



NLR Neighborhood News

Don't Be A Human Popsicle --

The Weather Service issues winter weather forecasts when needed. Winter Storm Watches alert you to the possibility of a blizzard, heavy snow, freezing rain, or sleet, and are usually issued 12 to 24 hours ahead of the storm. Winter Storm Warnings are issued when bad weather is imminent or occurring. Winter Weather Advisories are issued for accumulations of snow, freezing rain, freezing drizzle, and sleet causing significant inconvenience and possibly life-threatening situations.



Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart attacks from overexertion. Limit your time outside and avoid overexertion when shoveling snow. If you are trying to contact family and the lines are all busy, try sending a text. Text messages repeat and are more likely to get through when cell towers are being overloaded because of a disaster.

Your Home: Make sure you have smoke alarms and carbon monoxide detectors in working shape with good batteries. Carbon Monoxide is colorless, odorless, and heavier than air and can kill someone before they know anything is wrong. Gather supplies in case you have to stay home for several days: food, medicine, water, warm clothes, blankets, pet supplies, etc. Have extra batteries for radios and flashlights. Have a battery operated radio that can receive weather warnings. **DO NOT** use generators inside your house or garage. Do not plug them up to the power grid, because it can electrify the lines and electrocute a person working on that line to restore power. Do not heat your house with a gas oven or gas stove top. Do not bring a grill into your home. Learn how to keep pipes from freezing. Do not try to warm pipes with an open flame.



Your Vehicle: Stay off the roads unless absolutely necessary. Create an emergency supply kit for your car. Include jumper cables, sand, flashlight, warm clothes, blankets, hand warmers, bottled water and non-perishable snacks. Keep your gas tank full.

A heavy winter storm can damage the power grid severely and make it very difficult to work on restoring power. In some cases restoration can take days or even weeks depending on the severity of the damage. Make sure you are prepared for a storm-related outage. Stay off the roads. Stay inside. Stay safe.



Welcome Beau Cooper to the Staff of Neighborhood Services



We are happy to welcome the newest employee to Neighborhood Services, Beau Cooper.

Beau has worked with the city for several years, including in the Planning Department and at the Hays Senior Center. He began working with the city in 2014 as an Americorps member. He served for three years in the city's Community Garden program and in 2017 received the Arkansas Community Service award for his work with the gardens.

Beau grew up in north Arkansas around the lower Buffalo and has lived in the Little Rock area since 2007. He graduated from UALR where he studied Technical Writing and Nonprofit Management.

Beau fills the position of Neighborhood Services Liaison. You will most likely be speaking to him when you call our office and you may see him at your next neighborhood meeting. Please help us in welcoming Beau to the team!

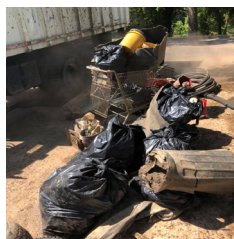
Keep North Little Rock Beautiful Celebrates 10 Years!

Keep North Little Rock Beautiful (KNLRB) is celebrating its 10th anniversary this year. You can be a part of this organization by participating in their two annual events.



Each year in May the North Little Rock City Wide Clean Up is held throughout the city. At the end of the event around lunch time a celebration is held in Burns Park.

The second event is the Arkansas River Clean up held in September. Volunteers walk along the bank of the Arkansas River picking up litter and debris.



All North Little Rock neighborhoods, churches, organizations, etc. are welcome to participate. For more information contact Keep North Little Rock Beautiful at KNLRB@aol.com or follow them on Facebook at www.Facebook.com/KNLRB.



The Arts in Arkansas

In the past five years, the National Endowment for the Arts distributed \$8,284,000 in Arkansas. This federal funding was invested either directly or through state and regional partners.

According to the US Commerce Department analysis, the arts in Arkansas added \$2.8 billion to the state's economy and employed more than 30,000 jobs in the arts and cultural industries with workers earning more than \$1.7 billion in wages and benefits.



Almost 41% of adults in Arkansas attended live music, theater, or dance performance. (For more information on the impacts of arts on Arkansas, go to the National Endowment for the Arts at arts.gov and then to impact and research on that site.)



Community Garden Coordinator Anna Sawyer

Neighborhood Services is now home to the city's community gardens program, which is headed by Community Garden Coordinator, Anna Sawyer.

Anna began working for the program in 2020 right out of college, as an Americorps member. She moved to North Little Rock from Silver Spring, Maryland where she grew up. She had never been to Arkansas before, but we are very happy to have her here.

Anna coordinates with over 20 community gardens scattered throughout the city. She also oversees the funding process for these gardens, a unique program that the city has supported for many years.

If you are interested in the community garden program, please contact Anna at (501) 351-0184 or by email at asawyer@nlr.ar.gov.



About Our Brains -- Our brains are divided into two hemispheres: the right hemisphere and the left hemisphere. While these hemispheres are separated from each other, they communicate with each other through three hundred million fibers called the corpus callosum. All together this conglomeration controls though, memory, emotion, touch, motor skills, breathing, temperature, hunger and every process that regulates our body. They make up our consciousness.

The right hemisphere is all about this present moment. It thinks in pictures and is concerned about our world right now. It takes in all the information of our senses and processes them into our present, our right here and right now. It ties us through the energy we process to the rest of humanity and to creation. It is dominant in the processes of emotion.

Our left hemisphere thinks linearly and methodically. It is all about the past and the future. It takes the present moment and categorizes that information, associates it with our past learning, and then projects into the future looking at possibilities. It thinks in language and houses the voice we hear in our heads. (Some people do not have an interior monologue, but that is a subject for a different day.) It connects our internal world with our external world. It is where we separate ourselves from the rest of the world and the rest of humanity.

Left and right handed people use the left and right sides differently. Language functions are primarily in the left hemisphere in up to 90% of right-handed people. It is more bilateral or even primarily in the right hemisphere in approximately 50% of left-handers. A left-handed person uses their right half for manual tasks while a right-handed person uses the left side similarly. Ten percent of the population is left-handed. Presidents Ford, Reagan, H. W. Bush, Clinton and Obama were all left-handed.

If a person has an injury that separates the two hemispheres, they can still function normally. Also, sometimes where there is damage to a specific portion of the brain, the functions of that portion can be assumed by other undamaged portions of the brain. Recovery can include restoration (including the creation of nerve fibers or cell), rewiring of the brain through changes in white matter, creation of new nerve cells, and strengthening pre-existing circuits in use prior to the injury.

Ted Talks at Ted.com has an interesting series of presentations on the brain and injuries. We suggest watching Jill Bolte Taylor, a brain scientist, talking about her stroke.

Questions? Contact the Following

All dates are evening meetings unless otherwise noted.



Amboy Crime Watch

3rd Monday, 6:30
Burns Park Hospitality House,
Military Drive & Joe Poch Road
Paula Lively, 501-350-7649
pkele@aol.com

Amboy Neighborhood Assn.

Every 3rd Monday, 6:30
Burns Park Hospitality House
Military Drive & Joe Poch Rd.
Angelica Barnard, 501-297-8720
Amboynanews@aol.com

Argenta Neighborhood Boosters

Every 3rd Thursday, 6:00
NLR Heritage Center
506 Main Street
Katie Gleason, 501-773-6189

Baring Cross Neighborhood Assn.

Every 3rd Monday, 6:00
ACTS Church
13th & Franklin Sts.
Harlan Hunter, 501-541-1591

Cobblestone Crime Watch

2nd Tuesday, 6:30
January, April, July & October
Suni Mc Clelland, 501-920-5330
sunimcclellad@gmail.com

Dark Hollow Community Development Corporation

Every 3rd Tuesday, 6:30
1400 Pine Street
Belinda Burney, 501-376-8144

Dixie Addition Community Development Corporation

Every 3rd Monday, 6:00
914 "H" Street
Earnest Franklin, 501-563-5400

East Argenta Annex Neighborhood Watch Assn

Every 3rd Wednesday, 6:00
Sherman Park Rec. Center
624 North Beech Street

Glenview Neighborhood Assn.

Every 1st Tuesday, 7:00
Glenview Rec. Ctr, 4800 E 19th St.
Tim Deloney, 501-553-8703
timrdeloney@comcast.net

HOLT Neighborhood Assn.

3rd Monday, 6:30
March, June, August & November
Gardner Memorial United Methodist
Joy Cameron, 501-374-9520

Keep North Little Rock Beautiful

Every 2nd Monday, 6:00
Rockwater Marina Clubhouse
Randy Naylor, 501-350-8775 or
Lisa Smith, 501-791-2568;
KNLRB@aol.com
or www.Facebook.com/KNLRB

Meadow Park Neighborhood Assn.

2nd Tuesday, 7:00
May, July, September & November
Bethany Baptist Church
308 Eureka Gardens Road
Michael Davis, 501-442-0744

Melrose Outreach

Every 3rd Wednesday, 7:00
Melrose Grocery, 807 Willow St.
Tammy Small, 501-541-3703
TammyRSmall@att.net

Military Heights Outreach Assn.

Every 2nd Thursday, 6:30
North Little Rock Community Center

NAACP

Every 1st Tuesday, 6:00
P.O. Box 5571
North Little Rock, AR 72119
Deborah F. Rhodes, Ph: 501-819-3890
nlrnaacp201@yahoo.com

Neighbors United for Levy

Every 1st Monday, 6:30
No Heights Recreation, 4801 Allen
Doug McDowall, 501-758-1668

North Little Rock Landlords Assn

Every 3rd Monday, 7:00
NLR Community Ctr, 2700 Willow St.
Gail Blucker, 501-835-6679

Park Hill Neighborhood

1st Tuesday, Odd months only, 6:00
Idlewild Park Historic Building
Corner of D, No. Cedar & Plainview
John Gregan, 501-758-7159
johngregan@att.net

Ridge Road Village Neighborhood Watch

Every 4th Thursday, 5:00
4748 Ridge Rd, Phone : 501-771-7500

Rose City Neighborhood Assn.

Every 3rd Monday, 6:00
Rose City Recreation Center
400 Rose Lane
Ken Abel, 501-791-8500, lv message
Nlrrosecityneighborhood@gmail.com

Scenic Hill Neighborhood Assn.

2nd Thursday, 7:00 in
January, March, June & September
Randy Naylor, 501-350-8775

Sertoma Club of NLR

Every Wednesday, 12:00 noon
US Pizza on Warden Road

Sherman Park Neighborhood

Every 3rd Monday, 6:00
8th St. Baptist Church
Corner of Hickory & SA Jones Sts.
Artis Boykin, 501-766-0200

Stone Links Neighborhood Assn.

Every 3rd Tuesday, 7:00
Stone Links Golf Course Clubhouse
Marie Hollowell, 404-259-2957

Willow Beach Neighborhood Assn

2nd Tuesday in March & October, 6:30
Church at Willow Beach
John Santaro, 501-607-1755

**City of North Little Rock
City Hall 300 Main Street**

Elected Officials

Mayor Terry Hartwick 975-8601
City Clerk, Diane Whitbey 975-8617
City Attorney, Amy Fields 975-3755

Council Members

Ward 1

Debi Ross 753-0733
Nathan Hamilton 952-7679

Ward 2

Linda Robinson 945-8820
Maurice Taylor 690-6444

Ward 3

Steve Baxter 804-0928
Ron Harris 758-2877

Ward 4

Charlie Hight 944-0670
Jane Ginn 749-5344

NLR Neighborhood News

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Office Hours-

Monday-Friday

8:00 a.m. to 4:30 p.m.

Comments? We would like to hear from you. If you have neighborhood meetings or activities to be placed in the newsletter, please mail, fax, email or call the information to us. Are you reading someone else's copy? If you would like to be placed on our mailing list, contact our office.

North Little Rock Neighborhood News is a bi-monthly publication. Please note the following deadlines for information to be published:

Issue	Deadline Date
Jan/Feb	December 1
Mar/Apr	February 1
May/June	April 1
July/Aug	June 1
Sept/Oct	August 1
Nov/Dec	October 1

**City of North Little Rock
Holiday Schedule**

**Veteran's Day
November 11**

**Thanksgiving
November 24-25**
Friday & Saturday Sanitation
pick up one day late.

**Christmas Eve
December 23**

**Christmas Day
December 26**
Sanitation pick up
one day late.

**New Year's Day
January 2**



**2022
Recycling
Weeks**

November 6 & 20
December 4 & 18

2023 Recycling Weeks

January 1, 15 & 29
February 12 & 26
March 12 & 26
April 9 & 23

Put your bins to the curb by 7:00 a.m. the day of your regular household garbage pick up. Put them away by 8:00 a.m. the next day.

Recycling Questions?
Call Waste Management
at (501) 565-0191.

**North Little Rock
City Meetings**

Thomas Cemetery Committee
1st Monday, 6:15 pm
Levy Baptist Church,
3501 Pike Ave.

NLR Airport Commission
3rd Thursday, 12:00 pm
120 Main Street, Room A
City Services Building

City Council Meetings
2nd & 4th Monday, 6:00 p.m.
NLR City Hall
300 Main Street

Planning Commission
2nd Tuesday, 4:0 pm
300 Main Street

History Commission
2nd Tuesday, 5:30 pm
506 Main Street

Historic District Commission
2nd Thursday, 5:30 pm
506 Main Street

**Parks & Recreation
Commission**
3rd Monday, 5:00 pm
2700 Willow Street

City Beautiful Commission
3rd Tuesday, 1:30 p.m.
3427 North Magnolia Street

Senior Citizen Commission
Every 4th Monday, 3:00 p.m.
401 West Pershing

Planning Commission
Board of Adjustment & Appeal
Last Thursday of each month,
1:30 p.m.
120 Main Street,
2nd floor, west end

Arkansas Game and Fish Commission (AGFC)

Witt Stephens Jr. Central Arkansas Nature Center --



As of Sept. 9, 2022, 17 cases of rabies have been confirmed in The Natural State this year. Skunks made up the largest component of animal carriers reported, with 13 animals testing positive. Three bats and one domestic dog have been reported with the disease so far this year. Between 24 and 46 cases have been confirmed each year in the last five years, and skunks are the primary animal found with the disease in Arkansas. Any mammal, including humans, can contract rabies but skunks and bats are the primary reservoirs for the disease in Arkansas. Domestic animal cases of rabies in Arkansas

have not exceeded single digits per year in the last decade, thanks to vigilant surveillance and vaccination protocols.

Vaccinations are required for all dogs and cats in Arkansas, which helps prevent spillover from wildlife populations to humans. Any dog or cat 4 months or older must be vaccinated by a licensed veterinarian, and those vaccinations must be kept up to date to remain effective. Dr. Jenn Ballard, state wildlife veterinarian with the Arkansas Game and Fish Commission, says prevalence of rabies virus in wildlife populations is extremely low, but it does still occur at a high enough rate to remain vigilant.

“Our likelihood of detecting the disease in bats and skunks that are behaving abnormally is significantly higher than with other wildlife,” Ballard said. “Skunks being seen out during the daytime and bats found crawling on the ground tend to get attention quickly, so they are often reported.” Ballard says many positive cases are not accompanied by the excessive salivation or aggressive nature people commonly associate with the virus.

“More often, infected animals appear lethargic or unaware of their surroundings,” Ballard said. “Or they may not be as fearful of humans or pets as they should be. The best practice is to always keep your domestic animals vaccinated and enjoy wildlife from a distance.”

Rabies in humans is preventable as long as treatment is started before symptoms develop, so it is important for people to seek medical attention quickly after potential exposures. Anyone who is bitten by or comes into contact with an animal acting abnormally should contact their healthcare provider. Visit www.healthy.arkansas.gov/programs-services/topics/rabies for more information.

Please notify Neighborhood Services of any address change. Bulk rate mail will not be forwarded.



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