



BLOOD PRESSURE EDUCATION CLASSES

FRIDAY, DECEMBER 11TH

**Police & Fire Training Building
Large Meeting Room**

Noon–1:00 pm

TUESDAY, DECEMBER 15TH

City Council Chambers, City Hall

2:00–3:00 pm



CHI St. Vincent

Presents

**How to Prevent &
Manage High
Blood Pressure**

**Join us for a FREE
Class Focusing on
Blood Pressure**

**For more
information call
Bernadette
Rhodes, Fit 2 Live
Coordinator
501-975-8777**

**CHI ST. VINCENT
PRIMARY CARE**

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Dr. Robyn Wilkerson, MD

501-552-6030

and

Dr. Martha Barry, APN

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