and create opportunities for its residents to thrive.

While Mayor Hays was dedicated to his role as a public servant, he was also a loving family man. His support and love for his family were evident in all aspects of his life, and his presence will be deeply missed by his loved ones. The passing of Patrick Henry Hays is a poignant moment for North Little Rock, Pulaski County and the entire region. His legacy will forever be cherished as a symbol of effective leadership, cooperation, and the transformative power of vision and determination.

Mayor Hays is survived by his wife Linda, daughter Josie and son-in-law Dr. Brent Staggs, and grandchildren, Savanah, Isabella and Harper.

On Thursday, October 12, 2023, a Celebration of Life was held at the First Pentecostal Church of North Little Rock. The service included a violinist and pianist, Posting of the Colors by the North Little Rock Police Color Guard, songs by the First Baptist Sanctuary Choir and First Pentecostal Church Mass Choir. Attendees were welcomed by Pastor Nathan Homes, First Pentecostal Church. Opening Prayer was given by Pastor William Robinson, First Baptist Church. First reading was by Josie Linnea Hays Staggs. Remarks by North Little Rock Mayor Terry C. Hartwick. Remarks by Paul Bailey. Second reading by Hays Grandchildren Savannah and Harper Staggs. Poem by Linda Hays. Remarks by Vincent Insalaco. Remarks by President William (Bill) Jefferson Clinton. Message by Brother Paul Holderfield, Pastor Friendly Chapel Church of the Nazarene. Presentation of Flag and Playing of Taps by North Little Rock Police Honor Guard. Benediction by Bishop Joel Holmes First Pentecostal Church. Recessional "Going Home" performed by Bagpiper Captain Alan Tetkoskie (retired).

Memorials may be made to the North Little Rock Animal Shelter at 1 Championship Drive, North Little Rock, Arkansas 72118. For more information, call 501-791-8577.



Tribute by North Little Rock History Commission

Patrick Henry Hays, 76, who died October 4 from cancer, left a lasting legacy in North Little Rock, the city he loved, where he grew up and made his home. Known by many as Pat, he served six, four-year terms as mayor from 1989-2022, longer than anyone, during a period of great progress in North Little Rock.

With Little Rock Mayor Jim Dailey and Pulaski County Judge Buddy Villines, Hays successfully campaigned for a countywide sales tax in 1995 to construct the multi-purpose arena (now Simmons Arena) in North Little Rock. Cooperation with Little Rock and the county was key to revitalizing the metro area's downtown. While aware of the need for a regional approach, Hays never lost sight of his purpose to pursue the best interest of North Little Rock and its betterment. What was to come under his leadership was Riverfront Park, Central Arkansas Water, Patrick Henry Hays Senior Center, the Dickey-Stephens Ball Park, Argenta (literally), the first industrial development corporation along with the Chamber of Commerce that brought jobs and population gains in a largely land-locked city. Hays set up the city's Neighborhood Services Department to assist neighborhood groups in efforts to revitalize communities around the city, especially downtown Argenta where the North Little Rock History District and Argenta Community Development Corporation restored a tattered residential area. This led to the restoration of commercial Main Street. Today there are more than 20 neighborhood organizations in the city.

Born in 1947, Patrick Henry Hays first lived at 1022 Parker in Baring Cross. When he was five the family moved to 3321 Magnolia in Park Hill. He attended Park Hill Elementary, Ridge Road Junior High and North Little Rock High School, where he graduated in 1965. During summers while in college, Hays worked at the Missouri Pacific Railroad. Acting on advice from his father to use his head instead of his hands, he earned a bachelor's degree in political science and a law degree from the University of Arkansas at Fayetteville in 1973. Hays worked for U.S. Senator John L. McClellan while in law school. After graduating, he was a legal advisor for the Arkansas Secretary of State's office and then worked as the Assistant City Attorney in North Little Rock. Often forgotten, Hays was elected to the state House of Representatives in 1986 and served one two-year term in 1987 and 1988. He won the race for mayor in 1988 and was re-elected five times, serving a total of 24 years in our city.





The City of North Little Rock and Mayor Terry C. Hartwick extend our condolences to the family of Mayor Patrick Henry Hays. You all shared him with us for 24 years and we are grateful.

For those who attended the ceremony held in his honor on October 12, 2023, we shared a common feeling...that our friend and coworker Mayor Hays, Pat, Patrick, Dad or Granddad...whatever name you called him...was with us. And if he was, he was humbled by the presence of so many friends (old and new). Let the passing of our friend be a reminder to all of us to spend time with our loved ones before they are

gone. If you get a chance, read *A nother Day*, a poem by *Kirsty Kennedy*.

Found at familyfriendpoems.com/poem/another-day-18

670+077



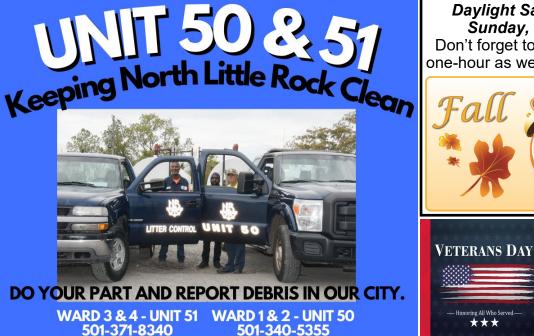
Inside: V Meet League President Patrick Henry Hays See Your Copy of *Policies and Goals* (Inser)











Daylight Saving Time Changes Sunday, November 5, 2023 Don't forget to set your clocks back one-hour as we FALL BACK!



employees, residents and oth-

ers who have served. Thank

you all for your service!



The North Little Rock Regional Airport was honored to host several C-130 H model aircraft from the 189th Airlift Wing last month during the "Thunder Over The Rock" airshow at the Little Rock Air Force Base.



You may wonder why we chose this topic for our newsletter. Recently, we have lost several friends and family members in our community. As human beings, we are born, we live, then we die. That is the circle of life. But how does the body work? In the brief article below we look at the main systems within this vessel we call our body.

The Human Body (found at healthline.com)

Each organ in your body's 11 organ systems work so you can perform activities like breathing, digestion, and movement. Different organs can work together to perform a common function, like how the parts of your digestive system break down food. We refer to an integrated unit as an organ system.



Groups of organ systems work together to make complete, functional organisms, like us! There are 11 major organ systems in the human body. We will look at a few of those below.

Circulatory system

The circulatory system is a body-wide network of blood, blood vessels, and lymph. Powered by the heart, it is the body's distribution system to organs with oxygen, hormones and essential nutrients that help it function properly. Body parts within the circulatory system include the heart, lungs, brain and kidneys.

Respiratory system

Every tissue within the body requires oxygen to function. The respiratory system, which includes air passages, pulmonary vessels, the lungs, and breathing muscles, provides oxygenated blood to the body tissues and removes waste gases. Body parts within the respiratory system include the nose, lungs, pharynx and bronchi.

Digestive system

The digestive system enables your body to convert food into usable nutrients through a chemical breakdown process. This occurs through a system of tube-

> like organs, including the esophagus, stomach, liver, pancreas, and intestines. Parts of this system include the mouth (tongue and teeth too), pharynx, diaphragm, stomach, spleen, liver (and gallbladder) pancreas and small intestine.

Skeletal system

The skeletal system gives the body its basic framework, providing structure, protection, and movement. The 206 bones

in the body also produce blood cells, store important minerals, and release hormones necessary to life.

Muscular system

The muscular system is comprised of the sum total of muscles throughout the body that move the skeleton, maintain posture through steady contraction, and generate heat through cell metabolism. Humans have three types of muscle.

Nervous system

The nervous system allows us to perceive, comprehend, and respond to the world around us. The nervous system also operates the body's essential physiologic functions, such as breathing and digestion. Parts of the nervous system are the brain, spinal cord, meninges and dura mater.

The "big" holidays are just around the corner! Be sure to provide good fuel for your body by including some healthy options on your menu!

- \Rightarrow A nice leafy green salad is always a great choice! Just don't smother it in dressing!
- ⇒ A great option for any holiday appetizer or meal is shrimp! Just avoid the scampi sauce and other high calorie toppings!
- ⇒ For dessert, consider fresh fruit. There are also a lot of low fat and/or sugar free dessert options out there. Don't limit yourself to enjoying the season and all its goodness!
- ⇒ Drinks...try to avoid sugary drinks that pack on the calories. Give it a couple of weeks and you won't miss the sugar! Adult beverages? You don't have to avoid them, but limit the number as there can be hidden calories in these as well.
- ⇒ Eat s / o w / y. Why? Do give your stomach and brain a chance to communicate. We often overeat because we eat too fast which leads to eating too much!
- ⇒ Don't skip meals to save up for a feast. It will be harder to manage your blood sugar, and you'll be really hungry and overeat.
- ⇒ If you slip up, get right back to healthy eating with your next meal! Remember, you DON'T have to Gobble til you Wobble!

North Little Rock City Offices will be closed Friday—November 10, 2023 in observance of Veterans Day. City Offices will also be closed Thursday and Friday—November 23 and 24, 2023 in observance of Thanksgiving. Garbage, trash and recycling schedules for November are on page 8.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PUBLIC LIBRARY	DIN AT YOUR MLR I		MBC IESI FIND MOR	E AT NURUERA	RY.ORC
KIDS & TEEN Ages 2 to 18, no regist Bridge 2 Success MONDAY THRU THU 3:30 - 4:30 PM AT LAMAN CHILDREN'S	ration required! Food Program RSDAY	Babytime 1 10 AM Laman 1 Tumble Tots Storytime 10 AM Argenta Introduction to Journaling 10 AM Laman Classes de internet y computación 10 AM Laman Yega Break! 12 PM Laman Meditation for Beginners 2 PM Laman Dino Deys 3:30 PM Laman NaNeWriMo Kick Off 4 PM Laman	Tunes & Tots 2 10 AM Laman 2 Tech Thurdays: Computer Basics Series 10 AM Argenta 3 Storytime 10:30 AM Argenta 10:30 AM Argenta Argenta Back Porch Art 3 PM Argenta 1 Little Dippers: All About Tardigrades 3:30 PM Laman Smartphone Photography Workshop 4 PM Argenta Verkhop I 2 PM Argenta 3 Sido PM Laman 5:30 PM Laman	November Activity Packs 3 (Grab and Go) All Day Argenta & Laman Hora de Cuentos (Spanish Story Hour) 10:30 AM Argenta Creation Station 4 PM Argenta Adulting 101: Adulting on a Dime - Body Scrubs 4:30 PM Argenta	Dino Crafts 4 All Day Laman 4 Teen Writers Retreat (Registration Required) 9 9 AM - 12:30 PM Laman 4 Line Dancing 11:30 AM Laman Reading the Hugos 4 Desperate Glory, 1 1 PM Dark Side Coffee
Maker Manday: 3D Paper Pumpkin 6 Babytine Flexy 5 stay 6 Babytine Flexy 5 stay 6 Is a force Infantil - Spanish Baby Time 1 Maker Manday 1 Maker Market 1 Maker Market 1 Maker Manday 1 Maker Maker Maker 1 Maker Maker Maker Maker 1 Maker Maker Maker Maker Maker 1 Maker Maker Maker Maker Maker Maker Maker 1 Maker Ma	Story Time 7 10 AM Laman Affordable Connectivity Program 10 AM Laman Knitting November: Basic Disheloth 10 AM Laman 10 AM Laman The Tiny Chef 11 AM Argenta STEAM Explorers 1 PM Laman LEGO Play 4 PM Argenta DY Crochet Dino-Nugget (Registration Required) 4 PM Laman 1	Babytime 8 10 AM Laman 8 Tumble Tots Storytime 10 AM Argenta Classe de internet y computación 10 AM Sois Puentes Teen Steam - Whale Wednesday 10 AM Laman Yega Break! 12 PM Laman Meditation for Beginners 2 PM Laman Dino Days 3:30 PM Laman College Prep 4 PM Laman College Prep 4 PM Laman Crist 101 S:30 PM Laman	Tunes & Tots 9 10 AM Laman 9 Affordable Connectivity Program 10 AM Argenta Tech Thursdays: Computer Basics 10 AM Argenta Storytime 10:30 AM Argenta Argenta Back Porch Art 3 PM Argenta Writers Loft: Teen Writers Club 4 PM Laman Dine Family Night 5 PM Laman Zumba 5:30 PM Laman	November Activity 10 Packs (Grab and Go) All Day Argenta & Laman La Hora Infantil - (Spanish Baby Time) 10:30 AM Laman Creation Station 4 PM Argenta	CLOSED FOR VETERANS DAY
Maker Monday: Weaving 13 Babytime Pay 6 Stay Ita Hora Intery 6 Stay Ita Hora Interve 6 Stay Ita Hora Interve 6 Stay Ita Hora Interve 7 State Ita Hora Interve 7 State Ita Hora Interve 7 State Ita Hora Ita Hora 1 2 PM I Argenta Dis Bings 3:30 PM I Laman Meditation Monday 3 PM I Laman Meditation Monday 3 PM I Laman Meditation Monday 4 PM I Laman Mental Health Monday 4 PM I Laman Mental Health Monday 4 PM I Laman Monday Mystery Club: Thuraday Murder Club 5:30 PMI Biackbarry Market	Story Time 14 10 AM Laman Knitting November: 10 AM Laman Affordable Connectivity Program 10 AM Argenta The Tiny Chef 11 AM Argenta STEAM Explorers 1 PM Laman Balloons Over Broadway 3:30 PM Laman Tween-Read-A-Like-Books 4 FM Argenta I Adulting 101: Adulting Adulting 101: Adulting on Joine: Bath Salts 4:30 - 5:30 PM Argenta Adulting 101: Adulting	Babytime 15 Tumble Tots Storytime 10 AM Argenta Classe de internet y computación 10 AM Seis Puentes 10 AM Seis Puentes 10 AM Seis Puentes 12 PM Laman Meditation for Beginners 2 PM Laman Bingo with Oak Street Health 3 PM Argenta Ranger Talks: Plumb Bayou Mounds 3 PM Laman Dino Days 3.50 PM Laman Deeper Than Ours Skin Discussion Club: Amger is a Gift 4 PM Laman	Tunes & Tots 16 10 AM Laman 16 Tech Thursday: Computer Basics 10 AM Argenta Storytime 10:30 AM Argenta Recipe Swap & DIY Cockie Mix in a Jar 2 PM Laman Argenta Back Porch Art 3:30 PM Laman Sacwenger Hunt 4 PM Laman Caret + Craft: Gratitude Trees 4:30 PM Argenta Suman 5:30 PM Laman Sid M Gradeta	November Activity Packs (Grab and Go) All Day Argenta & Laman Hora de Cuentos (Spanish Story Hour) 10:30 AM Argenta Creation Station 4 PM Argenta Third- Friday Art Walk Reception & Opening with Y. Hope Osborn 5 - 8 PM Argenta	Dino Crafts 18 All Day Laman NaNoWriMo: Come Write-In 9 AM - 12:30 PM Laman
Maker Monday: Holiday Cards [All Day Laman Ouring Yurkey Scavenger Hunt All day Laman Babytime Play & Stay 10:30 Akl Argenta La Hora Infantil - Spanish Baby Time 11 AM Argenta Monday Matines: 12 PM Argenta Genealogy for Beginners 12 PM Argenta Meditation Monday 3 PM Argenta Mental Health Mondays 4 PM Laman Yoga with Ruby 4 :30 PM Argenta	Story Time 21 10 AM Laman Affordable Connectivity Program 10 AM Laman Iaman Knitting November: 10 AM Laman The Tiny Chef 11 AM Argenta STEAM Explorers 1 PM Laman Baard Games e Laman 4 PM Laman Writers Loft: Teen Writers Club 4 PM Laman StaDen For the Rest Of Us 4:30 PM Argenta	Babytime 22 Yoga Break! 12 PM Laman Meditation for Beginners 2 PM Laman Bingo with Oak Street Health 3 PM Argenta Line Ball 3 PM Laman Dino Days 3:30 PM Laman Teens Dungeons and Dragons 4 PM Laman	Sigul	24 PPY Stanksgiving	Dino Crafts 25 All Day Laman 25 Line Dancing 11:30 AM Laman
Maker Monday: Ornament All Day Laman 27 Babytime Play 6 Stay 10:30 AM Argenta 10:30 AM Argenta La Hora Infantil - Spanish Baby Time 11 AM Argenta 10:30 AM Argenta La Hora Infantines: HP and the Deathly Hollows Part1 12 PM Argenta 10:30 AM Argenta Carey Crafternoon: Fall Tree Painting 2 PM Langenta 10:30 PM Argenta Geme On - Learn Mancala! 3:30 PM Laman 3:30 PM Laman Vega with Ruby 4:50 PM Argenta 10:30 PM Argenta	Story Time 28 10 AM Laman 28 Knitting November: 10 AM Laman The Tiny Chef 11 AM Argenta STEAM Explorers 19 M Laman Santa Claus is Coming to Argenta Library 350 PM Argenta Shorts: Teen Story Hour 4 PM Laman Statta Claus is Coming to Argenta Library 350 PM Argenta Shorts: Teen Story Hour 4 PM Argenta Movies on the Big Screen: Jurcasic Park 4 PM Argenta Movies on the Big Screen: Jurcasic Park 4 PM Argenta Movies on the Big Screen: Jurcasic Park 5 PM Argenta	Babytime 29 10 AM Laman Tumble Tots Storytime 10 AM Argenta Class de internet y computación 10 CAN Seis Puentes Yoga Break! 12 PM Laman Meditation for Beginners 2 PM Laman Wednesday Quilt Class 3 PM Laman Dino Days 3:30 PM Laman Marie Kart Tournament 4 PM Laman Marie Kart Tournament	Affordable Son Statement S	Adults Children Tweens Teens All Ages	SCAN FOR THE FULL CALENDAR
Employee Birthdays: November 15: Jeff A. November 16: Bekah S.Work Anniversaries: 11 years: Toni S. 8 years: James E.fIII <th< td=""></th<>					

November Birthdays

			.		
Name	Dept	Date	Name	Dept	Date
QUINN, RODERICK	FIRE	2	HUNTER, SHELBY	POLICE	16
O'KELLEY, CLINTON	POLICE	2	FLIPPIN, RANDY	POLICE	16
LANE, PATRICK	STREET	3	SPECKELS, SEAN	FIRE	17
NEWTON, VINCENT	SANITATION	3	GAUSS, TYREE	FIRE	17
DAVISON, BRIANNA	ELECTRIC	3	GOSSER, BOBBY	POLICE	17
STEPHENS, KATHERYN	IT	4	MORGAN, JOSEPH	PARKS - GOLF	18
ANDERSON, BETTY	HR	5	BOWERS, DANA	POLICE	18
MILLER, MARIE-BERNARDE	LEGAL	5	DALLAS, RAUL	POLICE	19
CALVIN, LATOYA	OES/911	5	BROWN, ROBERT	STREET	19
MOYSTER, BRUCE	POLICE	6	FISHER, JULIE	HR	19
DURAN, DANTANIEL	FIRE	7	MOORE, DAVID	POLICE	19
BURKS, JOSH	FIRE	7	MCNAUGHTON, DUSTIN	PARKS - GOLF	20
JONES, JUSTIN	FIRE	7	HARNESS, LISA	POLICE	20
OFFORD, TINA	SANITATION	7	GATLIN, DEAN	STREET	20
HARRINGTON, TOBY	FIRE	8	ABEL, CHRISTOPHER	POLICE	21
QUINT, GARETH	IT	8	ROBERTS, ANDREA	ELECTRIC	21
WELCH, DUSTIN	PUBLIC WORKS	9	SMITH, JENA	ELECTRIC	21
BRADSHAW, JUSTIN	FIRE	9	FISCHER, BRIAN	PARKS - GOLF	21
NORMAN, SYLVIA	ELECTRIC	9	PIERSON, KEITH	POLICE	21
STROUD, CODY	POLICE	10	EGLI, BRIAN	FIRE	22
JOHNSON, MICHAEL	TRAFFIC	10	NEBLING, TODD	STREET	23
TOLLETT, YANCY	POLICE	11	FORNEY, JOSHUA	POLICE	25
WITTENBURG, GORDON	FIRE	12	HALEY, DANIEL	POLICE	25
HODGES, WILLIAM	ELECTRIC	12	PERKINS, BETTY	PARKS CONCESSION	25
MAXEY, BRECK	IT	12	MILLER, JAMES	ELECTRIC	26
BECK, ROBERT	ELECTRIC	13	VANG, BRUCE	SENIOR CENTER	27
HALE, JOHN	COMM DEV	13	DORRELL II, DENNIS	POLICE	27
STATEN-BENNETT, ARNESSA	ADMIN	14	DRONE, PHYLLIS	POLICE	29
HERNANDEZ, RAGAN	POLICE	14	RAMIREZ, EDGAR	IT	29
RHODES, JASON	PARKS MAINT	14	HANKINS, THOMAS	ELECTRIC	30
MIDDLETON, JEREMY	ELECTRIC	15	NEELEY, JAMES	POLICE	30

November Anniversaries

Name	Dept	# Yrs	Name	Dept	# Yrs
PEOPLES, ERNEST	PARKS REC	31	ADKINS, GIOVANNA	POLICE	4
BOWMAN, MARY BETH	COMMERCE	10	MCEUEN, TIMOTHY	CODE ENF	5
BUTLER, ROBERT	SANITATION	8	ANDREWS, MICHAEL	PARKS MAINT	4
MCCURLEY, WILLIAM	ІТ	5	TURNER, JASON	PARKS MAINT	1
FIELDS, HUNTER	IT	3	SNIDER, KATHRYN	ELECTRIC	13
YANCEY, CYNTHIA	FIRE	25	PRINCE, TROY	PARKS MAINT	7
MATTOX, DAVID	POLICE	2	HOWARD, JASON	POLICE	2
WOODWARD, JUSTIN	PARKS MAINT	1	ADAMS, STEVE	STREET	41
MIDDLETON, WILLIAM	STREET	7	YOUNG, ANTWONE	SANITATION	18
SPARKMAN, EMILY	POLICE	2	MAHAN, JACOB	TRAFFIC	17
WOOLF, JACK	ELECTRIC	2	TENNER, ANDREAUS	VEHICLE MAINT	5
DENISON, JOHN	PARKS MAINT	2	TERRY SR, CHRIS	STREET	29
AKINS JR, ISAAC	PARKS MAINT	1	COOK, DAVID	PUBLIC WORKS	8
LYNCH JR, RONNIE	PARKS MAINT	1	BECK, NICHOLAS	OES/911	4
JONES, JONATHAN	CODE ENF	2	HERRING, LESTER	ELECTRIC	3
BUCHANAN, JERMAREON	ELECTRIC	2	HENSON, ERICKA	POLICE	2
SANDERS JR, FREDDIE	PARKS MAINT	1	SMITH, MAGGIE	ANIMAL CONTROL	1
DILLON, KATHRYN	VEHICLE MAINT	14	DAVIS, STACY	PARKS MAINT	1
KULESA, LOGAN	POLICE	2	QUINT, GARETH	ІТ	5
MULLINS, GAYLE	IT	27	HARNESS, LISA	POLICE	2
ROBINSON, LAURIE	POLICE	14	SMITH SR, ERIC	SANITATION	21
MATHIS, MICHAEL	FIRE	9	DICUS, JONATHAN	ІТ	10

Information regarding employee anniversaries and birthdates is provided by Human Resources the prior year (i.e. 2023 was provided in 2022). So if an employee name is on the list that has retired or resigned, please disregard. Also, typos happen! Please let me know if a name is spelled wrong and a correction will be included next month! For employees who leave the city and come back in a different capacity or department, your length of service may change as well. Example, I worked in the Mayor's Office 10 years, then was elected City Clerk. I have been in the City Clerk's Office 23 years. My total service with the city is 33 years.

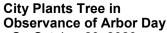
If this scenario applies to you, please **email me** <u>at least one month before</u> the month of your anniversary month so I can include your total service to the City of NLR! Diane (Dwhitbey@nlr.ar.gov)



North Little Rock City Offices will be closed Friday, November 10, in observance of Veterans Day Garbage and trash routes will run as scheduled

Recycling pickup will be delayed one day (*i.e. Friday's pickup will be Saturday*)





On October 20, 2023, members of the North Little Rock Tree Board, the Old Mill Master Gardeners and employees from North Little Rock Parks and Recreation and North Little Rock's Certified Arborist gathered at the park and planted a tree. The new Tulip tree replaces a tree that was removed during the summer months due to disease/decay. A proclamation was presented which urged all residents to support the efforts to protect our trees and woodlands and to plant trees to promote the wellbeing of this and future generations. North Little Rock has been a Tree City USA city for 26 years. A few other Tree Cities in the state include Bentonville (25 yrs), Eureka Springs (41 yrs) Mountain View (36), Fayetteville (28 yrs), LR Air Force Base (30 yrs), Little Rock (22 yrs), and Rogers (38 yrs).

For more information about Tree City USA, visit arborday.org.



North Little Rock City Offices will be closed *Thursday and Friday, November 23 and 24*, in observance of Thanksgiving *Garbage, trash, AND recycling routes* will run one day delayed Thursday (*i.e. Thursday's pickup will be Friday and Friday's pickup will be Saturday*)

The leaves are falling! If you don't want to wait for the leaf vacs bag your leaves and they will be picked up weekly!

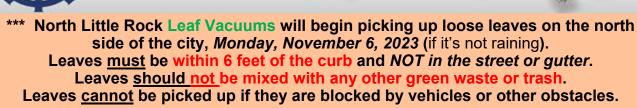
City of North Little Rock

Mayor's Holiday

Tree Lighting Ceremony

Tuesday, November 7 Argenta Plaza 6:00 pm

Accepting donations of canned food and toiletries for local charities!



Rain or inclement weather may cause delays.

Bagged leaves will be picked up weekly.

For information please call 501-371-8345. ***





Today's Power breaks ground on 30 acre solar farm North Little Rock Mayor Terry C. Hartwick and other city officials joined Derek Dyson, President/CEO of

North Little Rock Mayor Terry C. Hartwick and other city officials joined Derek Dyson, President/CEO of Todays' Power, Inc. for a ground breaking ceremony hosted by the North Little Rock Chamber of Commerce on October 26, 2023 (*see above*).

The site is located in Ward 2. The array will consist of nearly 11,500 panels and cover 30 acres.

Over the next 25 years, the array will produce an estimated 250,000,000 kWh's of power.

North Little Rock Electric Department Solar is a 5 megawatt single axis tracking system, meaning the panels track the sun to maximize efficiency.

Life held for former Mayor Patrick Henry Hays. Many of those in attendance requested the words from the noem below n	f you think some praise is due him now's the time to slip it to him, For he cannot read his tombstone when he's dead.
A poem by Berton BraleyisIf with pleasure you are viewingAany work a man is doing,FIf you like him or you love him,atell him now;ADon't withhold your approbationFtill the parson makes orationFAnd he lies with snowy lilies on his brow;FNo matter how you shout itFhe won't really care about it;a	More than fame and more than money s the comment kind and sunny And the hearty, warm approval of a friend. For it gives to life a savor, and it makes you stronger, braver, And it gives you heart and spirit to the end; f he earns your praise – bestow it, f you like him let him know it, Let the words of true encouragement be said; Do not wait till life is over and he's underneath the clover, For he cannot read his tombstone when he's dead.

The 2nd Annual Breast Cancer Awareness Run/Walk and the Employee Wellness Event were huge successes.

The Breast Cancer Awareness Run/Walk was organized by Fit2live Director Lakaisha Shelby and took place on October 14, 2023. The event had a total attendance of 555 individuals, including 40 breast cancer survivors who were honored during the event. Arora sponsored the event and Rodney Block and the R&B Collective performed live music. The event was inclusive and open to those currently in treatment, celebrating survivorship, or supporting loved ones affected by breast cancer. Berenice Alfaro, a breast cancer survivor's daughter from Texas, expressed her hope for future breast cancer awareness events and the establishment of a North Little Rock tradition.

Shelby also organized the City of North Little Rock Employee Wellness Event which took place on October 17 and 18, 2023. A total of 158 employees participated in getting their biometric screenings done, and will receive a \$50 reward as an incentive. The event was a huge success with over 17 vendors present. We would like to express our gratitude to Centennial Bank of North Little Rock and Tazikis' of North Little Rock for providing food for the event. The City of North Little Rock's Fit2live program aims to provide employees with the best resources and reliable support throughout their health journey.

Shelby stated she's thrilled by the success of these recent events and is grateful for the support and participation from our employees, sponsors, and community members. Their collective efforts in raising awareness for breast cancer and promoting employee wellness are truly commendable.

Once again, I would like to thank everyone involved in making these events a success. We look forward to hosting more events in the future that continue to foster a healthier and more engaged community!





Our friends from Laman Library went all out to match some of their favorite storybook characters this Halloween!



ODAY A READER TOMORROW A LEODER

H

A

P

P

Halloween!



NLR City Clerk/ Treasurer's Team as Hungry Hippos game



