

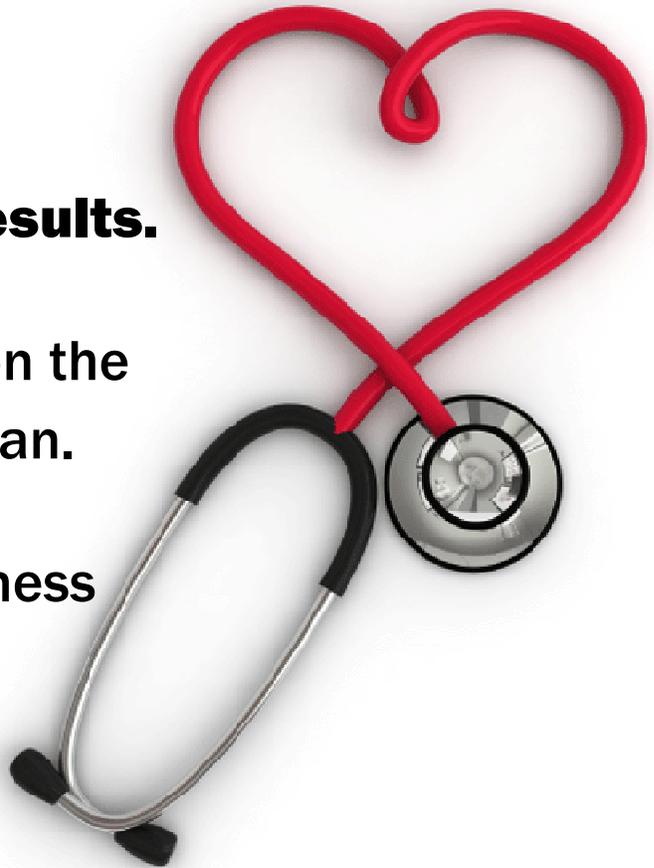
# New in 2016:

## ***Up to \$100 in Employee Wellness Incentives!***

**Earn \$\$\$ for getting  
your annual physical  
and showing healthy results.**

For full-time employees on the  
City's health insurance plan.

Visit [www.nlr.ar.gov/wellness](http://www.nlr.ar.gov/wellness)  
to learn more, or call  
Bernadette for info:  
975-8777.



If an employee is unable to meet the goal range for the gift card incentive through the first screening, he/she may qualify for a reasonable alternative and earn the same reward by retesting at a later date and showing improved numbers. Contact: Bernadette Rhodes, Employee Wellness Coordinator, at [brhodes@nlr.ar.gov](mailto:brhodes@nlr.ar.gov) or (501) 975-8777.