

Remember to **SPRING FORWARD!**  
Daylight Savings Time—March 12



## 12 Simple Ways to be Happier

Found at [worldofwanderlust.com](http://worldofwanderlust.com)

### Spring out of bed each morning!

Always get a good night of rest and keep a good system going, but never spend too long getting up in the morning—CARPE DIEM!

### Eat like a king for breakfast

Eat your big meal of the day for breakfast and less during the day, followed by a light dinner around 7 p.m. so the food is digested before you go to bed. This will help you be more productive throughout the day and nourish your body.

### Walk whenever you can (with a beat-driven soundtrack)

There's walking and then there's *walking like you own it!* Time by yourself should be enjoyed, not feared...try to spend more time walking everywhere. An unexpected



advantage is time alone to escape and switch off the world...even if it is only for a half hour at a time.

### Eliminate toxic people from your life

Every year or so we tend to go through our belongings and throw out all of the things that no longer serve a purpose to us. This can also include the people we surround ourselves with. Ask yourself this question "are they still a good friend?" or "do I get as much as I give in this friendship?". Even if you are just taking a break from someone, it is more important to spend your time and energy in a few people who are genuine, lifelong friends than to spend it so sparsely that you don't have people you could rely on no matter what.

## Listen to your heart and your head

Wait, what? Listen to both and consider what is prompting you to make a decision; are you acting on impulse (heart) or are you overthinking it (head)? Consider why you're feeling the way you are and make a rational decision that considers both. They're both important in the long run.



"What day is it,?" asked Pooh.  
"It's today," squeaked Piglet.  
"My favorite day," said Pooh.

### Accept yourself (and own it!)

The only way to figure out who you are is to spend time with yourself, accept yourself and be PROUD of who you are—quirks and all!

### Stop skipping meals

It is always best to nourish your body and give it what it needs, when it needs it...you'd be surprised how much more productive you are when you are treating your body right! (This includes drinking more water.)

### Make each day count

You never know what day will be your last. Make the most of each and every one!

### Work Hard, Play Hard!

Spend time with friends...have a glass of wine on occasion (if that's your thing). Make a day trip to the lake or dance the night away.

### Be selfless

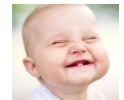
It is good to spend time with yourself, but it is also good to spend time with others. A helping hand can often make someone's day—be that neighbor, family member, or stranger on the street. Always give more that you receive. "If you want to see the true measure of a man, watch how he treats his inferiors, not his equals". J. K. Rowling

### Talk yourself through it

Sometimes, you have to talk yourself through it (out loud), take a few deep breaths and get over it. Is it really worth wasting your energy over anyway?

### Dance like no one is watching

In the mirror, in the street, in your knickers...just dance because it feels good!



If you or someone you know needs to connect with a mental health specialist call the Arkansas Crisis Center at 1-888-274-7472 or visit [arcrisis.org](http://arcrisis.org).

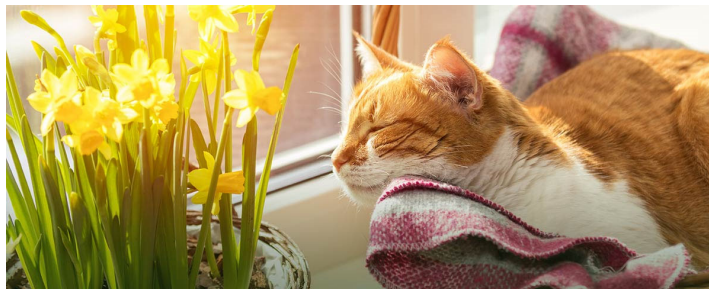


"Where's Mel"? Be the first person to call 501-975-8617 and tell us where he's hiding and win a prize!

**North Little Rock  
Animal Services**  
For more information  
call 501-791-8577

## Springtime Safety Tips

Found at [aspca.org/pet-care/](http://aspca.org/pet-care/)



Spring is almost here, and with the change of season, our thoughts turn to Easter celebrations, spring cleaning and much-needed home improvement projects. Before you embark on seasonal chores or outdoor revelry, take inventory of potential springtime hazards for your furry friends.

**Screen Yourself**—many pet parents welcome the breezy days of spring by opening their windows. Unfortunately, they also unknowingly put their pets at risk—especially cats, who are apt to jump or fall through unscreened windows. Be sure to install snug and sturdy screens in all of your windows.

**Buckle Up!**—While most dogs love to feel the wind on their furry faces, allowing them to ride in the beds of pick-up trucks or stick their heads out of moving-car windows is dangerous. Flying debris and insects can cause inner ear or eye injuries and lung infections, and abrupt stops and turns can cause major injury, or worse! Pets riding in cars should always be secured in a crate or wearing a seatbelt harness designed especially for them.

**Spring Cleaning**—spring cleaning is a time-honored tradition in many households, but be sure to keep all cleaners and chemicals out of your pets' way! Almost all cleaning products, even all natural ones, contain chemicals that may be harmful to pets. The key to using them safely is to read and follow label directions for proper use and storage.

**Home Improvement**—products such as paints, mineral spirits and solvents can be toxic to your pets and cause severe irritation or chemical burns. Carefully read all labels to see if the product is safe to use around your furry



friends. Also, be cautious of physical hazards, including nails, staples, insulation, blades and power tools. It may be wise to confine your dog or cat to a designated pet-friendly room during home improvement projects.

**Let Your Garden Grow—With Care**—pet parents, take care—fertilizers, insecticides and herbicides keep our plants and lawns healthy and green, but their ingredients may be dangerous if your pet ingests them. Always store these products in out-of-the-way places and follow label instructions carefully. Many popular springtime plants—including rhododendron and azaleas—are also highly toxic to pets and can prove fatal if eaten.

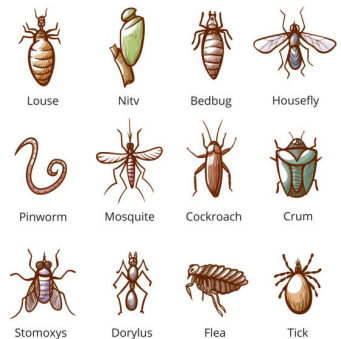
**Allergies**—like us, pets can be allergic to foods, dust, plants and pollens. Allergic reactions in dogs and cats can cause itching, minor sniffing and sneezing, or life-threatening anaphylactic shock to insect bites and stings. If you suspect your pet has a springtime allergy, please visit your veterinarian as soon as possible.

### Pesky Little Critters—

April showers bring May flowers—and an onslaught of bugs! Make sure your pet is on year-round heartworm preventive medication, as well as a flea and tick control program. Ask your doctor to recommend a plan designed specifically for your pet.

**Out and About**—Warmer weather means more trips to the park, longer walks and more chances for your pet to wander off! Make sure your dog or cat has a microchip for identification and wears a tag imprinted with your home address, cell phone and any other relevant contact information.

**April—Easter Treats and Decorations**—keep lilies and candy in check—chocolate goodies are toxic to cats and dogs, and all true lilies can be fatal if ingested by cats. And be mindful, kittens (and cats) love to nibble on colorful plastic grass, which can lead to an obstructed digestive tract, severe vomiting and dehydration. Moreover, while live bunnies, chicks and other festive animals are adorable, resist the urge to buy them—these cute babies grow up fast and often require specialized care!



Need a new  
addition to your  
family?  
Call 501-791-8577  
...we've got the  
perfect companion  
for you!

Our shelter is full of dogs, cats, puppies and  
kittens in need of a furever home. Please  
consider adopting a shelter pet for your next pet.



Support spaying and neutering in Arkansas by getting your own  
Arkansas Specialty Please Spay or Neuter License Plate  
at any State Revenue Office.

Please Don't Litter  
Spay or Neuter  
Your Critter







# North Little Rock Fire Department



## Fire Extinguishers

The National Fire Protection Association estimates that fires caused \$15.9 billion in property damage in the U.S. in 2021. While life safety is always the number one priority there are other concerns that should not be overlooked when it comes to fires. People lose their homes. Irreplaceable personal possessions are destroyed. Businesses are destroyed. Insurance rates are affected by the dollar loss.



There are many tools used to protect against this threat. One of these is portable fire extinguishers. Properly used fire extinguishers can be very effective at putting out incipient stage fires. It is a very good idea to have one handy at home.



Fires have been classified by the types of fuel involved.

Class A fires are ordinary solid combustible materials such as wood, paper or plastic.

Class B fires involve flammable liquids.



Class C fires involve energized electrical equipment, this equipment becomes Class A if de-energized.

Class D fires involve metals such as magnesium and require special extinguishing agents.



Class K fires involve animal fats and cooking oil. These extinguishers are used in commercial kitchens.



Fire extinguishers are designed for use on particular classes of fire. They will be labeled indicating which type they are used for. It is important not to use the wrong extinguisher on a fire. Probably the most common type today is an ABC extinguisher which works on those three classes of fires.

To use a fire extinguisher use the easy to remember acronym **PASS**.

**P**ull the pin

**A**im at the base of the fire

**S**queeze the top of the handle

**S**weep the extinguishing agent back and forth to cover the material that is burning.

If you use a fire extinguisher always position yourself with a way out. Don't let the fire come between you and your exit. You or someone should first pull a fire alarm or notify others of the fire and call 911.

If small fires are extinguished before they grow, whole buildings can be saved along with everything in them. Lives may be saved as well.

Just remember to keep yourself safe. If you have doubts about the situation back out and let the fire department handle it.



Chief Warren Almon

Fire Marshal North Little Rock Fire Department

Last month was **National Burn Awareness Week**. Scald injuries are caused by boiling water or hot liquids or steam coming into contact with skin and can be particularly dangerous for **children and elderly (and pets)**.

**Preventing Scald Injuries**—set your water heater to 120 degrees Fahrenheit or less, this should be approximately just below the medium setting.

**Before getting into the bathtub** or allowing your children to get in, test the water first.

**Install special tub spouts** and shower heads to protect delicate skin from hot water burns.

Exercise caution when drinking **hot liquids**. Do not drink them when holding a small child unless you use a mug **WITH** a cover.

Keep **hot drinks** away from the edge of your dining room table or countertop.

Test food and liquids **heated in the microwave** **BEFORE** consuming or giving to children.

**If you are burned**, run the affected body part under cool water for 3—5 minutes, then apply a sterile clean cloth. If the burn is severe, seek medical attention.

**DO NOT** place ice, butter or lotion on a burn to make it heal faster.





Mayor Terry C. Hartwick holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments.

Below are highlights from January 2023

**Hays Center**—7,903 members visited, with an average 254 members per day. 148 new members. Trips: Heber Springs to see the Trumpeter Swans, Searcy Senior Center for Bingo and fellowship. Volunteers contributed 684 hours.

**Sanitation**—Garbage / Yard Waste crews collected 2,233.46 tons (4,466.92 lbs) of household garbage, rubbish and junk. Yard (green) waste crews collected 104 loads (2,863.00 cubic yards) of green waste. Leaf crews collected 121 loads (4,079.48 cubic yards). 212 tires picked up. Sanitation Code performed 20 inspections, 20 re-inspections. Issued 17 notices for non-compliance. Collected \$700.00 from move-outs or excessive bulk waste. Curbside recycling tonnage for the month was not provided.

**Traffic**—AR One Call requests—79, Signs/posts repaired or replaced—72, City vehicles marked with decals—3. Stealth box at 2413 Fairway, Speed trailer at 33rd and Marion and Allen and 51st Street, Stealth radar at A and Cedar Street.

**Police**—overall crime statistics were trending downward however there was an increase in aggravated assault and robbery. Property crimes remained steady or were lower than December. First Joint Police Academy comprised of NLRPD, Maumelle, Jacksonville and Sherwood Department began with 25 recruits who will attempt to complete a rigorous 19 week curriculum. Two pre-certified officers were sworn in.

**Fire**—Total incidents—1,015, Fires—42, False alarms—85, Rescue/Emergency Medical—606, Hazmat—24. Training hours: 4,008 Building surveys: 128. 4 new hires.

**Emergency/911**—Total dispatch entries: 7,525, non-911 calls—4,399, 911 calls—5,916, abandoned 911 calls—617.

**Planning**—Inspectors traveled 2,598 miles within the city performing the following inspections: 110 HVAC, 146 Plumbing, 205 Electrical, 160 Building. Issued the following permits: 4 sign, 0 banner, 3 demolition, 10 New Single Family (average cost \$158,425), 43 Residential Remodel (average cost \$17,246), 1 New Commercial (cost \$2,500,000) 8 Commercial Remodel (cost \$170,948), 1 new Multi-family units (358)

**Electric Customer Service**—Payments—41,566.

**Code Enforcement**—Assigned calls—140, Citations—4, Violation Notices—476, Vehicles Tagged—296, Lots Posted—6, Signs Removed—5, Structures Inspected—41, Rental Inspections—47, Food Service Inspections—12,

Houses Demolished by city—8, Houses Demolished by owner—4, Vacant Lots Cleaned—54, Lots with Structures Cleaned—6, Vacant Houses Secured—5, Vacant Lots Mowed—0, Tires removed—133.

#### **Animal Control**—Incoming:

Dog—164/164 ytd

Cat—63/63

Other—0/0

Adopted:

Dog—36/36

Cat—37/37

Other—1/1

Reclaimed:

Dog—22/22

Cat—1/1

Other—0/0

Euthanized:

Dog—108/108

Cat—18/18

Service Calls—555/555

Citations—54/54 Vouchers (Spay/Neuter)—48/48

Friends, this is a sad message to share. Just last month, January, 2023, our shelter took in 164 dogs...unfortunately they had to euthanize 108 to make room for the new comers. Our shelter isn't big enough for all of them...we need **YOU**, our residents to help by spaying or neutering your furry family members. Also, here's a reminder...**don't shop...please adopt!**

**Parks & Recreation**—Arkansas Inland Maritime Museum had 626 visitors, hosted 1 group—Arkansas Historic Preservation Program (47) Special events: 5 overnight stays—Troop 545 from Arlington, Texas (35) and Troop 450 from Memphis, Tennessee (17). NLR Elite Starz team placed first in their division at JamFest in Hot Springs. The Youth basketball league held Jamboree and had over 200 attendees!

**Street**—work in the street department is never ending...crews patch potholes, pick up litter, clean out storm drains (remove accumulated debris including leaves and grass clippings). Assist other departments with various projects as well.

#### **Electric**

39,820 customers

\$8,156,688 revenue

131,746 kw peak power

60 sq miles—territory

11,252 transformers

555 miles of wire

10,458 street lights

5,032 security lights

82 lighting repairs

39,401 smart meters

Major outages: 12-10-22 Velvet Ridge and E 52nd

Street—2,340 customers out 3 hrs 56 minutes.

Outage—Velvet Ridge and East 52nd Street, outage due to storms, failed insulator. 2,340 customers out 3 hours 56 minutes.

**Neighborhood News**—did you know our NLR Neighborhood Services Department provides a bi-monthly newsletter? If not, visit our website at [www.nlr.ar.gov](http://www.nlr.ar.gov), then click on the Government tab, followed by Neighborhood Services. Click on the highlighted months you want to see. There is also a handy calendar included!

The March/April edition includes an article about Doing Business in North Little Rock and much more!





## City of NLR General Fund Dec 2022

### Revenues

|                        |                    |
|------------------------|--------------------|
| Interest Income        | 25,395             |
| Miscellaneous          | 474,430            |
| Licenses/Permits       | 206,156            |
| Property Tax           | 432,378            |
| Intergovernmental      | 62,269             |
| Franchise Fees         | 357,227            |
| Local Option Sales Tax | 5,371,697          |
| Charges for Services   | 202,038            |
| Fines/Fees             | 190,203            |
| Net Transfers          | 1,662,205          |
| <b>Total Revenues</b>  | <b>\$8,983,998</b> |

### Expenditures

|                           |                    |
|---------------------------|--------------------|
| Administration            | 393,553            |
| Animal Shelter            | 103,691            |
| Special Appropriations    | 875,030            |
| City Clerk                | 61,149             |
| Emergency Services        | 285,376            |
| Finance                   | 180,337            |
| Fire                      | 2,745,986          |
| Health                    | 11,457             |
| Legal                     | 99,752             |
| 1st Court                 | 117,201            |
| 2nd Court                 | 63,389             |
| HR                        | 124,209            |
| Commerce                  | 44,192             |
| Planning                  | 129,522            |
| Police                    | 3,069,619          |
| Code Enforcement          | 205,378            |
| Public Works              | 153,288            |
| Neighborhood Services     | 42,229             |
| Sanitation                | 786,506            |
| Vehicle Maintenance       | 159,255            |
| Senior Citizens Center    | 128,998            |
| Communications            | 19,716             |
| Fit2Live-Wellness         | 16,973             |
| <b>Total Expenditures</b> | <b>\$9,816,776</b> |

As of 1-20-23



Call 501-371-8340 and  
select, "option 1" for a  
recorded message with the  
location of the  
NLR Leaf Trucks.



Friends, our NLR Leaf Crews are hard at work sucking up leaves! For the location where trucks are working, call the number above.

If you don't want to wait for the vacuum to get your neighborhood, go ahead and bag your leaves and we'll pick them up on your regular yard waste day!

## Congratulations on 20 Years!

### Patrick Henry Hays Senior Citizens Center

Did you know...

- 3,000 members visited the Hays Center when it opened in 2002
- 5,000 members visited in 2022
- Since opening, the center has had 25,791 members and 6 million visits
- Original cost: \$5 million—38,000 square feet
- 2007 addition added 22,000 square feet—cost \$5 million



Above: former Mayor Patrick Henry Hays, daughter Josie Staggs (L) and wife Linda (R).



Additional photos include city officials and residents.

Below Hays Center staff with Mayor Hays, Mayor Hartwick, former Department Head Charley Baxter and current Department Head Steve Carr.





## Dangerous driving habits it's time to drop

The National Highway Traffic Safety Administration (NHTSA) projections for traffic fatalities in the first 9 months of 2022, estimated 31,784 people would die in crashes during that time.

Everyone is urged to do their part by driving safely and watching out for others on the road, especially vulnerable road users like pedestrians, cyclists and motorcyclists.

**Drunk driving**—in 2020 there were 11,654 fatalities in vehicle accidents where at least one driver was impaired by alcohol. More than half of the drivers were between the ages of 21 and 34.

**Drug-impaired driving**—driving under the influence of any kind of intoxicant can come with deadly consequences, and while alcohol's effects on drivers are well-known, more research needs to be done to fully understand the impacts of drug and polysubstance use on someone operating a vehicle (of any kind).

**Distracted driving**—in 2020 the NHTSA's distracted driving report indicated 324,652 people were injured and 3,142 died in crashes involving distracted drivers. Cell phone use and texting are usually the first things that come to mind

when discussing the dangers of distracted driving. Other distractions include adjusting the climate controls in your vehicle, eating while driving, talking to passengers or fiddling with the radio. These are among some of the things that can take your attention off the road long enough to cause a crash.

**Not wearing seat belts**—an estimated 90.4% of front-seat occupants wore their seatbelts in 2021 according to the National Occupant Protection Use Survey (NOPUS), which is conducted annually by the NHTSA's National Center for Statistics and Analysis. They found 51% of passenger vehicle occupants killed in 2020 were unrestrained, and 58% of those killed in nighttime crashes weren't wearing their seatbelts. The NHTSA claims buckling up in the front set of a vehicle can reduce your chance of fatal injury by 45%, and rise of moderate to critical injury by 50%.

**Speeding**—was involved in 28% of fatal crashes and 13% of injury crashes in 2020—11,258 deaths and an estimated 308,013 injuries in total—according to the NHTSA. Over the course of the last two decades, speed has been involved in around a third of all motor vehicle fatalities. Not only does speeding allow you less control of your vehicle, it can also increase the severity of any crash that may happen, limit your ability to stop quickly if needed and reduce the effectiveness of your car's safety equipment.

**Drowsy driving**—fatigue is all too common in a world where many folks are struggling to keep up with day-to-day life and may not get enough sleep. Those with long commutes or who work later hours may especially struggle to stay awake while driving to or from work, but a little bit of drowsiness while driving can quickly turn into a hazard. These type crashes tend to happen most often between midnight and 6 a.m., and usually involve just vehicles carrying only a driver that run off the road with no sign there was an attempt to brake.

## What is the value of your vehicle?

This is not necessarily a financial question...think about it this way...your vehicle is your mode of transportation to and from work, events, family visits, vacation, etc. You get the idea. If you are involved in an accident that takes your vehicle out of service, will you be able to get to work, take care of a family emergency, or get from point "a" to "b"? Sure you can call a friend, but that will get old quick.

If you are smart, and you should be!...you will have insurance. Hopefully, the person you are in an accident with will be insured as well, especially if it is their fault. If your deductible isn't too high, you'll be able to pay it and be back on the road in no time...but what if you have a high deductible and don't have the funds to pay it? Then what? What if your vehicle is totaled...do you have the funds for a down payment for a new or used replacement? And don't forget sales tax.

When it comes to insurance, make sure you have enough to cover you AND the other person AND their vehicle if you are in an accident that is your fault. Vehicle accidents have resulted in years of litigation for medical expenses, pain and suffering and more.

New model vehicles cost anywhere from \$30,000.00 and up, depending on what you can afford to drive or want to drive. A cheaper option to buying a vehicle would be a lease, but be careful. Often a lease may allow you to be a high roller but at what cost? How much is the insurance? Do you have a set number of miles you are able to drive before being assessed an over mileage penalty.

So you have your vehicle...do you take care of it?

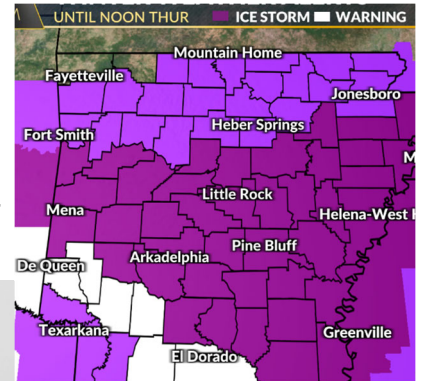
- Your vehicle is a lot like your body. It has to have fuel and be cared for to be able to function effectively. Keep up with oil changes and other scheduled appointments.
- Rotate and align your tires when required. This becomes especially important if you're driving in inclement weather, uphill or downhill, or on an unpaved road. Protect your vehicle from the elements...even the sun. It's important to keep your car cleaned and waxed. This help keeps the outside healthy. (Don't forget the inside too!) Always use the right kinds of fluids for your vehicle. This includes gasoline. Some car engines could be ruined if you use the wrong kind of gas.







Friends, it is safe to say we avoided an Ice-apocalypse the first week of the month! During that time, city street crews were out 24/7 to keep the main thoroughfares open, our electric department worked around the clock to kept the power on! Thank you to our police and fire staff for your efforts as well. In case you didn't know already, we are really proud of the great teams we have in North Little Rock City Government. Rain or shine, hot or cold, our crews will be out to make sure the needs of our residents needs are met. We would be remise if we didn't mention all of the support staff who made the journey to and from work each to keep our city services running.



Left and below are crews from Carolina Power and Signalization who were brought in by Entergy Arkansas. The crews staged overnight in downtown North Little Rock and were heading to the Pine Bluff area when these photos were taken.





### Peddlers Permit City of North Little Rock

Issued to: **Mel Dun**  
Issued: 1/3/2023  
Expires: **3/3/2023**



Sex: Male  
Eyes: Brown  
Hair: Dun  
Height: 15 hands  
Employer: **Equine sunglasses**  
Type of Goods Sold: **Sunglasses for horses**

City Clerk and Treasurer Diane Whitbey  
By: **SAMPLE ONLY—**  
**only valid with signature**

Deputy City Clerk / Treasurer, Revenue

To see a **list of issued permits**, visit the city website at [www.nlr.ar.gov](http://www.nlr.ar.gov), then click on City Clerk/Treasurer, followed by Licensed Peddlers.

To see an **individual ID/Permit**, click on the person's name. All licensed door to door peddlers are **required to have the ID issued by the City Clerk's Office with them at all times.**

**Currently, we have NO permitted door to door solicitors.**

### **All 2022 North Little Rock Business/Privilege License/Permits expired January 1, 2023.**

**All persons** doing business **of any kind** within the city limits of North Little Rock are required to have a Business/Privilege License. This includes home-based such as lawn care or internet sales.

**\*\*If a business operates 1 day into the new year, it is required to obtain a business license at the full fee.\*\***

If you have any questions, please contact the North Little Rock City Clerk's Office at 501-975-8617.

## North Little Rock History Commission



If you or a loved one have items you think might have a historic value to our city, please consider donating them to the North Little Rock History Commission. Accepted items will be maintained in their archives.

**For more information, call 501-371-0755 or email [nlrhhistory@comcast.net](mailto:nlrhhistory@comcast.net).**

The North Little Rock Convention & Visitors Bureau wants to help promote your upcoming events! Visit [www.NorthLittleRock.org](http://www.NorthLittleRock.org) or call Stephanie Slagle (Director of Marketing) at [stephanie@northlittlerock.org](mailto:stephanie@northlittlerock.org) or 501.404.0378 to submit your events.

**If we're starting to sound  
like a broken record...  
GOOD!**

**ALL PERSONS DOING  
BUSINESS OF ANY KIND IN  
THE CITY OF NORTH LITTLE  
ROCK ARE REQUIRED  
TO HAVE A CITY BUSINESS LICENSE**



If someone does business **within our city limits**, they are required to have a city business license. If you operate **out of your home** you are required to have a business license. If you **operate a mobile business** you are required to have a business license.

**Insured and Bonded.** Make sure you do your homework on anyone you are thinking about doing business with. Check to see if the person working for you has a state license (if required) city license (required), insurance bond (to cover any damages that may occur on your property).

**Q&A...**if I board animals in my home, do I need a business license? Boarding animals in a residence is not allowed in the city. Second, animal boarding requires an inspection by the North Little Rock Animal Shelter.

**Q&A...**do I need a business license if I walk dogs for other people. YES. You would have to go to the persons home to walk their dogs. You would not be able to board them in your home.

**Q&A...**I want to make prepared meals in my home, do I need a business license? First, this is not allowed by the State Health Department. Without a Health Inspection, you cannot obtain a business license.

**Q&A...**I want to go door to door to sell products, do I need a business license. YES. All door to door solicitors/peddlers/transient merchants are required to have a business license.

**What happens if I do business without a license?** You will be issued a citation and have to appear in court. You are then subject to a fine and any court costs associated with the same.



## ***North Little Rock City Council Schedule***

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:00 p.m.** in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at [Dwhitbey@nlr.ar.gov](mailto:Dwhitbey@nlr.ar.gov).

The City Council Agenda can be found at [www.nlr.ar.gov](http://www.nlr.ar.gov), then click on the Government tab, followed by Council Agenda.

## **City Offices located at 120 Main**

|                                      |              |
|--------------------------------------|--------------|
| Finance, Ember Strange               | 501-975-8802 |
| Information                          | 501-975-8888 |
| Human Resources, Betty Anderson      | 501-975-8855 |
| Planning, Shawn Spencer              | 501-975-8835 |
| Purchasing, Mary Beth Bowman         | 501-975-8881 |
| Utilities Accounting, Terrell Milton | 501-975-8888 |

## **City Council Members**

|        |                    |              |
|--------|--------------------|--------------|
| Ward 1 | Debi Ross          | 501-753-0733 |
|        | Nathan Hamilton    | 501-952-7679 |
| Ward 2 | Linda Robinson     | 501-945-8820 |
|        | Maurice Taylor     | 501-690-6444 |
| Ward 3 | Steve Baxter       | 501-804-0928 |
|        | Ron Harris         | 501-758-2877 |
| Ward 4 | Charlie Hight      | 501-758-8396 |
|        | Vince Insalaco III | 501-951-0786 |

## **Utility Payment Assistance and Other Numbers**

|                                     |                      |
|-------------------------------------|----------------------|
| Central AR Development Council..... | 501-603-0909         |
| Little Rock Catholic Charities...   | 501-664-0640 ext 459 |
| Saint Francis House.....            | 501-664-5036         |
| Watershed.....                      | 501-378-0176         |
| Helping Hand of Arkansas.....       | 501-372-4388         |
| River City Ministries.....          | 501-376-6694         |
| Arkansas Metro.....                 | 501-420-3824         |
| Arkansas Food Bank.....             | 501-565-8121         |
| American Red Cross.....             | 501-748-1021         |
| Salvation Army.....                 | 501-374-9296         |

## **Other Elected Officials**

|                                    |              |
|------------------------------------|--------------|
| Mayor Terry C. Hartwick            | 501-975-8601 |
| City Clerk/Treasurer Diane Whitbey | 501-975-8617 |
| City Attorney Amy Fields           | 501-975-3755 |
| Dist Court Judge Randy Morley      | 501-791-8562 |
| Dist Court Judge Paula Juels Jones | 501-791-8559 |

## **Telephone Numbers for City Hall**

|                             |              |
|-----------------------------|--------------|
| Mayor's Office.....         | 501-975-8601 |
| Terry C. Hartwick           |              |
| City Clerk & Treasurer..... | 501-975-8617 |
| Diane Whitbey               |              |
| Communications.....         | 501-975-8833 |
| Shara Brazear               |              |
| External Relations.....     | 501-975-8605 |
| Margaret Powell             |              |
| Special Projects/DEI.....   | 501-975-3737 |
| Arnessa Bennett             |              |
| Fit 2 Live.....             | 501-442-7406 |
| LaKaisha Shelby             |              |

North Little Rock Curbside Recycling  
schedule for the month of March.



Feb 27 to Mar 3, recycle  
*Mar 6 to 10, no pickup*  
Mar 13 to 17, recycle  
*Mar 20 to 24, no pickup*  
Mar 27 to 31, recycle

# March Birthdays

| Name                 | Dept         | Date | Name                     | Dept            | Date |
|----------------------|--------------|------|--------------------------|-----------------|------|
| HAHN, DUSTIN         | FIRE         | 1    | WOOLF, JACK              | ELECTRIC        | 16   |
| KEATHLEY, ROBERT     | CODE ENF     | 1    | KNIFE, JASON             | FIRE            | 16   |
| HOPE, IAN            | PARKS MAINT  | 1    | HUMPHRIES, TODD          | POLICE          | 17   |
| EVANS, BENJAMIN      | FIRE         | 1    | USSERY, BRANDON          | FIRE            | 18   |
| THOMPSON, MICHAEL    | FIRE         | 1    | USSERY, SHELLEY          | CITY CLERK      | 18   |
| ARCHER, WALTER       | IT           | 2    | GARRINGER, DONALD        | FIRE            | 18   |
| HEISER, DAVID        | TRAFFIC      | 3    | POOLE, DENNIS            | FIRE            | 18   |
| HORSLEY, FARRAH      | ELECTRIC     | 4    | FISHER, JON              | POLICE          | 18   |
| BRADLEY, CHRISTOPHER | FIRE         | 4    | GIPSON, COEDY            | FIRE            | 19   |
| AHLGREN, KENNETH     | ELECTRIC     | 5    | JONES, ALYSON            | COMM DEV        | 19   |
| GATES, COLLIN        | POLICE       | 5    | TUBBS, MARK              | POLICE          | 19   |
| CROSS, JUSTIN        | POLICE       | 5    | LEONARD, ALLISON         | PARKS ADMIN     | 20   |
| LYNCH JR, RONNIE     | PARKS MAINT  | 6    | LATINA, THOMAS           | POLICE          | 21   |
| BRUCKS, SAMUEL       | POLICE       | 6    | COVINGTON, ETHAN         | VEHICLE MAINT   | 22   |
| JACKSON, IRVING      | POLICE       | 7    | MCCLENDON, SUSIE         | FINANCE         | 23   |
| SMITH, BRODY         | FIRE         | 8    | LOFTIS, LOGAN            | POLICE          | 23   |
| SHIELDS, STEVE       | PARKS ADMIN  | 9    | WARD, JUSTIN             | ELECTRIC        | 23   |
| CARTER, JARROD       | FIRE         | 9    | TWEEDY, KENDALL          | POLICE          | 23   |
| SPARKMAN, EMILY      | POLICE       | 10   | COMMONS, LILLIE          | POLICE          | 24   |
| MARION, MARCUS       | STREET       | 10   | DENISON, JOHN            | PARKS MAINT     | 24   |
| WEBB, HEIDI          | POLICE       | 10   | MIDDLETON, WILLIAM       | STREET          | 24   |
| MAULDIN, ROBERT      | HR           | 10   | EVANS, STEPHEN           | FIRE            | 24   |
| ALMON, WARREN        | FIRE         | 10   | WARD, PATRICK            | POLICE          | 26   |
| SMITH, JOHN          | STREET       | 11   | KIMES JR, NATHAN         | POLICE          | 27   |
| SPENCER, LESLIE      | SANITATION   | 11   | WILLIS, CRYSTAL          | COMMERCE        | 28   |
| TEMPLE, JOHN         | POLICE       | 12   | MCEUEN, ELLISA           | POLICE          | 28   |
| ROBINSON, DAVID      | FIRE         | 12   | AMBROSE-LLOYD, DOMINIQUE | ELECTRIC        | 28   |
| HARLAN, TRENT        | FIRE         | 12   | CAPLINGER, JEFFREY       | PARKS SPEC PROJ | 29   |
| BEASTON, RICHARD     | POLICE       | 12   | EVERETT, THOMAS          | TRAFFIC         | 29   |
| BOOTH, GRAYDON       | PARKS MAINT  | 13   | KINCAID JR, WILLIAM      | ELECTRIC        | 30   |
| HADDOCK, TYSON       | FIRE         | 13   | RAY, VINCENT             | POLICE          | 30   |
| AKINS JR, ISAAC      | PARKS MAINT  | 15   | HELTON, CARMEN           | POLICE          | 30   |
| JOSEPH, MARK         | PARKS - GOLF | 15   | PERALTA, MAGDALENA       | HR              | 31   |
| ROE, JASON           | FIRE         | 15   | MCGOWAN, SEAN            | POLICE          | 31   |

*Information regarding employee anniversaries and birthdates is provided by Human Resources the prior year (i.e. 2023 was provided in 2022). So if an employee name is on the list that has retired or resigned, please disregard. Also, typos happen! Please let me know if a name is spelled wrong and a correction will be included next month! For employees who leave the city and come back in a different capacity or department, your length of service may change as well. Example, I worked in the Mayor's Office 10 years, then was elected City Clerk. I have been in the City Clerk's Office 23 years. My total service with the city is 33 years.*

*If this scenario applies to you, please **email me at least one month before the month of your anniversary month** so I can include your total service to the City of NLR! Diane (Dwhitbey@nlr.ar.gov)*



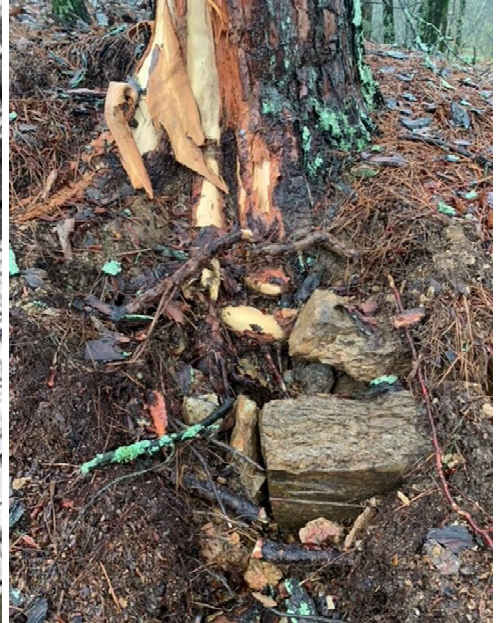
# March Anniversaries

| <i>Name</i>             | <i>Dept</i>   | <i># Yrs</i> | <i>Name</i>            | <i>Dept</i>    | <i># Yrs</i> |
|-------------------------|---------------|--------------|------------------------|----------------|--------------|
| ALBERS, RICKY           | FIRE          | 33           | HOUSTON, JAMES         | ELECTRIC       | 21           |
| ALSTON, JOHN            | POLICE        | 26           | HOWARD, RANDALL        | FIRE           | 3            |
| AMOS, TREVIS            | PARKS MAINT   | 1            | JERNIGAN, EDWARD       | STREET         | 16           |
| ANDERSON, BETTY         | HR            | 22           | JOHNSON, MICHAEL       | POLICE         | 3            |
| ANDERSON, KYRA          | OES/911       | 5            | JONES, PATRICIA        | ANIMAL CONTROL | 28           |
| BARBER, JOHN            | IT            | 21           | KABAT, ANITA           | ANIMAL CONTROL | 10           |
| BARENTINE, RONALD       | PARKS - GOLF  | 9            | KING, JEN-CHUAN        | POLICE         | 26           |
| BLEVINS, MICHAEL        | POLICE        | 23           | KINKAID, BRYAN         | POLICE         | 19           |
| BONNER, AMANDA          | FINANCE       | 23           | LACY, DENISE           | POLICE         | 23           |
| BOWERS, JOSHUA          | COMM DEV      | 4            | LAWRENCE, TYLER        | POLICE         | 3            |
| BOWMAN, JACLYN          | PUBLIC WORKS  | 1            | LEE, CLIFFORD          | STREET         | 9            |
| BREEN, JOSEPH           | 1ST COURT     | 11           | LOOPER, CODY           | POLICE         | 3            |
| CALVIN, LATOYA          | OES/911       | 3            | MARTIN, DELVIN         | PARKS MAINT    | 5            |
| CRAIG, REBA             | POLICE        | 21           | MAXEY, BRECK           | IT             | 29           |
| CROWDER, JON            | POLICE        | 21           | MEADOWS, DONELL        | 1ST COURT      | 6            |
| CUPPS, ROBERT           | POLICE        | 20           | MERLO, MICHAEL         | POLICE         | 26           |
| DIXON, MATTHEW          | FIRE          | 32           | MILLER, MARIE-BERNARDE | LEGAL          | 7            |
| DUNLAP, MARTIN          | ELECTRIC      | 7            | MORGAN, YESENIA        | PARKS ADMIN    | 4            |
| DURAN, DANTANIEL        | FIRE          | 12           | MUNDY, BENJAMIN        | FIRE           | 32           |
| EDWARDS, LUCAS          | POLICE        | 5            | NICHOLAS, CHRISTOPHER  | ELECTRIC       | 18           |
| ELLIOTT, ERIC           | STREET        | 3            | O'DELL, CHARLES        | PARKS MAINT    | 6            |
| ERWIN, GARY             | AIRPORT       | 7            | POUNDERS, JOHN         | FIRE           | 38           |
| EVANS, STEPHEN          | FIRE          | 33           | RAYMUNDO, UZIEL        | FIRE           | 3            |
| FIELDS, AMY             | CITY ATTORNEY | 6            | ROBERTS, ANDREA        | ELECTRIC       | 1            |
| FORNEY, JOSHUA          | POLICE        | 23           | RODGERS, DAVID         | SANITATION     | 9            |
| GANN, CHRIS             | POLICE        | 26           | SHUMPERT, JAMES        | PARKS MAINT    | 4            |
| GARRETT, PATRICK        | POLICE        | 26           | SPENCER, SHAWN         | COMM DEV       | 21           |
| GAUSS, TYREE            | FIRE          | 3            | STEWART, NICHOLAS      | POLICE         | 5            |
| GILMORE, VANESSA        | SENIOR CENTER | 1            | STEWART, SHANDRA       | OES/911        | 1            |
| GREGORY, LANA           | ELECTRIC      | 25           | STOUT, KEVIN           | FIRE           | 3            |
| GUNN III, WALTER        | PUBLIC WORKS  | 11           | THOMAS, MATTHEW        | POLICE         | 22           |
| HALEY, DANIEL           | POLICE        | 20           | TUCKER, GERALD         | FIRE           | 33           |
| HALSEY, JACKIE          | ELECTRIC      | 25           | VANG, BRUCE            | SENIOR CENTER  | 4            |
| HAMBY, WILLIAM          | POLICE        | 3            | WILBON, KATRINA        | PARKS REC      | 35           |
| HARPER, SHELIA          | FINANCE       | 4            | WILBOURN, DAVID        | PUBLIC WORKS   | 12           |
| HARRIS RAY, CHRISTOPHER | ELECTRIC      | 18           | WILSON, JAMES          | ELECTRIC       | 16           |
| HENDERSON, AARON        | FIRE          | 12           | WORTHAM, CODY          | FIRE           | 12           |
| HENSON, REGINA          | PARKS REC     | 36           |                        |                |              |



## The power of lightening

North Little Rock Police Park Ranger Ian Hope shared these photos of a pine tree struck by lightening the morning of February 24. The two other photos show a rock and tree root that were split in half and the debris where it exploded from the ground.



### How Dangerous is Lightning? *Found at [weather.gov/safety/](http://weather.gov/safety/)*

Lightning is a major cause of storm related deaths in the U.S. A lightning strike can result in a cardiac arrest (heart stopping) at the time of the injury, although some victims may appear to have a delayed death a few days later if they are resuscitated but have suffered irreversible brain damage.

According the NWS (National Weather Service) Storm Data, over the last 30 years (1989-2018) the U.S. has averaged 43 reported lightning fatalities per year. Only 10% of people who are struck by lightning are killed, leaving 90% with various degrees of disability.

Odds of becoming a lightning victim (based on averages for 2009-2018)

Estimated U.S. population at the time—330,000,000

Average number of deaths reported—27 Estimated number of injuries—243 (total) 270

Odds of being struck in a given year based on this information—1/1,222,000

Odds of being struck in your lifetime (est 80 years)—1/15,300

Odds you will be affected by someone struck (10 people for every 1 struck)—1/1,530





# North Little Rock Lions Club

Annual

*Bob Moore Memorial*

Fish Fry

**April 7, 2023**



*Fried Catfish*

With All The Trimmings

Serving 4:30PM Until 6:30PM

NLR First United Methodist Church

6701 JFK Blvd., NLR, AR

Price     \$15.00

Contact: Lion James Bullard     Number : 501-864-7153 or  
Club Treasurer     501-766-9286



**We Serve**

Since 1917, Lions clubs **We Serve** have offered people the opportunity to give something back to their communities. From involving members in projects as local as cleaning up an area park or as far reaching as bringing sight to the world's blind, Lions clubs have always embraced those committed to building a brighter future for their community.



Mayor Hartwick presented the annual State of the City presentation during the North Little Rock City Council Meeting, Monday, February 27, 2023.

We're keeping up with the times and our Communications Department is sharing through QR Codes (see above).

Above left—State of the City printed version QR Code

Above right—State of the City video version QR Code

Or....

Visit our website at [www.nlr.ar.gov](http://www.nlr.ar.gov), then scroll down, below Mayor Hartwick's photo to City of North Little Rock 2022 State of the City. Here you will have the option to watch the video, or scroll down to view or download the printed pdf.

The link address is: [https://nlr.ar.gov/news/state\\_of\\_the\\_city\\_2022](https://nlr.ar.gov/news/state_of_the_city_2022)

