

# NORTH LITTLE ROCK E-NEWSLETTER

PROVIDED BY DIANE WHITBEY, CITY CLERK AND TREASURER

JULY 2017

## North Little Rock e-Newsletter

If you have information you would like to share with other city employees, residents and businesses throughout North Little Rock, let us know. The City Clerk's office provides a monthly *e-letter* to those who subscribe through the North Little Rock website. To sign up, email [Dwhitbey@nlr.ar.gov](mailto:Dwhitbey@nlr.ar.gov).



**CITY OFFICES WILL BE CLOSED,  
TUESDAY,  
JULY 4, 2017,  
IN OBSERVANCE OF  
INDEPENDENCE DAY  
GARBAGE AND TRASH ROUTES  
WILL RUN ONE-DAY DELAYED  
WED-SAT**

## Warning to Homeowners

The City of North Little Rock's Safety Inspector, Kenny Stephens recently collected \$1,389.00 from a homeowner for damages to Electric Department equipment. This was the result of the homeowner having back yard tree work done by a tree service that was not bonded, insured or licensed to do business in our city. North Little Rock Electric Department's equipment was damaged as a result of the work.



Homeowners are responsible for their property and those who are working on it. If someone who is not licensed, bonded or insured damages your property or is injured, you, the homeowner may find yourself financially responsible for damages, injuries, etc. Be sure you carry adequate home liability insurance because lawsuits are almost as common as car accidents.

Do your homework. Make sure anyone working on your property is licensed to do business in the city (and with the state if state licensing is required (*Electrical, Plumbing, Arborist, etc.*)), is bonded and has enough insurance to cover any damages to your property or those working on your property.

Also, be cautious of anyone who knocks on your door. Door-to-door peddlers are also required to have a city business license (1—in the name of the business they are conducting; 2—individually to be allowed to go door-to-door).

If you are in need of a new roof, it would be in your best interest to research roofers and not hire someone who knocks on your door and tells you your roof needs to be fixed...and have they "got a deal for you." A cheap deal is not always the best deal! Don't be the victim of a con artist or scam.



If you need trees trimmed, it would be better to research tree trimmers to insure that they are bonded and insured before they start climbing in the trees in your yard or on your house. It would also be in your best interest to make sure they have enough bond/insurance coverage to cover your house (or a neighbor's property) in the event a limb or tree falls on your house while they are working. Another indicator you may not want that person trimming your trees is if they drive up in a car with a ladder sticking out of the back window.

If you want to hire a neighborhood kid to mow your yard, keep in mind that that person has to have a business license to conduct business in the city, AND if they are hurt while working on your property, you may be liable for any injury or resulting disability.



**"Where's Mel"?** Be the 1st person to call 975-8617 and tell us where you found him hiding and win a prize!

**North Rock**  
**Animal Control**  
 more information call  
**501-791-8577**

## Psychological, Emotional, & Social Benefits of Animals

Found at [Doctors Foster and Smithpeteducation.com](http://DoctorsFosterandSmithpeteducation.com)  
 Veterinary & Aquatic Services Department

with daily activities and working with us, animals can help us emotionally, psychologically, and socially.

**Adjust to serious illness and death.** Children often

turn to their pet for comfort if a friend or family member dies or leaves the family. Grieving adults who did not have a close source of human support were also found to have less depression in they had a pet.

**Be less anxious and feel more safe.** Pet owners tend to feel less afraid of being a victim of crime when walking with a dog or having a dog in the home.

**Relax and reduce everyday**

**stress.** Pets can help us relax and focus our attention away from our problems and worries. We do not even need physical contact to appreciate this. Watching fish in an aquarium, or the activity of birds can be very soothing. Of course many of us with dogs and cats find ourselves absent-mindedly petting them, which is relaxing for both us and the pet.

**Have physical contact.** This ability to have something to touch and pet is very important. More and more stud-

ies show how important touch is to our physical and emotional health.

**Lift our mood.** Pets can help ease the sense of loneliness or isolation we feel.

**Have something to care for.** Everyone

needs to feel needed and have something to care for. Many elderly citizens or people living alone will tell you their pet gives them a reason for living.

**Keep active.** Having a pet can help us remain more active. We may not only get more exercise from walking a dog, but we also increase our activity through feeding, grooming, and otherwise caring for our pet.

**Have consistency.** Pets provide some consistency to our lives. Caring for a pet can significantly affect our routine and gives us something to do and look forward to each day. People may come and go, but our pets are pretty much with us day in and day out.

**Have more and better social interactions.** Families surveyed before and after they acquired a pet reported feeling happier after adding a pet to the family.

A study in a Veteran's Hospital showed that the residents had more verbal interactions with each other when a dog was present in the room than when there was no dog present. Dogs were also shown to increase socialization among persons with Alzheimer's disease in a Special Care Unit of a nursing home.

**Summary.**

Pets can greatly influence how we feel about ourselves and life in general. They are teachers and healers of extraordinary talent.



- Lower blood pressure
- Protect you from heart disease
- Provide exercise and companionship
- Raise serotonin and dopamine

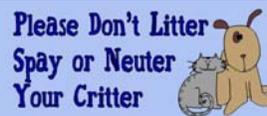


Need a new addition to your family?

Call  
 501-791-8577

...we've got the perfect companion for you!

*Our shelter is full of dogs, cats, puppies and kittens in need of a forever home. Please consider adopting a shelter pet for your next pet.*



Support spaying and neutering in Arkansas by getting your own Arkansas Specialty *Please Spay or Neuter* License Plate at any State Revenue Office.



## North Little Rock Fire Department

### Keep Your Home Safe on Vacation: Essential Tips

Found at [www.independenttraveler.com](http://www.independenttraveler.com)

Murphy's Law for travelers: If anything can go wrong, it will while you're on vacation — which is arguably the worst time a household calamity can strike. Coming home from your honeymoon, a safari or cruise can be gloomy. But returning from a memorable journey and learning something has gone seriously wrong can be downright devastating.

To make matters worse, a house or apartment left empty while its owners are traveling is a tempting target for criminals. We don't want to scare you — or leave you fearing for your treasured belongings while basking on a Caribbean beach. But it's imperative that every traveler take certain key steps to keep his or her home safe and sound while away. Basic preventative measures (which take only minutes to complete) can work wonders to help you keep your home safe from power surges, broken pipes, home invasions and more.

**Ask a Friend to Help.** A simple, albeit crucial, way to gain peace of mind while traveling is to ask a friend or neighbor to keep an eye on your house while you're away. First, bribe them with some freshly baked cookies or cupcakes. Next, ask them to drive by your home once every day or so and check on the place.

Give this person a key so they can bring your mail in, feed your cat, water your plants, rake your leaves, etc. If you don't have a garage, you may also want to give this person a key to your car—you never know when your vehicle may need to be moved. He or she should also have your contact information and a copy of your itinerary in case of emergencies.

**Don't Tip Off Criminals on the Web.** In a world where it seems everyone is posting about their business on social networking sites like Facebook or Twitter, it's important to stop and think: Who is reading this? The anonymity of the internet can encourage us to share personal information without fully realizing that there may be hundreds of complete strangers receiving our daily posts. Would you announce to a crowd that you will be leaving your house unattended for two weeks? If not, you should think twice about posting your detailed vacation plans on social media—especially if the information is

visible to users other than your friends and family (which it probably is).

Be careful what you say on your voice mail, too. Callers don't need to know you're not home—they just need to know you can't come to the phone right now.

**Do Tip Off the Police.** Consider notifying the police department if you're going on vacation. No need to call for a weekend getaway, but do call if you're leaving town for longer than a week or two. It's possible officers can drive by your house while on patrol.

**Curtains Closed — or Open?** Before you leave for vacation, you may decide to close your curtains to prevent people from peering inside your home to see if you're there. However, closed curtains also stop those who aim to help — police, neighbors or friends — from seeing inside. So what's your best option?

Leave your curtains exactly as you usually keep them when you're home, since noticeable changes could hint that you're not around — especially if your curtains are uncharacteristically left closed for two weeks. Keep expensive items like jewelry or computers, out of plain sight if they're visible from the window.

**The Lights Are On But No One's Home.** Don't leave

your lights on at home throughout your entire vacation in an effort to make it look like someone is in the house. Lights on throughout the night might look suspicious.

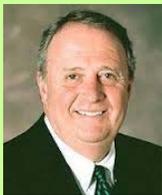
Instead, purchase a light switch timer that can turn your lights on and off automatically according to a programmed schedule. Criminals keeping an eye on your house will notice lights flipping on and off and will probably assume someone is doing the flipping.

**Stop Your Mail.** Either place a "stop" order on mail and newspapers or have a friend or neighbor pick up your mail while you're away. A weeks worth of papers piled on your step could signal to criminals that you are away.

**Pull the Plug.** Unplug your television, computer, toaster oven and other appliances to protect them from power surges. This will help you save power as well; many appliances draw energy even when they're turned off.



## Highlights from some City Departments



Mayor Joe A. Smith holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments. Below are a few highlights from the last meeting (May events).

**Laman Library**—Laman circulation—15,057, total visits—28,453; Argenta circulation—2,920, total visits—6,004. Electronic circulation—7,482, electronic visits—18,591. Items added—1,847, items withdrawn—4,774, total items 195,087. Ancillary Services: Passports—586, Notaries—229.

**Hays Center**—39 new members. Rented ballroom several times. Provided 20 bus trips to members: Fairfield Bay, Des Arc, West Memphis, Bryant Senior Center; and, Bean Bag Baseball Teams “away” games. Provided transportation Memorial Day to celebration at Arkansas State Cemetery. Hays Center volunteers logged 1,338 hours.

**Electric Customer Service**—Bad debt—\$69,524, New accts—1,114, Finalized accts—1,133. Customer calls—8,139. Direct contact: 1,894, inside teller payments: 7,009 Electric; 8,532 Gas/Water. Drive thru: 4,166 Electric; 4,680 Gas/Water. Online: 7,131.

**Sanitation**—Collected and disposed of 2,143.76 tons (4,287,520 lbs) of household garbage/rubbish. Yard Waste crews collected and disposed 239 loads; 6,706.4 cubic yards of mixed debris and green waste. Work special cleanups (due to move outs, illegal dumping—citywide).

**Traffic Services**—approved 86 barricade applications for permits. Repaired or replaced 132 signs and posts, marked 4 city vehicles with logo, 40 Arkansas One Call location requests.

**Police**—Burglary/Breaking and Entering to Buildings and Vehicles continue to increase. Residents are asked to call and report any suspicious activity.

**Fire**—Total incidents—990  
Total Unit Responses—1,875  
Residential Fires—10  
Other fires—3  
Vehicle Fires—4  
False Alarms/Malfuctions—71  
Rescue/Emergency Medical—588  
Mutual Aid—2  
Hazardous Material Response—6  
Structure Fire fatalities—0  
Vehicle fire fatalities—0  
Training hours—3,871  
Building Surveys—213



## Office of Emergency Services/911—

Total incoming calls: 17,264

Incoming call total Non-911 calls: 7,714

Wired 911: 949

Abandoned Wired 911: 154

Wireless 911: 7,585

Abandoned Wireless: 640

Total dispatch computer entries: 9,594

**Planning**—Major permits issued: 4—remodel/accessory—Walmart, Walmart, Dr. Smith Clinic and Tyson. Issued 13 new single family residential permits. Inspectors completed 414 inspections and covered 4,710 miles: 134 Electric; 105 Building; 92 Plumbing; 83 HVAC.

**Electric Department**—38,662 customers, Peak Power—173,477 KW, Territory—60 square miles, miles of wire—555.1 miles, # Transformers—11,252, Street lights—11,046 (248 repaired), Security lights—4,171 (28 repaired), Smart meters—39,732, Revenue—\$6,492,171. Major outages—none.

**Code Enforcement**—202 assigned calls, 652 initiated calls, 66 citations, 541 violation notices, 75 vehicles tagged, 230 structures inspected, 54 rental inspections, 19 food service inspections, 4 search warrants, 3 houses demolished by city, 4 houses demolished by owner. Code Maintenance—167 assigned calls, 18 vacant lots cleaned, 10 lots with structures cleaned, secured 2 vacant houses, vacant lots mowed—146, lots with structures mowed—54, picked up 0 tires.

**North Little Rock Visitors Bureau**—Visitors Information Center in Burns Park had 1,350 visitors in May. Downtown RV Park has 604 reservations/average stay 2.13 days. Fire Department conducted extraction training at USS Razorback Submarine.

## North Little Rock Animal Control—

Incoming animals—287

Adoptions—61

Reclaimed—20

Euthanized—159

Citations issued—48

Dogs/cats sterilized—51

Calls for service—647

Pulaski County

(accepted at NLR)

Incoming Animals—118

Adopted—18

Reclaimed—0

Euthanized—71

Picked up 42 pit bulls. Sent 3 specimens to AR Health Department for rabies testing. 1 came back positive (bat found on Lakeview). **Even though the shelter remained at capacity another month, no adoptable animals\*\* were euthanized for space—something we hope will continue!**

Reminder! Please consider adopting from a shelter! Shelter pets make great additions to any family! And **PLEASE spay or neuter your pets!**

**\*\*Non-adoptable animals are those that are sick, injured, unweaned or by owner request.\*\***



**Finance—Revenues (MTD—MAY)**

Taxes	\$2,255,218.02
Licenses/Permits	\$ 128,518.21
Fines/Forfeitures	\$ 255,680.73
Local Option Sales Tax	\$2,313,301.65
Intergovernmental-State	\$ 36,681.65
Franchises	\$ 172,107.15
Investment/Misc	\$ 23,716.59
User Fees	\$ 98,658.58
Utility Transfer	\$ 50,701.79
Grants & Other	\$ 165,944.12
Transfer from Electric	\$ 923,080.00
<i>Total Revenue:</i>	<i>\$6,422,608.49</i>

**Expenditures**

Administration	\$ 118,275.74
Animal Shelter	\$ 68,137.15
Special Appropriations	\$ 297,382.71
City Clerk	\$ 24,572.17
Emergency Services	\$ 148,929.05
Finance	\$ 76,243.70
Fire	\$ 1,209,558.23
Health	\$ 5,199.48
Legal	\$ 72,128.28
1st Court	\$ 48,846.31
2nd Court	\$ 43,539.91
Public Defender	\$ 1,179.17
Human Resources	\$ 57,579.38
Commerce	\$ 25,152.84
Planning	\$ 71,578.87
Police	\$ 1,933,037.52
Code Enforcement	\$ 99,647.73
Public Works	\$ 99,750.12
Neighborhood Services	\$ 14,964.57
Sanitation	\$ 398,959.59
Vehicle Maintenance	\$ 58,481.23
Senior Citizens Center	\$ 127,229.40
Communications	\$ 12,454.89
Fit 2 Live	\$ 3,969.85
<i>Total Expenditures:</i>	<i>\$ 5,016,798.00</i>

Congratulations to North Little Rock Mayor Joe A. Smith and North Little Rock Alderwoman Debi Ross.

Mayor Smith has been named First Vice President of the Arkansas Municipal League.



Alderwoman Ross has been named Vice President District 2.

The Arkansas Municipal League was founded in 1934 and exists for a threefold purpose: to act as the official representative of Arkansas cities and towns before the state and federal governments; to provide a clearinghouse for information and answers; and, to offer a forum for discussion and sharing of mutual concerns. The Arkansas Municipal League Executive Committee and Advisory Councils represent 501 cities and towns in the state of Arkansas.

**FIRE WORKS  
ARE ILLEGAL  
WITHIN THE  
NORTH LITTLE ROCK  
CITY LIMITS**

*Pursuant to Ordinance 7327  
It is illegal to sell, possess, store, give away,  
use or transport fireworks within the city limits  
of North Little Rock.*

*Violators are subject to a fine of \$500*

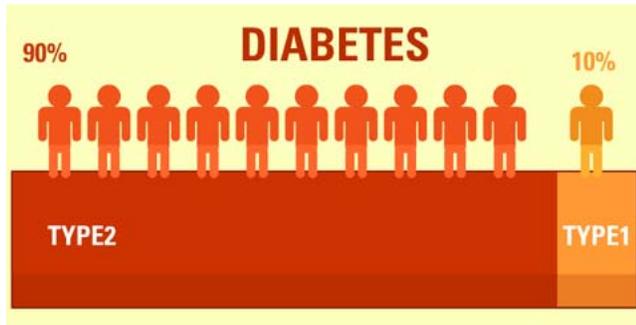
**34TH ANNUAL POPS! ON THE RIVER  
JULY 4, 2017  
12:00 P.M.—10:00 P.M.  
RIVERFRONT PARK  
400 PRESIDENT CLINTON AVENUE  
RIVER MARKET DISTRICT  
LITTLE ROCK AR**

## Four ways to avoid type 2 diabetes

Found in City & Town,  
a publication of the Arkansas Municipal League

By Peter Goulen

The number of Americans with type 2 diabetes continues to rise as normal diets include more and more sugar. Nearly 30 million Americans live with diabetes, and at least 90 percent of those cases are type 2 dia-



betes. In Arkansas, more than 360,000 people have diabetes and there are 21,000 new cases each year, according to the American Diabetes Association.

Diabetes occurs when your body is unable to control its blood sugar level. In most type 2 diabetes cases, the body develops a resistance to insulin, which is a hormone made in the pancreas that helps the body use or store glucose.

There are ways to lower your risk for diabetes. So, how do you do that?

### Eat healthy and get active.

Obesity is a major risk factor for diabetes, which makes diet and physical activity a must. Staying physically active is a great way to stave off weight gain. Shoot for two and a half hours of moderate activity each week. If you're at your desk all day, break up the prolonged sitting periods with a walk around your office or campus. Go for a walk around your neighborhood in the evening or head to a nearby trail. Just move.

Start eating more veggies and fruits and less red meat and sweets. Instead of sugar in your tea, try stevia. Replace the sugary soda with water. It's also important to moderate alcohol consumption as those empty calories are a big driver to weight gain. Replacing friend foods with grilled options is also important.

In monitoring your diet, it's crucial to know your calorie consumption and how much energy you're burning. It only takes a small imbalance to start gaining fat. Let's say you're adding 100 empty calories every day. Within a month, you could be gaining a pound of fat.

Maintaining a healthy weight is key. For information on the UAMS Weight Loss Program, call (501) 603-1497.

### Watch our blood pressure.

As you add on the pounds, you're more likely to develop high blood pressure. These are other common risk factors associated with diabetes.

According to the American Diabetes Association, two in three people with diabetes have high blood pressure or take blood pressure medication. A healthy blood pressure level is below 120/80 for most people. A healthy diet and exercise are great ways to lower your blood pressure.

### Stop smoking.

Typically, smoking tends to be grouped with other unhealthy habits that increase your risk of diabetes, including unhealthy diet and physical inactivity. Smoking also increases your chances of stroke, heart disease, and other serious conditions, so all in all, it's just a good idea to quit.

If you need help quitting, try UAMS' Freedom From Smoking Program. You'll receive one-on-one support, get information on nicotine replacement therapies, and have the support of other former smokers. There is **no cost** to participate. To register or for more information, call (501) 944-5934 or email [plfranklin@uams.edu](mailto:plfranklin@uams.edu).

### Know your numbers.

A fasting blood sugar of 99 is normal. A reading of 100 to 125 is considered pre-diabetes and 126 or greater is in the diabetes range.

Knowing you're in the normal range provides reassurance you're practicing healthy eating habits and getting plenty of exercise. Early detection of a pre-diabetic blood sugar level is also important. If this is spotted early, it's possible to reverse it with diet, exercise, and weight loss. That makes regular, yearly screenings with your doctor important.

### If you have diabetes, don't be discouraged.

I sometimes see people become dispirited or feel hopeless when they are diagnosed with diabetes. If you have the right set of tools, you can greatly improve your situation and live a fulfilling life with this condition. Work with your physician to find a plan that works for you and empowers you to improve.

*Peter Goulen is Assistant Professor and UAMS Diabetes Program Director, Division of Endocrinology, Diabetes & Metabolism, Department of Internal Medicine, UAMS College of Medicine.*

### TYPE 2 DIABETES

- Sedentary Lifestyle
- Familial Tendency
- Average Age 50 Years
- Hx of ↑ BP
- Fatigue ↓ Energy
- Obese
- Recurrent Infections
- Polyuria
- Polydipsia
- FBS > 126 mg/dl



# House to House

## Protect your home from increased crime

*Found in the Daily Record*

While the summer months are often characterized by warmer weather and the smell of sunscreen, they're also the peak season for burglaries.

There's an uptick in crime rates during summer months, but many people don't think it will happen to them.

"Burglary and theft are two of the most common household property crimes, and they're the easiest to prevent.

According to the Department of Justice and the FBI, property crimes are 11 percent more common during the summer months and almost three out of four burglaries occur at a residential property. The average loss per burglary is \$2,322.

Small actions make a big difference when it comes to preventing a burglary. It's important that homeowners are aware of actions they can take to protect themselves and their property.



The Arkansas Realtors' Association compiled the following lists of tips to help homeowners protect their property and themselves during the summer months:

- **Lock doors and windows.** Open doors and windows are one of the most common points of entry for a criminal looking to break into a resident. It's important to keep doors and windows locked at all times, even when you are outside working in the yard.
- **Use specialty locks.** Not only should doors and windows be locked at all times, but homeowners should make sure the locks they're using are a bit more complicated than the average lock. On average,

burglars will spend less than a minute trying to break into a home, so using a lock that will frustrate thieves is an easy way to prevent a break-in.

- **Home Security Systems.** A simple and effective way to deter crime and protect your home is a security system. FBI burglary rates of homes state that 1 in 3 homes without a security system will fall victim to a burglary as compared to 1 in 250 homes that do have a security system. The purpose of a security system won't help if you don't use it...Remember to set it while you are away (or at home).
- **Lock and label large items.** It's important to protect all personal property, including larger items that you store in a garage or outside. Lock larger items such as lawn mowers, bikes, grills, etc. and engrave them with your initials so that you can identify your property in case it is stolen.
- **Be careful on Social Media.** Every picture, tweet, post and check-in regarding vacations can be an opportunity for someone with bad intentions to gather valuable information and make your home an easy target for theft.
- **Light things up.** Outdoor lights are a great deterrent to criminals who don't want to be seen. Focus especially on the rear and sides of your home.
- **Be aware of your neighborhood activity.** You know your neighborhood better than most, so be a good neighborhood watchdog, and alert police to unusual activity.
- **Protect yourself.** Not only do you have to worry about your property, but you also have to worry about protecting yourself. Beware of con artists running home improvement scams and deception burglaries, and be sure not to leave personal information lying around.



*House to House is distributed weekly by the Arkansas REALTORS' Association.*

*For more information on homeownership in Arkansas, readers may visit [www.ArkansasRealtors.Com](http://www.ArkansasRealtors.Com).*

## Peach Salsa

- 1 lb tomatoes
- 1 onion
- 1 jalapeno pepper
- 1 cup yellow corn (canned or uncooked from the cob)
- 1 1/2 lb fresh peaches
- 1/2 cup fresh cilantro
- 2 Tbsp lime juice
- Salt and pepper to taste

Clean all vegetables and peaches  
 Finely dice peaches, tomatoes, onion, jalapeno and cilantro  
 In a bowl, mix diced ingredients with corn.  
 Stir in lime juice, salt and pepper and let chill for 30 minutes.



# CONCERT by the River

TRAGIKLY WHITE

July 15, 2017

7 p.m.

\$10 per person

Children Under 12 years get in free



FAMILY FUN  
MUSIC

FOOD

No outside food or drink

Bring your lawn chair  
and/or blanket!

BEER GARDEN

## Burns Park Soccer Complex North Little Rock, AR



Swalve & Wasson Family

Totally Emma

facebook.com/TotallyEmma



Proceeds from this and future concerts will support a planned inclusive playground for children of ALL abilities in Burns Park.



North Little Rock Parks and Recreation  
501-791-8543 - [specialevents@nlrpr.org](mailto:specialevents@nlrpr.org)

# Lemon Lush

Found at [www.bettycrocker.com](http://www.bettycrocker.com)

## Ingredients:

- 1 pouch (17.5 oz) Betty Crocker™ sugar cookie mix  
Butter and egg as called for on cookie mix pouch for drop cookies
- 1/4 cup butter, melted
- 1 package (8 oz) cream cheese, softened
- 1 cup powdered sugar
- 1 Tablespoon finely grated lemon peel
- 1 (12 oz) container Cool Whip™ frozen whipped topping, thawed
- 2 boxes (4-servings each) Jell-O™ lemon instant pudding & pie filling mix
- 3 cups cold milk



Heat oven to 375°F. Make and bake drop cookies as directed on pouch. Cool completely, at least 30 minutes. Set aside 6 cookies for garnish.

In food processor, process half of the remaining cookies to coarse crumbs. Remove to medium bowl. Continue to process the second half of remaining cookies to coarse crumbs; add to bowl. Stir in melted butter until well blended. In ungreased 13x9 inch pan, press cookie crumb mixture firmly in bottom. Set aside.

In medium bowl, beat cream cheese, powdered sugar and lemon peel with electric mixer on medium speed until smooth, scraping down sides of bowl frequently. Beat in 2 cups whipped topping. Spread over cookie crust.

In another medium bowl, beat dry pudding mix and milk with whisk about 2 minutes or until thick. Spread over cream cheese mixture. Spread remaining whipped topping over pudding layer. Cover and refrigerate 4 hours.

When ready to serve, place 6 reserved cookies into quart-size resealable food-storage plastic bag. Seal bag; coarsely crush cookies with rolling pin. Sprinkle on top. Cut into 6 rows by 4 rows. Cover and refrigerate any remaining pieces.

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# Butterfinger Lush

Found at [www.bettycrocker.com](http://www.bettycrocker.com)

## Ingredients:

- 1 pouch (17.5 oz) Betty Crocker™ peanut butter cookie mix  
Vegetable oil, water and egg, as called for on cookie mix pouch
- 1/3 cup butter, melted
- 1 package (8 oz) cream cheese, softened
- 1 cup creamy peanut butter
- 1 cup powdered sugar
- 1 (12 oz) container Cool Whip™ frozen whipped topping, thawed
- 2 boxes (4-servings each) Jell-O™ chocolate instant pudding & pie filling mix
- 3 cups cold milk
- 3 Butterfinger™ candy bars (1.9 oz each), unwrapped, chopped (about 1 1/2 cups)



Heat oven to 375°F. Make and bake cookies as directed on pouch. Cool completely, at least 30 minutes.

In food processor, process half of the cookies to coarse crumbs. Remove to medium bowl. Continue to process the second half of remaining cookies to coarse crumbs; add to bowl. Stir in melted butter until well blended. In ungreased 13x9 inch pan, press cookie crumb mixture firmly in bottom. Set aside.

In medium bowl, beat cream cheese, peanut butter and powdered sugar with electric mixer on medium speed until well blended, scraping down sides of bowl frequently. Beat in 2 cups whipped topping. Spread over cookie crust.

In another medium bowl, beat dry pudding mix and milk with whisk about 2 minutes or until thick. Spread over cream cheese mixture. Spread remaining whipped topping over pudding layer. Cover and refrigerate 4 hours.

When ready to serve, sprinkle chopped candy bars on top. Cut into 6 rows by 4 rows. Cover and refrigerate any remaining pieces.

# Various Phenomena Chronological Events—July

found in *Grier's Almanac 2017*

First  
published  
in 1807



and  
every year  
since

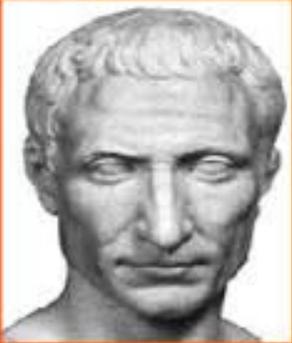
- 1 First sponsored TV, 1941
- 2 President Garfield shot, 1881
- 3 "Flying Saucers" reported, 1947
- 4 West Point Military Academy opened, 1802
- 5 Bikini swimsuits introduced in Paris, 1946
- 6 Naval hero John Paul Jones born, 1747
- 7 First solar powered plane flight, 1981
- 8 Liberty Bell cracked, 1835
- 9 Washington D.C. established as U.S. capitol, 1791
- 10 Georgia Floods crest, 1994
- 11 Burr killed Hamilton in duel, 1804
- 12 Julius Caesar born, 100 B.C.

- 17 U.S. and Russia linked spacecrafts, 1975
- 18 Secret ballot vote concept introduced in Britain, 1812
- 19 Firearms inventor Samuel Colt born, 1814
- 20 First paid admission to a baseball game, 1859
- 21 Neil Armstrong first man to set foot on moon, 1969
- 22 Battle of Atlanta, 1864
- 23 First ice cream cone made in St. Louis, 1904



**Julius Caesar  
Rise to Power**

- 60 BC a military leader named Julius Caesar joined forces with Crassus, a wealthy Roman, and Pompey, a popular general
- With their help, Caesar was elected to the Consul in 59 BC
- The First Triumvirate, formed by Caesar, Crassus and Pompey, ruled Rome for the next ten years



- 13 Trans-Atlantic Cable laid, 1866
- 14 French Revolution began, 1789
- 15 First U. S. jet passenger flight, 1954
- 16 First U. S. parking meters installed, Tulsa OK, 1935

- 24 Mormons settled Salt Lake City, 1847
- 25 First test-tube baby born, 1979
- 26 FBI organized, 1908
- 27 Korean war ended, 1953
- 28 City of Miami incorporated, 1896
- 29 First Almanac printed, 1472
- 30 Henry Ford born, 1863
- 31 First patent registered, 1790



**Peddlers Permit  
City of North Little Rock**

Issued to: **Mel Dun**  
Issued: 8/1/17  
**Expires: 11/30/17**



Sex: Male  
Eyes: Brown  
Hair: Dun  
Height: 15 hands  
Employer: **Equine sunglasses**  
Type of Goods Sold: **Sunglasses for horses**

City Clerk and Treasurer Diane Whitbey  
By: **\_SAMPLE ONLY—**  
**only valid with signature**

Deputy City Clerk / Treasurer, Revenue

**North Little Rock History Commission**



If you or someone you know has items of a historical interest (photos, newspaper clippings, keepsakes, etc.) to City of North Little Rock, please consider donating them to the NLR History Commission.

For more information, call 501-371-0755 or email [nlrhistory@comcast.net](mailto:nlrhistory@comcast.net).



*The North Little Rock Convention & Visitor's Center wants to know about your upcoming events! To submit events, visit [www.NorthLittleRock.org](http://www.NorthLittleRock.org) or call Stephanie Slagle, Public Relations Representative at 501-758-1424.*

**As of July 30, the following were registered to solicit door to door in the city of North Little Rock.**

**LegalShield Expire 7-12-17**

Melvin Jackson

**Smart Home Pros—Vivint**

**Expire 9-1-17**

Luke Brawley  
Spencer Brindley  
Ethan Carpenter  
Samuel Coffey  
Michael C. Davenport  
John DelRossi

Ernesto Gomez  
Omar Gomez  
Brandon Hensel  
Arturo Holt  
Nathan Kaira  
Otto Kerler  
Anthony Lemon-Bass  
Justin Locklear  
Devin Luzietti  
Matthew Maturo  
Matt Meyers  
Christ Montoya  
Matt Packard  
Colin Parker  
Tristan Pears

Ryan Pisani  
Jordan Sock  
Andrews Svanda  
Miguel Junior Villareal  
**Southwestern Advantage**

**Expire 9-9-17**

Sirle Erimee  
Helene Tismus

To see a list of issued permits, visit the city website at [www.nlr.ar.gov](http://www.nlr.ar.gov), then click on City Clerk/Treasurer, followed by Licensed Peddlers.

To see an individual ID/Permit, click on the person's name.

**Question:** *If I call someone to come to my home to sell a product, make a repair, trim a tree, lawncare, etc, do they have to have a door-to-door peddlers permit?*

**Answer:** No. If you initiate the person coming to your home, they are not considered door-to-door sales. However, they are required to have a City Business/Privilege License to be able to conduct business in our city.

**Reminder to residents:**

If someone comes to your door, you do not have to answer or let them in. If someone comes to your door and makes you uncomfortable please call the police. If someone comes to your door and is unable to produce an ID issued by the City of North Little Rock City Clerk and Treasurer's Office (similar to the example on this page), please call 501-758-1234.

In all cases, if you call please provide a description of the person, location and vehicle description and license number if possible. You can also call the North Little Rock City Clerk/Treasurer's Office Monday through Friday 8:00 a.m.—4:30 p.m. to verify any business license or peddlers permit in our city at 501-975-8617.

***North Little Rock***  
***City Council Schedule***

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:00 p.m.** in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at [Dwhitbey@nlr.ar.gov](mailto:Dwhitbey@nlr.ar.gov).

The City Council Agenda can be found at [www.nlr.ar.gov](http://www.nlr.ar.gov), then click on the Government tab, followed by Council Agenda.

**City Offices located at 120 Main**

IS/Data Processing, Kathy Stephens	975-8820
Finance, Karen Scott	975-8802
Fit 2 Live, Isaac Henry	975-8777
Information	975-8888
Human Resources, Betty Anderson	975-8855
Planning, Shawn Spencer	975-8835
Purchasing, Mary Beth Bowman	975-8881
Utilities Accounting, David Melton	975-8888

**City Council Members**

Ward 1	Debi Ross Beth White	753-0733 758-2738
Ward 2	Linda Robinson Maurice Taylor	945-8820 690-6444
Ward 3	Steve Baxter Ron Harris	804-0928 758-2877
Ward 4	Murry Witcher Charlie Hight	835-0009 758-8396

**Utility Payment Assistance and Other Numbers**

Central AR Development Council.....	501-603-0909
Little Rock Catholic Charities...	501-664-0640 ext 459
Saint Francis House.....	501-664-5036
Watershed.....	501-378-0176
Helping Hand of Arkansas.....	501-372-4388
River City Ministries.....	501-376-6694
Arkansas Metro.....	501-420-3824
Arkansas Food Bank.....	501-565-8121
American Red Cross.....	501-748-1021
Salvation Army.....	501-374-9296

**Other Elected Officials**

Mayor Joe A. Smith	975-8601
City Clerk/Treasurer Diane Whitbey	975-8617
City Attorney C. Jason Carter	975-3755
District Court Judge Randy Morley	791-8562
District Court Judge Paula Juels Jones	791-8559

**Telephone Numbers for City Hall**

Mayor's Office.....	501-975-8601
Joe A. Smith	
City Clerk & Treasurer.....	501-975-8617
Diane Whitbey	
Legal.....	501-975-3755
C. Jason Carter	
Communications.....	501-975-8833
Nathan Hamilton	
External Relations.....	501-975-8605
Margaret Powell	
Special Projects.....	501-975-3737
Jim Billings	

North Little Rock Curbside Recycling  
 schedule for the month of July

**July 3-7—NO**  
*July 10-14—Recycle*  
**July 17-21—NO**  
*July 24-28—Recycle*  
**July 31-Aug 4—NO**



# JULY BIRTHDAYS

NAME		DEPT	DATE	NAME		DEPT	DATE
ERIC	BONNES	OES	1	STEVEN	CHAMNESS	POLICE	15
SHANNON	JOHNSON	UAD	1	EDWARD	JERNIGAN	STREET	15
DONALD	KEELS SR	PARKS & REC	1	JOSHUA	LEWIS	PARKS MAINT	15
MIKE	DAVIS	POLICE	2	KEITH	JOHNSON	PARKS & REC	15
JAMES	SEIGRIST JR	VEHICLE MAINT	2	SAYVION	SMITH	PARKS CONCESS	15
JAYLA	WHITLEY	PARKS & REC	2	CHERI	MONROE	OES	16
MARCUS	PEREZ	POLICE	3	DONALD	STEELE	POLICE	16
JOHN	DAVIDSON JR	STREET	3	RUSS	ELROD	CODE	16
RICHARD	MCDONALD	PARKS GOLF	3	SONJA	WAFFORD	PARKS CONCESS	16
KATHERINE	BUFORD	PARKS CONCESS	3	WILLIAM	DAVID	FIRE	17
RON	OSBORN	ELECTRIC	4	JOSPEH	BREEN	COURTS	17
JACOB	LOTT	ELECTRIC	4	JOSHUA	THRELKELD	POLICE	17
KYLE	SIMPSON	FIRE	4	UNARD	BUSH	STREET	18
SAMUEL	MONTGOMERY	POLICE	4	LACHASITY	MOORE	PARKS CONCESS	18
CAMERON	STEWART	PARKS CONCESS	4	APRIL	MARKHAM	ELECTRIC	19
ROCKY	HARRIS	ELECTRIC	5	STONE	KETELSEN	UAD	19
CHARLEY	BAXTER	SENIOR CENTER	6	SHAMILLE	TENSLEY	POLICE	19
KEVIN	DANAHER	PARKS GOLF	6	JON	SAVARY	TRAFFIC	19
ELBERT	GREEN	ELECTRIC	7	LAWRENCE	GREEN	SENIOR CENTER	20
TAMAR	JORDAN	PARKS & REC	7	STEPHEN	FORTSON	FIRE	21
AYSHA	DIXON	PARKS & REC	7	RODNEY	THOMAS	POLICE	21
ANTHONY	GARDENER	ANIMAL CONTROL	8	SAMUEL	HEAVRIN	STREET	21
BRIAN	THOMAS	FIRE	8	JUSTIN	MCDUGAL	VEHICLE MAINT	21
BUD	GRAY	OES	9	LATEISHA	BARBEE	UAD	22
WILLIAM	DANIELS	ELECTRIC	9	JOHN	DESIZELTS	POLICE	22
DAVID	MELTON	UAD	9	BRIAN	DEDRICK	POLICE	22
JEFFREY	ELENBAAS	POLICE	9	CEDRIC	WILLIAMS	CODE	22
JOANNA	FUREIGH	PARKS ADMIN	9	JULIE	ECKERT	POLICE	23
WAYNE	WRIGHT	SANITATION	10	KRISTAN	STUART	PARKS GOLF	24
KEVIN	SANDERS JR	PARKS & REC	10	KAREN	ROLLINS	OES	25
TIM	VANYA	COMM DEV	11	CHARLENE	JAMES	POLICE	25
MARK	HOOD	POLICE	11	GABRIEL	TROBIS	FIRE	27
CARLA	NICHOLS	POLICE	11	BRENDA	GENTRY	COURTS	27
COURTNEY	RHODES	STREET	11	CHIP	GOREE II	POLICE	27
NEAL	GRUMBINE	AIMM	13	JASON	HAWKINS	OES	29
JODY	HARRIS	PARKS MAINT	13	LAITH	ADAMS	FIRE	29
CRAIG	EDWARDS	POLICE	14	TOMMY	FELLS	SANITATION	29
BRANDON	BENNETT	POLICE	14	MARGARET	HILLISTAD	SANITATION	29
FREDERICK	MOORE III	STREET	14	MICAH	TURNER	PARKS & REC	30
NATHANIEL	LEE	PARKS MAINT	14	MARGARET	POWELL	ADMIN	31
JONATHAN	STATON	FIRE	15	BILL	BUSH	PUBLIC WORKS	31
JAY	KOVACH	POLICE	15				

*Information regarding employee anniversaries and birthdates is provided by HR the prior year (i.e. 2017 was provided in 2016). So if an employee name is on the list that has retired or resigned, please disregard. Also, typos happen! Please let me know if a name is spelled wrong and a correction will be included next month!*

*Notice: to be eligible to offer a discount to North Little Rock City Employees, a business must be properly Licensed to do business in the city and current on all monies due to the City of North Little Rock.*

# JULY ANNIVERSARIES

<i><b>NAME</b></i>		<i><b>DEPT</b></i>	<i><b># YEARS</b></i>	<i><b>NAME</b></i>		<i><b>DEPT</b></i>	<i><b># YEARS</b></i>
JIM	BILLINGS	ADMIN	3	MYNA	MILLER	AIMM	1
JESSICA	BEINS	ANIMAL CONTROL	3	LYLE	GRISHAM	AIMM	3
SHANNON	CARROLL	COMM DEV	19	RUSSELL	GOODNIGHT	PLANNING	1
SHELLEY	USSERY	CITY CLERK	1	MICAH EL	GARVIN	POLICE	10
SHEILA	HICKS	OES	8	JOSEPH	TULLOS	POLICE	2
SHELLY	BARNES	OES	2	JEFFREY	COBURN	POLICE	4
SHAKIIA	MOORE	OES	2	CODY	STROUD	POLICE	3
KYLE	MCNEIL	ELECTRIC	5	SAMANTHA	THOMPSON	POLICE	3
DAVID	SIDERS	ELECTRIC	38	TOM	WADLEY	CODE	17
STEPHANIE	THOMAS	FINANCE	36	FELECIA	MCHENRY	CODE	17
PAMELA	TILLER	FIRE	24	RUSS	ELROD	CODE	18
STEVEN	LANKFORD	FIRE	14	JOHN	MCCULLAR	PUBLIC WORKS	7
CHAD	FREY	FIRE	16	TONY	SMITH	PUBLIC WORKS	4
ALAN	GARNER	FIRE	18	DWIGHT	AKINS	SANITATION	20
MICHAEL	TREADAWAY	FIRE	19	ANTHONY	PHILLIPS	SANITATION	1
JUSTIN	BRADSHAW	FIRE	9	CHERYL	BROWN	STREET	4
JARROD	CARTER	FIRE	3	SCOTTIE	RUMMELL	STREET	33
TOBY	HARRINGTON	FIRE	15	DENNIE	HUNTER	STREET	20
WESLEY	STEPHENS	FIRE	15	SAMUEL	HEAVRIN	STREET	1
WILLIAM	POE	FIRE	15	WILLIAM	KINCAID JR	STREET	1
CHARLES	HOBSON	FIRE	13	TODD	NEBLING	STREET	9
SEAN	WALKER	FIRE	14	ERIC	DUNCAN	STREET	1
COREY	EISENHOWER	FIRE	9	DAVID	HEISER	TRAFFIC	5
MATTHEW	MATCHETT	FIRE	2	JOHNNY	GRAY	VEHICLE MAINT	9
JEREMY	WADE	FIRE	3	ANGELA	WIRT	SENIOR CENTER	13
TRENT	HARLAN	FIRE	2	LAJOY	ROBINSON	SENIOR CENTER	1
DALTON	GASTON	FIRE	4	IAN	HOPE	PARKS MAINT	4
CASSANDRA	SCALES	COURTS	2	THOMAS	BREWER	PARKS MAINT	17
VICTOR	RODRIGUEZ	COURTS	11	PHILLIP	MOORE SR	PARKS & REC	1
LATONIA	WOODS	UAD	22	MARY	GAYDEN	PARKS & REC	1
TERRELL	MILTON	UAD	12	JOHNATHAN	WIMBERLY	PARKS & REC	1
LATEISHA	BARBEE	UAD	13	MACEY	COLEMAN	PARKS & REC	1
STONE	KETELSEN	UAD	1	KEVIN	DANAHER	PARKS GOLF	1
GREGORY	ZONNER	AIMM	12	ADDISON	DUNBAR	PARKS CONCESS	2
JOSEPH	MATHIS	AIMM	8				