

North Little Rock e-Newsletter

Provided by Diane Whitbey, City Clerk and Treasurer

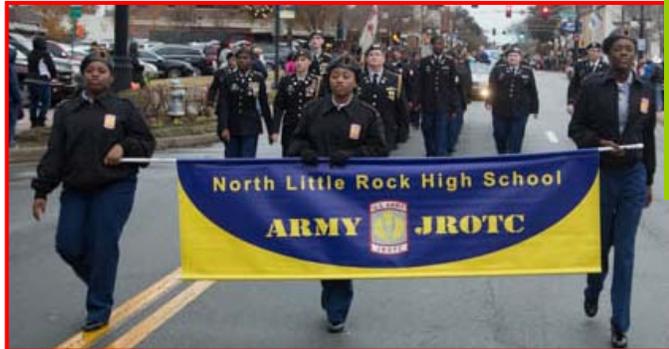
January 2017

North Little Rock e-Newsletter

If you have information you would like to share with other city employees, residents and businesses throughout North Little Rock, let us know. The City Clerk's office provides a monthly *e-letter* to those who subscribe through the North Little Rock website. To sign up, email Dwhitbey@nlr.ar.gov.



The
City of North Little Rock
North Little Rock Sertoma Club
NLR Convention & Visitors Bureau
Annual Christmas Parade
was held Sunday
December 11, 2016



"Where's Mel"? Be the 1st person to call 975-8617 and tell us where you found him hiding and win a prize!



North Rock
Animal Control
 more information call
501-791-8577

Safe Handling Tips for Pet Foods and Treats

Found at www.fda.gov

Consumers can take steps to help prevent foodborne illness, including Salmonella-related illness, when handling pet foods and treats. These products, like many other types of foods, can be susceptible to harmful bacterial contamination.

Salmonella in pet foods and treats can cause serious infections in dogs and cats, and in people too, especially children, older people, and those with compromised immune systems. Salmonella in pet foods and treats potentially can be transferred to people ingesting or handling the contaminated products.



FDA has stepped up its efforts to minimize the incidence of foodborne illness associated with pet foods and treats. Pet owners and consumers can also help reduce the likelihood of infection from contaminated pet foods and treats by following safe handling instructions:

Buying

- Purchase products in good condition, without signs of damage to the packaging such as dents or tears.

Preparation

- Wash your hands for 20 seconds with hot water and soap before and after handling pet foods and treats.
- Wash pet food bowls, dishes, and scooping utensils with soap and hot water after each use.
- Do not use the pet's feeding bowl as a scooping utensil—use a clean, dedicated scoop or spoon.
- Dispose of old or spoiled pet food products in a safe manner, such as in a securely tied plastic bag in a covered trash receptacle.



Storage

- Refrigerate promptly or discard any unused, leftover wet pet food.

Refrigerators should be set at 40° F.

- Dry products should be stored in a cool, dry place—under 80° F.
- If possible, store dry pet food in its original bag inside a clean, dedicated plastic container with a lid, keeping the top of the bag folded closed.
- Keep pets away from food storage and preparation areas.
- Keep pets away from garbage and household trash.

Raw Food Diets

FDA does not believe raw meat foods for animals are consistent with the goal of protecting the public from significant health risks, particularly when these products are brought into the home or used to feed domestic pets; however, we understand that some people prefer to feed these types of diets to their pets.

This article appears on FDA's Consumer Health Information Web page, which features the latest on all FDA-regulated products.



**Please Don't Litter
 Spay or Neuter
 Your Critter**



Need a new addition to your family?
 Call
 501-791-8577
 ...we've got the perfect companion for you!

Our shelter is full of dogs, cats, puppies and kittens in need of a forever home. Please consider adopting a shelter pet for your next pet.



Support spaying and neutering in Arkansas by getting your own Arkansas Specialty *Please Spay or Neuter* License Plate at any State Revenue Office.



North Little Rock Fire Department New Years Eve Safety Tips

Found at metrofire.ca.gov

Drinking: While this goes under the “common sense” rule, it still must be said, DON'T SIT YOUR DRINK DOWN ANYWHERE! A lot of times people are to trusting within their surrounding and tend to put their drink down where anyone can get to it, keep your drink with you. Even if you have to go to the bathroom, either take it with your or give it to a close friend of yours. Whatever you do, don't leave your drink at a table and then come back to it. While New Year's Eve is super fun it's also super dangerous when it comes to someone spiking your drink while it's unattended. When you are popping champagne bottles, aim the cork away from people. This may sound funny, however; it's a serious issue, it's all fun and games until someone loses an eye!

Driving: Whatever you do this New Year's Eve, DON'T DRINK AND DRIVE! Even if you've had only a couple of drinks, have a designated driver to drive you around. You many think that you're not that “buzzed up”, however you're wrong! To avoid problems with accidents and the law, have someone “sober” drive for you. This doesn't count if your designated driver had drinks along with you; make sure your driver is alcohol free for the night.

Public Events: Being that it's New Year's Eve I'm sure you're going to want to attend all of the parties and New Year's festivities. When attending these events, beware of your surroundings at all times! This is extremely important since you may be drinking around tons of people you don't know in a place you've probably never been. Never go to these types of places by yourself. This doesn't just go for women it also goes for men! When at public events make sure you have a communication device such as cell phone or laptop just in case anything negative occurs. Be prepared!



No Fireworks or Guns: This will be enforced to the fullest by law enforcement when it comes to New Year's Eve festivities. If you are going to engage in fireworks, leave it up to the professionals. If you are caught with fireworks this New Year's Eve, it may be more than just a fine; it may possibly lead to jail time!

Friends: If you plan on going anywhere for the New Year's Eve holiday, take



friends with you! When going to any type of party or function, don't go alone! This is really important when it comes to females going out, always stay in groups!

Pet Safety: Nothing frightens pets more than sudden loud noises. Extra attention must be given so your pets won't run away in a panic. Scared, running pets can be hit by cars, cause accidents, and become lost...not to mention, frequently bite people.

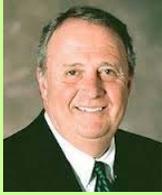
Other tips for your New Year's Celebration include:

- Make sure all fences and gates are secure.
- Make sure your pet has its ID or dog license, come down and microchip NOW, if you already have a microchip make sure it is current.
- Ask your veterinarian for tranquilizers if your animal has shown signs of extreme uneasiness in the past.
- Keep your pets INSIDE, in a comfortable room, with comforting music playing to drown out scary noises.

The Firefighters from the North Little Rock Fire Department wish you all a safe and happy New Year!



Highlights from some City Departments



Mayor Joe A. Smith holds a monthly department head meeting. Department heads provide a report of activities, projects and accomplishments. Below are a few highlights from the last meeting (November events).

Laman Library—37,460 visitors, 11,907 electronic visitors, 16,825 borrowers, 520 events with 24,340 attending.

Neighborhood Services—mailed information for 6 neighborhood associations to 2,510 households. Updated various Facebook pages. Request information from departments for neighborhood newsletters.

Hays Center—44 new members. Trips included Alma (A to Z Store), Searcy Senior Center, Little Rock Zoo, Bryant Senior Center and Santo Coyote for the Red Hat Club. Held Sales Extravaganza-28 members set up tables and sold homemade items which included jewelry, paintings, woodworking, and other crafts. Care Link used computer lab and assisted members in making changes to Medicare benefits. Volunteers provided 1,106 volunteer service hours in various city departments.

Utilities Accounting—

Electric bad debt expense for November: \$6,292.00
New accounts installed: 986
Accounts finalized: 896
Customer related calls—8,730, direct contact with Customer Service—1,971; inside teller payments received 7,080—electric; 7,942—gas / water, drive-thru teller payments 4,070—electric; 4,643—gas / water, Web/IVR payments—5,968.

Sanitation—Collected and disposed of 1,492.18 tons (2,984,360 lbs) of household garbage/rubbish. Yard Waste crews collected and disposed 297 loads; 8,474.4 cubic yards of mixed debris and green waste. Leaf crews collected 3 loads (90.7) cubic yards of mulched leaves. Collected 791 used tires. Issued 74 Sanitation Code notices/ letters and 0 Citations for non-compliance.

Traffic Services—approved 96 barricade applications for permits. Repaired or replaced 225 signs and posts, marked 2 city vehicles with logo, 39 Arkansas One Call location requests.

Police—(October) Theft from motor vehicles +28% (majority unlocked vehicles-remind citizens to keep locked), Property crime -4.94%, Robbery -3%, Violent

Crime Overall -4%. Officers participated in the Boys and Girls Club Ice Cream with kids event. Officers also assisted the Kiwanis Club in delivering Thanksgiving food delivers to 150 residents in the city.

Fire—Total incidents—973
Total Unit Responses—1,906
Residential Fires—24
Other fires—0
Vehicle Fires—5
False Alarms/Malfunctions—66
Rescue/Emergency Medical—538
Mutual Aid—0
Hazardous Material Response—5
All other responses—330
Structure Fire fatalities—0
Vehicle fire fatalities—0
Training hours—5,840
Building Surveys—122

Office of Emergency Services/911—

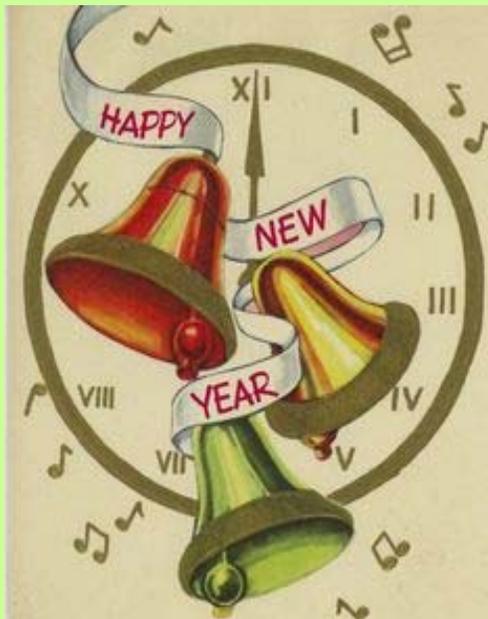
Incoming call total: 16,282
Non-911 calls: 7,262
Wired 911: 807 Abandoned Wired 911: 106
Wireless 911: 6,825 Abandoned Wireless: 607
Total dispatch computer entries: 8,614

Planning—Major permits issued: CTI, Sleep Number, Barry Thompson Studio, Edafio Tech Partners, K and R Properties, and J and K Office and Warehouse. Is-

ssued 2 new single family residential permits (average \$210,000). Inspectors completed 388 inspections and covered 3,889 miles:130 Electric; 71 Building; 112 Plumbing; 75 HVAC.

Electric Department—38,196 customers, Peak Power—136,002 KW, Territory—60 square miles, miles of wire—555.1 miles, # Transformers—11,252, Street lights—11,042 (213 repaired), Security lights—4,099 (41 repaired), Smart meters—39,467, Revenue— \$5,858,361. Major outages—F24 manually dropped for 1 hour 57 minutes to safely clear hit pole at I-40 off ramp at Pike Avenue—1,023 customers affected.

Code Enforcement—114 assigned calls, 470 initiated calls, 14 citations, 427 violation notices, 143 vehicles tagged, 180 structures inspected, 18 rental inspections, 14 food service inspections, 1 search warrant, 1 house demolished by city, 3 houses demolished by owner. Code Maintenance—28 assigned calls, 28 vacant lots cleaned, 6 lots with structures cleaned, secured 2 vacant houses, vacant lots mowed—13, lots with structures mowed—5, picked up 0 tires.



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North Little Rock Animal Control—

Incoming animals—265
 Adoptions—45
 Reclaimed—31
 Euthanized—124



(Total Jan-Nov 1,223)
 Citations issued—16
 Dogs/cats sterilized—107
 Calls for service—586

Pulaski County

(accepted at NLR)
 Incoming Animals—34
 Adopted—11
 Reclaimed—4
 Euthanized—39 (Total Jan-Nov 580)

Parks and Recreation—American Academy of Dermatology donated five shade structures for Quad 4 at Soccer Complex. Staff planted 1,000 bulbs and Day Lilies throughout the parks. Park Ranger informed 70 visitors on park/parking rules. *Recreation Management* will include an article in 2017 about the use of new technology in parks—specifically Pokémon GO!

Shep Update—for a few months there were few to no geese to be found in city parks. With great flocks of geese flying over, many are now stopping to rest in Burns Park and other locations. Shep has been working in the cold rain and warm sun and will continue to do his job until there are no more “feathered menaces” left in our city parks. Soccer games/ Practice/Tournaments—149. Youth baseball-2. Senior baseball-24. Softball-33. Rentals: Pavillions-20; Hospitality House-16; Idlewild-10; Stone Links-10. Burns Park Golf Course Yearly Revenue up \$30,000.00 from 2015. Burns Park Tennis Center hosted the second USTA Combo State League Championship—over 200 tennis players from around the state played. Also hosted USTA 55 and 65’s Mixed Doubles Sectional Tournament—teams from around the south participated.

Finance—

Revenues (MTD—November)

Taxes	\$2,754,539.13
Licenses/Permits	\$ 47,586.42
Fines/Forfeitures	\$ 184,109.44

Local Option Sales Tax	\$2,123,800.08
Intergovernmental-State	\$ 31,971.98
Franchises	\$ 96,497.31
Investment/Misc	\$ 31,001.97
User Fees	\$ 181,523.93
Utility Transfer	\$ 65,193.84
Grants & Other	\$ 149,404.46
Transfer from Electric	\$ 923,080.00
Total Revenue:	\$6,588,708.56

Expenditures

Administration	\$ 115,400.66
Animal Shelter	\$ 60,136.60
Special Appropriations	\$ 6,707,773.13
City Clerk	\$ 27,336.30
Emergency Services	\$ 219,411.49
Finance	\$ 84,280.32
Fire	\$ 1,897,141.01
Health	\$ 4,678.13
Legal	\$ 60,238.78
1st Court	\$ 52,398.56
2nd Court	\$ 55,510.12
Public Defender	\$ 656.23
Human Resources	\$ 64,643.62
Commerce	\$ 22,962.18
Planning	\$ 89,966.94
Police	\$ 2,250,416.46
Code Enforcement	\$ 97,542.46
Public Works	\$ 85,493.99
Neighborhood Services	\$ 16,548.58
Sanitation	\$ 395,295.94
Vehicle Maintenance	\$ 92,159.77
Senior Citizens Center	\$ 79,349.20
Communications	\$ 9,230.43
Fit 2 Live	\$ 17,745.70
Total Expenditures:	\$12,506,616.60



Cancer:

A frequently preventable cause of illness and death?

*Found in City & Town, December 2016
Arkansas Municipal League Publication*

Cancer is the second leading cause of death among U.S. men and women, accounting for nearly 600,000 deaths each year as well as about \$250 billion in annual health care costs. The top five leading causes of cancer death for U.S. men and women are shown below:

Annual Number of Deaths	
Men	
Lung	~87,000
Prostate	~28,000
Colorectal	~27,000
Pancreatic	~20,000
Liver	~15,000
Women	
Lung	~73,000
Breast	~40,000
Colorectal	~25,000
Pancreatic	~20,000
Ovarian	~14,000

A common statement that I frequently hear is that “everything causes cancer, there’s nothing that you can do.” While it is true that genetics cannot be controlled and exposure to environmental carcinogens cannot always be controlled, there are a number of lifestyle factors that have a very significant effect on cancer risk.

Tobacco use—The use of tobacco accounts for 30 percent of all cancer deaths and nearly 90 percent of all lung cancer deaths in the U.S. Exposure to environmental radon gas, genetics, and poor diet are thought to account for the remaining 10 percent of lung cancer deaths. Smokers are 25 times more likely to develop lung cancer than non-smokers. Tobacco use also increases the risk for developing cancers of the nose, mouth, esophagus, larynx, pharynx, stomach, pancreas, kidney, bladder, uterus, cervix, colon, and ovary. All forms of tobacco should be avoided, including secondhand smoke.

High alcohol intake—While it is true that a light to moderate alcohol intake can significantly decrease the risk of cardiovascular disease, many people are surprised to learn that a high alcohol intake is a major risk factor for cancers of the mouth, esophagus, larynx, pharynx, breast, colon, and liver. Adults who consume alcohol are advised to limit their intake to no more than two drinks per day for men and no more

than one drink per day for women. A drink is defined as 12 ounces of beer, five ounces of wine, or 1.5 ounces of hard liquor. Women who are pregnant should not consume alcohol, and adults who are currently non-drinkers are advised to remain non-drinkers.

Obesity—One of the best measures of obesity is waist circumference (WC). A WC of >35 inches in women or >40 inches in men is a widely accepted criterion for obesity. Obesity is a cause of breast, colorectal, esophageal, endometrial, kidney, and pancreatic cancers, and likely raises the risk of other cancers. Of interest, research published by The Cooper Institute showed that the risk of cancer death in obese individuals was much lower in those with a moderate to high level of cardiorespiratory fitness than in obese individuals with a low level of cardiorespiratory fitness.

Sedentary lifestyle—Only about 20 percent of American adults, meet the minimal current public health guidelines for physical activity (at least 150 minutes per week of moderate intensity aerobic activity and at least two days per week of resistance training). Physical activity may reduce the risk of several types of cancer including breast, colon, endometrial, and prostate. Cooper Institute data has shown a marked reduction in cancer mortality among men and women with moderate to high levels of cardiorespiratory fitness compared to those with low levels of fitness.

Diet—There are a number of myths and misconceptions regarding diet and cancer risk. What we do know about diet and cancer is summarized by the following guidelines from the American Cancer Society (ACS):

- Processed meat (bacon, sausage, hot dogs, lunch meat) and red meat (beef, pork, and lamb) should be limited in the diet.
- Individuals are advised to choose fish, poultry, or beans instead of red meat.
- Farm-raised fish, as well as shark, swordfish, tilefish, and king mackerel may contain high levels of mercury, dioxins and other pollutants. Young children, as well as women who are pregnant or breast feeding should not consume these fish.
- Intake of fruits, vegetables, and whole grains should be increased, while refined grain products (pastry, sugar-sweetened cereals) should be limited in the diet.
- Irradiated foods are not a cancer risk since radiation does not remain in these foods.
- Despite public perception, it is largely unknown whether organic foods carry a lower risk of cancer because they are less likely to be contaminated by compounds that might cause cancer.
- Plant-based foods such as vegetables, fruits, legumes, and whole grains should form the central part of a person’s diet, regardless of whether they are grown conventionally or organically.

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The ACS also states that although genetically modified foods (GMOs) should continue to be assessed for safety, there is no proof that consumption of GMOs such as corn or soy would either increase or decrease cancer risk. Finally, there is no proof that sugar substitutes such as aspartame and saccharin cause cancer in humans. More detailed information can be found at www.cancer.org.

So, there you have it. Following the above recommendations is associated with a marked reduction in

the risk of developing several types of cancer. The ACS has long-stated that for individuals who do not use tobacco, diet and physical activity remain the most modifiable determinants of cancer risk.



This article was published originally by the Cooper Aerobics Institute, www.cooperaerobics.com and was reprinted in City & Town with permission.

David Baxter is the Arkansas Municipal League's Health and Safety Coordinator (and a former North Little Rock Police Officer).

Black-eyed Peas *Found at www.food.com*

- 1 cup sliced celery
 - 1 medium onion
 - 2 cloves garlic, minced
 - 1 tablespoon oil, bacon drippings or 1 tablespoon butter
 - 4 cups water
 - 2 (10 1/2 ounce) cans chicken broth (or 2 1/2 cups)
 - 16 ounces black-eyed peas (fresh or frozen, thawed)
 - 1/2 lb cooked ham, cubed
 - 3 bay leaves
 - 3 cups cooked long-grain rice
- Sauté the first three ingredients in a large Dutch oven in hot oil, bacon drippings or butter until tender. Add water and next five ingredients. Bring to a boil; cover, reduce heat, simmer 40 minutes or until peas are tender. Remove and discard bay leaf.



Serve with rice.

It's a Boy AND a Girl!



Congratulations to Assistant City Clerk/Treasurer Katelyn Thomas and her husband Alex on the birth of their babies, Evelyn and Oliver.

Both were born December 16, 2016.

Evelyn Claire weighed 6 pounds 1 ounce and was 17 inches.

Oliver Reid weighed 5 pounds, 9 ounces and was 19 inches.

Best wishes to Alex, Katelyn, Evelyn and Oliver for the future!

For those of you who didn't know, Katelyn is the daughter of Shirley (Neighborhood Services) and Ken Abel.



Lucky Foods for the New Year!

Found at www.epicurious.com

For many, January 1, offers an opportunity to forget the past and make a clean start. But instead of leaving everything up to fate, why not enjoy a meal to increase your good fortune? There are a variety of foods that are believed to be lucky and to improve the odds that next year will be a great one. Traditions vary from culture to culture, but there are striking similarities in what's consumed in different pockets of the world. The six major categories of auspicious foods are grapes, greens, fish, pork, legumes, and cakes.

Whether you want a full menu of lucky foods or just supplement your meal, we have an assortment of recipes, guaranteed to make for a happy new year, or at the very least a happy belly!



New Year's Eve Tradition
12 Grapes
for luck & happiness

Grapes. New Year's revelers in Spain consume twelve grapes at midnight—

one grape for each stroke of the clock. This dates back to 1909, when grape growers in the Alicante region of Spain initiated the practice to take care of a grape surplus. The idea stuck, spreading to Portugal as well as former Spanish and Portuguese colonies such as Venezuela, Cuba, Mexico, Ecuador, and Peru. Each grape represents a different month, so if for instance the third grape is a bit sour, March might be a rocky month. For most, the goal is to swallow all the grapes before the last stroke of midnight, but Peruvians insist on taking a 13th grape for good measure.

Cooked Greens. Cooked greens, including cabbage, collards, kale, and chard, are consumed at New Year's in different countries for a simple reason—their green leaves look like folded money, and are thus symbolic of economic fortune. The Danish eat stewed kale sprinkled with sugar and cinnamon, the Germans consume sauerkraut (cabbage) while in the southern United States, collards are the green of choice. It's widely believed that the more greens one eats the larger one's fortune next year.

Legumes. Legumes including beans, peas, and lentils are also symbolic of money. Their small, seed like appearance resembles coins that swell when cooked so they are consumed with financial rewards in mind. In Italy, it's customary to eat *cotechino con lenticchie* or sausages and green lentils, just after midnight—a particularly propitious meal because pork has its own lucky associa-



tions. Germans also partner legumes and pork, usually lentil or split pea soup with sausage. In Brazil, the first meal of the New Year is usually lentil soup or lentils and rice, and in Japan, the *osechi-ryori*, a group of symbolic dishes eaten during the first three days of the new year includes sweet black beans called *kuro-mame*.

In the Southern United States, it's traditional to eat black-eyed peas or cowpeas in a dish called hoppin' john. There are even those who believe in eating one pea for every day in the new year. This all traces back to the legend that during the Civil War, the town of Vicksburg, Mississippi, ran out of food while under attack. The residents fortunately discovered black-eyed peas and the legume was thereafter considered lucky.

Pork. The custom of eating pork on New Year's is based on the idea that pigs symbolize progress. The animal pushes forward, rooting itself in the ground before moving. Roast suckling pig is served for New Year's in Cuba, Spain, Portugal, Hungary, and Austria—Austrians are also known to decorate the table with miniature pigs made of marzipan. Different pork dishes such as pig's feet are enjoyed in Sweden while Germans feast on roast pork and sausages. Pork is also consumed in Italy and the United States, where thanks to its rich fat content, it signifies wealth and prosperity.



Fish. Fish is a very logical choice for the New Year's table. According to Mark Kurlansky, author of *Cod: A Biography of the Fish that Changed the World*, cod has been a popular feast food since the Middle Ages. He compares it to turkey on Thanksgiving. The reason? Long before refrigeration and modern transportation, cod could be preserved and transported allowing it to reach the Mediterranean and even as far as North Africa and the Caribbean. Kurlansky also believes the Catholic Church's policy against red meat consumption



on religious holidays helped make cod, as well as other fish, commonplace at feasts. The Danish eat boiled cod, while in Italy, baccala, or dried salt cod is enjoyed from Christmas

through New Year's. Herring, another frequently preserved fish, is consumed at midnight in Poland and Germany—Germans also enjoy carp and have been known to place a few fish scales in their wallets for good luck. The Swedish New Year feast is usually a smorgasbord with a variety of fish dishes such as seafood salad. In Japan, herring roe is consumed for fertility, shrimp for long life, and dried sardines for a good harvest (sardines were once used to fertilize rice fields.

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Cakes, Etc. Cakes and other baked goods are commonly served from Christmas to New Year's around the world, with a special emphasis placed on round or ring-shaped items. Italy has *chiacchiere*, which are honey-drenched balls of pasta dough fried and dusted with powdered sugar. Poland, Hungary, and the Netherlands also eat donuts, and Holland has *ollie bollen*, puffy, donut-like pastries filled with apples, raisins, and currants.

In certain cultures, it's customary to hide a special trinket or coin inside the cake—the recipient will be



lucky in the new year. Mexico's *rosca de reyes* is a ring-shaped cake decorated with candied fruit and baked with one or more surprises inside. In Greece, a special round cake called *vasilopita* is baked with a coin hidden inside. At midnight or after the New Year's Day meal, the cake is cut, with the first piece going to St. Basil and the rest being distributed to

guests in order of age. Sweden and Norway have similar rituals in which they hide a whole almond in rice pudding—whoever gets the nut is guaranteed great fortune in the new year.

Cakes aren't always round. In Scotland, where New Year's is called Hogmanay, there is a tradition called "first footing," in which the first person to enter a home after the new year determines what kind of year the residents will have. The "first footer" often brings symbolic gifts like coal to keep the house warm or baked goods such as shortbread, oat cakes, and a fruit cake called black bun, to make sure the household always has food.

What Not to Eat. In addition to the aforementioned lucky foods, there are also a few to avoid. Lobster, for instance, is a bad idea because they move backwards and could therefore lead to setbacks. Chicken is also discouraged because the bird scratches backwards, which could cause regret or dwelling on the past. Another theory warns against eating an winged fowl because good luck could fly away.

Now that you know what to eat, there's one more superstition—that is, guideline—to keep in mind. In Germany, it's customary to leave a little bit of each food on your plate past midnight to guarantee a stocked pantry in the New Year. Likewise in the Philippines, it's important to have food on the table at midnight. The conclusion? Eat as much lucky food as you can, just don't get too greedy—or the first place you'll be going in the new year is the gym!

Rachel Ray's Bacon Wrapped Pineapple Shrimp



12 jumbo shrimp, deveined
1/4 fresh pineapple cut into bite sized chunks or 1 (14-ounce) can pineapple chunks in natural juice, drained
6 slices center-cut bacon, cut in 1/2 crosswise
12 wooden toothpicks

Heat a nonstick skillet over medium-high heat. Holding a shrimp, nest a chunk of pineapple in the natural curve of the shrimp then wrap bacon around the shrimp and pineapple and secure with a toothpick. Wrap and secure all 12 shrimp then add to the hot pan and cook 3 minutes on each side or until bacon is crisp and shrimp are opaque and firm.



Mr. Bobby Dale Maxey, 89 of Benton, passed away December 10, 2016. He was born August 3, 2917 in Herrin, IL to the late Loy and Alice (Bush) Maxey. He was a member of the Agape Church. Mr. Maxey worked in the prison ministry with the Gideons. He was a retired factory machinery supervisor for Siemens-Allis and a WWII Veteran.

Besides his parents, he was preceded in death by his dear wife, Viletta (Pierce) Maxey; son, Bradley; and two brothers and sisters.

Survivors include two sons, Bruce (Jan) of Little Rock, Breck (Jan) of Sherwood; one daughter, Rachel Stanley (Vinn) of Benton; eight grandchildren and five great-grandchildren.

Our deepest sympathy to Breck Maxey, IS Department.

City of
North Little Rock
Employee
Ugly (or not)
Christmas Sweater
Contest



Above:
Judy Hunter,
City Services

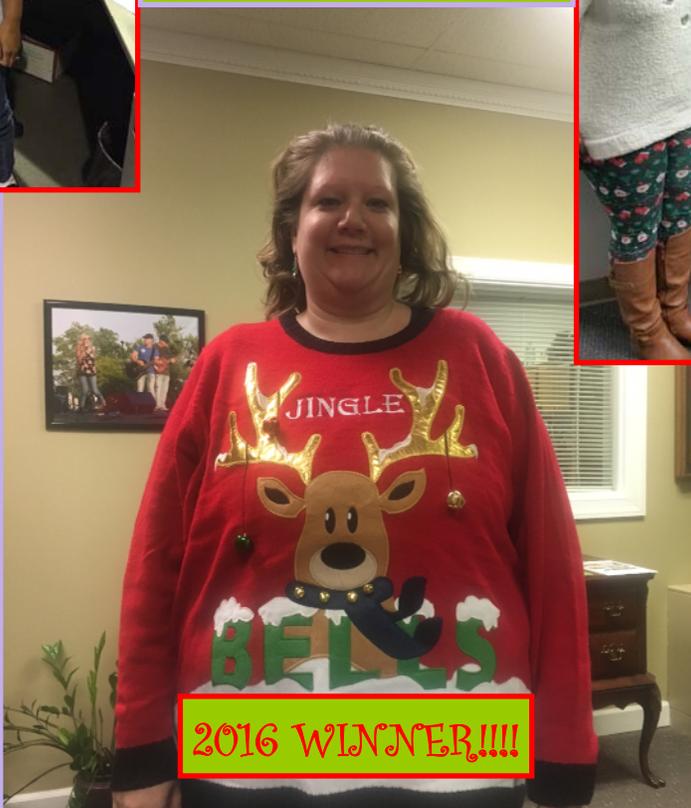


Above: Audrianna
Barnes, Joy Rabun &
Dana Raeburn

Center: Jenifer
Holland, Parks &
Recreation



Below:
Karen Scott,
Finance Department



Bottom center:
Becky Taylor and
Diane Whitbey, City
Clerk/Treasurer's
Office

Below: Jamie Pettit,
Parks & Recreation



Last year, we included some of the days that have National recognition. This year, we will include:

Various Phenomena Chronological Events

found in *Grier's Almanac 2017*

- 1 First Sugar Bowl Football Game played, 1935
- 2 Russia fired first rocket past Moon, 1959
- 3 Battle of Princeton, 1779
- 4 Isaac Newton born, 1643
- 5 British burned Richmond, VA, 1781
- 6 French heroine Joan of Ark born, 1412



- 7 First American Presidential Election held, 1789
- 8 Jackson defeated British, Battle of New Orleans, 1815
- 9 Mississippi succeeded from Union, 1861
- 10 First Texas oil strike, 1901
- 11 Alexander Hamilton born, 1757
- 12 Novelist Jack London born, 1876
- 13 Liberty Pole in NY cut down, 1770
- 14 Blizzard stopped Big Ben, 1955
- 15 First Super Bowl football game, 1967
- 16 Operation "Desert Storm" started, 1991
- 17 Statesman/Inventor Benjamin Franklin born, 1706

First
published
in 1807



and
every year
since

- 18 Hawaiian Islands discovered by Capt. Cook, 1778
- 19 French painter Cezanne born, 1889
- 20 Roller Coaster patented, 1885
- 21 Confed. General "Stonewall" Jackson born, 1824
- 22 Stone bullets used in battle, 1514
- 23 Patriot/Statesman John Hancock born, 1737
- 24 First Boy Scout Troop organized, 1907
- 25 Coast-to-coast jet service began, 1959



- 26 Brazil discovered, 1500
- 27 Vietnam War ended, 1973
- 28 Space Shuttle Challenger exploded, 1986
- 29 William McKinley born, 1843
- 30 Charles I beheaded, 1649
- 31 13th Amendment passed, 1865



**Peddlers Permit
City of North Little Rock**

Issued to: **Mel Dun**
Issued: 1/1/17
Expires: **3/31/17**



Sex: Male
Eyes: Brown
Hair: Dun
Height: 15 hands
Employer: **Equine sunglasses**
Type of Goods Sold: **Sunglasses for horses**

City Clerk and Treasurer Diane Whitbey
By: **SAMPLE ONLY**
only valid with signature

Deputy City Clerk / Treasurer, Revenue

North Little Rock History Commission



The Train Christmas Tree Exhibit at the North Little Rock Heritage Center continues. Stop by to see the tree and lots of old railroad memorabilia. It's a great place to bring your kids and grandkids. The exhibit is open Monday—Friday between 10 a.m. and 4:30 p.m.
For more information, call 501-371-0755 or email nlrhistory@comcast.net.

The North Little Rock Convention & Visitor's Center wants to know about your upcoming events! To submit events, visit www.NorthLittleRock.org or call Stephanie Slagle, Public Relations Representative at 501-758-1424.

All North Little Rock Door-to-Door Peddlers permits issued in 2016 expired Dec 31, 2016.

Persons wishing to go door-to-door in 2017 must reapply with the City Clerk/Treasurer.

Permits are valid for 90 days from the date of issue.

As of January 1, 2017, no one was registered to solicit door to door in the city of North Little Rock .

To see a list of issued permits, visit the city website at www.nlr.ar.gov, then click on City Clerk/Treasurer, followed by Licensed Peddlers. To see an individual ID/Permit, click on the person's name.

Reminder to residents:

If someone comes to your door, you do not have to answer or let them in. If someone comes to your door and makes you uncomfortable please call the police. If someone comes to your door and is unable to produce an ID issued by the City of North Little Rock City Clerk and Treasurer's Office (similar to the example on this page), please call 501-758-1234.

In all cases, if you call please provide a description of the person, location and vehicle description and license number if possible. You can also call the North Little Rock City Clerk/Treasurer's Office Monday through Friday 8:00 a.m.—4:30 p.m. to verify any business license or peddlers permit in our city at 501-975-8617.

North Little Rock
City Council Schedule

The North Little Rock City Council meets the 2nd and 4th Monday of each month at **6:00 p.m.** in the City Council Chambers in City Hall (300 Main Street, North Little Rock).

For more information, please contact the City Clerk's Office at 501-975-8617 or email Diane Whitbey at Dwhitbey@nlr.ar.gov.

The City Council Agenda can be found at www.nlr.ar.gov, then click on the Government tab, followed by Council Agenda.

City Offices located at 120 Main

IS/Data Processing, Kathy Stephens	975-8820
Finance, Karen Scott	975-8802
Fit 2 Live, Bernadette Rhodes	975-8777
Information	975-8888
Human Resources, Betty Anderson	975-8855
Planning, Shawn Spencer	975-8835
Purchasing, Mary Beth Bowman	975-8881
Utilities Accounting, David Melton	975-8888

City Council Members

Ward 1	Debi Ross Beth White	753-0733 758-2738
Ward 2	Linda Robinson Maurice Taylor	945-8820 690-6444
Ward 3	Steve Baxter Ron Harris	804-0928 758-2877
Ward 4	Murry Witcher Charlie Hight	835-0009 758-8396

**Utility Payment Assistance
and Other Numbers**

Central AR Development Council.....	501-603-0909
Little Rock Catholic Charities...	501-664-0640 ext 459
Saint Francis House.....	501-664-5036
Watershed.....	501-378-0176
Helping Hand of Arkansas.....	501-372-4388
River City Ministries.....	501-376-6694
Arkansas Metro.....	501-420-3824
Arkansas Food Bank.....	501-565-8121
American Red Cross.....	501-748-1021
Salvation Army.....	501-374-9296

Other Elected Officials

Mayor Joe A. Smith	975-8601
City Clerk/Treasurer Diane Whitbey	975-8617
City Attorney C. Jason Carter	975-3755
District Court Judge Randy Morley	791-8562
District Court Judge Paula Juels Jones	791-8559

Telephone Numbers for City Hall

Mayor's Office.....	501-975-8601
Joe A. Smith	
City Clerk & Treasurer.....	501-975-8617
Diane Whitbey	
Legal.....	501-975-3755
C. Jason Carter	
Communications.....	501-975-8833
Nathan Hamilton	
External Relations.....	501-975-8605
Margaret Powell	
Special Projects.....	501-975-3737
Jim Billings	

North Little Rock Curbside Recycling schedule for the month of January:

January 2—6 no pickup

January 9—13 Pickup

January 16—20 no pickup

January 23—27 Pickup

January 30—Feb 3 no pickup



January Birthdays

<i>Name</i>	<i>Dept</i>	<i>Date</i>	<i>Name</i>	<i>Dept</i>	<i>Date</i>		
CHRIS	HALL	Fire	1	DONALD	JOHNSON	PARKS MAINT	17
MARY BETH	BOWMAN	COMMERCE	1	CLIFFORD	MURPHY	PARKS GOLF	17
JOHN	NANNEN	POLICE	1	ROY	SANCHEZ	Fire	18
BECKY	HENDERSON	Legal	2	MATTHEW	MAYFIELD	Fire	18
KAREN	DIMATTEO	POLICE	2	LAURA	PETTY	CODE	18
DANNY	BRADLEY	Admin	3	ERNEST	BRIDGES	Admin	19
TIFFANY	MCGRAW	City Clerk/Treas	3	GLADYS	JACKSON	Finance	19
TAMMY	NEWTON	OES	3	SANDRA	TAYLOR-SMITH	History Comm	19
MATTHEW	RAGLAND	Electric	3	MIKE	COOKE	POLICE	19
MATTHEW	HUNT	Fire	3	JAROD	MAYNARD	POLICE	19
MICHAEL	GIBBONS	POLICE	3	SHIRLEY	ABEL	NEIGHBORHOOD SRV	19
MICHAEL	THOMAS	POLICE	3	RICHARD	ABBOTT	SANITATION	19
KAILON	HINES	PARKS & REC	3	PAUL	REEVES JR	STREET	19
GARY	ERWIN	AIRPORT	4	MELISSA	ERVIN	Comm Dev	20
JUDY	HUNTER	UAD	4	TANNER	TUBBS	Fire	20
KEVIN	USSERY	TRAFFIC	4	MATTHEW	THOMAS	POLICE	20
RENEE	HENSON	PARKS & REC	4	ANDREW	KELLEY IV	Fire	21
ERNEST	PEOPLES	PARKS & REC	4	BRENT	TREECE	Fire	21
CHARLES	TULL	Fire	5	BEAU	COOPER	FIT 2 LIVE	21
PATRICK	ISBELL	PARKS MAINT	5	BETH	WHITE	Admin	22
BRADLEY	SIMS	POLICE	6	CHONG	LOR	TRAFFIC	22
EIRC	CHEATHAM	POLICE	6	JEAN	HOBBY	Electric	23
DARYLE	POWELL	PARKS & REC	6	WILL	LOVE	PARKS GOLF	23
PATTY	JONES	Animal Control	7	SHEILA	HICKS	OES	24
AARON	CHASSELLS	Fire	8	SHAKIIA	MOORE	OES	24
STEVE	BAXTER	Admin	10	DARREN	OWEN	Electric	24
MICHAEL	GARRETT	Fire	10	JAMES	HOUSTON	Electric	24
LORETTA	WEDDLE	Courts	10	STEVEN	SMITH	POLICE	24
RONALD	MESSER	POLICE	10	TYLER	GRANT	POLICE	24
RASHUNDA	WILLIAMS	POLICE	10	MICHAEL	SWAFFORD	PUBLIC WORKS	24
KENNY	SUMMONS	SANITATION	10	ROBERT	BUTLER	SANITATION	24
NATHAN	WOLFE	Fire	11	DANA	RAEBURN	UAD	25
MICHAEL	NELSON	POLICE	11	REBA	CRAIG	POLICE	25
WALLACE	DEREUISSEAU	Fire	12	CHAUNCEY	SIMS	POLICE	25
HUNTER	MOIX	Fire	12	SHANNON	CARROLL	Comm Dev	26
JANET	HILL	Courts	12	ROBERT	BRYSON	Electric	26
STEACY	KENNEDY	PARKS MAINT	12	JUDY	WILKINS	Courts	26
OKEY	DILLON JR	Electric	13	TYRONE	BAILEY	STREET	26
STEPHANIE	THOMAS	Finance	13	ERMA	WILBERT	SENIOR CENTER	26
MATTHEW	ROWLAND	STREET	13	CHERYL	THOMAS	UAD	27
WILLIAM	LARRY	PARKS CONCESSION	13	AUDRIANNA	BARNES	UAD	27
MATTHEW	PRICE	Electric	14	GREGORY	GAINES	PARKS & REC	27
THEODORE	FOX	Animal Control	15	JEFFREY	BENNETT	Fire	28
WILLIAM	EASON	STREET	15	WHITNEY	PADGETT	Fire	28
NICHOLAS	FREY	Fire	16	JAMES	GATES	PUBLIC WORKS	28
CHRIS	GANN	POLICE	16	MILTON	HINSHAW II	Electric	30
JORDAN, TAMAR	RAOULSTON	STREET	16	TERRY	GLENN	STREET	30
ROY	MCPHAIL	Electric	17	RICKY	BETTIS	Electric	31
ALFRED	CERRATO	Fire	17	LATONIA	WOODS	UAD	31
MARK	THORN	Fire	17	KIMBERLY	LOR	UAD	31
MATT	SODERLUND	POLICE	17	KATRINA	WILBON	PARKS & REC	31
CRAIG	UMHOLTZ	POLICE	17				

JANUARY ANNIVERSARIES

<i>Name</i>	<i>Dept</i>	<i># Years</i>	<i>Name</i>	<i>Dept</i>	<i># Years</i>
JOE SMITH	Mayor	27	GABRIEL KING	UAD	3
MURRY WITCHER JR	Alderman	26	EUGENE TYREE JR	POLICE	36
MARGARET POWELL	Admin	20	BRENDA SATTERFIELD	POLICE	9
CHARILE HIGHT	Alderman	16	RHONDA HUEY	POLICE	10
BETH WHITE	Alderman	8	VICENT THORTON	POLICE	7
LINDA ROBINSON	Alderman	14	STEVEN SMITH	POLICE	29
DANNY BRADLEY	Admin	16	DENA KERR	POLICE	15
DEBI ROSS	Alderman	10	VICENT RAY	POLICE	12
STEVE BAXTER	Alderman	6	JOSEPH GREENE	POLICE	8
MAURICE TAYLOR	Alderman	8	MATTHEW ROEBUCK	POLICE	12
ADAM TINDALL	Animal Control	5	SHELBY HUNTER	POLICE	8
DIANE WHITBEY	City Clerk/Treas	26	KANDACE SANDERS	POLICE	8
CAROL DOLAN	OES	1	MICHAEL THOMAS	POLICE	4
MARY DENTON	OES	13	PHILIP GRAY	POLICE	4
BUD GRAY	OES	27	SANDRA KEEFE	POLICE	1
KUADRIKA HENDRIX	OES	1	RAUL DALLAS	POLICE	6
BRENDA DAVIDSON	Electric	37	JOHN SCOTT	POLICE	7
HARRY ALLEN IV	Electric	5	MARCUS PEREZ	POLICE	5
ZACHERY KIMSEY	Electric	5	MARK ROBERTS	POLICE	7
STEVE ALLEN	Fire	29	ALLIE DELEON	POLICE	1
MARK TACKETT	Fire	29	JONATHAN THOMPSON	POLICE	5
GORDON WITTENBURG	Fire	29	DARREN BAUGH	POLICE	1
NORMAN MILLER	Fire	29	MICHAEL BOWEN	POLICE	1
PERRY TACKETT	Fire	29	THAYER TUCKER JR	POLICE	1
MARK COLEMAN	Fire	29	NICHOLAS RODRIGUEZ	POLICE	1
DONALD GARRINGER	Fire	1	SEAN MCGOWAN	POLICE	1
ANDREW KELLEY IV	Fire	1	JHAILAN RATHEY	POLICE	1
JAMES REID	Fire	1	GARY THORNTON	CODE	4
CHRISTOPHER WILSON	Fire	1	MICHAEL KLAMM	PUBLIC WORKS	3
CHARLES DAVIS JR	Fire	1	WILLIAM EASON	STREET	33
DAVID JONES	Fire	1	ROBERT BROWN	STREET	3
ROBERT BRYANT	Fire	1	JOHN SEHIKA	STREET	3
LAURA HIGHTOWER	Fire	1	NAPOLEON BARNES JR	STREET	1
CHARLES TULL	Fire	1	CONSTANCE FOWLER	SENIOR CENTER	10
DAVID ROBINSON	Fire	1	CHARLEY BAXTER	SENIOR CENTER	42
DAMEON JOHNSON	Fire	1	SUSAN RUSSELL	SENIOR CENTER	14
DOUGLAS ELMS JR	Fire	1	TERRY HARTWICK	PARKS ADMIN	1
CHRISTOPHER HOLLEY	Fire	1	JOHNN JOHNSTON	PARKS MAINT	2
DOUGLAS WELTER	Fire	1	RONNIE MITCHELL	PARKS MAINT	17
ERICK FREE	Fire	1	TERRY DAVIS	PARKS MAINT	1
TANNER RAMSEY	Fire	1	WARREN DEBUSK	PARKS MAINT	8
VICKI WEED	Courts	22	DONALD KEELS SR	PARKS & REC	3
MARGIE MAYFIELD	Courts	14	DARYLE POWELL	PARKS & REC	1
KATHY DAVIS	Courts	14	MARK JOSEPH	PARKS GOLF	9
BRENDA GENTRY	Courts	2	JONATHAN CARSON	PARKS CONCESSION	1
SANDRA TAYLOR-SMITH	History Comm	6	NATHAN HAMILTON	COMMUNICATIONS	6
FELCIA HART	UAD	35	JENNA RHODES	FIT 2 LIVE	2

Notice: to be eligible to offer a discount to North Little Rock City Employees, a business must be properly Licensed to do business in the city and current on all monies due to the City of North Little Rock.

2017 Observed Holidays

January 1, 2017 (Sunday) Observed Mon, January 2, 2017	New Year's Day
January 16, 2017 (Monday)	Dr. Martin Luther King Jr. & Robert E. Lee's Birthdays (<i>Observed</i>)
February 20, 2017	George Washington's Birthday & Daisy Gaston Bates Day (<i>Observed</i>)
May 29, 2017	Memorial Day (<i>Observed</i>)
July 4, 2017	Independence Day
September 4, 2017	Labor Day
November 11, 2017 Observed Friday, Nov 10	Veterans Day
November 23 & 24, 2017	Thanksgiving
December 24 & 25, 2017 (Sunday/Monday) Observed Monday and Tuesday Dec 25/26	Christmas Eve/Christmas Day

**North Little Rock City Offices will be closed Monday, January 2, 2017
in observance of New Year's Day**

Garbage and trash routes will run one-day delayed all week
(i.e. Monday's pickup will be Tuesday and so on...)

FROM ALL OF US, TO ALL OF YOU,
HAPPY NEW YEAR
NORTH LITTLE ROCK CITY EMPLOYEES