

North Little Rock e-Newsletter

Provided by Diane Whitbey, City Clerk and Treasurer November 2015

North Little Rock e-Newsletter

If you have information you would like to share with other city employees, residents and businesses throughout North Little Rock, then let us know. The City Clerk's office provides a monthly *e-letter* to those who subscribe through the North Little Rock website. To sign up, email Dwhitbey@nlr.ar.gov.

Arkansas State Veteran's Day Ceremony

Wednesday, November 11, 2015

11:00 a.m.

Laman Plaza

Guest speaker Governor Asa Hutchinson

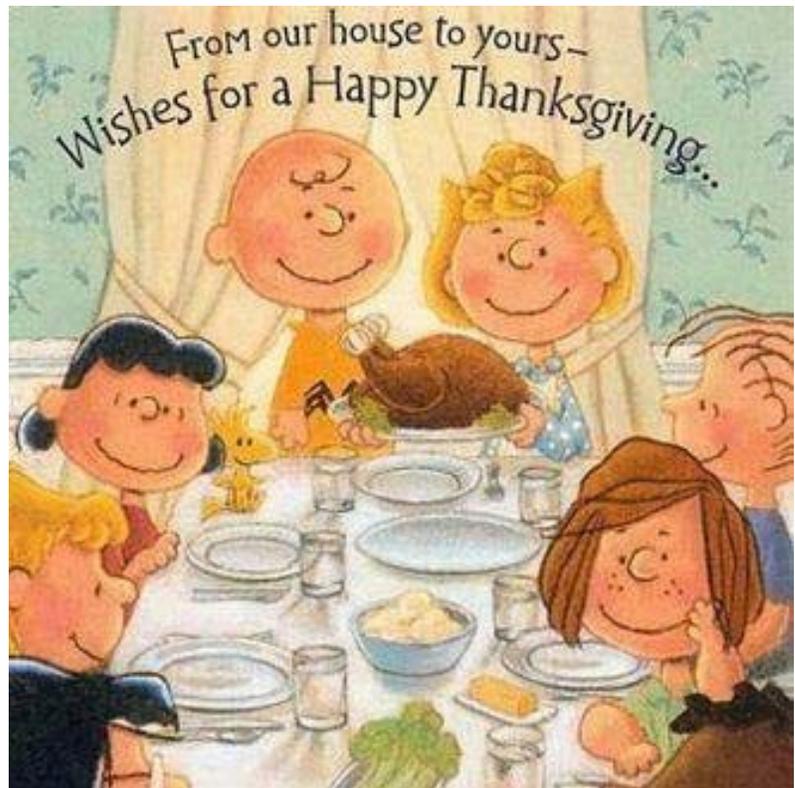


In the event of rain, the ceremony will be held at the North Little Rock Community Center, 2700 Willow

This event is hosted by the City of North Little Rock and the Arkansas State Department of Veterans Affairs

“Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.”

~ Melody Beattie



“Where’s Mel”? Be the 1st person to call 975-8617 and tell us where you found him hiding and win a prize!

**North Little Rock
Animal Control**
For more information call
501-791-8577

Autumn Safety Tips

found at



Ah, fall—there's nothing like crisp, cool air, the first months of school and luscious foliage to get you excited for the changing seasons. Your pet, too, is probably welcoming the break from hot, sticky weather. But pet parents, beware—fall is also a time of lurking dangers for our furry friends. From household poisons to cold weather hazards, the season is a minefield! Here are some tips to keep your pet snug and healthy during the autumn months.

- The use of rodenticides increases in the fall as rodents seek shelter from the cooler temperatures by attempting to move indoors. Rodenticides are highly toxic to pets—if ingested, the results could be fatal. If you must use these products, do so with extreme caution and put them in places inaccessible to your pets.
- It's back-to-school time, and those of you with young children know that means stocking up on fun items like glue sticks, pencils and magic markers. These items are considered “low toxicity” to pets, which means they're unlikely to cause serious problems unless large amounts are ingested. However, since gastrointestinal upset and blockages certainly are possible, be sure your children keep their school supplies out of paw's reach.
- Training tip: If you and your pooch haven't been active outdoors in a while because of the summer heat, do some remedial recall training. Dogs, like people, get rusty on their skills if they aren't using them.

Fall and spring are mushroom seasons. While 99% of mushrooms have little or no toxicity, the 1% that are highly toxic can cause life-threatening problems in pets. Unfortunately, most of the highly toxic mushrooms are difficult to distinguish from the nontoxic ones, so the best way to keep pets from ingesting poisonous mushrooms is to keep them away from areas where any mushrooms are growing. Contact your veterinarian or the [ASPCA Animal Poison Control Center](#) immediately if you witness your pet eating a wild mushroom.

- In order to generate body heat, pets who exercise heavily outdoors, or who live outdoors, should be given more food during colder seasons. Make sure horses and other outdoor animals have access to clean, fresh water that is not frozen.
- Autumn is the season when snakes who are preparing for hibernation may be particularly “grumpy,” increasing the possibility of severe bites to those unlucky pups who find themselves in the wrong place at the wrong time. Pet owners should know what kinds of venomous snakes may be in their environment—and where these snakes are most likely to be found—so they can keep pets out of those areas.
- Many people choose fall as the time to change their car's engine coolant. Ethylene glycol-based coolants are highly toxic, so spills should be cleaned up immediately. Consider switching to propylene glycol-based coolants—though they aren't completely nontoxic, they are much less toxic than other engine coolants.



*Need a new
addition to your
family?
Call
501-791-8577
...we've got the
perfect companion for you!*



Support spaying and neutering in Arkansas by getting your own
Arkansas Specialty *Please Spay or Neuter* License Plate
at any State Revenue Office.



North Little Rock's newest Fire Station, # 11 was dedicated during a Ceremony and Ribbon Cutting held October 16, 2015

North Little Rock Fire Department



Station 11 is located on Highway 165 and will serve residents in the eastern area of the city. Aldermen Maurice Taylor and Linda Robinson worked together persistently to make this station a reality.



The flag was raised followed by Fire Marshal John Pflasterer singing the National Anthem.

Below, Mayor Smith, Congressman French Hill and others were assisted by fire fighters who cut a ribbon using the Jaws of Life.

Judging of a chili cook off between fire crews A, B and C was held immediately following the dedication. The competition was judged by a local TV reporter who determined that the "B" Crew had the best chili overall.



Highlights from some City Departments



Mayor Joe A. Smith holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments. Below are a few highlights from the last meeting (September events).

Central Arkansas Water—year to date water sales for 2015 are 10.0% below the 13 year historical average.

Laman Library—Crystal Gates has been hired as the new Library Director. In September, 23,811 people visited the library. There were also 5,077 Virtual visits. Downloadable book numbers: 4,349 Audio books, 5,391 E Books. 214 passports processed.

Neighborhood Services—Mailed 7,048 neighborhood association announcements/newsletters. Update the following Facebook pages: Neighborhood Services, Rose City Neighborhood Association, Neighbors United for Levy, and NALC. Began 3rd Neighborhood Leadership Training Class.

Hays Center—Volunteers logged 1,195 hours of service and 6 new volunteer applications processed. 27 trips provided transportation to 268 members. Trips included Mount Magazine, Smith Brick City Emporium, Argenta Library, Pocahontas Blue Bird Tea Room, Murry's Play House, Searcy Senior Center, Conway Lantern Theatre, Fayetteville Blue Bird Factory, Old Chicago and Little Rock Zoo. Member Mike Miller participated in the State Senior Olympics in Hot Springs and won 4 gold and 4 bronze medals.

Utilities Accounting—

Electric bad debt expense
September: \$7,640.00;
2015 Projected Bad Debt \$255,000
New accounts installed: 1,090
Accounts finalized: 1,029
Customer related calls—11,367, direct contact with Customer Service—2,769, inside teller payments received 8,165—electric; 9,216—gas / water, drive-thru teller payments—4,486—electric; 5,263—gas / water, Web/IVR payments—4,358.

Sanitation—Collected and disposed of 1,457.93 tons (2,915,860 lbs) of household garbage/rubbish. Yard Waste crews collected and disposed 227 loads; 4,332 cubic yards of mixed debris along with 3,586 cubic yards of green waste. Issued 81 Sanitation Code notices/letters and 6 citations for non-compliance.

Traffic Services—approved 74 barricade applications for permits. Repaired or replaced signs and posts 276, marked 7 city vehicles with logo, 36 Arkansas One Call location requests.

Police—(August numbers) Theft from Motor Vehicles +7%. Citizens turned in over 400 pounds of unused drug items during National Drug Take Back Day.

Fire—Total Incidents: 964
Residential Fires: 17
Vehicle Fires: 10



Rescue/EMS: 555
Other Responses: 252
Total Responses: 1,762
Other Structure Fires: 0
False Alarms/
Malfunctions: 76
Haz Mat Responses: 12
Mutual Aid: 6
Total Fire Losses: \$645,315
Total Value: \$6,279,600

Total Saved: \$5,634,285
Training: 3,609.06 hours
Building Surveys: 185
Citywide Burn Ban in effect.

Electric Department—38,387—customers, Peak Power—219,138 KW, Territory— 60 square miles, miles of wire—555.1 miles, # Transformers—11,252, Street lights—11,031 (93 repaired), Security lights—3,931 (24 repaired), Smart meters 37,184—Revenue \$10,491,714. Major outages—none

Planning—preparing to start on-line inspection request to allow contractors to make inspection requests and view on-line comments by city inspectors. Inspectors began using hand-held computers in the field. Issued 8 building permits for commercial remodels, 7 new single family residence permits, 352 inspections (80 electric, 120 building and 152 plumbing/HVAC).

City Clerk/Treasurer—taxes -1% Hotel—\$25,979.37, 2% Hotel/Motel—\$51,372.48, Mixed Drink—\$39,293.44, Restaurant—\$490,348.38. Issued 40 new business licenses.

Code Enforcement—123 assigned calls, 659 initiated calls, 60 citations, 418 violation notices, 93 vehicles tagged, 128 structures inspected, rental inspections 44, 28 food service inspections, 2 search warrants, 1 house demolished by city, 4 houses demolished by owner. Code Maintenance—161 assigned calls, 121 vacant lots cleared, 41 lots with structures cleared, secured 3 vacant houses, mowed 135 vacant lots, mowed 46 with structures, picked up 23 tires.

Continued on next page...



Animal Control—NLR
 Incoming
 Animals 206,
 Adopted 44,
 Reclaimed 24,
 Euthanized
 121

Citations issued 80
 Vouchers (low cost spay/neuter) Dogs 35, Cats 15
 Calls for Service 769

Pulaski County Incoming Animals—99,
 Adopted 24,
 Reclaimed 7,
 Euthanized 57

Seized 36 illegal pit bulls. Sent 20 dogs to out of state rescue. Two more skunks tested positive for rabies. The public is reminded **DO NOT HANDLE SKUNKS, BATS OR OTHER WILDLIFE!!!**

North Little Rock Visitors Center—510 reservations at Downtown Riverside RV Park (average stay 2.4 days). VIC had 1,105 visitors. USS Hoga was sent to San Diego and loaded on a cargo ship for transport through the Panama Canal to New Orleans. Estimated arrival date in NLR (before) December 7, Pearl Harbor Day.

Parks and Recreation—Club Eco Kids provided nutritious afterschool snacks and light supper to 225 youth. *Healthy Click* program started with 13 participants. Nickelodeon sponsored the *World Wide Day of Play* event September 25. 185 youth participated. There are 31 participants in the cheerleading competitive program for the school year. *One 2 One Tutoring* provided 30 minute blocks of time with a tutor at Glenview and Sherman Park Recreation Centers. 128 sessions were held during the month. 29 people participated in a Wildlife Education Program where they learned about non-domestic animals in neighboring areas and how urban development has changed their environments. Staff continues clean up in areas of Burns Park related to flooding this year.

**Finance—
 Revenues (MTD—September)**

Taxes	\$2,967,312.37
Licenses/Permits	\$ 92,605.67
Fines/Forfeitures	\$ 224,931.78
Local Option Sales Tax	\$2,249,863.44
Intergovernmental-State	\$ 46,211.82
Franchises	\$ 250,144.73
Investment/Misc	\$ 23,975.34
User Fees	\$ 85,991.03
Utility Transfer	\$ 0.00
Grants & Other	\$ 98,243.94
Transfer from Electric	\$ 923,080.00
Total Revenue:	\$6,962,360.12

Expenditures

Administration	\$ 103,343.27
Animal Shelter	\$ 51,133.61
Special Appropriations	\$ 331,615.76
City Clerk	\$ 19,458.26
Emergency Services	\$ 115,812.21
Finance	\$ 60,820.40
Fire	\$1,099,334.25
Health	\$ 4,128.21
Legal	\$ 39,226.65
1st Court	\$ 62,194.57
2nd Court	\$ 42,330.26
Public Defender	\$ 593.01
Human Resources	\$ 48,800.47
Commerce	\$ 16,004.69
Planning	\$ 50,533.41
Police	\$1,728,271.66
Code Enforcement	\$ 84,213.92
Public Works	\$ 116,576.07
Neighborhood Services	\$ 14,781.91
Sanitation	\$ 313,742.41
Vehicle Maintenance	\$ 34,365.18
Senior Citizens Center	\$ 76,546.12
Communications	\$ 6,390.11
Fit 2 Live	\$ 15,089.24
Total Expenditures:	\$4,435,366.00

Mini Taco Nachos

1. Cook up a batch of taco meat using whatever taco seasoning you like and allow to cool before using.
2. Line baking sheets with aluminum foil that's been sprayed with non-stick cooking spray.
3. Spread out Tostito Scoops on baking sheet in rows.
4. Fill each scoop with 1-2



- teaspoons of taco meat mixture, then top with 1—2 teaspoons of shredded cheese.
5. Sprinkle tops with chopped green onions if desired.
 6. Bake at 375° for 5—7 minutes.
 7. Serve with the following sides: salsa, guacamole, sour cream and hot sauce.



North Little Rock EAST Initiative DogTown Derby 2015

The first DogTown Derby Soapbox Race was held Saturday, October 17, 2015 in downtown North Little Rock. Special thanks to the following car sponsors: Winchester Business Services, NLR Police Department, NLR Fire Department, Proland Title/Karen Hall Realtor Coldwell Banker RPM, NLR Elk's Lodge #1004, Corkys Footwear, Scott Miller Consulting Engineer, NLR City Council/EAST Initiative NLR Middle School, NLR Junior League/United Fence Co, NLR Economic Development/NLR Chamber of Commerce, Jolly Family Dentistry, Solutions IRB and Barnhart Heat and Air.



Team members included: Car 1 Dennis Jones, Hunter Jones and Shron Bollen; Car 2 Randall Bradley, Hayden Alexander, Al-Melek Shakur, Trevian Veasley; Cars 3 & 4 Mike Holley, Jerry Robinson, John Pflasterer, Isaac Kincaid, Lawrence Waller, Christopher Crutchfield, Michael Savage; Car 5 Brandon Hodges, Adam Bergfeld, Lamar Burton, James May, TyJuan Patton, Trey Swift; Car 6 Roy Snook, James Logan, Wendell Piggee, Brandon Burtler, Kalem May; Car 7 Lasker Bell, Pam Keeling, Deanhtay Coleman, Mattie Brooks, Tamara Bryant; Car 8 Richard Carroll, Connor Carroll, Jaxson Sheeley; Car 9 Katrina Allen, Ashley Henderson, Abrianna Adkins, Taniya Burton, Emory Lovelace; Car 10 Mr. Carroll,

Nick Ross, Connor Carroll; Car 11 Donnie Barnhard, Tanner Barnhart, Taylor Barnhard, Christian Cooper; Car 12 Waymond Stewart, Wallace Montgomery, Carl Tidwell, Bryant Houston, Esau Farmer, Deshone Farmer; Car 13 Scotty Jolly, Scottie Jolly, Clayton Jolly, Caroline Jolly; Car 14 Waymond Stewart, Wallace Montgomery/ Carl Tidwell, John Washington and Cordell Washington.

Photos show racers lining up at the start, racing south on Main Street and zooming through the finish line

All photos on this page were taken by Jim Billings, North Little Rock Special Projects Coordinator.



What is Inclusive Play?

Found at www.NPR.org

Remember running around the playground when you were a kid? Maybe hanging from the monkey bars or seeing who could swing the highest?

It wasn't just a mindless energy burn. Many have called play the work of childhood. Play teaches children how to make friends, make rules and navigate relationships.

But for kids whose disabilities keep them from using playgrounds, those opportunities can be lost.

Federal requirements have changed the landscape for public playgrounds, requiring them to include equipment, materials and designs that provide children with disabilities the same opportunities as typical children.



The higher cost of "inclusive" playgrounds means many local governments can't afford them. Often, in places that do offer the kind of shared playing experience contemplated by the ADA (Americans with Disabilities Act), a group of parents is typically behind it all.

Inclusive designs have been evolving for decades. Federal accessibility guidelines have been around since the 1990s. But in recent years there has been a bigger push by parents, advocates and designers, amounting to an inclusive playground movement.

One element that legally defines an accessible playground is literally the ground. If the surface isn't smooth, if it is sand, or had wood chips, kids in wheelchairs might not be able to access it.

North Little Rock Inclusive Play Where FUN has NO LIMITATIONS

Jackson Conner and Jackson Hilliard

Sharing Our Dream

Central Arkansas is home to many children and adults with disabilities. However, there is currently no local playground that enables individuals with special needs to experience the joy of playing outdoors with other children and adults. While many of our local parks are accessible, meaning persons with disabilities can get to them, they are not inclusive, meaning that not all persons can enjoy playground activities. North Little Rock Inclusive Play is designed to encourage people of all ability levels to interact side by side—enjoying similar activities in a common, fun-filled area. As the name suggests, the playground will include integrated activities for all ages and ability levels; and everyone can participate!

Community Build

Community involvement is the key to success. Since the community is helping to fund this playground, we want the community to help build it. We are excited to watch elected officials, public employees, parents, neighbors, business people, and children work together to build a brand new inclusive playground. A community build allows volunteers to be on site, working with contractors to assemble pieces such as slides, roofing, railing, stairs, and other miscellaneous components of the playground.

Depending on the amount of volunteers, a playground can go up in either a day, or several days.

More information on Build Day will go out as funds start coming in and we are able to plan. We look forward to this opportunity to see our community at work, building a dream.

"Playgrounds should be a place where all kids are inspired to participate. I want to take my kids to a place where they blend in with everyone else and for a little while they aren't defined by their disability but by the play of childhood."

- Jennifer Williams, Parent

How Can You Get Involved?

North Little Rock Inclusive Play is a 501(c)3 organization and will be funded through *tax-deductible donations* by individuals and businesses.

Any size donation will be appreciated! The estimated cost to complete this project is \$750,000.

Sponsorship Levels:

Supporter—\$1—\$99: Name featured online under appropriate category and letter of appreciation.

Community—\$100—\$999: Supporter benefits, name in future mailings, Community Supporter Certificate.

Partner—\$1,000—\$4,999: Community benefits, engraved brick in playground patio, press release recognition.

Bronze—\$5,000-\$9,999: Partner benefits, Special Recognition at future events and ribbon cutting.

Silver—\$10,000—\$14,999: Bronze benefits, name on sign to be displayed in park.

Gold—\$15,000-\$24,999: Silver benefits, name on parking space in park.

Platinum—\$25,000 and up: Gold benefits, name on piece of playground

equipment or bench.

Note: the highest donor at the Platinum level will receive their company logo poured into the special playground service.

For more information call 501-551-0567 or email nlrinclusiveplay@gmail.com.

To contact Jackson Conner—co-founder, call 501-551-0567 or email jacksonceast@gmail.com

To contact Jackson Hilliard—co-founder, call 501-353-8522 or email jacksonheast@gmail.com.

Visit the website at www.nlrinclusiveplay.com

[Facebook.com/NLRinclusivePlay](https://www.facebook.com/NLRinclusivePlay)

[Instagram.com/NLRinclusivePlay](https://www.instagram.com/NLRinclusivePlay)

Macular degeneration a leading cause of vision loss as we age

By Sami Uwaydat, M.D. found in *City & Town*, October 2015

As we age, it seems our body slowly decides not to function as well as it did when we were younger. That includes vision. Like the rest of our five senses, it seems we use and rely daily on our eyes working, but don't really think about them until something is wrong.

One of those eye conditions to be on the lookout for is age-related macular degeneration, or AMD. If you're like most, you are probably saying, "What is AMD?" Simply put, it's a common eye condition that is also the leading cause of vision loss in people age 50 and older. It affects 1.75 million Americans and the numbers are expected to rise as our nation grows older. By 2020, the number affected could reach three million.

The condition usually takes place over a long period of time and is the result of damage to the macula, which is a small area in the center of the retina responsible for our central vision. As we grow older, our retinas cannot keep up with the debris that results from its every-day function. These debris byproducts start to pile up in the back of the eye. Eventually, this leads to a blurred or black spot in our central vision that can make it hard to perform daily activities such as driving, reading, and writing.

There are different stages of AMD: early, intermediate, and late. Most of the time, there are little to no symptoms experienced during the early and intermediate stages. Late AMD is divided into two types: non-neovascular, or dry, and neovascular, or wet.

Wet or dry

Dry AMD occurs when yellow spots form on the retina and cause progressive vision loss over several years. The only treatment available is in the form of vitamins, which can slow the progression in 25 percent of patients.

Wet AMD occurs when vessels grow under the retina. These vessels can leak fluid or bleed, which causes people to see black spots or experience distorted vision. The only treatment available now is the injection

of medicine in the eye. This helps the vessels shrink and improves vision. However, the vessels do not disappear and injections must be done monthly.

The major risk factor in developing AMD is age. It's most likely to affect those 60 and older, but it can occur earlier in life. Other than aging, smoking is the greatest risk factor. Smoking causes oxidation, which leads to

damage in the vessels of the eye. Race is also a factor, as AMD is more common in Caucasians than African-Americans. As with many other health-related conditions family history also plays a role.

Prevention

There are ways to help prevent AMD, including regular exercise and a healthy diet rich in green, leafy vegetables and fish. Exercise keeps you in good shape, which can reduce factors associated with AMD like obesity, high blood pressure, and diabetes. Eating veggies and fish gives you a diet healthy in antioxidants, vitamins, and Omega—3 fatty acids. Fruits, such as blueberries, kiwi,

grapes and avocados, as well as nuts, are also recommended.

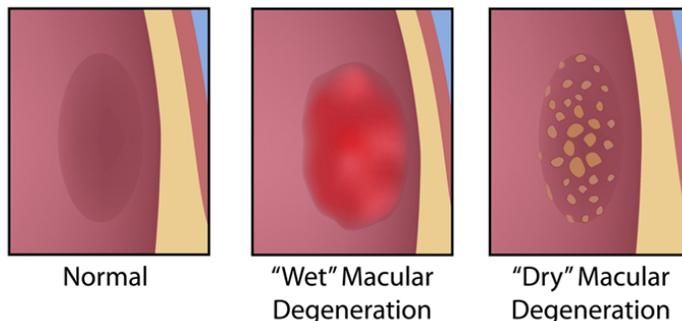
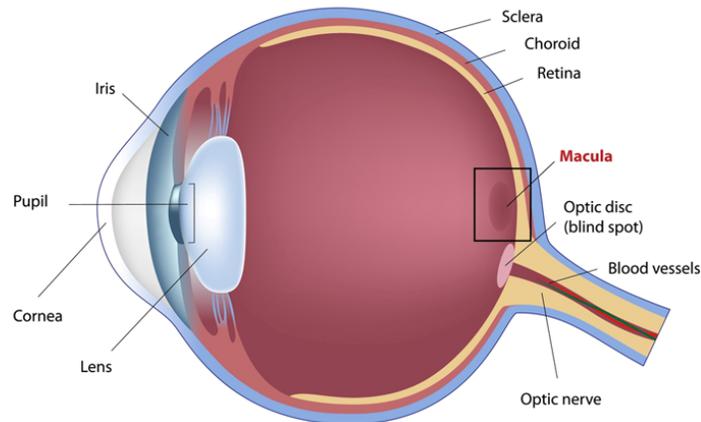
A condition like AMD helps remind us of the importance of regular eye exams. These yearly, routine examinations could allow an eye specialist to detect AMD in its early stages and make treatment more successful.

In the Harvey & Bernice Jones Eye Institute at the University of Arkansas for Medical Sciences, our physicians are able to diagnose and treat eye conditions like AMD. The Jones Eye Institute also has a low-vision specialist and an occupational therapist to help patients who have experienced vision loss.

Our vision is important to our daily lives, so let's make sure we're doing all we can to preserve it.

Sami Uwaydat, M.D., is Associate Professor and Director of the Retina Service, Department of Ophthalmology/ Jones Eye Institute, UAMS College of Medicine.

Macular Degeneration



Race for the Cure

2015



Above top: NLRFD set up their equipment early to be ready for the first runner to cross the river.

Above: Fire Chief Jim Murphy in his pink turnouts and other fire fighters.

Above right: men in kilts decided to show participants a little leg.

Right: Union Pacific Railroad employees lined up to show their support.





Race for the Cure 2015





City employees and many others participated in the Race for the Cure this year. Special thanks to all who volunteered their time and made donations to the Susan G. Komen Arkansas Foundation.



Race for the Cure 2015

North Little Rock Woman's Club Fall Follies

Patrick Henry Hays Senior Center

Dust off your boots and pull on your blue jeans
for a little fall fun.

Saturday, November 7, 2015

Doors open at 5:30 p.m.

Dinner at 6:00 p.m. Corky's BBQ

Homemade Desserts!

Shop at the "Country Store" for Special Gifts
and Entertainment

Tickets \$25.00



For more information call President Helen Greenfield at 501-835-5019.

Update—Leaf Vacuums should start routes by mid November

Residents can continue to bag their leaves for weekly curbside pickup. You can also mow (mulch) them. Mulched leaves provide a great food source for lawns and make great composting material!

Leaves need to be raked or blown to the curb to be vacuumed. Do NOT mix any debris or trash with leaves, do NOT block access to leaves with a vehicle and do NOT put leaves in the street or gutters.

For location information, call 501-371-8355, then select option 4.

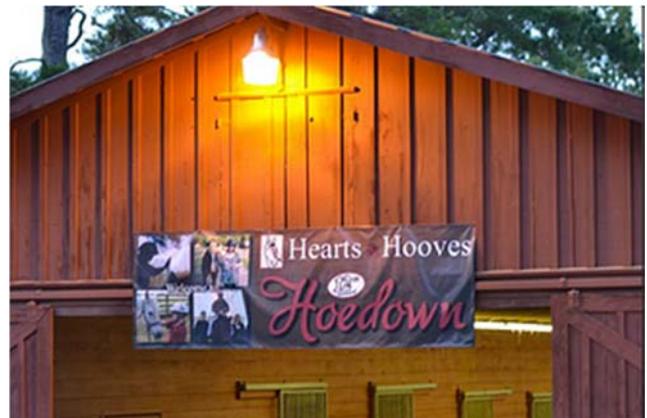


Hearts & Hooves Upcoming Event!

There's still time to get your tickets!

November 7, 2015

For more information, call 834-8509 or
visit www.heartsandhooves.com or
[facebook.com/heartsandhoovesar](https://www.facebook.com/heartsandhoovesar).



Smothered Chicken Casserole

Found at www.bettycrocker.com/recipes/

- 1 Tablespoon oil
- 4 boneless skinless chicken thighs
- 1/2 teaspoon garlic salt
- 1/4 teaspoon pepper
- 6 oz uncooked Angel Hair pasta
- 1 can (10 3/4 oz) condensed Cream of Chicken Soup
- 1 1/4 cups half-and-half
- 1/2 teaspoon smoked paprika
- 2 cups Green Giant Steamers™ frozen broccoli florets; cut into smaller pieces
- 3 slices precooked bacon, crumbled



Heat oven to 350°F. Spray 2 1/2 quart casserole with cooking spray. In 10-inch skillet, heat oil over medium-high heat. Add chicken thighs; sprinkle with garlic salt and pepper. Cook chicken 8 to 10 minutes, turning once, until golden brown and juice of chicken is clear when thickest part is cut (at least 165°F).

Cook pasta as directed on package; drain. In large bowl, mix soup, half-and-half and paprika; reserve 3/4 cup sauce. Stir in cooked pasta and frozen broccoli.

Place pasta mixture in casserole; top with chicken thighs. Spoon reserved sauce over chicken thighs. Top with bacon. Cover and bake 20 minutes; uncover and bake 10 to 15 minutes or until sauce bubbles. *Makes 4 servings. Prep time 30 minutes.*

Malaysian Pork Curry Noodle Soup

Found in *Family Circle*—October 2015

- 3 lbs boneless pork shoulder
- 1 large yellow onion, diced
- 1 3-inch piece ginger, peeled and chopped
- 3 cloves garlic, chopped
- 2 cups unsalted chicken stock
- 1 can (13.5 oz) coconut milk
- 2 Tablespoons lime juice
- 1 Tablespoon curry powder
- 2 teaspoon sugar
- 1 teaspoon salt
- 1/2 teaspoon red pepper flakes
- 1 box (8 oz) pad thai rice noodles

Scallions and chow mein noodles (optional)

Place pork shoulder, onion, ginger and garlic in bottom of slow cooker. In a bowl, whisk stock, coconut milk, lime juice, curry powder, sugar, 1/2 teaspoon of the salt and the red pepper flakes. Pour over pork. Cover and cook on HIGH for 6 hours or LOW for 8 hours.

Using tongs, carefully remove pork to a cutting board and shred. Stir remaining 1/2 teaspoon salt into liquid and return shredded pork to slow cooker. Meanwhile, prepare rice noodles per package directions.

Divide rice noodles among 8 bowls, then ladle some pork and broth on top. Garnish with scallions and chow mein noodles, if using.





**Peddlers Permit
City of North Little Rock**

Issued to: **Mel Dun**
Issued: 10/15/15
Expires: **12/31/15**



Sex: Male
Eyes: Brown
Hair: Dun
Height: 15 hands
Employer: **Equine sunglasses**
Type of Goods Sold: **Sunglasses for horses**

City Clerk and Treasurer Diane Whitbey
By: **SAMPLE ONLY**
only valid with signature

Deputy City Clerk, Treasurer, Revenue

The following have a Peddlers permit in North Little Rock:

PROTECTION 1

Expire on 11-9-15

Bret Barben	Jeffrey Barben
John Carty	Brandon Cohen
Heber Lebaron	Isaac Lebaron
Evan Wahlquist	

Expire on 12-26-15

Karonly Nelson

LEGAL SHIELD

Expire on 12-31-15

Melvin Jackson

To view the above City of North Little Rock issued ID's go to www.nlr.ar.gov, then click on City Clerk and Treasurer, then select Licensed Peddlers and click on the persons name.

North Little Rock History Commission



The North Little Rock History Commission is on Facebook! Search for North Little Rock History Commission and join their page today!

Also, the Friends of North Little Rock History have formed a Non-Profit Organization whose purpose is to protect and promote our city's rich history.

If your family has been in North Little Rock for 50 years or longer, the History Commission wants to know.

If you have items that represent our city's past and would like to donate them for future generations to enjoy, contact the History Commission staff.

For more information, contact the History Commission at 501-371-0755.

The North Little Rock Visitor's Center wants to know about your upcoming events!

To submit events, visit www.NorthLittleRock.org or call Stephanie Slagle, Public Relations Representative at 501-758-1424.

**Amboy Neighborhood Association
Chili Cook-off Fundraiser**

November 14, 2015
Amboy Methodist Church, 311 E. Military
Chili Bowl \$3

Hot Dogs, Drinks, Chips and Desserts will also be on sale
For more information, call Mary Hayward at 501-771-2113 or Vandy Belasco at 501-753-2718



Reminder to residents:

If someone comes to your door, you do not have to answer or let them in. If someone comes to your door and makes you uncomfortable please call the police. If someone comes to your door and is unable to produce an ID issued by the City of North Little Rock City Clerk and Treasurer's Office(similar to the example on this page), please call 501-758-1234.

In all cases, if you call please provide a description of the person, location and vehicle description and license number if possible. You can also call the North Little Rock City Clerk and Treasurer's Office Monday through Friday 8:00 a.m.—4:30 p.m. to verify any business license or peddlers permit in our city at 501-975-8617.

North Little Rock
City Council Schedule

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:00 p.m.** in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@northlittlerock.ar.gov.

The City Council Agenda can be found at www.northlittlerock.ar.gov, then click on the Government tab, followed by Council Agenda.

City Offices located at 120 Main

IS/Data Processing, Kathy Stephens	975-8820
Finance, Karen Scott	975-8802
Fit 2 Live, Bernadette Rhodes	975-8777
Information	975-8888
Human Resources, Betty Anderson	975-8855
Planning, Shawn Spencer	975-8835
Purchasing, Mary Beth Bowman	975-8881
Utilities Accounting, David Melton	975-8888

City Council Members

Ward 1	Debi Ross	753-0733
	Beth White	758-2738
Ward 2	Linda Robinson	945-8820
	Maurice Taylor	690-6444
Ward 3	Steve Baxter	804-0928
	Bruce Foutch	658-9714
Ward 4	Murry Witcher	835-0009
	Charlie Hight	758-8396

**Utility Payment Assistance
and Other Numbers**

Central AR Development Council.....	501-603-0909
Little Rock Catholic Charities...	501-664-0640 ext 459
Saint Francis House.....	501-664-5036
Watershed.....	501-378-0176
Helping Hand of Arkansas.....	501-372-4388
River City Ministries.....	501-376-6694
Arkansas Metro.....	501-420-3824
Arkansas Food Bank.....	501-565-8121
American Red Cross.....	501-748-1021
Salvation Army.....	501-374-9296

Other Elected Officials

Mayor Joe A. Smith	975-8601
City Clerk and Treasurer Diane Whitbey	975-8617
City Attorney C. Jason Carter	975-3755
District Court Judge Jim Hamilton	791-8559
District Court Judge Randy Morley	791-8562

Telephone Numbers for City Hall

Mayor's Office.....	501-975-8601
Joe A. Smith	
City Clerk & Treasurer.....	501-975-8617
Diane Whitbey	
Legal.....	501-975-3755
C. Jason Carter	
Communications.....	501-975-8833
Nathan Hamilton	
External Relations.....	501-975-8605
Margaret Powell	
Special Projects.....	501-975-3737
Jim Billings	

North Little Rock Curbside Recycling schedule for the month of November:

Nov 2—6 recycle
Nov 9—13 no pickup
Nov 16—20 recycle
Nov 23—27 no pickup
Nov 30—Dec 4 recycle



North Little Rock
City Employees



We want to say...

**THANK
YOU!!!**

EMPLOYEE LUNCH

AND WELLNESS FAIR

**November 19, 10:00 a.m.—2:00 p.m.
NLR Community Center Gym, 2700 Willow**

Answers to your
benefits and health questions
MammoVan—Call 501-622-2174
for appointment

Lunch by

TAZIKI'S

FREE FOOD
15+ vendors
Chair massages
Flu shots

★ **FREE Wellness Screenings** ★ **Get up to \$30!** ★

Get a \$10 WALMART GIFT CARD for meeting EACH healthy target range for cholesterol, blood pressure and blood sugar.

SECOND CHANCE if you didn't get a gift card back in May!

PLUS, EVERYONE who gets screened will be entered into a **DRAWING** for a \$250 VISA GIFT CARD.

Rewards for participating in the wellness screenings are available to all full-time employees on United Healthcare. If you are unable to meet the goal range for the gift card incentive at this screening, you will be eligible to earn the same reward by retesting next year and showing improved numbers. Contact: Bernadette Rhodes, Employee Wellness Coordinator, at brhodes@nlr.ar.gov or (501) 975-8777.

November Anniversaries

Name	Dept	# Yrs	Name	Dept	# Yrs		
LINDA	MARSHALL	City Clerk	36	GAYLE	LEWIS-MULLINS	Police	19
WYNNONA	HEARN	OES	19	LAURIE	ROBINSON	Police	6
DOUGLAS	THURMOND	Electric	15	CARRIE	BROWN	Police	4
NORITH	ELLISON	Electric	28	JIMMY	JONES	Police	5
BRAD	BOOTH	Electric	2	ANTWONE	YOUNG	Sanitation	10
KATHRYN	SNIDER	Electric	5	ERIC	SMITH SR.	Sanitation	13
LEWIS	HARPER	Electric	7	CAROLINE	PRENTICE	Sanitation	5
CYNTHIA	YANCEY	Fire	17	STEVE	ADAMS	Street	33
ROGER	ROBINSON	Fire	27	CHRIS	TERRY	Street	21
JAMES	CRAIG	Fire	27	DANNY	DILLON	Traffic	30
MICHAEL	MATHIS	Fire	1	JACOB	MAHAN	Traffic	9
JENNIFER	VESS	1st Court	10	KATHRYN	DILLON	Vehicle Maint	6
JONATHON	DICUS	UAD	2	RONALD	CASH	Vehicle Maint	19
MARY BETH	BOWMAN	Commerce	2	SOLOMON	KIMBLE	Hays Center	9
BRENDA	JONES	Planning	15	WILLIE	ROMES	Parks Maint	33
JOHN	BRECKON	Police	27	ERNEST	PEOPLES	Parks Rec	23
THOMAS	LATINA	Police	27	RICKEY	TRAMMELL	Parks Rec	26
				OWEN	HONEYSUCKLE	Parks Golf	15

Creamy Broccoli Cheese Soup

From Vandy Belasco

1 quart low sodium chicken broth
 2 cups milk (or evaporated milk)
 1 20 ounce package broccoli cuts, thawed
 1/2 small onion finely chopped
 (to save time you can use dehydrated onions)
 1/4 teaspoon each of:
 Ground black pepper
 Onion powder
 Garlic powder
 1 cup Velveta Cheese cubed
 1 1/3 cup instant mashed potatoes
 Combine broth, milk, broccoli, chopped onion, spices and 1 cup water in slow cooker/Crock Pot. Cover and cook on HIGH for 3 hours or LOW for 5



hours. Before serving, stir or whisk in Velveta until melted and well blended. Sprinkle instant potatoes over soup and stir or whisk to combine. Serve immediately with warm bread, cornbread or crackers.

Can also be cooked on your stovetop, but you will have to cook the broccoli for 8 to 10 minutes in the microwave, then add last. Keep the burner low and stir often as this soup burns easily.

Vandy is a member of the Amboy Neighborhood Association and serves on the North Little Rock Planning Commission. This recipe was found in the Amboy Neighborhood News September 2015.

A spreadsheet including all North Little Rock employees is provided at the end of the previous year for Birthday and Anniversary information (to be used the following year). If you see an employee's name who is no longer with the city, keep in mind that the current information was provided during the previous year when those individuals were employees of the City of North Little Rock. If someone is omitted, please let me know!

If you have news, an upcoming event, recipe, photos, etc. you would like to share with others in North Little Rock, please email Dwhitbey@nlr.ar.gov by the 15th of the month.

November Birthdays

<i>Name</i>	<i>Dept</i>	<i>Date</i>	<i>Name</i>	<i>Dept</i>	<i>Date</i>
KANDACE SANDERS	Police	1	BRECK MAXEY	UAD	12
CLINTON O'KELLEY	Police	2	KEISA STEWART	Planning	12
FRANKLIN GRIFFIN SR	Vehicle Maint	2	JOHN HALE	Planning	13
BRUCE FOUTCH	Admin	3	DAVID MATCHETT	Fire	14
TERRY KUYKENDAL	Police	3	RAGAN HERNANDEZ	Police	14
DIANA LUNA	Police	3	JASON RHODES	Parks Maint	14
PATRICK LANE	Street	3	JUDY WEST	2nd Court	15
TYRONE MAYWEATHER	Street	3	SHELBY HUNTER	Police	16
JAMES BRAY	Electric	4	RANDY FLIPPIN	Police	16
KATHERYN STEPHENS	UAD	4	TERENCE METCALF	Fire	17
LATOYA SANDERS	OES	5	SEAN SPECKELS	Fire	17
BETTY ANDERSON	HR	5	DANA BOWERS	Police	18
EMORY REED	Electric	6	JULIE FISHER	Admin	19
JOHNNY GOFF	Fire	6	RAUL DALLAS	Police	19
BRUCE MOYSTER	Police	6	DAVID MOORE	Police	19
BRANDT CARMICAL	Police	6	ROBERT BROWN	Street	19
DANTANIEL DURAN	Fire	7	KIM ALMOND	Police	20
JOSH BURKS	Fire	7	DEAN GATLIN	Street	20
JULIANNE IVY	Sanitation	7	DUSTIN MCNAUGHTON	Parks Golf	20
TINA OFFORD	Sanitation	7	BRENDA JONES	Planning	21
DENNIE HUNTER	Street	7	BRIAN FISCHER	Fort Roots Golf	21
CHARLES STANFORD	Parks Maint	7	DONALD PAYNE	Fire	23
TOBY HARRINGTON	Fire	8	SAM BROOKS JR	Street	23
JUSTIN BRADSHAW	Fire	9	TODD NEBLING	Street	23
SYLVIA NORMAN	UAD	9	MICHAEL WALKER	Parks Maint	24
MICHAEL GARVIN	Police	9	DANIEL HALEY	Police	25
WYNNONA HEARN	OES	10	JOSHUA FORNEY	Police	25
CODY STROUD	Police	10	DENNIS DORRELL II	Police	27
MICHAEL JOHNSON	Code	10	EDWARD RHODES	Street	28
JEFFREY WHITE	Street	10	PHYLLIS DRONE	Police	29
LINCOLN MARTIN	Hays Center	10	THOMAS HANKINS	Electric	30
YANCY TOLLETT	Police	11	CHRISTOPHER PLY	Electric	30
GORDON WITTENBURG	Fire	12	JAMES NEELEY	Police	30

City Offices will be closed

Wednesday, November 11 in observance of Veterans Day

Garbage and trash routes will run one-day delayed the remainder of week

Thursday & Friday, November 26 & 27 in observance of the Thanksgiving Holiday

Thursday's garbage and trash will be picked up Friday;

Friday's pickup will be Saturday

Notice: to be eligible to offer a discount to North Little Rock City Employees, a business must be properly Licensed to do business in the city and current on all monies due to the City of North Little Rock.