

## Hays Center Schedule

1/10/2024

Day	Start	End	Event	Resource	
Mon	08:30am	09:30am	Yoga	Exercise Room A   Exercise Room B	Jason
Mon	08:45am	09:45am	Water Aerobics	Aerobics Pool	Pat
Mon	09:00am	11:00am	Chair Volleyball	Ballroom B	Karon
Mon	09:00am	10:00am	Extreme Fitness	Ballroom A	Marleene
Mon	10:00am	10:30am	Ageless Grace	Ballroom A	Tyler
Mon	10:00am	11:30am	Writing Class	Meeting Room	Tiffany
Mon	10:30am	11:30am	Body Strong	Exercise Room A	Marleene
Mon	10:15am	11:15am	Water Aerobics	Aerobics Pool	Jim Lewis
Mon	11:00am	04:00pm	Cards with Artis	Game Room	Artis & Co
Mon	12:00pm	01:00pm	Piano Lessons - <b>must preregister w/teacher</b>	Meeting Room	Judy
Mon	01:00pm	02:00pm	Piano Lessons - <b>must preregister w/teacher</b>	Meeting Room	Linda Naugher
Mon	02:00pm	03:00pm	Piano Lessons - <b>must preregister w/teacher</b>	Meeting Room	Linda Tharp
Mon	03:00pm	04:00pm	Piano Lessons - <b>must preregister w/teacher</b>	Meeting Room	Linda Tharp
Mon	01:00pm	04:00pm	Sewing Class	Arts & Crafts Room	Jenny
Mon	01:00pm	02:00pm	Walking Off The Pounds	Ballroom A   Ballroom B	Liza
Mon	01:00pm	02:00pm	Water Aerobics	Aerobics Pool	Claudette
Mon	02:15pm	08:00pm	Pickleball	Ballroom A   Ballroom B	
Mon	03:00pm	04:00pm	Water Aerobics	Aerobics Pool	Doloris
Mon	04:30pm	05:30pm	Yoga	Exercise Room A	Angela & Susan
Mon	04:30pm	05:30pm	Walking Off The Pounds	Exercise Room B	Peggy Wolfe
Tue	08:45am	9:45am	Water Aerobics	Aerobics Pool	Pat
Tue	09:00am	12:00pm	Wellness Center - <b>1st &amp; 3rd Tues. each month</b>	Meeting Room	Baptist Health
Tue	09:00am	10:00am	PACE	Ballroom A	Ethel
Tue	09:00am	11:00am	Chair Volleyball	Ballroom B	Karon
Tue	09:00am	10:00am	Tai Chi - Beginner	Exercise Room A	June
Tue	09:00am	02:00pm	Bridge	Game Room	
Tue	10:00am	11:00am	Tai Chi - Advanced	Exercise Room A	June

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Tue	10:00am	12:00pm	Computer Class	Computer Room	Nicole/Mike
Tue	10:15am	11:15am	Water Aerobics	Aerobics Pool	Chris
Tue	10:30am	11:30am	Corn Hole	Ballroom A	
Tue	11:00am	12:00pm	Line Dancing - Intermediate	Exercise Room A   Exercise Room B	Marleene
Tue	12:00pm	01:00pm	Step Aerobics	Exercise Room A   Exercise Room B	Liza/Marleene
Tue	12:00pm	04:30pm	Mahjongg	Activity 2	Anna
Tue	12:00pm	01:00pm	Bean Bag Baseball	Ballroom A	
Tue	01:00pm	03:00pm	Knitting	Arts & Crafts Room	
Tue	01:00pm	02:00pm	Walking Off The Pounds	Ballroom A   Ballroom B	Liza
Tue	01:00pm	02:00pm	Water Aerobics	Aerobics Pool	Judy
Tue	02:15pm	08:00pm	Pickleball	Ballroom A   Ballroom B	
Tue	04:45pm	05:45pm	Walking Off The Pounds	Exercise Room A   Exercise Room B	Peggy
Wed	08:30am	09:30am	Yoga	Exercise Room A   Exercise Room B	Kathy
Wed	08:45am	09:45am	Water Aerobics	Aerobics Pool	Pat
Wed	09:00am	10:00am	Chair Volleyball	Ballroom B	Karon
Wed	09:00am	04:00pm	Pinocle	Overflow - first floor	
Wed	09:30am	10:15am	Body Groove	Exercise Room A   Exercise Room B	Susan
Wed	10:15am	11:15am	Water Aerobics	Aerobics Pool	Jim Lewis
Wed	10:00am	11:00am	Zumba	Ballroom A   Ballroom B	Lisa
Wed	10:00am	11:00am	Bible Study	Activity 2	Hiawatha
Wed	10:30am	11:30am	Henry Hawk	Exercise Room A   Exercise Room B	Marleene
Wed	10:00am	12:30pm	Painting Opportunity	Arts & Crafts Room	
Wed	11:00am	01:00pm	Scrabble	Meeting Room	Marv
Wed	11:00am	03:00pm	Mahjongg	Activity 2	Susan
Wed	11:00am	04:00pm	Cards with Artis	Game Room	Artis & Co
Wed	11:00am	12:00pm	Book Club - <b>meets first Wednesday of each month</b>	Meeting Room	Mary & Gail
Wed	01:00pm	03:00pm	Knitting	Arts & Crafts Room	
Wed	01:00pm	02:00pm	Water Aerobics	Aerobics Pool	Claudette

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Wed	11:00am	12:00pm	Pickleball - <b>beginner lessons</b>	Ballroom A Ballroom B	
Wed	12:00pm	01:00pm	Pickleball - <b>beginner open play</b>	Ballroom A Ballroom B	
Wed	01:00pm	02:00pm	Pickleball - <b>intermediate lessons</b>	Ballroom A Ballroom B	
Wed	02:00pm	08:00pm	Pickleball - <b>open play</b>	Ballroom A Ballroom B	
Wed	03:00pm	04:00pm	Water Aerobics	Aerobics Pool	Doloris
Wed	04:30pm	05:30pm	Line Dance	Exercise Room A Exercise Room B	Emma
Thu	08:30am	12:00pm	Intermediate Quilting	Arts & Crafts Room	
Thu	08:45am	09:45am	Water Aerobics	Aerobics Pool	Pat
Thu	09:00am	10:00am	PACE	Ballroom A	Ethel
Thu	09:00am	10:00am	Beginner Line Dance	Exercise Room A Exercise Room B	Marleene
Thu	09:00am	10:00am	Chair Volleyball	Ballroom B	Karon
Thu	09:00am	02:00pm	Bridge	Game Room	
Thu	10:00am	11:00am	Walking Off The Pounds	Ballroom A Ballroom B	Liza
Thu	10:15am	11:15am	Water Aerobics	Aerobics Pool	Chris
Thu	11:00am	12:00pm	Advanced Line Dance	Exercise Room A Exercise Room B	Marleene/Phyllis
Thu	12:00pm	01:00pm	Bean Bag Baseball	Ballroom A	
Thu	12:00pm	01:00pm	Step Aerobics	Exercise Room A Exercise Room B	Liza/Marleene
Thu	01:45pm	02:45pm	Bingo	Meeting Room	Carol
Thu	01:00pm	02:00pm	Water Aerobics	Aerobics Pool	Judy
Thu	02:15pm	08:00pm	Pickleball	Ballroom A Ballroom B	
Thu	04:45pm	05:45pm	Walking Off The Pounds	Exercise Room A Exercise Room B	Peggy
Fri	08:30am	09:30am	Yoga	Exercise Room A Exercise Room B	Kathy
Fri	08:30am	12:00pm	Intermediate Quilting	Arts & Crafts Room	
Fri	08:45am	09:45am	Water Aerobics	Aerobic Pool	
Fri	09:00am	10:00am	Corn Hole	Ball Room B	
Fri	09:00am	04:00pm	Pinocle	Overflow - first floor	
Fri	11:00am	04:00pm	Cards with Artis	Game Room	Artis & Co
Fri	10:00am	11:00am	Zumba	Ballroom A Ballroom B	Lisa
Fri	10:15am	11:15am	Water Aerobics	Aerobics Pool	Jim

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Fri	11:00am	12:00pm	Line Dance	Exercise Room A Exercise Room B	Phyllis
<b>Fri</b>	<b>12:30pm</b>	<b>02:30pm</b>	<b>POOLS CLOSED FOR CLEANING UNTIL 2:30</b>	<b>Aerobics Pool Lap Pool</b>	
Fri	01:00pm	03:00pm	Knitting	Arts & Crafts Room	
Fri	02:15pm	08:00pm	Pickleball	Ballroom A Ballroom B	
Fri	04:30pm	05:30pm	Zumba	Exercise Room A Exercise Room B	Peggy
Sat	07:00am	01:00pm	Pickleball	Ballroom A Ballroom B	
Sun	12:00pm	05:00pm	Pickleball	Ballroom A Ballroom B	
M-S			Walking Track	Exercise Area	
M-S			Lap Pool	2 people per lane	
M-S			Billards	4 tables	
M-S			Ping Pong	1 table	